

**SEPTEMBER 2021**



# MDC

*Newsletter*

*Don't wait until you've reached your goal to be proud of yourself. Be proud of every step you take towards reaching that goal!*



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**CSUCI**  
*Updates*

## Events Overview



The poster features a colorful geometric background with shades of purple, blue, and pink. At the top left is the Channel Islands logo, which includes a red circle with 'SU' and the text 'Channel Islands CALIFORNIA STATE UNIVERSITY'. To the right, it says 'DIVISION OF STUDENT AFFAIRS PRESENTS'. The main title 'WEEKS OF WELCOME 2021' is in large, bold, 3D-style letters. Below this, the text 'WEEK 2: AUGUST 30- SEPTEMBER 3' is centered. The event schedule is listed below with yellow horizontal bars separating the days.

**WEEK 2: AUGUST 30- SEPTEMBER 3**

**Monday, August 30: TBD**  
TBD

**Tuesday, August 31: Welcome Back Beachside Bash**  
**ASI Student Programming Board**  
Central Mall, 7-10 PM

**Wednesday, September 1: Clubs and Orgs Fair**  
Central Mall, 11AM - 2PM

**Wednesday, September 1: MDC Open House**  
Central Mall, 11AM - 1PM

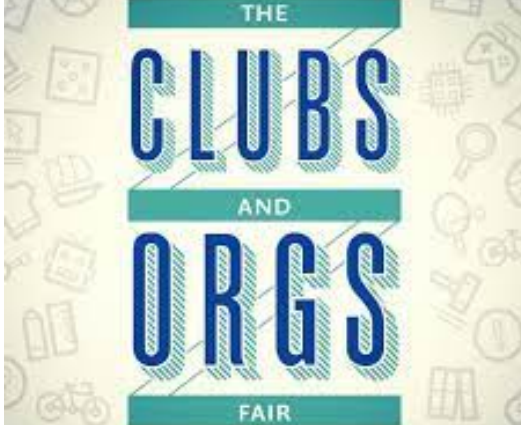
**Thursday, September 2: Welcome Back (sponsored by WPE)**  
Islands Café, 12PM - 2PM

For more information, and event registration please visit the Islands event page!

<https://theisland.csuci.edu/virtual-events>



## Events Overview



### Clubs and Orgs Fair

Looking to get involved? Come out to the Virtual Clubs and Orgs Fair to learn more about all the wonderful student organizations at CSUCI as well as various departments that have leadership and involvement opportunities for students.

**Date:** Wednesday, September 1st

**Time:** 11 am - 2:00 pm

**Location:** Central Mall



### CSUCI Costal Clean Up Day

Date: Saturday, September 18th

Location: CSUCI Campus

**Contact:** russell.winans@csuci.edu



### "Empower" Drop-In Group

This is a support group for students of African Descent to speak openly, checking in with each other, and share their own experiences about how they are impacted by the events in their communities and the world.

Date: Thursdays, (bi-weekly) , Starting September 2nd

Time: 3:00 pm - 4:00 pm

**Please visit the CAPS website to register for Zoom link**

## Events Overview



### **"Mindfulness for Wellness" Drop-In Group**

Looking to start meditating, or just want to find a group to support your mindfulness practice? Join CAPS for drop-in guided meditation classes! This is a great option for individuals who want to start meditating, for those who want to maintain an existing practice, or for those looking for the support of a group, as well as live guidance..

Date: Tuesdays, September 27th

Time: 9:00 am - 10:15 am

**Please visit the CAPS website to register for Zoom link**



**MDC**  
*Updates*



## Monthly Letter from Dr. Hiram Ramirez

Greetings Dolphins!

Welcome to a new academic year! We are excited to be welcoming you back to campus. We have many exciting and insightful events lined up for this semester that are both in-person and virtual - to support the varied ways you may want to engage with us this semester.

As you start the year, we invite you to our **MDC Open House** on Wednesday, Sept. 1 from 11 am to 1 pm. We will have music, interactive activities, and giveaways. This will also be a great space to learn more about our various offerings - like our identity-based mentoring programs! We are very excited to be launching our new mentoring programs and look forward to working with each of you to build a more inclusive campus community through these efforts. Also don't forget to check out our Instagram account for the most up to date information about events, resources and other opportunities.

As always, if you need anything please let us know and have a great start to the semester!

In Solidarity,  
Hiram Ramirez, Ph.D.



**Hiram Ramirez, Ph.D.**

He / Him / His  
Director of Inclusive Student Services  
& the Multicultural Dream Center  
hiram.ramirez@csuci.edu



**Samuel Ponce**

He, Him, His  
ISS Student Assistant  
Spring 2023

## Events Overview



**MDC OPEN HOUSE**  
WEDNESDAY, SEPTEMBER 1 | 11 AM - 1 PM

SEE YOU THERE!

Join the Multicultural Dream Center to learn about upcoming events, meet the team, and have some fun! We will have interactive activities and giveaways during the event!

**CENTRAL MALL**

### MDC Open House

Wednesday, Sept. 1 | 11 am - 1 pm | Central Mall

Join the Multicultural Dream Center (MDC) to learn about upcoming events, meet the team, and have some fun! We will have interactive activities and giveaways during the event!



