

**Instructional Related Activities
Report Form**

SPONSOR	DEPARTMENT
IRA	History and Psychology

ACTIVITY TITLE	DATE (S) OF ACTIVITY
Speakers for HIST/PSY 436, PSY 344, & PSY 473	Spring - Fall 2012

PLEASE EXPLAIN (1) DESCRIPTION OF ACTIVITY; (2) HOW DID THE ACTIVITY RELATE TO A COURSE(S); AND (3) WHAT YOU LEARNED FROM THE PROCESS.

1. The activity was to have speakers for the HIST-PSY 436 East Warriors Culture, PSY 344 Traditional Asian Thought, and the PSY 473 Bizarre Behaviors and Culture Bound Syndromes courses. For the first two courses speakers came to campus and spoke/demonstrated about their martial arts or other Asian arts discipline. For the PSY 473 course guest speakers gave a lecture/discussion on their area of expertise.
2. The activities for the first two classes showed how traditional Asian arts are practiced and how they manifest in the modern world. For the PSY 473 course the speakers gave lectures related to their areas of considerable expertise, giving students much deeper knowledge of the subjects than could be gleaned through reading.
3. We have been having these speakers come for a number of years now. This means we have narrowed down the very best guests to bring in. Therefore the demonstrations were highly successful. Since these are some of the largest enrolled courses on campus, many students were positively impacted by the speakers. Student feedback was unanimous in praise for the speakers.

****Please attach assessment forms from students, list of attendees, PeopleSoft program report, and up to six images (small file size) you may have taken of the activity.**

E-mail to the IRA Coordinator's Office
30 days after activity







1. JEET KUNE DO IS A MODERN CLASSICAL, SCIENTIFIC APPROACH TO MARTIAL ARTS

- 1. Different weapons are appropriate for different situations
 - a. Grenade (20 feet away?)
 - ↳ In a phone booth?
 - b. Submarine (in the Atlantic?)
 - ↳ On the 101?
 - c. Tank (in the Sahara?)
 - ↳ In the Himalayas?
- 2. Different eras and circumstances require different weapons
 - a. Revolutionary War







**Fall 2012-1: Regular Academic Session
Survey
Fall 2012-1 2012**

**CSU Channel Islands
Channel Islands**

Course: PSY 344 01 - PSYCH AND TRAD ASIAN THOUGHT

Academic Program: Psychology

**Responsible
Faculty:** Kevin Volkan

Responses / Expected: 36 / 90

SRT		Volkan, Kevin							
		Responses				Individual			
		[SA]	[A]	[D]	[SD]	N/A	S.D.	N	Mean
Q1	I understood the learning outcomes expected from the course.	26	9	1	0	0	.52	36	3.7
Q2	To me, the course content seemed well organized.	22	12	2	0	0	.60	36	3.6
Q3	To me, class sessions seemed well organized.	21	12	3	0	0	.65	36	3.5
Q4	The time I spent in class sessions furthered my understanding of the course material.	29	5	2	0	0	.55	36	3.8
Q5	Examples and illustrations provided in this course aided my understanding.	30	6	0	0	0	.37	36	3.8
Q6	The course provided some general concepts that helped me see connections among specific topics.	28	6	2	0	0	.56	36	3.7
Q7	The course was a valuable learning experience for me.	28	6	2	0	0	.56	36	3.7
Q8	The assignments in this course aided my learning.	20	10	6	0	0	.76	36	3.4
Q9	I was able to effectively use instructor feedback to increase my learning.	21	9	3	1	2	.78	34	3.5
Q10	I learned ways of reasoning that I could apply to other disciplines.	22	11	3	0	0	.64	36	3.5
Q11	My learning experience increased my appreciation for the subject covered.	28	7	1	0	0	.49	36	3.8
Q12	I gained awareness of the relevance and importance of the course material.	28	7	1	0	0	.49	36	3.8
Q13	The course made a relevant contribution to my overall education.	25	8	3	0	0	.64	36	3.6
Q14	I felt I was evaluated fairly in this class.	29	6	0	0	1	.38	35	3.8
Q15	I felt I was treated with respect in this class.	30	4	0	0	2	.32	34	3.9
Q16	The class atmosphere supported my learning.	25	8	2	0	1	.58	35	3.7
Q17	I felt encouraged to contribute civil dialogue to this class.	23	8	3	0	2	.65	34	3.6
Q18	When I sought outside help from the instructor (such as by phone, e-mail or office visit), I received it.	19	4	0	0	13	.38	23	3.8
Q19	I felt welcome to seek help and advice from the instructor.	22	6	0	0	8	.41	28	3.8
Q20	The help I received from the instructor was useful to my learning.	20	3	0	0	13	.34	23	3.9

