ALPINE
SKI HOUSE

CAMPUS
RECREATION
RECREATIONAL SPORTS PROGRAMS

Informal Recreation

• Open schedule for a variety of activities

Fitness

• Zumba
• Cardio Kickboxing
• Bootcamp
• Move (Dance)
• Personal Training
RECREATIONAL SPORTS PROGRAMS

Intramural Sports
• Flag Football
• 3 vs. 3 Basketball
• Kickball
• Softball
• Indoor Soccer
& more!

Sports Clubs
• Lacrosse
• Shotokan
• Cheer
• Endurance
• Baseball
& more!
CHANNEL ISLANDS BOATING CENTER (CIBC)

- Operations

Student assistant structure
- 4 student leads
- 21 student assistants

Building
- Open seven days a week
- Event space for Conferences and Events
- Practice space for CI Sailing sports club
- Channel Islands Harbor visitors resource and Educational Annex

Programming
- Yearly average of 35 weeks of programming (Fall, Spring, Summer)
- Weekly average of 4 days per week of programming
WATERFRONT

Instructional Classes

- Sailing
- Kayaking/Sunset Kayaking
- Paddling Coastal Cleanup
- Stand Up Paddle Boarding
- Windsurfing
- Teambuilding Activities

Youth Programming

- Long-Term Contracts
- Field Trips
- Summer Camp
OUTDOOR ADVENTURES

Day Hikes
- Malibu Creek
- Solstice Canyon

Overnight Trips
- Los Padres Backpacking
- Santa Cruz Island
- Santa Rosa Island
- Kern River Rafting
- Santa Barbara Rock Climbing
THANK YOU!