# **Instructionally Related Activities Funds Request Fall 2016**

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# IRA Funds Request for International Travel for UNIV 392 Western and Eastern Approaches to **Communicating Health and Mental Illness**

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Instructionally Related Activities Funds Request Summary

Project Sponsor	Nien Tsu Chen
Activity Title	International Travel for UNIV 392 Western and Eastern Approaches to Communicating Health and Mental Illness
Activity/Event Date	January 5 – 18, 2017
Date Funding Needed By	August 29, 2016 (the beginning of the Fall 2016 semester when the on-campus portion of this UNIV 392 course begins)
Previously Funded?	Yes
Semester/Year	AY 2015-2016
Proposal#	696
Report submitted for previously Funded Activity?	Yes
Report submitted for previously Funded Activity	IRAReport696.pdf
Additional Report #1	_
Additional Report #2	
Additional Report #3	
Additional Proposers	Kimmy Kee-Rose
Academic Program(s) / Center Name(s)	Nien-Tsu Chen, Communication Program Kimmy Kee-Rose, Psychology Program
Estimated total Course Fee revenue	\$20,187.75
Amount Requested from IRA	\$47,401.25
Estimated Number of Students Participating	25
Conditions and Considerations	International Travel
Brief Activity Description	UNIV 392 Western and Eastern Approaches to Communicating Health and Mental Illness is a class being proposed by Drs. Nien-Tsu Chen and Kimmy Kee-Rose, with close counsel from the Center for International Affairs (CIA). If approved, this 3-unit class will be offered in the fall semester of 2016. This course will be open to undergraduate students from all majors, and it is designed to meet the university's multicultural graduation requirement and GE outcome 1.1b (Integrate content, icleas, and approaches from national and international perspectives). In addition to multiculturalism and internationalization, this course will be students to engage with CI's two other mission pillars. This course will be co-instructed by faculty members from Psychology and Communication and therefore introduce interdisciplinary perspectives to students. Students will also have opportunities for community engagement by volunteering with two non-profit organizations in Taiwan.
	To elaborate more, this course is designed to help students acquire knowledge about Western and Eastern perspectives on health and illnesses through weekly lectures, classroom activities and assignments throughout the fall 2016 semester. A special focus will be placed on mental health issues, and the instructors will give students an overview of the etiology and treatment of the most prevalent mental health conditions in the United States and Taiwan, as well as how they are communicated in interpersonal, mediated, and community settings.
	Additionally, students will have a chance to travel to Taiwan from January 5-18, 2017. This international trip, for which IRA funding is requested, will enable students to gain firsthand experience with Taiwan's healthcare and communication sectors. During the trip, students will visit the Chinese medicine and mental health departments in hospitals in rural and urban regions of Taiwan, a psychiatric center, as well as the public and media relations office at a public health agency. Furthermore, the communication departments at two local universities will host our students and provide them firsthand experience of the health communication curricula in Taiwan.
	Students will also have the opportunity to contribute to the local communities by volunteering at a local hospital and a charitable organization. Through these activities of active engagement with individuals, groups and institutions in Taiwan, and by critically reflecting on each day's experience through journaling, students are expected to successfully meet the following course learning outcomes:
	<ul> <li>Articulate Western and Eastern approaches to conceptualizing health and mental illness.</li> <li>Demonstrate their ability to integrate ideas from psychology and communication to explain the biologically and socially constructed realities of mental health conditions.</li> <li>Express a basic understanding of how social, cultural, political, contemporary/ historical, economic and educational realities interact with each othe to shape health communication practices in the United States and Taiwan.</li> <li>Explain how mental health issues are socially constructed through interpersonal, mediated, and community-based communication in the United States and Taiwan.</li> <li>Gain hands-on experience with the healthcare and communication practices in Taiwan through site visits and volunteering.</li> </ul>

### Relation to IRA to Course Offerings

all course learning outcomes as listed in the previous section.

Prior to the trip, Students will have developed some knowledge about Western and Eastern approaches to conceptualizing and communicating health and mental illness, as well as basic understanding how sociocultural, politico-economic, historical and educational realities interact with each other to shape health communication practices in the United States and Taiwan.

The overseas trip scheduled for January 5-18, 2017, will provide students an opportunity to integrate classroom experiences with real-life observations about how mental health issues are diagnosed, treated and communicated in Taiwan. Specifically, students will visit mental health departments in hospitals in rural and urban regions of Taiwan, a psychiatric center, as well as the public and media relations office at a public health agency. Additionally, the communication departments at two local universities will host our students and provide them firsthand experience of the health communication curricula in Taiwan. Students will further gain hands-on experience with the health care and communication practices in Taiwan through volunteering with two health-oriented organizations during the trip.