Responses: [SA] Strongly Agree=4 [A] Agree=3 [D] Disagree=2 [SD] Strongly Disagree=1

Q21 - What changes would you make in your own approach in order to improve your learning?

Faculty: Volkan, Kevin

Response Rate: 44.44% (16 of 36)

- Best course I have ever taken.
- None, I feel that everything necessary to do well in this course was given the first day of class.
- I would set more time aside for reading, there was a lot and I always seemed behind.
- I would re-write my notes after each class session.
- I would not make any changes to my approach. I have learned and enjoyed the class very much. And would recommend Dr. Volkan and the lecture to other students.
- I loved this class keep doing what you're doing.
- I would really go over my notes more to understand certain topics, rather than focus on what I think will be on the test.
- A study guide for the test.
- i think I would study more.
- Do the extra readings.
- None
- Take a head start in doing large assignments such as presentations and papers.
- Seek out resources (e.g. tutors) at the library.
- Read the chapters prior to coming to class in order to engage in discussion effectively.
- clear due dates and location of assignments
- I would complete the reaction journals in a more timely manner.
- I found that the organization of the homework list in the blackboard program to often be confusing and hard to navigate. If the homework was separated out into a separate section from class readings and presentations It might be easier to complete.
- I would set aside even more time for the reading assigned.

Q22 - What aspects of the course would you advise your instructor to retain?

Faculty: Volkan, Kevin

Response Rate: 44.44% (16 of 36)

- Don't change a thing.
- I enjoyed all of it! This is such an interesting class!
- All the demonstrations and the trip to the temple. Its nice to see some of the teachings in action

- The 'forum' lecture style has been very conducive to my learning. The lectures are interesting, but changeable, and invite student questions to better our understanding. Since topics in this class are new to many Western thinkers, the ability to ask questions freely helps all of the students gain more insight on these new and many times confusing topics.
- Power point material and lecture available on line to review. Expanded alternative assignment reading. Cultural traditional videos.
- I really enjoyed the overall structure of the course. The assignments helped me better understand the material without being excessive or feeling like busy work. And I like the setup of the exams.
- Everything
- I would advise the instructor to keep the stories online because they really related the material in class to other aspects of the class.
- Everything...I feel that the way he teaches really makes it understandable and is reasonable. If students don't do well it is their own fault."
- I liked the reading he provided.
- The powerpoint and reactions to topics or readings.
- Power point format and guest speakers.
- I would advise you to keep the chinese medicine demonstration, the yoga demonstration, the I ching demonstration and the malibu hindu temple field trip. I also liked the gates poetry slam.
- The power points and readings
- The class covered a nice wide range of subjects and was easy to follow along with in readings and lectures.
- All of it.

Q23 - What suggestions would you provide to your instructor for revisions that would produce a better learning experience for you?

Faculty: Volkan, Kevin

Response Rate: 44.44% (16 of 36)

- The best learning experience ever.
- None. I feel that this class is well structured and clear.
- Less Reading. I could not keep up. Split the class into two days, it's a lot of dense information to sit through. Make more of a connecting to psychology. I did not understand how they were connected. Perhaps a separate document on BlackBoard that provides an itemized list of all the assignments and their due dates. This way, all of the assignments would be in one place, and students could easily access this information.
- To me, professor Volkan is one of the best. I love his classes. I love the way he teach us. I just really love him as a professor and human being. He is GREAT!!!!
- I do not have any suggestions. The class includes a complex and broad range of subject matter that Dr Volkan does an excellent job of organizing into a format that fits remarkably into one short semester . No small feat as far as I am concerned.
- Organize the reading responses a bit better so that the due dates correspond to the material being taught at the time.
- I can't think of anything.

