Resource Guide

for Students with Disabilities

Academic Support

Difference between Academic and Disability Advising

Academic Advising supports currently enrolled undergraduate students at CI by providing guidance on course selection and degree progress. They offer a clear overview of the CARR to help students stay on track, ensuring they meet General Education, graduation, and major requirements.

Disability Advising is available to all CSUCI students, including Undergraduate, Graduate, and Extended University students with disabilities. The team supports student success by helping students achieve their academic goals through disability-related accommodations and resources.

Academic Advising	Disability Advising (DASS)
Website: https://www.csuci.edu/advising/	Website: https://www.csuci.edu/dass/

Learning Resources Center (LRC)

The LRC provides peer tutoring and support in a welcoming space, encouraging active learning through a student-to-student education model.

Website: https://www.csuci.edu/learningresourcecenter/

Services Available:

- Schedule either online or in-person tutoring through Tutor Finder
- Drop in and Group Tutoring
- 30-minute appointments per class per week
- Check out resource items to help with studying.

Writing and Multi-literacy Center (WMC)

Offers support services to help students and faculty improve their skills in writing, reading, and communicating through various forms, including digital and visual media.

Website: https://www.csuci.edu/wmc/

Services Available:
- Reviewing and brainstorming prompts
- Improving oral presentation delivery
- Organizing essays/presentations
- Revising papers/rehearsing
- Assisting with citation styles

WMA helps students with writing and communication in any subject and at any stage. **They also offer programs for the campus:**
- Plot-A-Thon – Student learning of data analysis, visualization, and storytelling through interdisciplinary, team-base competition. This is a series of training workshops.
- CI Currents – CI's own undergraduate research journal.

Basic Needs

Financial Insecurities

Website: https://www.csuci.edu/basicneeds/financial-assistance.htm

Financial Assistance Programs Available:
- Emergency Funds Grant: Financial aid for unexpected crises like illness or housing issues
- Ekho Your Heart Program: Disaster relief fund

Food Insecurities

Website: https://www.csuci.edu/basicneeds/food-assistance.htm

Services Available:

- CalFresh: Assistance with applying for CalFresh.
- Dolphin Pantry: Access to free food and toiletries for students in need.
- Hot Meals Program: Dining cards for Islands Café meals for students without kitchen access.
- CalFresh Healthy Living Program: Nutrition education and cooking workshops to promote healthy eating habits.
- Ekho Bites Alert Program: Notifications about available leftover food from campus events.

Housing Insecurities

Website: https://www.csuci.edu/basicneeds/housing-assistance.htm

Services Available:

- Emergency Housing: Short-term accommodations for urgent housing crises.

Dolphin Guardian Scholars (DGS)

Supports students who are foster youth, adopted, in guardianship/kinship care, or have experienced homelessness. It aims to improve access, retention, and graduation rates through tailored services.

Website: https://www.csuci.edu/basicneeds/path.htm

Services Available:

- Academic support, mentoring, and grad school prep.
- Career guidance, job search help, and leadership development.
- Financial literacy, housing, and community resources.

Mental Health & Self-Care

Counseling and Psychological Services (CAPS)

Short-term mental health services in a confidential setting to assist students in achieving their academic and personal goals and well-being. CAPS offers online and in-person appointments.

Website: https://www.csuci.edu/caps/

Services Available:

- 24/7 Crisis Phone Counseling
- Mental Health Peer Program
- Confidential Campus Advocate

Campus Access, Retention, & Equity (CARE) Team

The CARE Team is a group of CSUCI faculty, staff, and administrators who review and assess student behaviors that may be concerning. They work together to provide support, assistance, and interventions for students in need.

Website: https://www.csuci.edu/studentsupport/care/

Coalition for Family Harmony

Coalition for Family Harmony is a non-profit organization that offers services to victims of domestic violence and sexual assault, educates the community on violence, and works to prevent the cycle of violence.

Website: https://thecoalition.org/

Services Available:

- Domestic Violence Emergency Safe House
- Rape Crisis Center
- Counseling & Support Groups

- [Batterer's Intervention Program](#)

Disability Evaluation Resources

ADHD Online

ADHD Online is a telehealth service that helps assess, diagnose, and treat ADHD and related conditions. It provides evaluations by psychologists, personalized treatment plans, and resources to support individuals with ADHD.

Website: https://adhdonline.com/

*Promo code for $60 off assessment: CSUCI60

Family Psychological Services, Inc.

