

NEW COURSE PROPOSAL

PROGRAM AREA LIBERAL STUDIES

1. Catalog Description of the Course:

PHED 310. ADAPTED PHYSICAL EDUCATION (3)

Basic concepts of Adapted Physical Education and an examination of trends in schools and communities. Particular attention given to inclusion as a teaching model. This is not an activity/ performance course.

GenEd: E

2. Mode of Instruction.

	Units	Hours per Unit	Benchmark Enrollment
Lecture	3	1	35
Seminar			
Laboratory			
Activity			

3. Justification and Learning Objectives for the Course.

The course is designed to meet Category E in the General Education and the concentration in Physical Education and Health in the Liberal Studies Teaching and Learning Option. It will provide future K-12 teachers with knowledge of how to adapt physical education activities to students with special needs.

Upon successful completion of this course, the student will be able to:

- Discuss major historical information in the development of adapted physical education.
- Explain the features of the Individuals with Disabilities Education Act (IDEA) and the Individualized Education Plan process
- Demonstrate appropriate principles, procedures, and techniques utilized in adapted physical activity for facilitating successful participation in both regular and special classes
- Identify general classifications of disabilities and describe the various types of disabilities/conditions
- Identify appropriate activities for adapted physical education students

4. Is this a General Education Course

YES

NO

If Yes, indicate GE category:

A (English Language, Communication, Critical Thinking)	
B (Life Sciences)	
C (Fine Arts, Literature, Languages & Cultures)	
D (Social Perspectives)	
E (Human Psychological and Physiological Perspectives)	X

5. Course Content in Outline Form.

Terminology
 Legal Basis for Integrating Children with Disabilities: Individuals with Disabilities Education Act (IDEA)
 Inclusion
 Types of Disabilities
 Methodology of Instruction
 Individualized Education Program
 Qualifying Factors
 Appropriate games and sports

6. References.

- D. Auxter, J. Pyfer, and C. Huettig, *Principles and Methods of Adapted Physical Education and Recreation with Gross Motor Activities for Small Children With Special Needs and PowerWeb: Health and Human Performance*, 2000.
C. Sherrill, *Adapted Physical Activity, Recreation, and Sport with PowerWeb: Health and Human Performance*, 2001.
J. P. Winnick, *Adapted Physical Education and Sport*, 1995.

7. List Faculty Qualified to Teach This Course.

Faculty

8. Frequency.

- a. Projected semesters to be offered: Fall _____ Spring X Summer _____

9. New Resources Required.

- a. Computer (data processing)
audio visual, broadcasting needs, other equipment
- b. Library needs
- c. Facility/space needs
Gymnasium, Conference Hall

10. Consultation.

Attach consultation sheet from all program areas, Library, and others (if necessary)

- 11. If this new course will alter any degree, credential, certificate, or minor in your program, attach a program modification.**

Philip Hampton	1/8/03
Proposer of Course	Date