**LATINX HERITAGE MONTH SOCIAL**

Wednesday, September 15  
11am - 1pm  
Central Mall

Join us in our celebration of Latinx Heritage Month! There will be a poetry gallery, music, light refreshments and much more!

For more information, contact the Multicultural Dream Center, at [mdci@csuci.edu](mailto:mdci@csuci.edu) or call 805-437-5407

MULTICULTURAL DREAM CENTER  
CHANNEL ISLANDS

### Latinx Heritage Month Social

Wednesday, Sept. 15 | 11 am - 1 pm | Central Mall

Join us in our celebration of Latinx Heritage Month! There will be a poetry gallery, music, light refreshments and much more!



### Diversity and Inclusion Student Council (DISC)

Friday, September 3th | 3-4 pm via Zoom

**RSVP:** <http://go.csuci.edu/MDCEvent>

We wanted to invite you to join the Diversity & Inclusion Student Council. This group is open to all students interested in opportunities to create and foster a more inclusive campus in partnership with the Multicultural Dream Center. The Diversity and Inclusion Student Council's mission is to empower students to build an inclusive campus environment that is safe and welcoming for all. Through this council, you will build a community and actively make a difference. The Diversity and Inclusion Student Council's mission is to empower students to create an inclusive campus environment that is safe and welcoming for all.

# Asian American & Pacific Islanders Mentoring Program Mentee Application



## PURPOSE OF PROGRAM

Asian American and Pacific Islanders Mentoring Program (AAPIMP) is a great opportunity for CSUCI students, who identify as Asian American and Pacific Islanders (AAPI), to encourage and support the success of our incoming first year AAPI students in developing leadership skills while helping their peers succeed in an intentional and purposeful way. The program matches successful continuing students with first-year students, connecting them as partners for a yearlong experience. Mentees will be able to build community, explore their identities as Asian American & Pacific Islanders, as well as receive support in their academic and personal goals and passions.

Apply Here:

<http://go.csuci.edu/AAPImentee>

Deadline to apply:

September 3rd

## BENEFITS OF PROGRAM FOR MENTEES

Personal  
Growth

Community  
Building

Faculty  
& Staff  
Mentorship

Invested  
In Your  
Academic  
Success



**For More Information**  
Contact Crystal Delatorre  
at [crystal.delatorre@csuci.edu](mailto:crystal.delatorre@csuci.edu)



Become a Mentee in The Lesbian, Gay,  
Bisexual, Transgender, & Queer (LGBTQ)  
Mentoring Program

## Mentee Applications Now Open

Find support and empowerment from  
peers, staff, and faculty in the LGBTQ+  
community!

Application available at  
[go.csuci.edu/LGBTQ.Mentee](http://go.csuci.edu/LGBTQ.Mentee)

For more info please contact  
Kem French at [kem.french@csuci.edu](mailto:kem.french@csuci.edu)





# Women of Color Mentoring Program Mentee Application



## WHY SHOULD I APPLY TO BECOME A MENTEE?

Becoming a mentee for the Women of Color Mentoring Program (WOCMP) is a great opportunity for CSUCI students who identify as Women of Color (WOC) to receive support from other WOC like them. Peer Mentors are committed to sharing their personal and academic experiences to encourage, guide, challenge and support new students in their academic growth, goal achievement, and overall success at CI. The program matches successful continuing students with first-year students, connecting them as partners for a yearlong experience. Mentees will be able to build community, explore their identities as Women of Color, as well as receive support in their academic and personal goals and passions.

Apply Here:

<http://go.csuci.edu/WOCmentee>

Deadline to apply: Friday,  
September 3rd

## BENEFITS OF PROGRAM FOR MENTEE

Personal  
Growth

Community  
Building

Faculty & Staff  
Mentorship

Invested  
in Your  
Academic  
Success



For more information:  
Contact Natalie Johnson  
at [natalie.johnson@csuci.edu](mailto:natalie.johnson@csuci.edu)

**WOCMP**

# Undocumented Student Mentoring Program: Mentee Application

## PURPOSE OF PROGRAM

The Undocumented Student Mentoring Program (USMP) is a great opportunity for our Undocumented students at CSUCI to find community, develop a sense of belonging, seek academic support, and other resources. The impetus of this initiative stems from the Graduate Initiative 2025 to increase graduation rates for all CSU students while working to eliminate opportunity and achievement gaps. Therefore, the purpose of the Undocumented Student Mentoring Program (USMP) is to support academic success, persistence, and successful graduation of student participants.



Apply Here:

[go.csuci.edu/USMPmentee](http://go.csuci.edu/USMPmentee)  
Deadline to apply: September 3rd

## BENEFITS OF PROGRAM FOR MENTEES

Personal  
Growth

Community  
Building

Faculty & Staff  
Mentorship

Invested  
in Your  
Academic  
Success



For more information:  
Contact Natalie Johnson  
at [natalie.johnson@csuci.edu](mailto:natalie.johnson@csuci.edu)



# Native American Mentoring Program Mentee Application

## PURPOSE OF PROGRAM

The Native American Peer Mentoring Program (NAMP) is a great opportunity for CSUCI students, who identify as Native American (NA), to encourage and support the success of our incoming first year NA students in developing leadership skills while helping their peers succeed in an intentional and purposeful way. The program matches successful continuing students with first-year students, connecting them as partners for a yearlong experience. Mentees will be able to build community, explore their identities as Native American, as well as receive support in their academic and personal goals and passions.