Family Psychological Services offers testing to diagnose and treat behavioral and learning challenges. They assess conditions like ADHD, depression, anxiety, bipolar disorder, learning disabilities, and autism. The clinic also provides neurofeedback as a medication-free option. Most insurance plans, including Medicare and Medi-Cal, are accepted.

Website: https://fpsca.com/

Discounts: Available for CSUCI students.

Family Psychiatry, Counseling, & Wellness (FPCW)

FPCW provides mental health care for individuals and families. They offer diagnosis, treatment, and advanced therapies like TMS and ketamine. Services are available via telehealth or in-person treatments in Westlake Village.

Website: https://familypsychiatry.us/

Schedule with the CSUCI DASS Case Manager

Finding help for a possible disability can seem hard, but it doesn't have to be. First, fill out the [DASS Online Application](#) and add a [Self-Report Form](#). After you send it in, someone will contact you to set up a meeting with a DASS Case Manager. They will give you resources that fit your needs based on your Self-Report Form.

Website: https://www.csuci.edu/dass/students/apply-for-services.htm

Ventura Behavioral Health

Ventura County Behavioral Health (VCBH) offers many mental health and substance use services for people of all ages in Ventura County. Their programs help with emergencies, long-term treatment, and recovery.

Website: https://www.vcbh.org/services/overview

Services Available:

- Crisis Support
- Hospital-based mental health treatment.
- Adult and short-term crisis residential programs.
- Therapy, psychiatric care, and case management.
- Substance Use Treatment
- DUI Program

Independent Living

BrightStar Care

BrightStar Care provides personalized, high-quality care at home or through professional staff. They offer compassionate support, from companionship to medical services, ensuring safety, independence, and comfort for individuals and families.

Website: https://www.brightstarcare.com/about-brightstar-care/resources/

Tri County Regional Centers

Tri-Counties Regional Center (TCRC) is a nonprofit organization serving individuals with developmental disabilities in San Luis Obispo, Santa Barbara, and Ventura counties.

Website: https://www.tri-counties.org/

Services Available:
- Service coordination and case management.
- Support for educational and employment needs.
- Independent and supported living services.
- Family respite care.
- Advocacy and assistance navigating public benefits.
- Transition planning for adulthood and aging services.

Tri-County- Greater Los Angeles Agency on Deafness (TC-GLAD)

Tri-County- Greater Los Angeles Agency on Deafness (TC-GLAD) is a nonprofit organization dedicated to supporting the deaf, hard of hearing, deafblind, and deaf-disabled communities across Ventura, Santa Barbara, and San Luis Obispo counties.

Website: https://tcglad.org/

Services Available:
- Sign language interpreters
- Peer counseling and support
- Job helps and placement
- Life skills training
- Community workshops and education

Independent Living Resource Center, INC. (ILRC)

The Independent Living Resource Center (ILRC) is a nonprofit that helps people with disabilities in Ventura, Santa Barbara, and San Luis Obispo counties. They offer services and advocacy to promote independence for all ages and income levels.

Website: https://ilrc-trico.org/

Services Available:

- Peer support and counseling
- Housing help and advocacy
- Job services and placement
- Youth and adult transition support
- Assistive technology and mobility aid assistance

Mobility Aids

Santa Clara Valley Hospice

Santa Clara Valley Hospice offers no cost or low-cost mobility aids for rent, available to the public. This aid supports individuals recovering from surgery or needing temporary or permanent assistance, not just those in hospice care.

Website: https://santaclaravalleyhospice.org/

Career & Employment

CSUCI Career Center

The Career Center helps students and alumni with career services like counseling, internships, and grad school applications. Get started by booking an appointment on Handshake.

Website: https://www.csuci.edu/careerdevelopment/

Services Available:
- Help with job and internship searches
- Resume building and tools
- Interview and networking tips

- Grad school and professional program resources
- Support for Schedule A Hiring Authority through a DOR Case Manager

Workforce Recruitment Program (WRP)

The Workforce Recruitment Program (WRP) links college students and recent graduates with disabilities to summer or full-time jobs in federal and private-sector roles across the U.S. It's a chance to showcase skills, gain experience, and build a career!
Website: https://www.wrp.gov/wrp

Schedule A Hiring Authority

Schedule A is a hiring program that helps people with disabilities get jobs in the U.S. Federal Government faster. It skips some usual hiring steps, making it easier to apply. To qualify, candidates must meet the job requirements and provide a Schedule A letter.
Website: https://www.wrp.gov/wrp
More information:
- How To Obtain a Schedule A Letter
- The ABCs of SCHEDULE A Tips for Applicants with Disabilities on Getting Federal Jobs