- n/a
- Nothing."
- I would like test study guid. he has so much information it's hard to know what he will test on.
- None.
- Well it was a very large class size so class engagement isn't going to be very high. I enjoyed him very much. One of the best professors I have ever taken. Would love to take a class that's smaller with him!
- I would recommend that the reaction journals be a minimum of one page because the topics can be difficult to respond to sometimes.
- If the homework was separated out into a separate section from class readings and presentations It might be easier to complete.
- I'm afraid I don't have any revisions to offer. I thoroughly enjoyed your class. Thank you.

**Fall 2012-1: Regular Academic Session
Survey
Fall 2012-1 2012**

**CSU Channel Islands
Channel Islands**

Course: PSY 436 01 - PSY & HIST OF EAST ASIAN

Academic Program: Psychology

Responsible Faculty: Rainer Buschmann; Kevin Volkan

Responses / Expected: 17 / 51

Volkan, Kevin

SRT

Responses Individual

[SA] [A] [D] [SD] N/A S.D. N Mean

Q1 I understood the learning outcomes expected from the course. 12 4 1 0 0 .59 **17 3.6**

Responses: [SA] Strongly Agree=4 [A] Agree=3 [D] Disagree=2 [SD] Strongly Disagree=1

Volkan, Kevin

SRT

Responses Individual

[SA] [A] [D] [SD] N/A S.D. N Mean

Q2 To me, the course content seemed well organized. 12 5 0 0 0 .46 **17 3.7**

Responses: [SA] Strongly Agree=4 [A] Agree=3 [D] Disagree=2 [SD] Strongly Disagree=1

Volkan, Kevin

SRT

Responses Individual

[SA] [A] [D] [SD] N/A S.D. N Mean

Q3 To me, class sessions seemed well organized. 12 5 0 0 0 .46 **17 3.7**

Responses: [SA] Strongly Agree=4 [A] Agree=3 [D] Disagree=2 [SD] Strongly Disagree=1

Volkan, Kevin

SRT

Responses Individual

[SA] [A] [D] [SD] N/A S.D. N Mean

Q4 The time I spent in class sessions furthered my understanding of the course material. 12 5 0 0 0 .46 **17 3.7**

Responses: [SA] Strongly Agree=4 [A] Agree=3 [D] Disagree=2 [SD] Strongly Disagree=1

Volkan, Kevin

SRT

Responses Individual

[SA] [A] [D] [SD] N/A S.D. N Mean

Q5 Examples and illustrations provided in this course aided my understanding. 13 4 0 0 0 .42 **17 3.8**

Responses: [SA] Strongly Agree=4 [A] Agree=3 [D] Disagree=2 [SD] Strongly Disagree=1

		Volkan, Kevin							
SRT		Responses				Individual			
		[SA]	[A]	[D]	[SD]	N/A	S.D.	N	Mean
Q6	The course provided some general concepts that helped me see connections among specific topics.	12	4	0	0	1	.43	16	3.8
Responses:		[SA] Strongly Agree=4 [A] Agree=3 [D] Disagree=2 [SD] Strongly Disagree=1							

		Volkan, Kevin							
SRT		Responses				Individual			
		[SA]	[A]	[D]	[SD]	N/A	S.D.	N	Mean
Q7	The course was a valuable learning experience for me.	13	2	2	0	0	.68	17	3.6
Responses:		[SA] Strongly Agree=4 [A] Agree=3 [D] Disagree=2 [SD] Strongly Disagree=1							

		Volkan, Kevin							
SRT		Responses				Individual			
		[SA]	[A]	[D]	[SD]	N/A	S.D.	N	Mean
Q8	The assignments in this course aided my learning.	12	3	2	0	0	.69	17	3.6
Responses:		[SA] Strongly Agree=4 [A] Agree=3 [D] Disagree=2 [SD] Strongly Disagree=1							