**Apply Here:**

<http://go.csuci.edu/NAmentee>

**Deadline to apply:**

**September 3**

## BENEFITS OF PROGRAM FOR MENTEES

**Personal  
Growth**

**Community  
Building**

**Faculty  
& Staff  
Mentorship**

**Invested  
In Your  
Academic  
Success**



MULTICULTURAL  
DREAM CENTER  
CHANNEL  
ISLANDS

**For More Information**  
Contact Crystal Delatorre  
at [crystal.delatorre@csuci.edu](mailto:crystal.delatorre@csuci.edu)







# LEVEL UP



STUDY SKILLS WORKSHOP SERIES

# YOUR ACADEMICS

## STUDY SMARTER NOT HARDER: TIME MANAGEMENT TIPS

THURSDAY, SEPT. 9  
2 PM - 3:30 PM  
ZOOM

THURSDAY, OCT. 14  
2:00 PM - 3:30 PM  
ZOOM

Having trouble meeting deadlines for class? Can't seem to find any time for your classes, work, or other commitments. Join this session, to learn strategies and tips on how to better manage your time for a successful semester.

## BUILDING VIRTUAL STUDY GROUPS

WEDNESDAY, SEPT. 15  
3:30 PM - 4:00 PM  
ZOOM

THURSDAY, NOV. 4  
10:00 AM - 10:30 PM  
ZOOM

Having trouble connecting with peers in class? Need ways to work collaboratively with classmates. Join this session to get tools and tips on how to form study groups in your classes. We will also explore ways to sustain these groups, so everyone can be successful.

## LEVERAGING LIBRARY RESOURCES

TUESDAY, SEPT. 21  
1 PM - 2 PM  
ZOOM

TUESDAY, NOV. 9  
4 PM - 5 PM  
ZOOM

Ever wonder what online resources the library has now? Want to read a good book or find an article for class. Attend this session to learn about the virtual resources, accessing books, and other services available within the library.

## WRITING STRATEGIES & TIPS

WEDNESDAY, SEPT. 22  
3 PM - 4 PM  
ZOOM

WEDNESDAY, OCT. 20  
3 PM - 4 PM  
ZOOM

Having trouble writing that long paper? Need inspiration to cross that mandatory page count? Join this session to learn some techniques and strategies to support your writing process and become a stronger writer.

## STUDY STRATEGIES 101

TUESDAY, SEPT. 28  
2 PM - 3 PM  
ZOOM

TUESDAY, OCT. 26  
1 PM - 2 PM  
ZOOM

Trying to get that A on the next test? Looking for a new way to study for that hard class? Look no further! This session will give you tips and tricks to be successful in your class, as well as provide additional resources.

## PLANNING FOR SUCCESS

THURSDAY, OCT. 7  
3 AM - 4:30 AM  
ZOOM

Having trouble keeping track of midterm exams and papers? Feeling overwhelmed by all the work you need to do to prepare for midterms? Join us to discuss how you can best prepare for your midterms/finals and learn about other valuable resources.

## VIRTUAL STUDY HALL

EVERY THURSDAY  
4 PM - 5 PM  
ZOOM

Join fellow Dolphins to study and prepare for class. A librarian will be in all session to help answer questions, share library resources, and more.



[GO.CSUCI.EDU/LEVELUP](http://GO.CSUCI.EDU/LEVELUP)





# Adulting 101

A series designed to teach students life skills to support their holistic wellness both on and off campus

## Financial Wellness

Partnering with wellness Promotion & Education

Monday, September 13th | 12:00 to 1:00 pm

Tuesday, September 14th | 4:00 to 5:00 pm  
via Zoom

## Wellness Toolkit

Partnering with Counseling & Psychological Programs

Monday, October 18th | 12:00 to 1:00 pm

Tuesday, October 19th | 4:00 to 5:00 pm  
via Zoom

## Minimizing Distractions

Partnering with Disability Accommodations & Support Services

Monday, November 15th | 12:00 to 1:00 pm

Tuesday, November 16th | 4:00 to 5:00 pm  
via Zoom

**RSVP Today @ [go.csuci.edu/Adulting101](https://go.csuci.edu/Adulting101)**



MULTICULTURAL  
DREAM CENTER  
CHANNEL  
ISLANDS

The University encourages persons with disabilities to participate in its programs and activities. If you anticipate needing any type of accommodation, or have questions about the physical access provided, please contact Disability Accommodations and Support Services at (805) 437-3331 or [accommodations@csuci.edu](mailto:accommodations@csuci.edu) as soon as possible, but no later than 7 business days prior to the event.

## MDC Hours of Operation

Monday - Thursday: 9 AM - 6 PM

Friday: 8 AM - 5 PM

Bell Tower 1530

## MDC Events & Update

The following website has the most current events, updates and other resources.

[go.csuci.edu/mdcupdates](https://www.csuci.edu/mdcupdates)

<https://www.csuci.edu/mdc/mdc21.pdf>

## MDC Social Media

If you want more to see more updates than the monthly newsletter, follow us on Instagram, Twitter, TikTok, or Facebook for announcements about events and resources from the MDC and other organizations.



