



## **First Year:**

- Connect with a Career Counselor to learn about our resources and how we can best support you with the career development process-[Schedule a ZOOM Appointment](#)
- Create/Update your Resume-Connect with a Career Peer Mentor and use the [Resume Handbook](#) and [Resume Resources](#).
- Explore extracurricular opportunities to gain skills and experience. Review [Clubs/Orgs Directory](#) and attend the Clubs/Orgs Fair at the beginning of the semester.
- **FOCUS2**-Online Career Assessments to help identify values, interests, personality and skills (**VIPS**) and discover which careers/majors align with your strengths and unique talents.
- Review [What Can I Do With This Major?](#)
- Self-Reflect: Ask yourself what you like most about your academic courses and which extracurricular activities interest you most. Adopt a design thinking mindset.
- Research positions that align with what you discovered about yourself. Use Dolphin CareerLink to research and search for positions.
- Create your profile on [Dolphin Connect](#) and reach out to a potential Mentor to conduct an informational interview. Informational Interviews help you with career exploration to learn about an occupation that might interest you.

## **Remember to...**

- ✓ Reach out to Career Development and Alumni Engagement for all your career development needs.
- ✓ Check emails often! Stay current with events and resources sent by Career Development and Alumni Engagement
- ✓ Connect with faculty, staff, peers and community members who can mentor and support you throughout your career journey.
- ✓ Review resources and search for job/internship opportunities on **Dolphin CareerLink** (available on your myCI). Consider applying for an on campus job before your second year.
- ✓ Actively engage in your career development process!

[CDAE Website](#)

Career Development & Alumni Engagement  
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