

## ***Instructionally Related Activities Report Form***

SPONSOR: Kevin Volkan

PROGRAM/DEPARTMENT: Psychology

ACTIVITY TITLE: Psychology Guest Speaker Series

DATE (S) OF ACTIVITY: Fall Semester 2016, Spring Semester 2017

Please submit via email to the IRA Coordinator along with any supporting documentation at [david.daniels@csuci.edu](mailto:david.daniels@csuci.edu) within 30 days after the activity. Thank you for your commitment to engaging our students!

### **A. ADDRESS THE FOLLOWING QUESTIONS:**

- (1) PROVIDE A DESCRIPTION OF THE ACTIVITY;
  - (2) HOW DID THE ACTIVITY RELATE TO A COURSE(S) AND/OR LEARNING OBJECTIVES?
  - (3) WHAT DO YOU SEE AS THE STRENGTHS OF THE ACTIVITY?
  - (4) WHAT WOULD YOU SAY ARE/WERE THE ACTIVITY'S WEAKNESSES?
  - (5) HOW WOULD YOU IMPROVE THIS ACTIVITY FOR NEXT TIME?
  - (6) WHAT DID YOU LEARN FROM THE PROCESS?
  - (7) WHAT ARE STUDENT RESPONSES TO THE ACTIVITY? ATTACH STUDENT EVALUATIONS OR ASSESSMENTS (IN ACCORDANCE WITH FERPA RESTRICTIONS YOU MUST REMOVE ALL PERSONALLY IDENTIFIABLE STUDENT INFORMATION)
  - 8) GIVE A SUMMARY OF EXPENSES FOR THE ACTIVITY (DO NOT INCLUDE ACCOUNTING STRINGS)
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### **B. ATTENDEE LIST- SUPPORTING DOCUMENT:**

In addition to the report form, *in a separate document*, attach to your email a list of attendees complete with each student major and grade level. This for IRA Committee reference only and will not be published on the IRA website. Include your name and the title of your IRA activity on the document.

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### **C. IMAGES FROM ACTIVITY:**

Please embed 3-5 images in this document (or attach in .JPEG format) that demonstrate student participation with captions/titles.

## **(1) PROVIDE A DESCRIPTION OF THE ACTIVITY**

In Fall semester 2016 I taught two courses in which I had guest speakers. The courses were HIST/PSY 436 East Asian Warrior Cultures and PSY 344 Psychology and Traditional Asian Thought. The 436 course is taught with the History program and is interdisciplinary. All of these courses are taught from a multicultural point of view.

For HIST-PSY 436 I brought in 5 speakers, Jeet Kun Do master Sifu Peter Nuygen, noted Karate master Shawn Danaher, Iado experts Sensei Jeff Learned, and Thai Boxing master Kru Ken Rose.

For PSY 344 I brought in traditional Chinese medicine doctor Julie Ryan.

I had originally requested money for guest speakers in the Spring as well. Do to applying for the funds well in advance, I was not able to secure speakers until much later. This meant that some speakers had to be substituted. I have one speaker still scheduled to speak in our HIST-PSY 340 class later in the semester. This speaker is Inga Malenbaum who is a Holocaust survivor and the youngest person on Schindler's List. I was not able to bring in anyone else for Spring semester.

HIST-PSY 340 & 436 as well as PSY 344 are very popular classes with the some of the largest enrollments on campus (approximately 130, 90, and 90 respectively average over the last few years. Therefore, these speakers impacted a large number of students.

## **(2) HOW DID THE ACTIVITY RELATE TO A COURSE(S) AND/OR LEARNING OBJECTIVES?**

- The invited speakers helped students reach the following educational objectives in Psychology
- Understanding of applications of psychology to personal, social, and organizational aspects of their lives
- The use and respect of skeptical inquiry, critical thinking, and the scientific approach to understanding behavior
- Understanding of the complexity of cultural diversity
- Understanding themselves and others in a cultural context
- The development of interpersonal skills for diversity over the lifespan
- Understanding of themselves and others in a cultural context
- Development of interpersonal skills for diversity over the lifespan
- The guest speakers also helped realize the following outcomes related to our Mission Statement: Identify and Describe the Modern World and Issues from Multiple Perspectives

**(3) WHAT DO YOU SEE AS THE STRENGTHS OF THE ACTIVITY?**

The guest speakers could bring the intellectual learning of the class to life. Students got to experience first-hand many aspects of Asian culture and understand the cultural context of these practices.