		Volkan, Kevin							
SRT		Responses				Individual			
		[SA]	[A]	[D]	[SD]	N/A	S.D.	N	Mean
Q9	I was able to effectively use instructor feedback to increase my learning.	11	3	1	0	2	.60	15	3.7
Responses:		[SA] Strongly Agree=4 [A] Agree=3 [D] Disagree=2 [SD] Strongly Disagree=1							

		Volkan, Kevin							
SRT		Responses				Individual			
		[SA]	[A]	[D]	[SD]	N/A	S.D.	N	Mean
Q10	I learned ways of reasoning that I could apply to other disciplines.	11	4	1	0	1	.60	16	3.6
Responses:		[SA] Strongly Agree=4 [A] Agree=3 [D] Disagree=2 [SD] Strongly Disagree=1							

		Volkan, Kevin							
SRT		Responses				Individual			
		[SA]	[A]	[D]	[SD]	N/A	S.D.	N	Mean
Q11	My learning experience increased my appreciation for the subject covered.	12	4	1	0	0	.59	17	3.6

Responses: [SA] Strongly Agree=4 [A] Agree=3 [D] Disagree=2 [SD] Strongly Disagree=1

		Volkan, Kevin							
SRT		Responses				Individual			
		[SA]	[A]	[D]	[SD]	N/A	S.D.	N	Mean
Q12	I gained awareness of the relevance and importance of the course material.	11	6	0	0	0	.48	17	3.6

Responses: [SA] Strongly Agree=4 [A] Agree=3 [D] Disagree=2 [SD] Strongly Disagree=1

		Volkan, Kevin							
SRT		Responses				Individual			
		[SA]	[A]	[D]	[SD]	N/A	S.D.	N	Mean
Q13	The course made a relevant contribution to my overall education.	12	3	2	0	0	.69	17	3.6

Responses: [SA] Strongly Agree=4 [A] Agree=3 [D] Disagree=2 [SD] Strongly Disagree=1

		Volkan, Kevin							
SRT		Responses				Individual			
		[SA]	[A]	[D]	[SD]	N/A	S.D.	N	Mean
Q14	I felt I was evaluated fairly in this class.	12	5	0	0	0	.46	17	3.7

Responses: [SA] Strongly Agree=4 [A] Agree=3 [D] Disagree=2 [SD] Strongly Disagree=1

		Volkan, Kevin							
SRT		Responses				Individual			
		[SA]	[A]	[D]	[SD]	N/A	S.D.	N	Mean
Q15	I felt I was treated with respect in this class.	13	4	0	0	0	.42	17	3.8

Responses: [SA] Strongly Agree=4 [A] Agree=3 [D] Disagree=2 [SD] Strongly Disagree=1

		Volkan, Kevin							
SRT		Responses				Individual			
		[SA]	[A]	[D]	[SD]	N/A	S.D.	N	Mean
Q16	The class atmosphere supported my learning.	12	5	0	0	0	.46	17	3.7

Responses: [SA] Strongly Agree=4 [A] Agree=3 [D] Disagree=2 [SD] Strongly Disagree=1

		Volkan, Kevin							
SRT		Responses				Individual			
		[SA]	[A]	[D]	[SD]	N/A	S.D.	N	Mean
Q17	I felt encouraged to contribute civil dialogue to this class.	12	3	1	1	0	.85	17	3.5

Responses: [SA] Strongly Agree=4 [A] Agree=3 [D] Disagree=2 [SD] Strongly Disagree=1

		Volkan, Kevin							
SRT		Responses				Individual			
		[SA]	[A]	[D]	[SD]	N/A	S.D.	N	Mean
Q18	When I sought outside help from the instructor (such as by phone, e-mail or office visit), I received it.	11	3	0	0	3	.41	14	3.8
Responses:		[SA] Strongly Agree=4 [A] Agree=3 [D] Disagree=2 [SD] Strongly Disagree=1							