Goodwill Industries

Goodwill Industries offers job training, placement help, and resources to build skills and confidence. Goodwill also provides support services and programs to help individuals with disabilities get and keep meaningful work.
Website: https://www.goodwill.org/

Facilitating Alternative Day Environments (FADE) Services

F.A.D.E. Services help people with intellectual and developmental disabilities grow and connect with their community. Staff guide and mentor individuals in a safe, friendly environment to build independence, self-advocacy, and wellness. Services are offered Monday to Friday, up to 30 hours a week.
Website: https://sites.google.com/pcs-services.org/fade-services/home
Services Available:
- Health and wellness programs

- Socialization activities
- Transportation assistance
- Person-centered planning to promote community independence

Path to Thrive

Path to Thrive Coaching provides personalized career and life coaching for all stages of life. Coaching is tailored to your goals and needs. If you're unsure where to start, a free phone consultation can help you learn more.

Website: https://pathtothrivecoaching.com/contact

Services Provided:
- Career and life coaching.
- Support across various life stages.
- Flexible coaching options, with no pressure to begin until ready.

Financial Aid

Financial Aid Office

The Financial Aid & Scholarships Office at CSUCI helps students get financial support for their education. They offer different aid programs based on needs and eligibility, with help from a team of experts.

Website: https://www.csuci.edu/financialaid/

Scholarships for Disabled College Students

- **Bold.org Scholarships for Disabilities**
  - Website: Bold.org Scholarships
- **Ventura County Community Foundation (VCCF) Scholarships**
  - Websites: VCCF AcademicWorks | VCCF Scholarships
- **Scholarships360.org**

- o   Website: [Scholarships360](#)
- **Sallie Mae Scholarships for Disabilities**
  - o   Website: [Sallie Mae Scholarships](#)

Transportation Alternatives

VCTC ADA Transportation Certification

VCTC offers accessible transit for people with mobility disabilities. All buses in Ventura County are wheelchair friendly. ADA-certified riders can also get curb-to-curb or door-to-door services. ADA certification lets you use paratransit services countywide.

Website: https://www.goventura.org/getting-around/ada-certification/

Getting an ADA Card for Paratransit Services

People with disabilities who find it hard to use public transit may qualify for ADA paratransit services. This program provides other transportation options for those who can't use regular buses or trains due to their disability.

Website: https://dredf.org/news/publications/ada-paratransit-eligibility/

GO ACCESS:

GO ACCESS is a door-to-door public transit service for people with disabilities who cannot use regular buses (with ADA certification) and seniors aged 65 and older.

Website: https://www.gctd.org/getting-around/access/

Camarillo Area Transit (CAT)

Camarillo Area Transit helps you get around the city safely. Their Fixed Route bus stops at set locations, and their Dial-A-Ride bus works by reservation. To book a ride, call (805) 988-4228.

Website: https://www.ci.camarillo.ca.us/residents/public_transportation/camarillo_area_transit.php

Free Ventura County Bus Passes for Students with ID

Students from participating colleges and universities in Ventura County can enjoy free public transit bus rides across the region.
Website: https://www.goventura.org/vctc-transit/routes-schedules/

Uber WAV (Wheelchair-Accessible Vehicles)

Uber WAV offers wheelchair-accessible rides for people using wheelchairs, walkers, or canes. It provides easy and convenient transportation for everyone.

Website: https://www.uber.com/us/en/ride/uberwav/?uclick_id=63785b20-d6c9-4727-a3d9-5cf322605aea.

Engagement and Activism

Inclusive Student Services (ISS)

Offers resources, services, and education to build an inclusive campus. ISS helps all students, especially those from marginalized groups, through mentorship, cultural programs, retreats, workshops, and training.

Website: https://www.csuci.edu/iss/

Services:

- Black Cultural Center
- LatinX Cultural Center
- Social Justice and Inclusion Center
- CARECEN College Immigration Legal Services
- Events

Ekho's Disability Pride

At DASS, we believe disability is a vital part of our diverse campus community. We are dedicated to creating a space where all students feel seen, valued, and proud of who they are. DASS celebrates students' strengths, honors their achievements, and supports them in building confidence at CSUCI.

Website: https://www.csuci.edu/dass/disabilitypride.htm

Delta Alpha Pi Honor Society (DAPi)

DAPi is an honor society recognizing high-achieving students with disabilities and is working to promote greater accessibility and inclusivity on CSUCI's campus.