**(4) WHAT WOULD YOU SAY ARE/WERE THE ACTIVITY'S WEAKNESSES?**

Each speaker/demonstrator could have used more time. The survey nature of the courses prevents us from having the time to go more deeply into what each speaker is demonstrating.

**(5) HOW WOULD YOU IMPROVE THIS ACTIVITY FOR NEXT TIME?**

Over the years, I have been refining the demonstrations to focus more on the specifics of what is covered in the class. I have chosen speakers who stay specifically close to the course material rather than going off on tangents. I will continue this refinement.

**(6) WHAT DID YOU LEARN FROM THE PROCESS?**

I have learned that it is important to tie the demonstration closely to the lectures and readings. I will continue to do this even as I update the courses.

**(7) WHAT ARE STUDENT RESPONSES TO THE ACTIVITY? ATTACH STUDENT EVALUATIONS OR ASSESSMENTS (IN ACCORDANCE WITH FERPA RESTRICTIONS YOU MUST REMOVE ALL PERSONALLY IDENTIFIABLE STUDENT INFORMATION)**

See attached – Appendix 1. Both courses got very high rating from students and the demonstrations were listed as something the student got a lot from.

**(8) GIVE A SUMMARY OF EXPENSES FOR THE ACTIVITY.**

We were able to secure a total of 5 speakers out of the original list for this fall. The total cost for Fall was \$2100.

We plan on giving our Spring HIST-PSY 340 speaker \$600.

Total for the year = \$2700

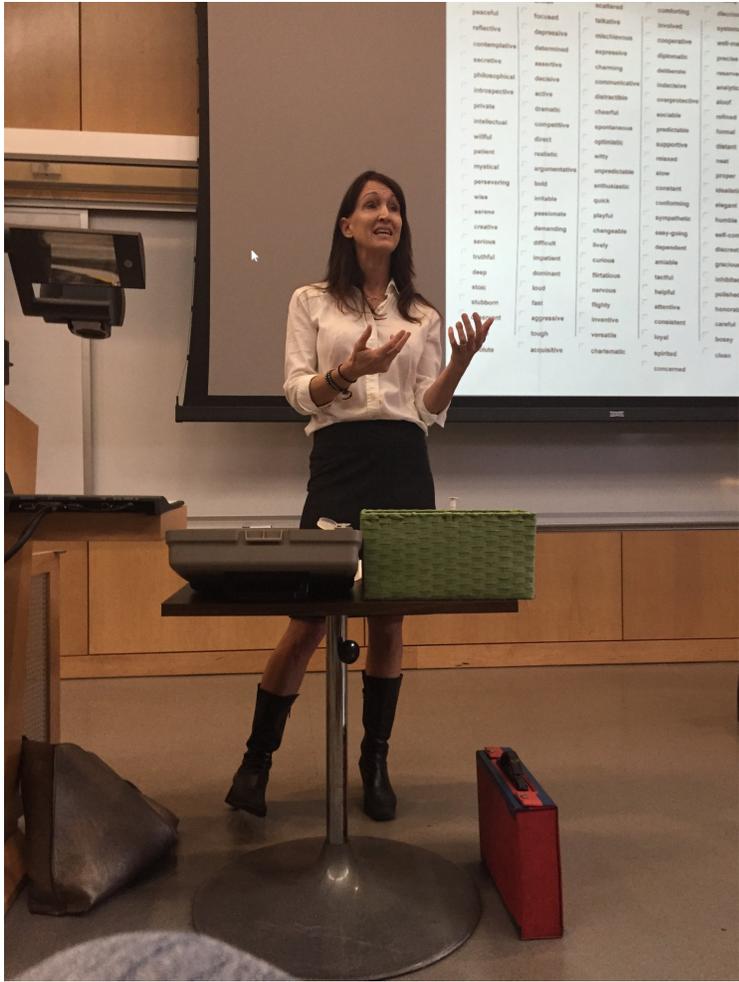
**B. ON SEPARATE DOCUMENT, PLEASE ATTACH ATTENDEE LIST (PERSONALLY IDENTIFIABLE INFO REMOVED)**

