



Campus Recreation Spring 2012 Calendar

(805) 437-8902 or csuci.edu/recreation

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Intramural & Extramural Sports

Event	Day/Date/Time	Location
IM- Channel Islands Basketball Skills Challenge	Monday, January 30 from 5:00 p.m. - 6:00 p.m.	Rec Center (Arroyo Hall)
IM- Kick Off to the New Year Kickball Game	Tuesday, January 31 from 3:00 p.m. - 4:00 p.m.	South Quad
IM- Monthly Dolphin Flag Football League	Thursdays: February -April between 1:00 p.m.-5:00 p.m.	Potrero Field
IM- 6-on-6 Soccer Tournament (Free Agent/Self Officiated)	Wednesday, February 1 from 1:00 p.m. - 5:00 p.m.	Potrero Field
IM- 21 Point Basketball Challenge	Wednesday, February 1 from 5:00 p.m. - 6:00 p.m.	Rec Center (Arroyo Hall)
IM- Co-Rec Flag Football Game	Thursday, February 2 from 2:00 p.m. - 5:00 p.m.	Potrero Field
IM- Ultimate Frisbee	Friday, February 3 from 3:00 p.m. - 5:00 p.m.	South Quad
IM- Channel Islands Basketball League	Monday, February 6 from 6:30 p.m. - 10:30 p.m.	Rec Center (Arroyo Hall)
IM- Late-Night Shamrockin' Dodgeball	Friday, March 2 from 7:00 p.m. - 10:30 p.m.	Rec Center (Arroyo Hall)
IM- Student vs. Faculty & Staff Volleyball Game	Tuesday, April 10 from 6:00 p.m. - 8:30 p.m.	Rec Center (Arroyo Hall)
IM- Family Softball BBQ	Sunday, April 29 from 1:00 p.m. - 4:00 p.m.	Potrero Field



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Sports Clubs

Sports Clubs- Budgeting & Purchasing for Sports Clubs Meeting	Wednesday, January 25 Confirm time with Rec Sports Coordinator (805-437-3266)	Rec Center (Arroyo Hall)
Sports Clubs -How to Start a Sport Club Workshop	Wednesday, January 25 from 5:00 p.m. – 6:00 p.m.	Bell Tower West (BTW) 1188
Sports Clubs- How to Start a Sport Club Meeting	Schedule a date and time with the Rec Sports Coordinator (805-437-3266)	Rec Center (Arroyo Hall)
Sports Clubs- Traveling for Sports Clubs Meeting	Friday, January 27 Confirm time with Rec Sports Coordinator (805-437-3266)	Rec Center (Arroyo Hall)
Sports Clubs Council Meeting	Wednesday, February 1 from 5:00 p.m. – 6:00 p.m.	Bell Tower West (BTW) 1188
Sports Clubs- Budgeting & Purchasing for Sports Clubs Meeting	Thursday, February, 2 Confirm time with Rec Sports Coordinator (805-437-3266)	Rec Center (Arroyo Hall)
Sports Clubs Open House & Recruitment at the Rec Center	Friday, February 3 from 2:00-4:00 p.m.	Rec Center (Arroyo Hall)
Sports Clubs- Budget Reports & Requests Meeting	Tuesday, March 6, Confirm time with Rec Sports Coordinator (805-437-3266)	Rec Center (Arroyo Hall)
Sports Clubs- Budgeting & Purchasing for Sports Clubs	Wednesday, March 7 Confirm time with Rec Sports Coordinator (805-437-3266)	Rec Center (Arroyo Hall)
Sports Clubs Council Meeting	Wednesday, March 7 from 5:00 p.m. – 6:00 p.m.	Bell Tower West (BTW) 1188
Sports Clubs- Traveling for Sports Clubs Meeting	Wednesday, March 14 Confirm time with Rec Sports Coordinator (805-437-3266)	Rec Center (Arroyo Hall)
Sports Clubs Nominations for Funding Committee at S.C.C. Meeting	Wednesday, April 4 from 5:00 p.m. – 6:00 p.m.	Bell Tower West (BTW) 1188
Sports Clubs- Budget Reports & Requests Meeting	Wednesday, April 4, Confirm time with Rec Sports Coordinator (805-437-3266)	Rec Center (Arroyo Hall)
Sports Clubs Council Meeting	Wednesday, April 4 from 5:00 p.m. – 6:00 p.m.	Bell Tower West (BTW) 1188
Sports Clubs- Deadline for Profile and Estimated Budget Request Deadline	Wednesday, April 11 at 5:00 p.m.	Rec Center (Arroyo Hall)
Sports Clubs- Budget Reports & Requests Meeting	Wednesday, April 11 Confirm time with Rec Sports Coordinator (805-437-3266)	Rec Center (Arroyo Hall)
Sports Clubs- Deadline for Presentation Narrative and PowerPoint	Monday, April 16 at 5:00 p.m.	Rec Center (Arroyo Hall)
Sports Clubs- Budget Presentations	Wednesday, April 25 from 2:00 p.m.- 4:00 p.m.	Bell Tower West (BTW) 1188
Sports Clubs- Deadline /Purchase and Travel Reimbursements	Friday, May 11 at 5:00 p.m.	Rec Center (Arroyo Hall)

