

## Instructionally Related Activities Funds Request Fall 2016

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## IRA Funds Request for International Symposium on Resilience Research, Mainz Germany

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## Instructionally Related Activities Funds Request Summary

<b>Project Sponsor</b>	Melissa Soenke
<b>Activity Title</b>	International Symposium on Resilience Research, Mainz Germany
<b>Activity/Event Date</b>	September 28-30, 2016
<b>Date Funding Needed By</b>	August 31, 2016
<b>Previously Funded?</b>	No
<b>Semester/Year</b>	—
<b>Proposal #</b>	—
<b>Report submitted for previously Funded Activity?</b>	—
<b>Report submitted for previously Funded Activity</b>	—
<b>Additional Report #1</b>	—
<b>Additional Report #2</b>	—
<b>Additional Report #3</b>	—
<b>Additional Proposers</b>	—
<b>Academic Program(s) / Center Name(s)</b>	Psychology
<b>Estimated total Course Fee revenue</b>	n/a
<b>Amount Requested from IRA</b>	\$11,780.00
<b>Estimated Number of Students Participating</b>	4
<b>Conditions and Considerations</b>	International Travel
<b>Brief Activity Description</b>	<p>Funding is being requested for students to attend the 2nd Annual International Symposium on Resilience Research in Mainz, Germany from September 28-30, 2016. Students will arrive in Frankfurt and travel to Mainz, September 26 and leave Frankfurt October 2 for a total of 5 days in Germany. This conference is organized by the German Resilience Center (Deutsches Resilienz-Zentrum, DRZ) and International Resilience Alliance in collaboration with the Rhine-Main Neuroscience Network and centered upon discussion of the latest developments in human and animal resiliency research, with particular emphasis on exploring new research methods. This conference is unique in its topic and methodological approach, and represents the cutting edge of the fields of psychology and neuroscience. I was personally invited to attend by the organizers, who are excited at the prospect of having CI students attend.</p> <p>In PSY 490: Topics in Psychology: Psychology of Stress and Coping, students are introduced to critically evaluating and conducting research on topics related to stress, coping, and resilience. Students from this course who subsequently enroll in independent study (PSY 494) with me continue to deepen their interest and experience conducting research in these areas. The topics discussed in this conference directly relate to material discussed and research conducted in the context of these courses. Students attending the conference will have an opportunity to engage in discussion with the world's leading resilience researchers. The genetic, endocrine, neurological, and cognitive indices of stress and resilience will all be discussed. Given the range of topics and approaches, students will also see connections to other psychology courses required for their major, like Research Methods and Behavioral Neuroscience. Students will also have the opportunity to submit abstracts for poster presentations of their own empirical research in the areas of stress, coping, and resiliency. All of these opportunities help students to fulfill the learning objectives not only for the associated courses, but of the Psychology program generally, as discussed below in the section on learning outcomes.</p> <p>Attending this conference will allow students an opportunity to engage with the topics discussed in their coursework at a level similar to that which they will experience as graduate students in Psychology. They will gain confidence in talking to leaders in the field about their research and ideas, and make connections with researchers they may want to work with in the future. These types of connections can be invaluable in aiding students in their placement in graduate programs. Students enrolled in PSY 490 will also have the opportunity to share their experiences with students in the class who aren't able to attend the conference, enhancing the level of discussion about the material in class. It is my hope that attending this conference in its second edition will facilitate a lasting relationship between the German Resilience Center, International Resilience Alliance, Rhine-Main Neuroscience Network and CI that will allow for future collaborations between researchers and students.</p>
<b>Learning Outcomes and Relation to IRA to Course Offerings</b>	<p>PSY 490: Topics in Psychology: Psychology of Stress and Coping</p> <p>This course introduces students to theory, methods, and applications of stress and coping research in psychology. Attending this conference provides an additional opportunity to prepare students for graduate study through interactions with researchers and opportunities to present their research. The specific learning outcomes this conference will fulfill are: 1) Demonstrating an understanding of fundamental theories and research methods that characterize the field of stress and coping research. 2) Demonstrating an ability to read, understand, and critically review current literature from psychological journals through discussion and written assignments. 3) Using measurement tools to design and conduct research into topics related to stress and coping.</p> <p>PSY 494: Independent Research in Psychology</p>