See Attached - Appendix 2

**C. PLEASE INCLUDE UP TO 6 IMAGES IN THIS DOCUMENT TO DEMONSTRATE STUDENT PARTICIPATION**









<b>Course:</b>	HIST 436 01 - PSY & HIST OF EAST ASIAN	<b>Academic Program:</b>	History
<b>Responsible Faculty:</b>	Rainer Buschmann; Kevin Volkan	<b>Responses / Expected:</b>	17 / 46 (36.96%)

Course - Student Ratings of Teaching Instrument	HIST 436 - 01										--- Survey Comparisons ---											
	Responses					Course					All											
	SA	A	N	D	SD	N	Mean	N/A	Std Dev	N	Mean	Pct Rnk										
Q1	I understood the goals expected from the course.										12	4	0	0	1	17	4.5	0	.98	16K	4.4	52
Q2	The course content was well organized.										11	2	2	1	1	17	4.2	0	1.21	15K	4.2	38
Q3	The delivery (online, blended, or face-to-face) of the course content was effective for my learning.										13	2	1	0	0	16	4.8	1	.56	15K	4.2	77
Q4	The assignments/activities in this course aided my learning.										9	4	2	1	1	17	4.1	0	1.18	15K	4.3	31
Q5	The class atmosphere supported my learning.										11	4	1	0	1	17	4.4	0	1.03	15K	4.3	48
Q6	The course was a valuable learning experience for me.										12	4	0	0	1	17	4.5	0	.98	15K	4.3	54

Responses: [SA] Strongly Agree=5 [A] Agree=4 [N] Neutral=3 [D] Disagree=2 [SD] Strongly Disagree=1  
Pct Rnk: Percentile Rank (100 is best, calculated vs. precise Mean)

Instructor - Student Ratings of Teaching Instrument	Volkan, Kevin										--- Survey Comparisons ---											
	Responses					Individual					All											
	SA	A	N	D	SD	N	Mean	N/A	Std Dev	N	Mean	Pct Rnk										
Q7	The instructor helped me achieve the course goals described in his/her syllabus.										7	7	1	0	1	16	4.2	1	1.01	16K	4.3	30

Responses: [SA] Strongly Agree=5 [A] Agree=4 [N] Neutral=3 [D] Disagree=2 [SD] Strongly Disagree=1  
Pct Rnk: Percentile Rank (100 is best, calculated vs. precise Mean)

Instructor - Student Ratings of Teaching Instrument	Volkan, Kevin										--- Survey Comparisons ---											
	Responses					Individual					All											
	SA	A	N	D	SD	N	Mean	N/A	Std Dev	N	Mean	Pct Rnk										
Q8	Throughout the course I received meaningful and timely feedback from the instructor.										9	4	0	0	1	14	4.4	3	1.05	16K	4.3	48

Responses: [SA] Strongly Agree=5 [A] Agree=4 [N] Neutral=3 [D] Disagree=2 [SD] Strongly Disagree=1  
Pct Rnk: Percentile Rank (100 is best, calculated vs. precise Mean)

Instructor - Student Ratings of Teaching Instrument	Volkan, Kevin										--- Survey Comparisons ---											
	Responses					Individual					All											
	SA	A	N	D	SD	N	Mean	N/A	Std Dev	N	Mean	Pct Rnk										
Q9	When I sought outside help from the instructor, I received it.										7	5	2	0	0	14	4.4	3	.72	14K	4.4	35