Waterfront

Kayaking	See Outdoor Adventures	CI Harbor
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Outdoor Adventures

OA- Equipment Rental Shop	Monday, January 23 - Friday, May 4	Rec Center (Arroyo Hall)
OA- Knot Tying	Wednesday, January 25 from 12:00 p.m. - 1:00 p.m.	SUB 2023 B
OA- How to pack light	Wednesday, February 1 from 12:00 p.m. - 1:00 p.m.	SUB 2023 B
OA- Sycamore Canyon Day Hike	Sunday, February 5 from 10:00 a.m. - 4:00 p.m.	Rec Center (Arroyo Hall)
OA- Sunset Kayaking	Sunday, February 26 from 3:30 p.m. - 8:00 p.m.	CI Harbor
OA- Pine Mountain Camping Trip	Friday, March 2 - Sunday, March 4 Leaving at 10:00 a.m. on Friday	Rec Center (Arroyo Hall)
OA- Food and Staying Happy	Wednesday, March 7 from 12:00 p.m. - 1:00 p.m.	SUB 2023 B
OA- Sunset Kayaking	Sunday, April 15 from 3:30 p.m. - 8:00 p.m.	CI Harbor
OA- Sunset Kayaking	Sunday, April 15 from 3:30 p.m. - 8:00 p.m.	CI Harbor
OA- Santa Cruz Island Camping Trip	Friday, April 20 - Sunday, April 22 Leaving at 9:00 a.m.	Ventura Harbor

Health & Wellness

Yoga (January 23 through April 29)		
Restorative Yoga	Sundays, 7-8:00 p.m.	Santa Cruz Dance Room
Meditation Yoga	Mondays, 8-8:30 p.m.	Santa Cruz Dance Room
Vinyassa	Mondays & Fridays 11:30-12:45 p.m., Tuesdays, 6:30-7:45 p.m.	Santa Cruz Dance Room
Dance (January 31 through May 3)		
Stretch and Barre	Tuesdays 8-9:00 p.m.	Santa Cruz Dance Room
Zumba	Mondays 6-7:00 p.m., Tuesdays 9-10:00 p.m.	Santa Cruz Dance Room
Workout (January 31 through May 3)		
Cardio	Mondays, 7-8:00 p.m.	Santa Cruz Dance Room
Strength	Wednesdays, 8:45-9:45 p.m.	Santa Cruz Dance Room
Stretch	Thursdays, 8-9:00 p.m.	Santa Cruz Dance Room

Open (Informal) Recreation

(Log on to csuci.edu/recreation or Call Campus Recreation)

Open-Basketball

Open-Volleyball

Open-Flag Football

Open-Soccer