



**RECEIVED**  
**OCT 14 2009**  
**Dean's Office**

<http://www.csuci.edu/ira/index.htm>

**Application**  
**Instructionally Related Activities Funds Request**  
**2009-2010 Academic Year**  
**DEADLINE: Fall and Academic Year 3/15/09**  
**Spring 10/15/10**

Applications must first be sent to the appropriate program chair. Chairs will then recommend and route them to the Dean's Office for review and authorization. The Dean's Office will then forward them to the IRA Committee for consideration.

**Activity Title: Artists, Athletes and Academicians Experiences of Flow: APA Presentation**

Project Sponsor/Staff (Name/Phone): Dr. Christy Teranishi Martinez, (805)437-3311

Activity/Event Date(s): August 12-18<sup>th</sup>, 2010

Date Funding Needed By: May 1, 2009 (to get early registration rates)

\*\*Please Note that for Fall Requests the earliest that you will be notified of funding availability will be early June 2008 and for Spring Requests early January 2009.

**Please check if any of the following apply to your IRA:**

Equipment Purchase	Field Trip
Event	Participant data collection for public dissemination, i.e. interviews/surveys that result is a journal/poster session/newsletter
IT Requirements	Risk Management Consultation
International Travel	Late Submission (Passed Deadlines: <b>Fall 3/15, Spring 10/15</b> )
Space/OPC Requirements	
Infrastructure/Remodel	
X Other: Conference fees and travel	

Previously Funded: YES X NO Yes, Request # \_\_\_\_\_

Does your proposal require IRB (Institutional Review Board) approval: Yes X No  
 (Study already approved by the IRB: Spring 2009)

Assessment submitted for previously Funded Activity: YES X NO

Academic Program or Center Name and Budget Code: Psychology Program

Date of Submission: October 15, 2009

Amount Requested: \$5,370.00  
 (Should match item 2. E. on page 4)

Estimated Number of Students Participating: 10 students

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**Conditions and Considerations**

**Equipment Purchase**-If requesting large equipment, Project Sponsor must show proof of correspondence with OPC Administration. In addition, all other purchases must follow Procurement Guidelines

**Events**-Attach copy of Events and Facilities Use Request Form (Public Folders-Events & Facilities folder) Consider time frame for set-up and take down.

**Participant Data Collection for Public Dissemination**-If Project Sponsor proposes to conduct research with human participants then it may be subject to IRB (Institutional Review Board for the Protection of Human Subjects) review. It is the Project Sponsor's responsibility to inquire with the IRB prior to IRA application submission to determine if the project is exempt from IRB review so that funding is not delayed. Please indicate on the cover page if your project is exempt from IRB review.

**Field Trip**-If approved, Identified Risks of Participation and Release Agreement must be submitted for each student to the Program Office (Public Folders-HR Forms).

**IT Requirements**-Requires proof of correspondence and approval from IT Administration

**International Travel**-Requires International Travel application be submitted to Center for International Affairs.

**Risk Management Consultation**-Requires proof of correspondence with Risk Management.

**Space/OPC Requirements, Infrastructure/Remodel**-Requires proof of correspondence with OPC Administration .

**Late Submission (Deadlines: Fall 3/14, Spring 10/15)**-Requires explanation for emergency funding.

**Fiscal Management:** Project Sponsor's program will be responsible for all costs incurred over and above what is funded through the IRA award and will be responsible for seeing that any revenue that is intended to offset the amount of the IRA award is transferred accordingly.

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**Requirements and Signatures**

Please provide the following in your application:

1. **Brief Activity Description.** Describe the activity and its relationship to the educational objectives of the students' program or major.

I am requesting funds to attend the 2010 American Psychological Association convention in San Diego, California, August 12<sup>th</sup>-15<sup>th</sup>. Students participated in Psy490 a research course that examined the construct of flow, the mental state in which you are fully immersed in what you are doing, a feeling of energized focus, and full involvement while participating in a particular activity. Students helped carry out original research, examining factors that contribute to flow among artists, academicians, and athletes. Funding is requested to attend a national conference to present our research findings.

Presenting research at a national psychological conference will facilitate the educational goals of our Psychology program. Students will present their work in a symposium format with an interchange among participants and between the audience and participants. They will be able to apply their critical and analytical thinking skills by presenting and answering questions pertaining to the theory and methodology of our research project.

Students will also attend presentations on the cutting edge research in the field of psychology, facilitating their ability to apply the theories and methods they have learned in their courses. Students will also be able to network with faculty and students of diverse areas of psychology, which may help them develop and pursue their higher educational and career goals.

2. **Relation to IRA to Course Offerings.** All IRAs must be integrally related to the formal instructional offerings of the University and must be associated with scheduled credit courses. Please list all classes that relate to the program proposed.

Psy490 Topics in Psychology: Positive Psychology

3. **Activity Assessment.** Describe the assessment process and measures that the program will use to determine if it has attained its educational goals. **Please note a report will be due at the end of the semester.**

Students will present our findings in a symposium. The presentation will be submitted along with the report as evidence of completing the IRA related activity.

4. **Activity Budget.** Please enclose a complete detailed budget of the entire Activity **bold** specific items of requested IRA funding. (Page 4)


Conference registration \$70.00 per student = \$ 700.00  
APA undergraduate student membership fees \$27.00 per student = \$270.00  
Hotel (5 rooms) @\$220.00/night for 4 nights = \$4,400.00  
Total = \$5,370.00

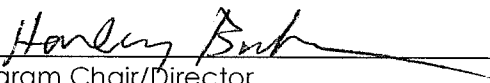
5. **Sources of Activity Support.** Please list the other sources of funding, and additional support for the activity.

Additional source of support may come from our department travel budget for the faculty.

7. **Acknowledgment.** Project Sponsor and Program Chair acknowledge that they have reviewed and accepted the Conditions and Considerations detailed on page 2.

Signatures and Dates

  
Project Sponsor \_\_\_\_\_ Date 10/15/09

  
Program Chair/Director \_\_\_\_\_ Date 10/22/09

  
Dean \_\_\_\_\_ Date 10/21/09

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ACTIVITY BUDGET FOR **2009-2010**

1. Operating Expense Budget

A. Supplies	_____
B. Vendor Printing	_____
C. In-State Travel	_____ \$4,400.00
D. Out-of-State Travel	_____
E. Equipment Rental	_____
F. Equipment Purchase	_____
G. Contracts/Independent Contractors	_____
H. Honorarium	_____
I. OPC Chargeback	_____
J. Copier Chargeback	_____
K. Other (Please Specify: conference fees)	_____ \$ 970.00
TOTAL Expenses	_____ \$5,370.00

2. Revenue

A. Course Fees	_____
B. Ticket Sales	_____
C. Out of Pocket Student Fees (exclusive of course fees)	_____
D. Additional Sources of Funding	_____
<b>E. Requested Allocation from IRA</b>	_____ <b>\$5370.00</b>
Total Revenue	_____ \$5,370.00