Responses: [SA] Strongly Agree=5 [A] Agree=4 [N] Neutral=3 [D] Disagree=2 [SD] Strongly Disagree=1  
Pct Rnk: Percentile Rank (100 is best, calculated vs. precise Mean)

Instructor - Student Ratings of Teaching Instrument	Volkan, Kevin										--- Survey Comparisons ---											
	Responses					Individual					All											
	SA	A	N	D	SD	N	Mean	N/A	Std Dev	N	Mean	Pct Rnk										
Q10	The instructor employed fair and consistent grading standards.										13	2	0	1	1	17	4.5	0	1.14	16K	4.4	44

Responses: [SA] Strongly Agree=5 [A] Agree=4 [N] Neutral=3 [D] Disagree=2 [SD] Strongly Disagree=1  
Pct Rnk: Percentile Rank (100 is best, calculated vs. precise Mean)

Instructor - Student Ratings of Teaching Instrument	Volkan, Kevin										--- Survey Comparisons ---											
	Responses					Individual					All											
	SA	A	N	D	SD	N	Mean	N/A	Std Dev	N	Mean	Pct Rnk										
Q11	The instructor treated me with respect.										11	5	0	0	0	16	4.7	1	.46	16K	4.6	48

Responses: [SA] Strongly Agree=5 [A] Agree=4 [N] Neutral=3 [D] Disagree=2 [SD] Strongly Disagree=1  
Pct Rnk: Percentile Rank (100 is best, calculated vs. precise Mean)

Instructor - Student Ratings of Teaching Instrument	Volkan, Kevin										--- Survey Comparisons ---											
	Responses					Individual					All											
	SA	A	N	D	SD	N	Mean	N/A	Std Dev	N	Mean	Pct Rnk										
Q12	I would take a course from this instructor again.										11	5	0	0	1	17	4.5	0	.98	16K	4.2	50

Responses: [SA] Strongly Agree=5 [A] Agree=4 [N] Neutral=3 [D] Disagree=2 [SD] Strongly Disagree=1  
Pct Rnk: Percentile Rank (100 is best, calculated vs. precise Mean)

Demographic Information		HIST 436 - 01							
		Responses						Course	
		A	B	C	D	F	CC	NCN	N
Q13	My expected grade in this class is:	4	7	4	0	1	0	1	17

Responses: [A] A=7 [B] B=6 [C] C=5 [D] D=4 [F] F=3 [CC] Credit (CR)=2 [NCN] No Credit (NC)=1

Demographic Information		HIST 436 - 01					
		Responses					Course
		0	2	4	6	9+	N
Q14	On average, how many hours per week did you spend outside of class studying and preparing for this course?	2	8	6	1	0	17

Responses: [0] 0-2 =1 [2] 2-4 =2 [4] 4-6 =3 [6] 6-9 =4 [9+] 9+=5

**Q15 - What aspects of the course helped your learning the most?**

Response Rate: 35.29% (6 of 17)

1	the demonstrations
2	loved the reading materials, films, and quick videos,
3	The class didn't have a purpose it seemed like I wasn't learning much. Or better said didn't understand what the purpose of the class was about
4	Powerpoints, films, and lectures
5	Lecture and demonstrations were both very helpful aspects of my learning.
6	I found the lectures that dealt more with society helped contextualize the martial art and made it more understandable. The Mongol and the Japan lectures were particularly good.

**Q16 - What aspects of the course would you change and why?**

Response Rate: 41.18% (7 of 17)

1	the paper not being able to use online resources.
2	nothing
3	none
4	none.
5	The required layout for the research paper was a little confusing. I feel like there needs to be an example of how the paper should be formatted, how the different sections should be introduced, etc.
6	Overall, the course is great and I enjoyed it and learned a lot about a subject I had little knowledge of prior. I would add another assignment so your grade isn't reliant so much on test score.
7	In-class review of readings in class would have been helpful.

