

CareerOneStop

Browse *CareerOneStop*'s video collection to learn about careers, industries, skills and abilities, or work options and education levels.

1. Click on the following link to access *CareerOneStop*: <http://www.careerinfonet.org/>
2. First, click on "Need to assess your options" located under the heading "What Can Career InfoNet Do for You?"

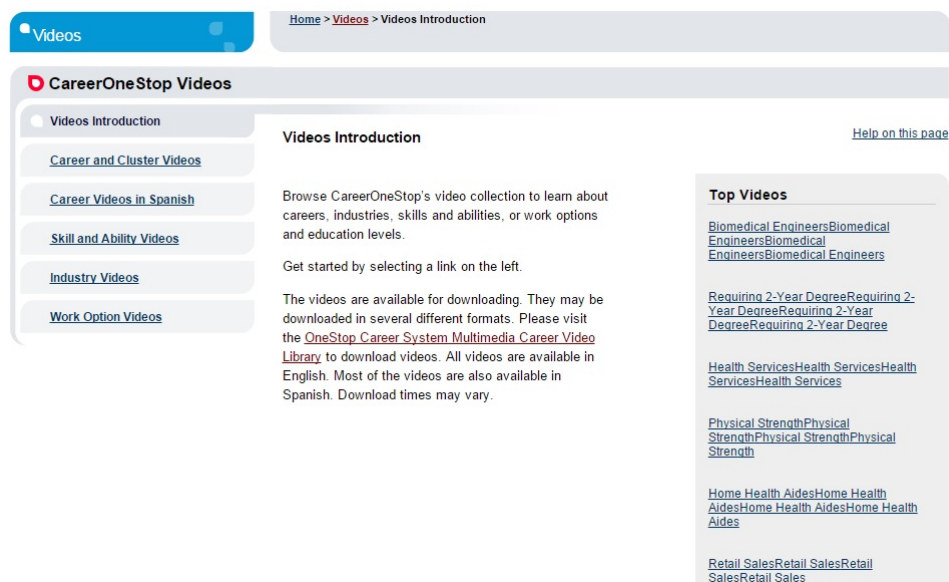


3. Click on "Watch real people doing real work in Career Videos" under the heading "Where Can I Explore Various Careers and Industries?"

Where can I explore various careers and industries?

- Watch real people doing real work in Career Videos
- Create customized profiles about occupations, industries, employment, education, wages and more with Occupation Profile, other Occupation Information and Industry Profile
- Find articles and websites about various occupations or general career information
- Explore specialized options such as self employment and telecommuting opportunities

4. Select one of the links on the far left (e.g., Career and Cluster Videos). Choose a video to watch.



**Please Note: Videos are available for downloading. They may be downloaded in several different formats. Please visit the [OneStop Career System Multimedia Career Video Library](#) to download videos. All videos are available in English. Most of the videos are also available in Spanish. Download times may vary.*