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Application Summary

Competition Details

Competition Title: Funding Opportunity: IRA Applications for 2021-2022

Category:

Award Cycle:

Submission Deadline: 11/12/2021 11:59 PM

Application Information

Submitted By: Thomas Clobes

Application ID: 991

Application Title: Nature & Mental Wellness

Date Submitted: 06/5/2021 12:27 PM

Personal Details

Applicant First Name: Thomas

Applicant Last Name: Clobes

Applicant Department: Health Sciences

Email Address: thomas.clobes@csuci.edu

Phone Number: (805) 665-3765

Additional Applicant Name:

Additional Applicant Email:

Additional Applicant Department:

Application Details

Proposal Title

Nature & Mental Wellness

Total Amount Request from IRA

10,868

Brief Activity Description

Working collaboratively with the Santa Rosa Island Research Station staff, students in HLTH499: Health Sciences Capstone will spend a three day/two night weekend at Santa Rosa Island exploring the concept of nature and mental wellness. Following the weekend retreat, students will develop a mental wellness program as part of their Capstone project.

This funding request is for a pilot trip in September 2021 with Fall Capstone students to explore different programming options, gather feedback from student participants, and determine the best options for moving forward. This also includes, though, funds for a trip in February 2022 with the Spring Capstone students after the programming is established.

Activity or Event Date

09/24/2021

List all classes that relate to proposal

HLTH499

Learning Outcomes & Relation to Course Offering

1. Integrate previous coursework, knowledge, and skills and apply it to specific topics in health science.
2. Analyze the professional literature.
3. Communicate orally and in writing a health science-related project.
4. Apply knowledge and problem-solving skills learned from the program to a health-science related project.

Is this activity off campus ?

Yes

Off Campus - Describe benefit brought back to campus

Students will experience the resources and experience of Santa Rosa Island and the Santa Rosa Island Research Station and share it with other Health Sciences students and the greater campus community.

CSUCI - IRA Travel Activity Budget

2020 - 2021

Proposal/Activity Title: Nature & Mental Wellness

IRA Applicant's Name: Thomas Clobes

Number of Students Participating:	50	Where- Location	Santa Rosa Island
Number of Faculty:	2	When - Month/Year	September 2021 & February 2022

IRA Planning Travel Budget 2020-2021

I.	Student traveling expenses:	Cost/ea	# Requested	Total	Comments/Additional Notes
	Airfare	\$0.00		\$0.00	
	Cal Travel Store fee per Ticked	\$0.00		\$0.00	
	Ground Transportation	\$0.00		\$0.00	
	Boat Transportation	\$104.00	50	\$5,200.00	Boat trips to the Channel Islands via Island Packers; rates \$104/person for Santa Rosa Island (SRI); 50 students will travel once (25 students in Fall; 25 students in Spring)
	Lodging	\$45.00	50	\$2,250.00	Research station user/accommodation fees for CSU (\$15/day; 3 day trip; 25 students per trip)
	Registration Fees			\$0.00	
	Entrance Fees	\$0.00		\$0.00	
	Meals (included)	\$45.00	50	\$2,250.00	\$15 for meals per person per day per trip; three days per trip (25 students per trip)
	Cultural Activities	\$15.00	50	\$750.00	Educational program fees from Santa Rosa Island Research Center programming staff (\$10/full day per person; \$5/half day person)
	Vehicle/Van Rental			\$0.00	
	Other:			\$0.00	
	STUDENT TRAVEL TOTALS	\$209.00		\$10,450.00	

II.	Faculty Traveling Expenses:	Cost/ea	# Requested	Total	Comments/Additional Notes
	Airfare	\$0.00		\$0.00	
	Cal Travel Store fee per Ticked	\$0.00		\$0.00	
	Ground Transportation	\$0.00		\$0.00	
	Boat Transportation	\$104.00	2	\$208.00	Boat trips to the Channel Islands via Island Packers; rates \$104/person for Santa Rosa Island (SRI); one faculty per trip
	Lodging	\$45.00	2	\$90.00	Research station user/accommodation fees for CSU (\$15/day; 3 day trip; 1 faculty per trip per trip)
	Registration Fees			\$0.00	
	Entrance Fees			\$0.00	
	Meals (included)	\$45.00	2	\$90.00	\$15 for meals per person per day per trip; three days per trip (one faculty per trip)
	Cultural Activities	\$15.00	2	\$30.00	Educational program fees from Santa Rosa Island Research Center programming staff (\$10/full day per person; \$5/half day person)
	Other:			\$0.00	
	FACULTY TRAVEL TOTALS	\$209.00		\$418.00	

III.	Operating Expense Budget	Cost/ea	# Requested	Total	Comments/Additional Notes
	Supplies			\$0.00	
	CI Facilities Chargebacks			\$0.00	
	Other:			\$0.00	
	OPERATING EXP. TOTALS	\$0.00		\$0.00	

IV.	Out of Pocket Student Expenses	Cost/ea	# Requested	Total	Comments/Additional Notes
	Health Insurance			\$0.00	
	Tuition/Registration			\$0.00	
	Travel Insurance			\$0.00	
	Out of Pocket Meals			\$0.00	
	Other:			\$0.00	
	STUDENT EXP. TOTALS	\$0.00		\$0.00	

V. Please note that Line "B" below is for UNIV 391 and 392 trips ONLY; IRA funds 2/3rds of these, course/lab fees funds the other 1/3rd.

A	Total Fundable Student Traveling Expenses	\$10,450.00	
B	UNIV 391/392: Max IRA funding is 2/3rd of total	\$7,001.50	
C	Total Faculty Travel Expenses	\$418.00	
D	Operating Expenses	\$0.00	
	TOTAL TRIP COST for Non-UNIV 391/392 (total of A,C,D)	\$10,868.00	
	UNIV 391/392 TOTAL IRA FUND REQUEST (total of B,C,D)	\$7,419.50	
	UNIV 391/392: 1/3 of costs payable by students via lab fee	\$3,448.50	
	If course fee is setup differently, list here		