<b>Course:</b>	PSY 344 01 - PSYCH AND TRAD ASIAN THOUGHT	<b>Academic Program:</b>	Psychology
<b>Responsible Faculty:</b>	Kevin Volkan	<b>Responses / Expected:</b>	29 / 76 (38.16%)

Course - Student Ratings of Teaching Instrument	PSY 344 - 01									--- Survey Comparisons ---		
	Responses					Course				All		
	SA	A	N	D	SD	N	Mean	N/A	Std Dev	N	Mean	Pct Rnk
Q1	I understood the goals expected from the course.											
Q2	The course content was well organized.											
Q3	The delivery (online, blended, or face-to-face) of the course content was effective for my learning.											
Q4	The assignments/activities in this course aided my learning.											
Q5	The class atmosphere supported my learning.											
Q6	The course was a valuable learning experience for me.											

Responses: [SA] Strongly Agree=5 [A] Agree=4 [N] Neutral=3 [D] Disagree=2 [SD] Strongly Disagree=1  
Pct Rnk: Percentile Rank (100 is best, calculated vs. precise Mean)

Instructor - Student Ratings of Teaching Instrument	Volkan, Kevin									--- Survey Comparisons ---		
	Responses					Individual				All		
	SA	A	N	D	SD	N	Mean	N/A	Std Dev	N	Mean	Pct Rnk
Q7	The instructor helped me achieve the course goals described in his/her syllabus.											
Q8	Throughout the course I received meaningful and timely feedback from the instructor.											
Q9	When I sought outside help from the instructor, I received it.											
Q10	The instructor employed fair and consistent grading standards.											
Q11	The instructor treated me with respect.											
Q12	I would take a course from this instructor again.											

Responses: [SA] Strongly Agree=5 [A] Agree=4 [N] Neutral=3 [D] Disagree=2 [SD] Strongly Disagree=1  
Pct Rnk: Percentile Rank (100 is best, calculated vs. precise Mean)

Demographic Information	PSY 344 - 01								
	Responses							Course	
	A	B	C	D	F	CC	NCN	N	
Q13	My expected grade in this class is:								

Responses: [A] A=7 [B] B=6 [C] C=5 [D] D=4 [F] F=3 [CC] Credit (CR)=2 [NCN] No Credit (NC)=1

Demographic Information	PSY 344 - 01						
	Responses					Course	
	0	2	4	6	9+	N	
Q14	On average, how many hours per week did you spend outside of class studying and preparing for this course?						

Responses: [0] 0-2 =1 [2] 2-4 =2 [4] 4-6 =3 [6] 6-9 =4 [9+] 9+=5

Q15 - What aspects of the course helped your learning the most?	
<b>Response Rate:</b>	72.41% (21 of 29)
1	powerpoint presentations were helpful to understand concepts.
2	lectures and study session
3	Volkan is a great-spirited and knowledgeable person. His personal endeavors, studies and experiences really do make the class come alive and feel relevant - even though a lot of the material dates far back. With well-constructed power-points and hearty explanations, his classes, though three hours long on a Friday morning, are a joy to partake in.
4	The teacher assistant was very helpful before the exam. He helped me review the topics and seemed very knowledgeable about the class.
5	The subjective prompts of the reflection papers
6	The readings that we were assigned really helped me understand the important aspects of Asian Thought and Traditions. It allowed me to get a clear understanding of how these ideas/thoughts came about. The lectures were also extremely helpful explaining some aspects I did not understand.
7	The open presentation of ideas and the eye-opening experience of understanding other cultures in the world is inspiration to keep oneself out of the everyday mundane shit society has constructed.
8	The low-pressure atmosphere - great balance of assignments and tests.
9	The lectures were amazing! So interesting. I loved the thorough explanations as well as the videos that he would include from time to time. I also really enjoyed the trip to the Hindu temple.
10	The lectures are amazing!! I love how you talk to the students, it makes the lecture easy to understand. It also is refreshing that you seem approachable. I also love that you seem available to seek help, like you genuinely care.
11	The environment of the class helped with paying attention. The professor made the class easy and interesting. I liked his reaction papers. The course was easy to understand and kept me interested every class. It was not stressful.
12	Reflection exercises assisted in applying the material read/lectured to my personal life. Professor Volkan's casual yet knowledgeable lectures encouraged class attendance; he is great at captivating students with intriguing facts.