[@CSUCI\\_MDC](https://www.instagram.com/CSUCI_MDC)



[@CSUChannellIslands  
Multicultural](https://www.facebook.com/CSUChannellIslandsMulticultural)



[@MDC\\_CSUCI](https://www.tiktok.com/@MDC_CSUCI)



[@CSUCI\\_MDC](https://twitter.com/CSUCI_MDC)



[@MDC\\_CSUCI](https://www.tiktok.com/@MDC_CSUCI)

## **Broome Library Resources**

### **Broom Library and WMC**

Library FAQ

<https://csuci.libanswers.com/>

Remote Services <https://library.csuci.edu/about/remote-services.htm>

Writing and Multiliteracy Center (WMC)

<https://www.csuci.edu/wmc/>

### **Other Support Services**

Learning Resource Center (LRC)

<https://www.csuci.edu/learningresourcecenter/>

Information Technology Services (ITS)

<https://www.csuci.edu/its/>

### **Requesting Search Help**

Chat (synchronous)

<https://library.csuci.edu/services/ask-librarian.htm#libchat>

Email (asynchronous)

[reference.librarian@csuci.edu](mailto:reference.librarian@csuci.edu)

Zoom (synchronous) (M-F, 8 a.m. - 5 p.m. by appointment)

<https://csuci.libcal.com/appointments/reference>

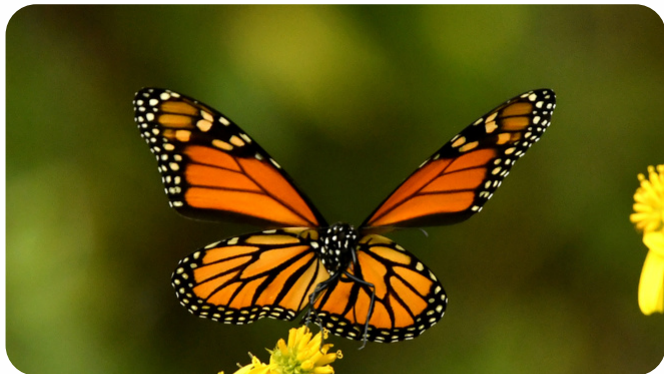




### **Mental Health Resources for Black, Indigenous and People of Color (BIPOC)**

This guide has articles, which showcase exercises on relaxation, local resources, and online support groups

[Click here to access this resource.](#)



### **Undocu-Immigrant Mental Health Resource Guide**

This guide has resources that center around mental health grounding and self-care tool kits, for Undocu-Immigrant

[Click here to access this resource.](#)



### **Mental Health Resources for People of Color**

This guide has articles, that focus the mental health needs of (BIPOC)

[Click here to access this resource.](#)



### **Destress Week Resources**

Check out this guide for resources and ways to de-stress!

[Click here to access this resource.](#)



### Latinx Student Resource Guide

[Click here to access this resource.](#)



### African American & Black Student Resource Guide

[Click here to access this resource.](#)



### Womxn Student Resource Guide

[Click here to access this resource.](#)



### LGBTQ+ Student Resource Guide

[Click here to access this resource.](#)



**Asian American Pacific Islander Student Resource Guide**

[Click here to access this resource.](#)



**Undocumented Student Resources Guide**

[Click here to access this resource.](#)



**Native American & Indigenous Student Resource Guide**

[Click here to access this resource.](#)





**COVID-19**  
*Updates*



## 5 Tips for Healthy Social Media Use during COVID-19

Brought to you by: [LiveHealth Online](#)

### 1. Set limits.

It can be easy and tempting to scroll on your phone for several hours. Try planning a set amount of social media time so you remember to fit in other activities. You could schedule an alarm on your phone or ask someone to help remind you when it's time to stop. Additionally, most mobile phones have screen time tracking apps. Remember that the limits you set for yourself will likely be different from those of your family members and friends, and that's okay! Allow yourself time to experiment and see what works best for you.

### 2. Curate the content.

Notice which accounts you follow and how they make you feel, both physically and emotionally. Do certain posts make you feel stressed, constrict your breathing or cause your mood to drop? It may be a good idea to stop following these accounts. At the same time, try to consider which accounts and posts help you feel relaxed, grounded, and more present.

### 3. Eliminate the clutter.

One of the biggest drawbacks of social media can be a large amount of content you consume at any given moment. All the different messages, photos, and videos can begin to feel overwhelming. While it can be tempting to follow all sorts of celebrities, stores, social causes, companies, and more, see if you can set a limit for the number of accounts you follow. This way you will be able to absorb and appreciate the content, rather than perhaps mindlessly scrolling through it.

### 4. Maintain perspective.

While filters and different editing tools can be fun to use, they can also be misleading. If you catch yourself doubting your own self-worth as you scroll through social media, try to pause, take a deep breath and remind yourself that social media does not always reflect reality.

### 5. Find additional online support.

Looking for more tips about how to use social media in a healthy way and/or how to address your own stress or anxiety? You can schedule a visit with a therapist on [LiveHealth Online](#)! Plus, if you're new to online therapy, read [this](#) blog from Dr. Lindsay Henderson, Director of Psychological Services with LiveHealth Online, to learn more about online therapy and how it helps people improve their mental health and cope with change.

# Ventura County COVID-19 Testing Information



## COVID-19 TESTING

Available for those that live or work in Ventura County.  
Tests are provided at no cost.