		Volkan, Kevin							
SRT		Responses				Individual			
		[SA]	[A]	[D]	[SD]	N/A	S.D.	N	Mean
Q19	I felt welcome to seek help and advice from the instructor.	11	4	0	0	2	.44	15	3.7
Responses:		[SA] Strongly Agree=4 [A] Agree=3 [D] Disagree=2 [SD] Strongly Disagree=1							

		Volkan, Kevin							
SRT		Responses				Individual			
		[SA]	[A]	[D]	[SD]	N/A	S.D.	N	Mean
Q20	The help I received from the instructor was useful to my learning.	11	2	1	0	3	.59	14	3.7
Responses:		[SA] Strongly Agree=4 [A] Agree=3 [D] Disagree=2 [SD] Strongly Disagree=1							

Q21 - What changes would you make in your own approach in order to improve your learning?

Faculty: Volkan, Kevin

Response Rate: 52.94% (9 of 17)

- none
- Take more time with the readings.
- None, I thought the class was great

I would not ask professor Volkan to change anything because his lectures were very informative and very

- helpful. Also, his demonstrations of the different martial arts gave me a better feel of what he would explain in the lectures and I found them to be of great help.
- Nothing, Dr. Volkan is wonderful.
- everything was fine.
- More notes, reading test questions more carefully.
- he was a good professor.
- Read all the assigned readings.

Q22 - What aspects of the course would you advise your instructor to retain?

Faculty: Volkan, Kevin

Response Rate: 52.94% (9 of 17)

- none
- The accessibility to all the material was immensely helpful.
- I enjoyed the films and guest lecturers that were brought in, I believe they enhanced the material being discussed.
- The entire course was well put together and thought out.
- Everything was very good, so I would advise him to keep everything.
- The Indians in bikinis doing flips. Love. More nudity! And a male yoga instructor too!!!
- everything was fine.

The movies and demos were great and I could actually see the relation in the movements for the different

- martial arts. I'd say retain most or all aspects of this course because it was a fun class and you guys were for the most part able to keep us awake even though it was a morning class.
- None

Q23 - What suggestions would you provide to your instructor for revisions that would produce a better learning experience for you?

Faculty: Volkan, Kevin

Response Rate: 58.82% (10 of 17)

- none. A very passionate proffesor!
- I would rather have smaller assignments then an essay.
- Having a better idea what information would be covered on the exams would be helpful. There is a lot to cover.

I wish we had discussed some of the readings assigned throughout the semester. I realize this class was mainly a lecturing environment, but I felt more discussions should have taken place so I could connect to the material. I felt slightly unprepared for exams because there was no review or discussion about the assigned readings. Some of the lectures had so much material that it was difficult to follow.

- None, I could not have suggested a better class
- None, everything seemed perfect to me.
- No more Hara Kari at 9am. Too...early....

Finding ten sources for the paper made picking a person to write about almost exclusively to super modern

- material artists. I would have preferred to write about older people who were influential but the source requirement limited me to people I didn't find as interesting.
- None that I can think of, you both did a great job.
- None, I Loved the demonstrations!!!

