

Please make sure you print this guide and fill-in the information as you follow the PowerPoint Presentation.

This workshop and guide was designed specifically as a self-guided workshop, therefore the content and structure might be different than similar documents from an in-person workshop. Please contact Career Development Services if you have any questions regarding the information presented in this guide or workshop.

Slide 1: This workshop assists students with understanding career pathways and how to identify resources to successfully navigate the career selection process.

Slide 2: Learning Outcomes

Slide 3: Workshop Agenda

Slide # 4 : The Career Development Process -This is a non-linear process. A person can be at multiple stages at one time.

Slides 5 & 6: Stage 1 – Self Discovery/Exploration

List a few of your interests and or talents:

Slides 7 & 8 – Self Discovery/Exploration: Career Assessments

List a career assessment provided in the PowerPoint you might use. How might the career assessment(s) assist you?

Slide 8 – Self-Discovery/Exploration Video

Road Trip Nation – (you only need to watch clip from 1:37 to 4:34)

Here is a video that might help you understand career paths through the roads others took.

What do you think this video clip is trying to tell you?

Slide 9 – Self-Discovery/Exploration - Questions to think about/ask yourself...

Can you think of any other why questions? How can these questions help?

Slide 10 – Self-Reflection Activity

Answer the following:

1. What do you love to do? _____
2. What careers do you see yourself in? _____
3. List up to three careers that combines question 1 & 2

4. Will someone pay you to do this? If yes, which potential companies? _____

Slide 11 Career Research - How much do you know about careers?

What research options will you use? How?

Slide 12 Career Research – Important things to know...

What topics are dealbreakers? Negotiable? Don't Care?

Slide 13 Understanding Pathways - Following a career path

How can we set goals but don't feel like we failed if our expectations were not met?

Slide 14 Understanding Pathways

Career paths are created.

What kind of goals can you set to achieve what you want to know or want to do?

Slides 15 -17 LinkedIn Alumni Tool / Career Path Examples

What information surprised you?

Slide 18 Understanding Career Success

How do you define career success?

Slide 19 Final Self-Reflection Activity - Take Notes

Decision Making:

List up to 3 majors you are interested in?

List up to 3 potential career interests

Why did you select the above major(s)?

Why did you select the above career(s)?

Who could you talk to that can help?

Experiential Learning

What internships could you apply for?

What are you going to do next/first?

Things to do next...

- | | |
|---|---|
| <input type="checkbox"/> Revise Resume/Receive Resume assistance from CDS | <input type="checkbox"/> Create LinkedIn Account |
| <input type="checkbox"/> Revise Cover Letter/Receive Cover Letter assistance from CDS | <input type="checkbox"/> Talk to Faculty about Career Interests |
| <input type="checkbox"/> Visit Drop-In Counseling | <input type="checkbox"/> Attend Networking Event |
| <input type="checkbox"/> Visit Resume Clinic | <input type="checkbox"/> Attend Career Fair |
| <input type="checkbox"/> Meet with a Career Counselor | <input type="checkbox"/> Attend Graduate School Fair |