### DRIVE-UP TESTING SITES

Registration required for testing at Moorpark College, Oxnard College, Santa Paula and Freedom Park locations. Register at [www.vccovid.com](http://www.vccovid.com).

**Moorpark College**

7075 Campus Rd., Moorpark 93021  
7 days a week **10am - 7pm**

**Freedom Park, Camarillo**

515 Eubanks St., Camarillo 93010  
7 days a week **10am - 7pm**

**Oxnard College**

4000 S. Rose Ave., Oxnard 93033  
7 days a week **10am - 7pm**

**Harding Park, Santa Paula**

1400 Harvard Blvd., Santa Paula 93060  
6 days a week **10am - 7pm** (Closed Fridays)

**Ventura County Fairgrounds** (Walk-up site\*)

Enter on Shoreline Dr, Ventura 93001  
6 days a week **9am - 6pm** (Closed Wednesdays)  
\*The location is behind the Derby Club in San Miguel Hall

**Fillmore Family Medical Group**

828 W. Ventura St., Fillmore 93015  
Wednesday **9am - 4pm**

### OPTUMSERVE STATE LOCATION

COVID-19 testing for all community members. Please schedule an appointment by calling or registering online.

**Online:** [www.lhi.care/covidtesting](http://www.lhi.care/covidtesting) • **Phone:** 1-888-634-1123

**Thousand Oaks Library - Newbury Park Branch**

2331 Borchard Road, Newbury Park 91320 • 7 days a week **10am - 7pm**

**Oxnard Performing Arts Center**

800 Hobson Way, Oxnard 93030 • Monday-Friday **8am - 8pm**

### URGENT CARE LOCATIONS

Appointments Required. Please call **805-652-7660**.

**OXNARD**

**Las Islas Family Medical Group South**  
325 West Channel Islands Blvd., Oxnard 93033

**Magnolia Family Medical Center**

2240 E. Gonzales Rd., Oxnard 93036

**VENTURA**

**Academic Family Medicine Center**  
300 Hillmont Ave., Bldg. 340, Ventura 93003

**West Ventura Medical Clinic**

133 W. Santa Clara St., Ventura 93001

**EAST COUNTY**

**Conejo Valley Family Medical Group**  
125 W. Thousand Oaks Blvd., Suite 200  
Thousand Oaks 91360

**Sierra Vista Family Medical Clinic**

1227 East Los Angeles Ave., Simi Valley 93065

**Mobile COVID-19 Testing** is offered throughout the County each week.

View the pop up site schedule at [www.venturacountyrecovers.org](http://www.venturacountyrecovers.org).



@CountyOfVentura



@countyofventura



@CountyVentura



@countyofventura





For information on CSUCI's plan for the  
Fall 2021 Semester, please visit  
[https://www.csuci.edu/news/campus-  
updates/fall-2021/](https://www.csuci.edu/news/campus-updates/fall-2021/)

For information on Covid-19 campus  
cases, COVID-19 reporting, and all  
other CI updates, please visit  
[https://www.csuci.edu/news/campus-  
updates/covid19.htm](https://www.csuci.edu/news/campus-updates/covid19.htm)



## Intercultural Services Staff

Greetings Y'all,

After a year and a half of virtual classes and programming, I'm excited to see so many happy (masked) faces back on campus. Our World, Country, and Campus have all changed a great deal since that last time we were all here together. Many of us are still trying to navigate all the complex feelings, thoughts, and emotions in response to the ever-evolving COVID-19 pandemic. As we continue to navigate our new normal, Intercultural Services has so many great resources and services to support you. If over the last year you have felt powerless, we have empowerment initiatives for you. If you have felt a lack of community, we have opportunities for you to make new connections. If you just want to process, we have a space for you. This is your Multicultural Dream Center (#MyMDC), and we are happy you're back!

Sincerely,  
Kem French, M.S.W.



**Kem A. French, M.S.W**

He / Him / His  
Assistant Director of  
Inclusive Student Services  
kem.french@csuci.edu



**Carlos Espitia**

He / Him / His  
Grad Intern  
Spring 2023



**Yessica  
Arreguin**

She / Her / Hers  
Student Assistant



**Layla Ruiz**

Pronouns  
Student Assistant



**Matthew Piniol**

He / Him / His  
Student Assistant





**LGBTQ+**

## Events Overview



### Diversity and Inclusion Student Council (DISC)

Friday, September 3th

3-4 pm via Zoom

**RSVP:** <http://go.csuci.edu/MDCEvent>

We wanted to invite you to join the Diversity & Inclusion Student Council. This group is open to all students interested in opportunities to create and foster a more inclusive campus in partnership with the Multicultural Dream Center. The Diversity and Inclusion Student Council's mission is to empower students to build an inclusive campus environment that is safe and welcoming for all. Through this council, you will build a community and actively make a difference. The Diversity and Inclusion Student Council's mission is to empower students to create an inclusive campus environment that is safe and welcoming for all.



### Latinx Heritage Month Social

Wednesday, Sept. 15 | 11 am - 1 pm | Central Mall

Join us in our celebration of Latinx Heritage Month! There will be a poetry gallery, music, light refreshments and much more!

