

# Instructionally Related Activities Funds Request Fall 2019

## ▼ Submitter

### Submitter Name

Kristen Linton

### Submitter Email

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## ▼ 1. Basic Details

### Activity Title

Oxnard Union High School District Health Fair Health Improvement Projects

### Activity/Event Date

9/2/2019

### Date Funding Needed By

8/30/19

### Previously Funded?

- ☒ No  
☐ Yes

### Additional Proposers

### Academic Program(s)/Center Name(s)

Health Science

### Estimated total Course Fee revenue

51000

### Amount Requested from IRA

1038

## Estimated Number of Students Participating

60

### ▼ 2. Brief Activity Description

Describe the activity and its relationships to the educational objectives of the students' program or major

#### Brief Activity Description

Sixty students registered for HLTH 102 Community Health Organizations will be assigned to conduct Health Improvement Projects (HIPs) at four health fairs at Oxnard Union High School District high schools in fall 2019 and spring 2020. The HIPs will include two hands-on activities: 1) wearing drunk goggles and experiencing inebriation and 2) putting together healthy meals using food plates. Inappropriate nutrition and alcohol use are key public health issues among adolescents. The HLTH 102 students will conduct literature reviews on these two issues, plan the hands-on activities, implement the activities at the health fairs with high school students, and evaluate the effectiveness of the HIP with the high school students with surveys. The tools purchased with IRA funds (food model, drunk goggles) as well as tablecloths will be used not only in fall 2019 but also in spring 2020 as well as future health fairs and collaborations between CSUC Health Science students and Oxnard Union High School District. We are also requesting to purchase Costco water bottles and granola bars for the high school students. HLTH 102 students learn the skills they need to conduct community health education by conducting the HIPs. HLTH 102 is a required core course for Health Science majors.

### ▼ 3. Learning Outcomes and Relation of IRA to Course Offerings

All IRAs must be integrally related to the formal instructional offerings of the University and must be associated with scheduled credit courses.

1. Please list all classes that directly relate to the proposed activity.
2. For each class listed, describe in detail how exactly the IRA activity will be integrated with the class's activities, how often/ on what expected date(s), and to what extent

#### Learning Outcomes and Relation of IRA to Course Offerings

HLTH 102

1. Describe various models of community-based health organizations and their functions in the context of community health and wellness
2. Identify challenges faced by community-based health organizations and derive solutions to solve problems
3. Describe the principles and skills necessary to form effective coalition and partnership to establish community health organizations
4. Evaluate the effectiveness of community health organizations

### ▼ 4. Activity Assessment

Describe the assessment process and measures that the program will use to determine if it has attained its educational goals.

**Please note that a report will be due at the end of the semester.**

#### Description of Assessment Process

Students in HLTH 102 will complete various assignments including a literature review on the community health needs of Oxnard Union High School District students related to nutrition and alcohol use, a step-by-step plan of how the hands-on activity will look, a prepared online survey to evaluate the effectiveness of the HIP on high school students knowledge of nutrition and the effects of alcohol, a debriefing session in front of the class, and finally a report on the students' process and outcome evaluation of their HIP.

## ▼ 5. Activity Budget

Please enclose a complete detailed budget of the entire activity. Indicate specific items that you are requesting IRA to fund.

You should use either the Regular Activity budget (for events on campus) or -- if your event involves any travel-- you MUST use the IRA Travel Budget Form.

You can download both of the IRA Excel Budget sheets at <http://www.csuci.edu/ira/application.htm>.

### **Activity Budget**

[Linton\\_2019\\_ira-regular-budget.xlsx](#)

## ▼ 6. International Trips

If your event is an international trip submitted through the Center for International Affairs, you must include copies of:

1. Complete Center for International Affairs/ UNIV 392 proposal
2. The program budget as submitted to the Center for International Affairs (to ensure congruency between the two budgets)
3. as well as a copy of the course syllabus

### **Center for International Affairs Budget**

### **Copy of Center for International Affairs Proposal**

### **Course Syllabus**

### **Certification**

☒ I certify that students attending this trip are not previous or repeat attendees of a prior International UNIV 392 Trip

## ▼ 7. Sources of Activity Support

Please list the other sources of funding (including course fees), and exact expected amounts of additional support for the activity. Please indicate if there are no other sources of funding

### **Other Sources of Funding**

There are no other expected sources of funding. Thank you.

