

BA: Psychology 2022-2023

The Mission of the Psychology Program of California State University Channel Islands is to provide outstanding academic training in Psychology through a variety of approaches and perspectives.

Four Year Academic Roadmap

[Print Four Year Roadmap \(\)](#)

Year 1 — 30 Units (#collapse-fr-one)

Fall Freshman

Course Area	Course Number	Course Title	Units	Notes	Requirements Met	GE Categories
PSY	100	Introduction to Psychology	3		Major & GE	D
MATH/PSY	202	Biostatistics	3	MATH/PSY 202 is the required Math course by major. Please check Math Milestone via your Student Center to verify if you need an additional support course.	Major & GE	B4
GE	Student's Choice	A2 - Written Communication	3	Please check English Milestone via your Student Center to verify if you need an additional support course. If your milestone requires ENGL 102, take ENGL 102 in place of ENGL 105 ENGL 102 meets GE: E	GE	A2
GE	Student's Choice	A1 - Oral Communication	3	See catalog for course titles & descriptions	GE	A1
GE	Student's Choice	C1 - Arts, Cinema, Dance, Music, Theatre	3	See catalog for course titles & descriptions	GE	C1

Total Units

15

Milestones

- Complete required Math and English courses
- Complete PSY 100
- Schedule an appointment with a Peer Advisor or Academic Advisor in the Academic Advising Center
- Attend Major Fair (First Week of October)

Spring Freshman

Course Area	Course Number	Course Title	Units	Notes	Requirements Met	GE Categories
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Course Area	Course Number	Course Title	Units	Notes	Requirements Met	GE Categories
GE	Student's Choice	A2 - Written Communication	3	If you completed ENGL 105 your first semester take a free elective. Free elective fulfills unit requirements	GE	A2
GE	Student's Choice	A3 - Critical Thinking	3	See catalog for course titles & descriptions	GE	A3
GE	Student's Choice	B1 - Physical Sciences	3	See catalog for course titles & descriptions	GE	B1/B3
GE	Student's Choice	F - Ethnic Studies	3	See catalog for course titles & descriptions. Also fulfills Multicultural Perspectives Requirement.	GE	F
Free Elective	Student's Choice	Free Elective	3	Needed for 120 Unit Requirement - Can be any class, any major, any level 100-299 or 100-499 that you have not earned previous credit for.	Other	

Total Units

15

Milestones

- Complete required English course
- Complete GE Area A
- Form a study group and work on developing effective study skills [Top 10 Study Skills](https://www.psychologytoday.com/us/blog/statistical-life/201701/top-10-science-based-study-skills-the-classroom)
(<https://www.psychologytoday.com/us/blog/statistical-life/201701/top-10-science-based-study-skills-the-classroom>).

Year 2 — 32 Units (#collapse-fr-two)

Fall Sophomore

Course Area	Course Number	Course Title	Units	Notes	Requirements Met	GE Categories
PSY	213	Developmental Psychology	3	See catalog for course titles & descriptions	Major & GE	E
GE	Student's Choice	Language	3	Units may vary between 3-4 units depending on language chosen. Also double-counts with GE:C2	GE	Language
POLS	150	American Political Institutions	3	Also double-counts with GE:D	Major & GE	AIR: US Consitution/State & Local Govt.
Free Elective	Student's Choice	Free Elective	3	Needed for 120 Unit Requirement - Can be any class, any major, any level 100-299 or 100-499 that you have not earned previous credit for.	Other	

Course Area	Course Number	Course Title	Units	Notes	Requirements Met	GE Categories
Free Elective	Student's Choice	Free Elective	3	Needed for 120 Unit Requirement - Can be any class, any major, any level 100-299 or 100-499 that you have not earned previous credit for.	Other	

Total Units

15

Milestones

- Complete lower-division PSY requirement(s)

Spring Sophomore

Course Area	Course Number	Course Title	Units	Notes	Requirements Met	GE Categories
GE	Student Choice	C1 or C2	3	See catalog for course titles & descriptions	GE	Additional C
GE	Student's Choice	B2- Life Science	4	Take a B2 with B3 (lab) if missing lab requirement See catalog for course titles & descriptions	GE	B2/B3
HIST	Student's Choice	US History	3	Choose one: HIST 270, 271, 272, 275. CHS350 is an option however will need to be taken semester 5 or later.	Other	AIR: US History
Free Elective, or PSY	Student's Choice or 300	Student's Choice, or PSY 300: Psychological Research and Statistical Methods I	3-4	Needed for 120 Unit Requirement - Can be any class, any major, any level 100-299 or 100-499 that you have not earned previous credit for. *Students who earned a grade of A or B in MATH/PSY 202 should take PSY 300 now. We recommend others to wait until Year 3 Fall.	Elective or Major	
Free Elective or PSY	Student's Choice or 317	Free Elective, or PSY 317: Theories of Personality	3	Needed for 120 Unit Requirement - Can be any class, any major, any level 100-299 or 100-499 that you have not earned previous credit for. *If you are ready to take an upper division course & meet prerequisites take Psy 317	Other or Major	