## Latest Resources



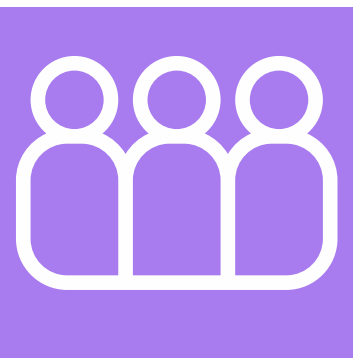
### **Rainbow Umbrella**

Looking for info on your body, relationships, sex, & more? Planned Parenthood is here to help - & they're coming to Rainbow Umbrella! Have the education & information you need to make your own health choices. Earn a certificate of completion. Fridays from 5:30 - 7:30pm. Email for more information: [rainbowumbrella@diversitycollective.org](mailto:rainbowumbrella@diversitycollective.org)



### **Diversity Collective Book Club: Untamed by Glennon Dyle**

Join the Pride Nook on Wednesdays 6 - 7 PM PST starting February 3rd. Register for Diversity Collective's Virtual Book Club at: [diversitycollectivevc.org](http://diversitycollectivevc.org)



### **Support Groups in Ventura County**

Find Gay/Lesbian/Bisexual/Transgender Support Groups by searching by an agency/program name, or choosing a suggested service as you type.



### **Student Resources**

LGBTQ Student Resources & Support. Focuses on creating more welcoming environments For LGBTQ teens And college students.





**MSI**  
*Updates*

## Multicultural Student Initiatives Staff

Hello MSI Students,

Welcome back to campus and the new academic year. I am the newest addition to the MDC team, and I am so excited to get to know you all. As the semester kicks off please stop by the MDC to check out the list of events we are hosting on campus and virtually. Please be on the look out for emails with updates on new and exciting programming.

If you would like to chat or have questions either email me at [crystal.delatorre@csuci.edu](mailto:crystal.delatorre@csuci.edu) or set up a meeting with me at this link: [go.oncehub.com/CrystalDelatorre](https://go.oncehub.com/CrystalDelatorre).

Best,  
Crystal Delatorre, M.S.



**Crystal Delatorre, M.S.**

She/Her/Hers  
Coordinator of Multicultural  
Student Initiatives  
(805) 437-3528  
[crystal.delatorre@csuci.edu](mailto:crystal.delatorre@csuci.edu)



**Alejandro Espinoza**

He/Him/His  
MSI Student Assistant

## Events Overview



### **Adulthood 101: Financial Wellness**

Monday, September 13th & Tuesday, September 14th

Monday 12-1 pm & Tuesday, 4-5 pm

**RSVP:** [go.csuci.edu/Adulthood101](http://go.csuci.edu/Adulthood101)

Be a part of this workshop where you'll learn about various money management techniques and how poor budgeting skills can negatively affect your overall wellness.



### **Bronze Undocumented Student Ally Training**

Wednesday, September 18th

2:00- 4:00 pm

**RSVP:** [go.csuci.edu/UndocAlly](http://go.csuci.edu/UndocAlly)

Each of these sessions build upon your knowledge on becoming an ally for undocumented students.





**ASIAN  
AMERICAN &  
PACIFIC  
ISLANDER**

# Asian American & Pacific Islanders Mentoring Program Mentee Application



## PURPOSE OF PROGRAM

Asian American and Pacific Islanders Mentoring Program (AAPIMP) is a great opportunity for CSUCI students, who identify as Asian American and Pacific Islanders (AAPI), to encourage and support the success of our incoming first year AAPI students in developing leadership skills while helping their peers succeed in an intentional and purposeful way. The program matches successful continuing students with first-year students, connecting them as partners for a yearlong experience. Mentees will be able to build community, explore their identities as Asian American & Pacific Islanders, as well as receive support in their academic and personal goals and passions.

**Apply Here:**

<http://go.csuci.edu/AAPImentee>

*Deadline to apply:*

*September 3rd*

## BENEFITS OF PROGRAM FOR MENTEES

**Personal  
Growth**

**Community  
Building**

**Faculty  
& Staff  
Mentorship**

**Invested  
In Your  
Academic  
Success**



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**For More Information**  
Contact Crystal Delatorre  
at [crystal.delatorre@csuci.edu](mailto:crystal.delatorre@csuci.edu)





**NATIVE  
AMERICAN**

# Native American Mentoring Program Mentee Application

## PURPOSE OF PROGRAM

The Native American Peer Mentoring Program (NAMP) is a great opportunity for CSUCI students, who identify as Native American (NA), to encourage and support the success of our incoming first year NA students in developing leadership skills while helping their peers succeed in an intentional and purposeful way. The program matches successful continuing students with first-year students, connecting them as partners for a yearlong experience. Mentees will be able to build community, explore their identities as Native American, as well as receive support in their academic and personal goals and passions.