## ▼ 8. Promoting Participation

### **What is your intended audience and how do you intend to market this to your students?**

The intended audience are HLTH 102 students as well as possible future CSUCI high school students.

## If this is an event that is off campus, how do you plan to bring back the benefit of this event to campus?

There will be reflections of the experience in classes throughout the semester. In addition since the students engage in research on the effect of their HIPs on knowledge among the high school students, HLTH 102 students may present their research at the SAGE Student Research Conference. If students are interested in disseminating their data, IRB applications will be submitted prior to data collection.

## ▼ 9. Approval and Acknowledgement

### Program Chair/Director

Landry, Lynette Gyneth

### Dean

Wyels, Cynthia (Arts & Sciences)

### Conditions and Considerations

- ☐ **Artist/Performer/Speaker Fees & Honoraria:** On the Activity Budget, please indicate whether the vendor's price was set by you/CI Representative, or is a fee that was set by the vendor.
- ☐ **Large Event:** For a large event, consultation with the campus Event Coordinator's office at (805)437-8548 is required.
- ☐ **Field Trip:** Sponsor must comply with all policies found at:  
<http://www.csuci.edu/rm/programs/academic-field-trip-guidelines-and-forms.htm>. If approved, Identified Risks of Participation and Release Agreement must be submitted for each student to the Program Office (Public Folders-HR Forms).
- ☒ **Involves Human Subject Data Collection for Public Dissemination -Requires IRB Approval :** If Project Sponsor proposes to conduct research with human participants, the proposal may be subject to Institutional Review Board for the Protection of Human Subjects (IRB) review. All research that involves any type of interaction with human subjects - from simple surveys to complex biomedical procedures - must be reviewed and approved by the IRB prior to starting the research. Data for "Public Dissemination" indicates interviews/surveys that result in a journal/poster session/newsletter, etc.
- ☐ **IT Requirements:** If your activity has IT requirements, coordination with and approval from IT Administration is required.
- ☐ **International Travel:** Requires International Travel application be submitted to Center for International Affairs. Include copy of CIA budget and course syllabus in your IRA application. Must utilize the University's Foreign Travel Insurance Program (FTIP) and follow all International Travel Guidelines listed at: <http://www.csuci.edu/rm/insurance/foreign-travel.htm>
- ☐ **Risk Management Consultation:** Events that involve or engage students directly with a performer or artist (i.e. in a workshop or other than as a passive audience member) will require consultation with Risk Management. Requires proof of correspondence with Risk Management.
- ☐ **Space/Facilities Services Requirements:** Consultation and coordination with Facilities Services is required.

### Acknowledgement

- ☒ I acknowledge that I have reviewed and accepted the Conditions and Considerations herein. I acknowledge that the activity sponsor will be responsible for managing purchases, travel arrangements, and all transactions related to approved activities. Please check off boxes as appropriate.

## ▼ Chair Review

### Recommendation

- ☒ I recommend approval of the IRA Funds Request described on this page
- ☐ I DO NOT recommend approval of the IRA Funds Request described on this page

### Comments

Please clarify the budget - the proposal states that there will be funds from course fees available to support the project. However, the budget reflects a request for full funding of the project.

 Lynette Landry Mar 15 2019

### ▼ Dean Review

#### Recommendation

- ☒ I recommend approval of the IRA Funds Request described on this page
- ☐ I DO NOT recommend approval of the IRA Funds Request described on this page

### Comments

This is a worthwhile activity that will benefit students and the community.  
The budget spreadsheet appears to be correct, with an error in the submission regarding course fees.

 Cynthia Wyels Mar 27 2019