Website: DAPI.

Diversity, Inclusivity & Accessibility (DIA) Club

DIA promotes Disability Pride, Advocacy, and Awareness. DIA works to make campus more accessible and inclusive, highlighting disability as a key part of diversity. All students at CSUCI are welcomed to join!

Website: DIA

Veterans Affairs Program

The Veterans Affairs Program helps veteran students move from military to academic life and graduate successfully. It also supports active-duty members and their families.

Website: https://www.csuci.edu/veterans/

Services Provided:

- Review of Educational Benefits.
- Request Certification.

- [Tuition Fee Waiver](#)
- [VA Benefits](#)
- Assistance with [VA disability status letters.](#)

Peer Education and Equity Programs (PEEP)

A group of peer mentor programs that helps students adjust to college, feel included, get involved, use campus resources, and build connections. If you'd like to work with a Peer Educator, fill out this form: [Connect Me with a Peer Educator.](#)

Website: https://peep.cikeys.com/

Services Provided:

- Help you navigate the university culture.
- Connect you with academic resources and student services.
- Keep you informed about co-curricular opportunities.
- Help you make connections between your coursework and your future goals.

Academic Student Success Excellence Team (ASSET) Scholars Program

The ASSET Scholars Program supports first-year freshmen and transfer students with a three-part experience to help them succeed and stay in school. Complete the [ASSET Scholars Interest Form](#) to join.

Website: [ASSET Scholars Program](#)

Services provided:

- Faculty mentor for academic and professional support
- Major-specific mentoring
- Peer mentor to guide you at CSUCI
- Career exploration field trips
- Cultural events and programs

CSUCI Initiative for Mapping Academic Success (CIMAS)

CIMAS helps students strengthen academic skills, confidence, motivation, and connection to the university.

Website: CSUCI Initiative for Mapping Academic Success

Services Provided:

- A 16-week program to help students build academic skills through workshops, study groups, and peer activities.
- Ends with a hike guided by university leaders and a Chumash Elder.
- Includes free study supplies, a spring trip to Santa Rosa Island, and up to 4 free summer course units after finishing.

Autism Society of Ventura County

The Autism Society Ventura County is a nonprofit that supports families after an autism diagnosis and grows local resources. Their goal is to connect and empower the autism community to live full, meaningful lives.

Website: https://autismventura.org/

Services provided:

- Community Resource Connections
- Advocacy
- Support Groups

Diversity Collective Ventura County

Diversity Collective Ventura County is a non-profit organization that supports the LGBTQ+ community in Ventura County and nearby areas. Led by a dedicated team, they strengthen the community through programs, resources, and events.

Website: https://www.diversitycollectivevc.org/

Services provided:

- Diversity Events

- [Health and Wellness](#)
- [Cultural Competency Training](#)

Hobbies, skills, & community programs

Ignite Collective, Inc.

Ignite Collective is a nonprofit that focuses on independence, inclusion, teamwork, and strong connections. Ignite supports people in taking control of their lives, building relationships, and growing personally and educationally.

Website: https://www.ignitefutures.org/

Services Available:

- Help with independence, community involvement, and building relationships.
- Inclusive learning, college access, and personal growth opportunities.
- Personalized support for life choices and community engagement.

Kindling Studios

Kindling Studios is a non-profit art studio in Camarillo, California, that supports adults with disabilities in exploring and expressing their artistic talents.

Website: https://www.kindlingstudios.org/

Services Available:

- Art studio for adults with disabilities to create and learn new skills.
- Community activities and programs centered around art.

Industry Horror

Industry Horror, a 501(c)(3) nonprofit, empowers individuals with disabilities through meaningful employment and skill development in the fashion industry. It provides hands-on experience, fostering confidence and inclusion.

Website: https://www.industryhorror.com/

Help Opportunity Prosperity Education (HOPE), LLC.

HOPE Social Skills helps people build and keep friendships. The program uses personal goals and group lessons to teach clear social rules and behaviors. Through role-playing and practice, participants learn skills and gain confidence for social situations.

Website: https://www.hopesocialskills.com/

Reins of Hope -Human Opportunity Partnering with Equines

Reins of Hope is a 501(c)3 nonprofit that offers horse therapy to people of all ages with physical, emotional, or cognitive disabilities. Working with horses helps promote healing, growth, and well-being in a caring environment.

Website: https://www.rohvc.org/