**Apply Here:**

<http://go.csuci.edu/NAmentee>

*Deadline to apply:*

*September 3*

## BENEFITS OF PROGRAM FOR MENTEES

**Personal Growth**

**Community Building**

**Faculty & Staff Mentorship**

**Invested In Your Academic Success**




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**For More Information**  
Contact Crystal Delatorre  
at [crystal.delatorre@csuci.edu](mailto:crystal.delatorre@csuci.edu)







**PROMOTING  
ACHIEVEMENT  
THROUGH  
HOPE**

# Promoting Achievement Through Hope



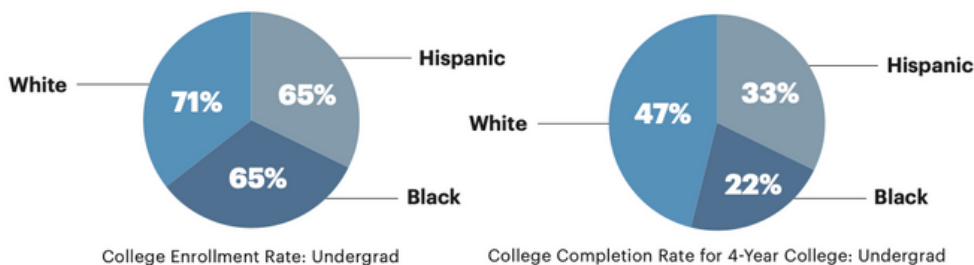
## The Sallie Mae Fund's Bridging the Dream Scholarship Program

Helping students **access** and **complete** higher education



In partnership with the Thurgood Marshall College Fund, The Sallie Mae Fund's Bridging the Dream Scholarship Program helps increase access and completion of higher education among students of color and those from underserved communities.

Minority students and those from marginalized communities face long standing inequities when it comes to accessing and completing college.



### The Sallie Mae Fund's Bridging the Dream Scholarship Program will award

**885**

Scholarships

**3**

Years

**\$3M**

Total



**75** \$10,000 scholarships to **high school seniors** to access higher education



**780** scholarships of up to \$2,500 to help students **complete** post-secondary education



**30** \$10,000 scholarships to help **graduate students** access and complete their degrees

### Who is eligible?

The Bridging the Dream Scholarships are available to minority students and those from marginalized or underserved communities, including Black, Hispanic, Pacific Islander, Indigenous, LGBTQ+, low-income, first generation, and students from rural communities, among others. Applicants must be U.S. citizens or legal permanent residents and Pell Grant-eligible.

**How to apply:** [salliemae.com/about/scholarship-opportunities](https://salliemae.com/about/scholarship-opportunities) or [tmc.org/students-alumni/scholarships](https://tmc.org/students-alumni/scholarships)

For official scholarship rules, visit [salliemae.com/about/scholarship-opportunities](https://salliemae.com/about/scholarship-opportunities). No purchase necessary. Void where prohibited. Ends March 8.

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For more information or to apply to this scholarship: Please visit: <https://www.salliemae.com/about/scholarship-opportunities/>



# Underrepresented Student Initiatives

## Monthly Letter by Natalie Johnson

Hello all!

Welcome back to campus and Happy Latinx Heritage Month! Make sure to check out the list of our events this month celebrating and acknowledging this community. For current updates and information on our resources and events outside of the newsletter, please visit our IG at [csuci\\_mdc](#).

If you would like to chat or have questions either email me at [natalie.johnson@csuci.edu](mailto:natalie.johnson@csuci.edu) or set up a meeting with me at this link: [go.oncehub.com/NatalieJohnson](https://go.oncehub.com/NatalieJohnson).

Sincerely,  
Natalie Johnson, M.Ed.



**Natalie Johnson, M.Ed.**

She/Her/Hers  
Coordinator of USI  
[natalie.johnson@csuci.edu](mailto:natalie.johnson@csuci.edu)

## Underrepresented Student Initiatives Staff



**Eli**

She / Her / Hers  
USI Graduate Intern  
Spring 2023



**Harmony**

She / Her / Hers  
USI Student Assistant  
Spring 2022



**Ilien**

They / Them / Thiers  
USI Student Assistant  
Spring 2023



**Violeta**

She / Her / Ella  
CARECEN Fellow  
Spring 2023



**USI**



## Events Overview



### **Adulthood 101: Financial Wellness**

Monday, September 13th & Tuesday, September 14th

Monday 12-1 pm & Tuesday, 4-5 pm

**RSVP:** [go.csuci.edu/Adulthood101](http://go.csuci.edu/Adulthood101)

Be a part of this workshop where you'll learn about various money management techniques and how poor budgeting skills can negatively affect your overall wellness.



### **Bronze Undocumented Student Ally Training**

Wednesday, September 18th

2:00- 4:00 pm

**RSVP:** [go.csuci.edu/UndocAlly](http://go.csuci.edu/UndocAlly)

Each of these sessions build upon your knowledge on becoming an ally for undocumented students.

# WOMEN OF COLOR



## Events Overview



### Women of Color Mentor Program Mentee Informational

Thursday, September 2nd  
12-1 pm & 4-5 pm

RSVP: [tinyurl.com/57hccwxh](https://tinyurl.com/57hccwxh)

Interested in the Women of Color Mentor Program? Come ask questions and learn more about the program at our informational.



### Women of Color Mentor Program Virtual Welcome

Monday, September 13th  
10:00-11:00 am

RSVP: [tinyurl.com/38zfwwhy](https://tinyurl.com/38zfwwhy)

Welcome to the WOCMP. Come learn about the program and your expectations. Open to those who have been accepted into the program.



### Women of Color Mentor Program Faculty/Staff Virtual Welcome

Wednesday, September 15th  
11:00 am -12:00 pm

RSVP: [tinyurl.com/38zfwwhy](https://tinyurl.com/38zfwwhy)

Accepted faculty/staff mentors will learn more about the WOCMP and be able to ask questions about their roles.



