



CAMPUS RECREATION

RECREATIONAL SPORTS PROGRAMS

Informal Recreation

- Open schedule for a variety of activities

Fitness

- Zumba
- Cardio Kickboxing
- Bootcamp
- Move (Dance)
- Personal Training



RECREATIONAL SPORTS PROGRAMS

Intramural Sports

- Flag Football
- 3 vs. 3 Basketball
- Kickball
- Softball
- Indoor Soccer
& more!

Sports Clubs

- Lacrosse
- Shotokan
- Cheer
- Endurance
- Baseball
& more!





WATERFRONT & OUTDOOR ADVENTURES

CHANNEL ISLANDS BOATING CENTER (CIBC)

- Operations

Student assistant structure

- 4 student leads
- 21 student assistants

Building

- Open seven days a week
- Event space for Conferences and Events
- Practice space for CI Sailing sports club
- Channel Islands Harbor visitors resource and Educational Annex

Programming

- Yearly average of 35 weeks of programming (Fall, Spring, Summer)
- Weekly average of 4 days per week of programming



WATERFRONT

Instructional Classes

- Sailing
- Kayaking/Sunset Kayaking
- Paddling Coastal Cleanup
- Stand Up Paddle Boarding
- Windsurfing
- Teambuilding Activities

Youth Programming

- Long-Term Contracts
- Field Trips
- Summer Camp





OUTDOOR ADVENTURES

Day Hikes

- Malibu Creek
- Solstice Canyon

Overnight Trips

- Los Padres Backpacking
- Santa Cruz Island
- Santa Rosa Island
- Kern River Rafting
- Santa Barbara Rock Climbing



THANK YOU!



California State
University

**CAMPUS
RECREATION**

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