To help students crystallize their thoughts, everyone will be required to compose a journal entry each day during the trip to critically reflect on their cross-cultural encounters and experiences

#### Description of Assessment Process

The success of the IRAfunded trip will be assessed using student assignments for the proposed UNIV 392 course, with a focus on the reflection journal compiled during the trip and the final report and poster presentation each student will complete after the trip. These reports and posters provide students an opportunity to reflect on and connect their real-life observations with theory and research in health communication, mental health care, as well as sociocultural systems in Taiwan vis-a-via those in the United States.

**Activity Budget** UNIV392IRABudget.xlsx CIA Budget 5UNIV392Budget13days.xls

CIA Proposal 160219UNIV392ProposalChenKee.pdf Course Syllabus 1UNIV392SyllabusChenKee.pdf

CIA Certification I certify that students attending this trip are not previous or repeat attendees of a prior International UNIV 392 Trip

Other Sources of Funding

The proposed project has no other source of funding. The amount requested from IRA will be used to reduce each student's share of travel costs by 75% and to cover faculty members' travel expenses. Trip expenses not funded by IRA will be covered by student course fees

**Target** Audience/Student Marketing

Undergraduate students from all majors at CSUCI constitute the intended audience for this international trip associated with the proposed UNIV392 course. In the event where the selection process becomes competitive, priority will be given to students who have not previously participated in a UNIV 392 course and are therefore eligible to receive IRA support.

To ensure this UNIV 392 opportunity will be available to as many students as possible, we are going to use multiple channels for recruitment, including:

- (a) Aglobal email to chairs of all programs to forward to their majors
- (b) Flyers posted across campus
- (c) In-class presentations upon request by colleagues (d) In-class presentations upon request by colleagues (d) Information sessions at student clubs with an interest in health or psychology (e.g. the Psychology Club, Psi-Chi, Pre-Health Association)

An additional information session will be held in the library so that students who have come across the class via email or flyer will have a chance to meet face-to-face with the course instructors and engage in Q&A

Interested students will be invited to apply by submitting the following:

- (1) Apersonal statement of interest.
- (2) Their current resume; and
- (3) A letter of recommendation from a faculty member other than the course instructors

In the event where the abovementioned documents do not provide a sufficient basis for narrowing down the pool of candidates to 25, students will be invited to attend an interview with one of the course instructors. This interview will serve as an additional reference for student selection.

### Bring Benefit to Campus

While the international travel to Taiwan is off campus, it is an integral part of the course UNIV 392 Western and Eastern Approaches to Communicating Health and Mental Illness. Participating students will be able to meet the course learning outcomes, the university's multicultural graduation requirement and GE outcome 1.1b upon return from the trip. Furthermore, they will share their experience with the wider campus community through poster presentations at the Spring 2017 International Week Celebration and the 2017 Sage Faculty-Student Research Conference, as students are required to submit their post-trip posters to both events to complete their coursework.

Sustainability Not applicable Program Chair/Director tracy.clarke Acknowledgement | 1 acknowledge that I have reviewed and accepted the Conditions and Considerations herein. Please check off boxes as appropriate.

# Program Chair/Director Review

Recommendation	I recommend approval of the IRAFunds Request described on this page
Name	Tracylee Clarke
Date/Time	2/22/2016 10:05:44 AM
Validation	myCl-signin-0W-0162
Comments	_

### Dean Review

Recommendation	I recommend approval of the IRA Funds Request described on this page
Name	Karen Carey
Date/Time	2/22/2016 10:36:18 AM
Validation	myCl-signin-0X-2757
Comments	_

## **IRA Committee Decision**

Decision	_
Comments	_

# **Current Tasks**

Task	Time Assigned	Assigned To	
IRA Committee Decision	2/22/2016 10:36:18 AM	<u>David Daniels</u>	

## Completed Tasks

Task	Time Assigned	Time Completed	Completed By
Review from karen.carey, Dean	2/22/2016 10:05:44 AM	2/22/2016 10:36:18 AM	Karen Carey
Review from tracy.clarke, Program Chair/Director	2/20/2016 9:26:31 AM	2/22/2016 10:05:44 AM	Tracylee Clarke

Fill out Request

Actions

IRACommittee Decision

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