	<p>This course provides students an opportunity to work on research with psychology faculty. For students eligible for attending this conference, the focus of their independent study will be related to stress, coping, and resiliency. Students may submit research to present at this conference in fulfillment of the final paper requirement, or will incorporate knowledge gained at the conference into their final written report.</p> <p>In addition to the course learning outcomes, this conference will fulfill the following Psychology program learning outcomes: 1) Students should understand and be able to use major research methods in psychology, including design, data analysis and interpretation. 2) Students should use and respect skeptical inquiry, critical thinking, and the scientific approach to understanding behavior. 3) Students should be able to express themselves effectively in written and oral communication.</p>
<b>Description of Assessment Process</b>	Students attending this conference will have a number of exciting ways to reflect on their experience, share it with the CI campus community, and build upon it to fulfill the requirements of associated courses. Students submitting abstracts for poster presentations at the conference will have the opportunity to use this assignment in fulfillment of final course assignments for PSY 490 and 494. They will also have opportunities to present on the same research at CI conferences like the Sage Faculty Student Research Forum and the Annual Psychology Poster Presentations. Upon their return, students enrolled in PSY 490 will share their experiences and what they have learned with the other students in the course through in-class presentations and discussions. Students enrolled in PSY 494 will incorporate their experience into their final written report for the course.
<b>Activity Budget</b>	<a href="#">iratrabudgetform2016.xlsx</a>
<b>CIA Budget</b>	—
<b>CIA Proposal</b>	—
<b>Course Syllabus</b>	—
<b>CIA Certification</b>	I certify that students attending this trip are not previous or repeat attendees of a prior International UNIV 392 Trip
<b>Other Sources of Funding</b>	Because of the international nature of this conference and travel, other sources of funding (for example Student Research Steering Council funds) will not be sufficient to cover costs for students. As the faculty member attending the conference, I am not requesting funds to pay for my own travel and conference related costs, and will use other sources of funding for this. This request is only to cover the most basic travel and conference costs for students to attend this conference.
<b>Target Audience/Student Marketing</b>	Students enrolled in Psychology of Stress and Coping and/or Independent Study with me in the fall of 2016 or who have previously taken these courses will be eligible to attend this conference. Interested students will have the opportunity to submit abstracts for poster presentations. Students will be selected by faculty based on successful completion of work for the associated courses, interest in exploring post-baccalaureate study in Psychology or related fields, and faculty recommendation.
<b>Bring Benefit to Campus</b>	In addition to the immediate benefits to the students attending the conference, the benefit of this conference for the CI community will occur in two ways. First, students attending the conference will have opportunities for presenting their research and discussing their conference experience at research conferences and poster sessions on campus. Second, the CI community broadly, and psychology students specifically, will benefit from the development of lasting partnerships with the German Resilience Center, International Resilience Alliance, and Rhine-Main Neuroscience Network who are organizing this new conference. These organizations represent some of the leading researchers in topics related to resiliency. The diversity of their backgrounds and methods make their work particularly exciting. A relationship with these organizations will offer CI faculty and students opportunities for collaboration. Students will have access to internships and research experiences that will prepare them for graduate study and enhance their ability to obtain a competitive position in graduate programs.
<b>Sustainability</b>	n/a
<b>Program Chair/Director</b>	virgil.adams
<b>Dean</b>	karen.carey
<b>Acknowledgement</b>	I acknowledge that I have reviewed and accepted the Conditions and Considerations herein. Please check off boxes as appropriate.

#### Program Chair/Director Review

<b>Recommendation</b>	I recommend approval of the IRA Funds Request described on this page
<b>Name</b>	Virgil Adams
<b>Date/Time</b>	3/1/2016 12:34:42 PM
<b>Validation</b>	myCI-signin-8Q-1960
<b>Comments</b>	nice proposal

#### Dean Review

<b>Recommendation</b>	I recommend approval of the IRA Funds Request described on this page
<b>Name</b>	Karen Carey
<b>Date/Time</b>	3/1/2016 12:44:54 PM
<b>Validation</b>	myCI-signin-L6-6994
<b>Comments</b>	—

#### IRA Committee Decision

<b>Decision</b>	—
<b>Comments</b>	—

#### Current Tasks

Task	Time Assigned	Assigned To
IRA Committee Decision	3/1/2016 12:44:54 PM	<a href="#">David Daniels</a>

#### Completed Tasks

Task	Time Assigned	Time Completed	Completed By
Review from karen.carey, Dean	3/1/2016 12:34:42 PM	3/1/2016 12:44:54 PM	<a href="#">Karen Carey</a>
Review from virgil.adams, Program Chair/Director	3/1/2016 12:09:44 PM	3/1/2016 12:34:42 PM	<a href="#">Virgil Adams</a>
Fill out Request	2/29/2016 6:36:00 PM	3/1/2016 12:09:44 PM	<a href="#">Melissa Soenke</a>

#### Actions

- [IRA Committee Decision](#)
- [View IRA Funds Request](#)