13	Lectures
14	Lectures and in-class activities
15	I love volkain! He's an Amazing professor who is very fair. I love that he gave us online tests - I felt like I learned the material better this way that just memorizing it and taking an in-class test. He answers all your Q's and knows a lot about the subjects he teaches. Would definitely take him again! Traditional Asian thought was an intriguing subject & im glad I took it.
16	I learned nothing from this course. It was an utter whaste of my money and time. I thought I was going to learn something from Asian culture and be able to communicate with those of that origin. But it was really a course on religion about information I can google lol, information I have already previously read. The only thing I learned about this course is INdian Pornography, yeah no thanks keep that to yourself buddy.
17	I enjoyed the Reflection Papers that were due every week. We were given a short story to read and then were expected to write how the story reflected on us. The reflection papers gave us a moment to dive into a time of introspection. This class forced us to think about many different mindsets, religions, and ways of living around the world. This type of learning forces us outside of the area that we grew up in, giving you a sense of culture that I do not think I could have gotten anywhere else
18	I appreciated that the teaching assistants offered review sessions—they were very helpful!
19	How much experience the professor had in each topic he talked about
20	Having the slides available online helped.
21	Attending the lectures. A majority of what we need for this course in class and in lectures.

**Q16 - What aspects of the course would you change and why?**

**Response Rate:** 65.52% (19 of 29)

1	n/a
2	The only thing that irritated and distracted me throughout the whole semester is the amount of people not focusing in class by instead distracting everyone around them with their unrelated computer activities. I would recommend the professor to start his future classes by telling everyone that those inclined to multitask in class should stick to the back rows in order to not distract those respecting the professor and his time-commitment to the class.
3	The course really should be a discussion format with a smaller class.
4	Perhaps I would've preferred a condensed curriculum, we often seemed to run out of time to go over what looked like interesting information. However with that being said, our Friday class experienced 2 or 3 vacation days that greatly impacted this semester' lecture schedule. More room for class participation based on our readings would've also been welcomed.
5	Nothing.
6	Nothing I think he's a fantastic professor.
7	None, it was great. Thank you Professor Volkan!
8	I wouldn't change anything.
9	I would suggest maybe weekly quizzes just for students to be able to retain information they had read and would be helpful before the midterm and final.
10	I would suggest limiting students' laptop usage. Although the professor clearly requested at the beginning of the semester that students use their laptops for class-related work only, some students did not comply with this request, and their web surfing became distracting.
11	I would have loved to have gotten feedback on the reflection papers. Having a response to bounce off of would have encouraged me or given me reason to alter my course of perspective per situation.
12	I would change nothing about this course.
13	I think that the reaction paper assignments were interesting, but not necessarily an important part of my experience with understanding the course content.
14	I personally do not learn well strictly from power point, I lose interest quickly. He tends to go off topic at times and I lose track of what he is talking about. The amount of reading that is expected is overwhelming and difficult to understand. The course overall personally did not interest me like I thought it would.
15	I do not think I would change anything. I have learned a lot on a subject I have been personally interested in for a good part of my life.
16	I do not think I have any ideas of how I would change the course.
17	Giving some interactive discussions in some sessions to allow for everyone the opportunity to prove that they understand the topic
18	Everything. This course is a joke. I was there for every class 3 hours on a friday and I can tell you this was a waste of my time and my colleges. The only thing i learned from this is how to play GO.
19	Although the class had some interesting topics, I did not see the connection with Psychology most of the time. I felt like I had to have previous knowledge of the topics to be able to understand them sometimes.