Spring 2012 Regular Academic Session Survey
Spring 2012-1 2012

CSU Channel Islands
Channel Islands

Course: PSY 473 01 - BIZARRE BEHAVIOR/CULTURE BOUND

Academic Program: Psychology

Responsible Faculty: Kevin Volkan

Responses / Expected: 21 / 59

SRT		Volkan, Kevin							
		Responses				Individual			
		[SA]	[A]	[D]	[SD]	N/A	S.D.	N	Mean
Q1	I understood the learning outcomes expected from the course.	16	5	0	0	0	.43	21	3.8
Q2	To me, the course content seemed well organized.	14	5	2	0	0	.66	21	3.6
Q3	To me, class sessions seemed well organized.	13	7	1	0	0	.58	21	3.6
Q4	The time I spent in class sessions furthered my understanding of the course material.	15	6	0	0	0	.45	21	3.7
Q5	Examples and illustrations provided in this course aided my understanding.	18	3	0	0	0	.35	21	3.9
Q6	The course provided some general concepts that helped me see connections among specific topics.	16	5	0	0	0	.43	21	3.8
Q7	The course was a valuable learning experience for me.	16	5	0	0	0	.43	21	3.8
Q8	The assignments in this course aided my learning.	14	5	1	0	1	.57	20	3.7
Q9	I was able to effectively use instructor feedback to increase my learning.	13	5	0	0	3	.45	18	3.7
Q10	I learned ways of reasoning that I could apply to other disciplines.	14	5	0	0	2	.44	19	3.7
Q11	My learning experience increased my appreciation for the subject covered.	17	4	0	0	0	.39	21	3.8
Q12	I gained awareness of the relevance and importance of the course material.	18	3	0	0	0	.35	21	3.9
Q13	The course made a relevant contribution to my overall education.	18	3	0	0	0	.35	21	3.9
Q14	I felt I was evaluated fairly in this class.	17	2	1	0	1	.51	20	3.8
Q15	I felt I was treated with respect in this class.	17	3	0	0	1	.36	20	3.9
Q16	The class atmosphere supported my learning.	17	3	1	0	0	.53	21	3.8
Q17	I felt encouraged to contribute civil dialogue to this class.	17	4	0	0	0	.39	21	3.8
Q18	When I sought outside help from the instructor (such as by phone, e-mail or office visit), I received it.	12	1	1	0	7	.56	14	3.8
Q19	I felt welcome to seek help and advice from the instructor.	14	3	0	0	4	.38	17	3.8
Q20	The help I received from the instructor was useful to my learning.	13	1	0	0	7	.26	14	3.9

Responses: [SA] Strongly Agree=4 [A] Agree=3 [D] Disagree=2 [SD] Strongly Disagree=1

Q21 - What changes would you make in your own approach in order to improve your learning?**Faculty: Volkan, Kevin****Response Rate: 42.86% (9 of 21)**

- None
- n/a
- Studied for the weekly quizzes more.
- None.
- Reading over the posted articles more carefully
- I would read all of the assigned articles (there were a lot!) and study a little more for the quizzes.
- none, great class!!!!
- sometimes the reading material seemed overwhelming , sometimes there was a lot of articles but it was completely my fault for neglecting them sometimes.
- None i love this class

Q22 - What aspects of the course would you advise your instructor to retain?**Faculty: Volkan, Kevin****Response Rate: 47.62% (10 of 21)**

- None
- n/a
- The reading material Dr. Volkan assigns is extremely interesting and that is refreshing as most reading assignments in upper level classes can be tough to get through. Definitely keep the reading as is.
- I really enjoyed this class and I can't think of anything worth changing.
- Nothing, this class was a really great experience, as are all of the classes with Dr. Volkan.
Everything! Wendy Walsh and Dr. Baker were really great additions to the course content. The seminar style is a great way to mix up the more structured class most students are taking.
- All of his personal experience and examples really helped further my comprehension of class topics!
- The guest lecturers were great. The powerpoints were put together well and relevant. I enjoyed the material.
I love this class. I have taken 2 classes with the same instructor and I love that they are so interesting and
- that one discussion ventures out into other things . Its applying all the things we learn in theories and history and seeing it in real life.
- Keep it all but maybe add more
- Everything covered was presented in an incredibly easy-going and matter-of-fact manner. Professionalism on the part of the instructor was superb.

Q23 - What suggestions would you provide to your instructor for revisions that would produce a better learning experience for you?**Faculty: Volkan, Kevin****Response Rate: 38.10% (8 of 21)**

- None
 - n/a
 - Nothing really. I liked the way this class was taught and organized.
 - None. Keep doing the same things.
 - I had a great learning experience in this class, I can't think of anything more Dr. Volkan could do. He was informative, open-minded, respectful and comical, which all made for a solid reason to take a 9am Friday class!
 - Nothing!
- I love the way the lectures are . I love talking about experiences and examples and the guest speakers. The
- class is very enjoyable because we're not always stressed about meeting ridiculous standards from the professor :)
- The professor readily admitted early on in the course that there was far too much material to cover in the time
- provided. Despite this, he made every effort to include as much as possible into the course, without truncating any topic for the sake of cramming others in.