

RECEIVED**OCT 14 2009****Dean's Office**

<http://www.csuci.edu/ira/index.htm>

Application
Instructionally Related Activities Funds Request
2009-2010 Academic Year
DEADLINE: Fall and Academic Year 3/15/09
Spring 10/15/10

Applications must first be sent to the appropriate program chair. Chairs will recommend and route them to the Dean's Office for review and authorization. The Dean's Office will then forward them to the IRA Committee for consideration.

Activity Title: Positive Psychology: A Mind, Body, and Spiritual Journey Through Peru- An Experiential Learning Conference Presentation

Project Sponsor/Staff (Name/Phone): Dr. Christy Teranishi Martinez (805)437-3311

Activity/Event Date(s): March 31st-April 3rd, 2010

Date Funding Needed By: January 15, 2010

**Please Note that for Fall Requests the earliest that you will be notified of funding availability will be early June 2008 and for Spring Requests early January 2009.

Please check if any of the following apply to your IRA:

Equipment Purchase	Field Trip
Event	Participant data collection for public dissemination, i.e. interviews/surveys that result is a journal/poster session/newsletter
IT Requirements	Risk Management Consultation
International Travel	Late Submission (Passed Deadlines: Fall 3/15, Spring 10/15)
Space/OPC Requirements	
Infrastructure/Remodel	

X Other: Conference registration and travel **Spring 10/15**

Previously Funded: YES X NO Yes, Request # _____

Does your proposal require IRB (Institutional Review Board) approval: Yes X No

Assessment submitted for previously Funded Activity: YES X NO

Academic Program or Center Name and Budget Code: Psychology Program

Date of Submission: October 15, 2009

Amount Requested: \$9,275.00

(Should match item 2. E. on page 4)

Estimated Number of Students Participating: 10 students

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Conditions and Considerations

Equipment Purchase-If requesting large equipment, Project Sponsor must show proof of correspondence with OPC Administration. In addition, all other purchases must follow Procurement Guidelines

Events-Attach copy of Events and Facilities Use Request Form (Public Folders-Events & Facilities folder) Consider time frame for set-up and take down.

Participant Data Collection for Public Dissemination-If Project Sponsor proposes to conduct research with human participants then it may be subject to IRB (Institutional Review Board for the Protection of Human Subjects) review. It is the Project Sponsor's responsibility to inquire with the IRB **prior** to IRA application submission to determine if the project is exempt from IRB review so that funding is not delayed. Please indicate on the cover page if your project is exempt from IRB review.

Field Trip-If approved, Identified Risks of Participation and Release Agreement must be submitted for each student to the Program Office (Public Folders-HR Forms).

IT Requirements-Requires proof of correspondence and approval from IT Administration

International Travel-Requires International Travel application be submitted to Center for International Affairs.

Risk Management Consultation-Requires proof of correspondence with Risk Management.

Space/OPC Requirements, Infrastructure/Remodel-Requires proof of correspondence with OPC Administration .

Late Submission (Deadlines: Fall 3/14, Spring 10/15)-Requires explanation for emergency funding.

Fiscal Management: Project Sponsor's program will be responsible for all costs incurred over and above what is funded through the IRA award and will be responsible for seeing that any revenue that is intended to offset the amount of the IRA award is transferred accordingly.

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Requirements and Signatures

Please provide the following in your application:

1. **Brief Activity Description.** Describe the activity and its relationship to the educational objectives of the students' program or major.

This IRA proposal requests funds for students to participate in the 2010 Continuums of Service Conference in Portland, Oregon, March 31st through April 3rd. Nine students participated in a summer intensive academic course entitled, *Positive Psychology: A Mind, Body, and Spiritual Journey*, as part of an international study abroad experience. This was an experiential learning course focused on strengthening students' sense of identity and positive functioning within the diverse cultural communities in which they live and travel. Throughout the program, students explored their own sense of identity and awareness of diversity as they moved from their home community to a South American community in Peru. Students connected on a deeper level to the indigenous culture and authentic spirituality of the Quechua people, and they learned to enhance their mind, body and spiritual learning through yoga, journal reflections, hiking, personal exploration and meditation. Throughout the program, students gained a better understanding of the complexity and dynamics of mind, body, relationships and spiritual connectedness.

Funding is requested to attend a service learning conference to present how our program has enhanced community engagement and civic engagement. This activity is related to the educational goals and objectives of both the Psychology program and the university mission pillars of interdisciplinary learning, experiential and service learning, multiculturalism and international perspectives. In the Positive Psychology course and Peru Study Abroad program, I incorporated experiential learning so that students can apply what they are learning in the classroom to real world experiences and understanding. Students have participated in activities that support community engagement with direct service (i.e., donating food and school resources to indigenous children in an Andean mountain school), and indirect service (i.e., learning about the needs of the Peruvian community as well as learning about how our community can learn from the Peruvian cultural practices and values). By presenting at this conference students will participate in civic engagement to create awareness of the importance of the application of Positive Psychology in our community.

2. **Relation to IRA to Course Offerings.** All IRAs must be integrally related to the formal instructional offerings of the University and must be associated with scheduled credit courses. Please list all classes that relate to the program proposed.

Psy490 Topics in Psychology: Positive Psychology
Psy494 Independent Study

3. **Activity Assessment.** Describe the assessment process and measures that the program will use to determine if it has attained its educational goals. **Please note a report will be due at the end of the semester.**

The faculty and students will present in a 20-minute session what we did in our Peru study abroad program, and our research findings on how flow can be stimulated by mentorship and experiential learning. Students are assessed along the two mission pillars of community service and civic engagement addressing the educational goals of both the psychology program and university mission.

4. **Activity Budget.** Please enclose a complete detailed budget of the entire Activity **bold** specific items of requested IRA funding. (Page 4)


Conference Registration \$350.00 per student = \$3,500.00
Airfare to Portland, Oregon \$300 per student = \$3,000.00
Hotel (5 rooms) @\$185.00/night for 3 nights = \$2,775.00
Total = \$9,275.00

5. **Sources of Activity Support.** Please list the other sources of funding, and additional support for the activity.

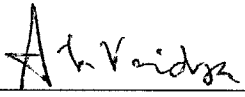
Additional sources of support may come from the Psychology program travel funds and the Center for Community Engagement for faculty travel and registration costs.

7. **Acknowledgment.** Project Sponsor and Program Chair acknowledge that they have reviewed and accepted the Conditions and Considerations detailed on page 2.

Signatures and Dates


Project Sponsor _____ Date 10/15/09


Program Chair/Director _____ Date 10/22/09


Dean _____ Date 11/17/09

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ACTIVITY BUDGET FOR **2009-2010**

1. Operating Expense Budget

A. Supplies	_____
B. Vendor Printing	_____
C. In-State Travel	_____
D. Out-of-State Travel	_____ \$5,775.00
E. Equipment Rental	_____
F. Equipment Purchase	_____
G. Contracts/Independent Contractors	_____
H. Honorarium	_____
I. OPC Chargeback	_____
J. Copier Chargeback	_____
K. Other (Specify: conf reg fees)	_____ \$3,500.00
TOTAL Expenses	_____ \$9,275.00

2. Revenue

A. Course Fees	_____
B. Ticket Sales	_____
C. Out of Pocket Student Fees (exclusive of course fees)	_____
D. Additional Sources of funding (Please specify And indicate source)	_____
E. Requested Allocation from IRA	_____ \$9,275.00
Total Revenue	_____ \$9,275.00