Total Units

17

Milestones

- Complete lower-division GE requirement(s)
- Explore the Psychology Club and other student organizations
- Consider an international experience course or Study Abroad
- Consider adding a minor

Year 3 — 32 Units (#collapse-fr-three)

Fall Junior

Course Area	Course Number	Course Title	Units	Notes	Requirements Met	GE Categories
PSY or Free Elective	PSY 300 or Student's Choice	PSY 300: Psychological Research and Statistical Methods I, or Student Choice	3-4	*Students who completed PSY 300 in the Fall should take PSY 301 now	Major & GVAR	
PSY	310	History and Systems of Psychology	3		Major	
PSY	313	Clinical and Abnormal Psychology	3		Major	
Major Elective	Student's Choice	Upper Division PSY Elective	3	Recommend choosing from: PSY 337, 340, 344, 346, 436, 445 to double count with UDGE-D See catalog for course titles & descriptions	Major and GE	UDGE-D
Free Elective	Student Choice	Free Elective	3	Needed for 120 Unit Requirement - Can be any class, any major, any level 100-299 or 100-499 that you have not earned previous credit for.	Other	

Total Units

16

Milestones

- Start taking GE Upper Division requirements
- Complete PSY 300: Psychological Research and Statistical Methods I during Fall semester and PSY 301: Psychological Research and Statistical Methods II during Spring semester (if you did not take PSY 300 in Year 2 Spring)
- Consider taking a PSY 490 Special Topics course to explore unique areas in Psychology. Example topics include: Careers in Psychology.
- Get to know the Psychology faculty and their research areas so you can join in their research after finishing PSY 301.
- Explore internship opportunities. You may receive course credit through PSY 492.
- Meet w/ Graduate Studies Center
- Meet w/ Career Development Services

Spring Junior

Course Area	Course Number	Course Title	Units	Notes	Requirements Met	GE Categories
PSY or Free Elective	301 or Student's Choice	Psychological Research & Statistical Methods I or Student's Choice	3-4		Major or Elective	
PSY or Free Elective	317 or Student's Choice	Theories of Personality or Student's Choice	3		Major or Elective	
PSY Elective	Student's Choice	Upper Division PSY Elective	3	See catalog for course titles & descriptions	Major	
UDGE	Student's Choice	UDGE B - Scientific Inquiry and Quantitative Reasoning	3	See catalog for course titles & descriptions	GE	UDGE B
Free Elective	Student's Choice	Free Elective	3	Needed for 120 Unit Requirement - Can be any class, any major, any level 100-299 or 100-499 that you have not earned previous credit for.	Other	

Total Units

16

Milestones

- Avoid taking more than one 4-unit course per semester, if possible.
- Present your PSY 301 project at the annual Psychology Program Poster Session.
- If graduate school is an option, make a list of possible programs and application deadlines.
- Study for the GRE and take the GRE during the summer if it is required for graduate school application.
- Discuss independent study research opportunities with Psychology faculty.

Year 4 — 29 Units (#collapse-fr-four)

Fall Senior

Course Area	Course Number	Course Title	Units	Notes	Requirements Met	GE Categories
PSY	312	Social Psychology	3		Major	
PSY	314	Behavioral Neuroscience	4		Major	
Major Elective	Student's Choice	Upper Division PSY Elective	3		Major	See catalog for course titles & descriptions
UDGE	Student's Choice	UDGE C - Arts and Humanities	3		GE	UDGE C

Course Area	Course Number	Course Title	Units	Notes	Requirements Met	GE Categories
Free Elective	Student Choice	Free Elective	3		Other	Needed for 120 Unit Requirement - Can be any class, any major, any level 100-299 or 100-499 that you have not earned previous credit for.

Total Units

16

Milestones

- Apply for Graduation (Priority deadline – October 1st)
- Meet w/ Academic Advisor for Grad Check
- Meet w/ Graduate Studies Center
- Meet w/ Career Development Services
- As a Senior, it is recommended that you meet with your program faculty advisor at least once during your final year
- Consider completing an internship or participating in a faculty-led research project

Spring Senior

Course Area	Course Number	Course Title	Units	Notes	Requirements Met	GE Categories
PSY	318	Learning, Cognition and Perception	4		Major	
Major Elective	Student's Choice	Upper Division PSY Elective	3	See catalog for course titles & descriptions	Major	
Free Elective	Student Choice	Free Elective	3	Needed for 120 Unit Requirement - Can be any class, any major, any level 100-299 or 100-499 that you have not earned previous credit for.	Other	
Free Elective	Student Choice	Free Elective	3	Needed for 120 Unit Requirement - Can be any class, any major, any level 100-299 or 100-499 that you have not earned previous credit for.	Other	

Total Units

13

Milestones

- Consider taking a special topics course to explore unique areas of Psychology
- Attend Grad Fest
- Complete a graduation check with an Academic Advisor