### MDC Mentor Workshop: Power, Privilege, & Oppression

Wednesday, September 29th  
3:00- 4:00 pm

RSVP: mentors sign in via link on shared calendar

Workshop only open to mentors in the MDC mentor programs. Focus on power privilege and oppression.



# Women of Color Mentoring Program Mentee Application



## WHY SHOULD I APPLY TO BECOME A MENTEE?

Becoming a mentee for the Women of Color Mentoring Program (WOCMP) is a great opportunity for CSUCI students who identify as Women of Color (WOC) to receive support from other WOC like them. Peer Mentors are committed to sharing their personal and academic experiences to encourage, guide, challenge and support new students in their academic growth, goal achievement, and overall success at CI. The program matches successful continuing students with first-year students, connecting them as partners for a yearlong experience. Mentees will be able to build community, explore their identities as Women of Color, as well as receive support in their academic and personal goals and passions.

**Apply Here:**

<http://go.csuci.edu/WOCmentee>

*Deadline to apply: Friday,  
September 3rd*

## BENEFITS OF PROGRAM FOR MENTEE

**Personal  
Growth**

**Community  
Building**

**Faculty & Staff  
Mentorship**

**Invested  
in Your  
Academic  
Success**



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**For more information:**  
Contact Natalie Johnson  
at [natalie.johnson@csuci.edu](mailto:natalie.johnson@csuci.edu)





## Events Overview



### Undocumented Student Mentor Program Mentee Informational

Thursday, September 2nd  
10:30-11:30 am & 2:30-3:30 pm via Zoom

RSVP: [tinyurl.com/USMPinfo](https://tinyurl.com/USMPinfo)

Interested in the Undocumented Student Mentor Program.? Come ask questions and learn more about the program at our informational.



### Undocumented Student Mentor Program Virtual Welcome

Monday, September 13th  
11:30 am-12:30 pm

RSVP: [/tinyurl.com/38zfwwhy](https://tinyurl.com/38zfwwhy)

Welcome to the USMP. Come learn about the program and your expectations. Open to those who have been accepted into the program.



### Undocumented Student Mentor Program Faculty/Staff Virtual Welcome

Wednesday, September 15th  
1:00 - 2:00 PM

RSVP: [/tinyurl.com/38zfwwhy](https://tinyurl.com/38zfwwhy)

Accepted faculty/staff mentors will learn more about the WOCMP and be able to ask questions about their roles.

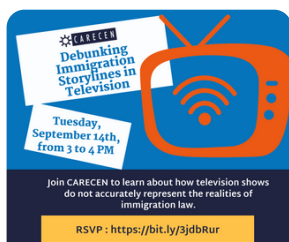


### MDC Mentor Workshop: Power, Privilege, & Oppression

Wednesday, September 29th  
3:00-4:00 pm

RSVP: mentors sign in via link on shared calendar

Workshop only open to mentors in the MDC mentor programs. Focus on power privilege and oppression.



### Debunking Immigration Storylines in Television

Tuesday, September 14th  
3:00-4:00 pm

RSVP: <https://bit.ly/3jdbRur>

Join CARECEN to learn about how television shows do not accurately represent the realities of immigration law.

# Mariposa Achieving & Resisting

M.A.R. is a program for undocumented students at CI to ensure academic success. The program is focused on meeting students individually to support their academic, personal, and post-graduation goals as well as providing fun and purposeful community-building opportunities.

To learn more, visit  
<https://tinyurl.com/yyztv5n5>

To apply, visit  
<https://tinyurl.com/y68tvtqf>



For more information, contact Natalie Johnson at [natalie.johnson@csuci.edu](mailto:natalie.johnson@csuci.edu).



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C H A N N E L  
I S L A N D S





**Debunking  
Immigration  
Storylines in  
Television**

**Tuesday,  
September 14th,  
from 3 to 4 PM**



**Join CARECEN to learn about how television shows do not accurately represent the realities of immigration law.**

**RSVP : <https://bit.ly/3jdbRur>**

The University encourages persons with disabilities to participate in its programs and activities. If you anticipate needing any type of accommodation, or have questions about the physical access provided, please contact Disability Accommodations and Support Services at (805) 437-3331 or [accommodations@csuci.edu](mailto:accommodations@csuci.edu) as soon as possible, but no later than 7 business days prior to the event.



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C H A N N E L  
I S L A N D S

# Undocumented Student Mentoring Program: Mentee Application

## PURPOSE OF PROGRAM

The Undocumented Student Mentoring Program (USMP) is a great opportunity for our Undocumented students at CSUCI to find community, develop a sense of belonging, seek academic support, and other resources. The impetus of this initiative stems from the Graduate Initiative 2025 to increase graduation rates for all CSU students while working to eliminate opportunity and achievement gaps. Therefore, the purpose of the Undocumented Student Mentoring Program (USMP) is to support academic success, persistence, and successful graduation of student participants.



**Apply Here:**

**[go.csuci.edu/USMPmentee](http://go.csuci.edu/USMPmentee)**

*Deadline to apply: September 3rd*

## BENEFITS OF PROGRAM FOR MENTEES

**Personal Growth**

**Community Building**

**Faculty & Staff Mentorship**

**Invested in Your Academic Success**



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**For more information:**  
Contact Natalie Johnson  
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