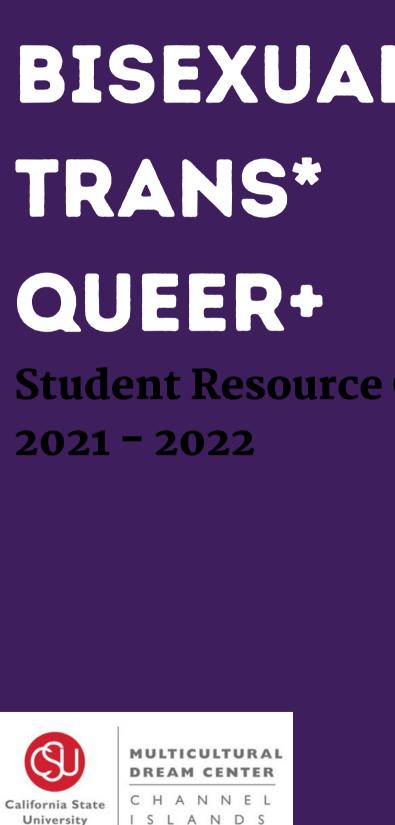
LESBIAN GAY BISEXUAL TRANS* QUEER+

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Student Resource Guide





Campus Resources & Support

Multicultural Dream Center

The Multicultural Dream Center (MDC) provides resources, services, and education to support the cultivation of an inclusive campus community. The MDC supports all students, with a particular focus on marginalized populations, through mentorship, intercultural programs, retreats, workshops, and trainings. These various initiatives are geared towards fostering identity development, critical thinking, reflection, and dialogue across difference to support student retention and academic success.

Diversity and Inclusion Student Council

The Diversity and Inclusion Student Council (DISC) is open to all students who are interested in opportunities to create and foster a more inclusive campus in partnership with the Multicultural Dream Center. Our mission is to empower students to build an inclusive campus environment that is safe and welcoming for all. Through this online group, you will build a community and actively make a difference. Email Kem French (kem.french@csuci.edu) to join.

LGBTQIA+ Student Resources

Additional resources on-campus, in the local community, and nationally. These resources are to offer students resources to build community and to expand their understanding of various marginalized populations.

Gender Identity and Pronouns

CSUCI not only provides information about gender identity and pronouns but walks students through the Identity option within your myCl Student Center which allows current students and prior students the ability to voluntarily self-identify the following: Sexual Orientation, Gender Identity, and Gender Expression.

Rainbow Cafe Support Group

Rainbow Café is a support group for those who identify as lesbian, gay, bisexual, asexual, pansexual, transgender, non-binary, intersex, queer, questioning, and more. Come and experience a unique environment where individuals can connect with one another and explore challenges, celebrate successes, and build community. This is a group managed by CAPS, so if you have any questions please reach out to caps@csuci.edu.

Student Organizations



CSUCI Queer Student Alliance

The mission of the Queer Student Alliance of CSU Channel Islands is to enrich student life through outreach, education, and events. Through these activities, it is our goal to provide a safe environment for the students and community members of all sexual orientations, identities, genders, gender expressions, ethnicities, ages, abilities, faiths, belief systems, and cultures. By these efforts, we strive to facilitate a better understanding of the diversity within the Queer community and Queer communities abroad.



CSUCI Courses

SOC 334 - Gender and Sexuality

Introduction to the study of gender and sexuality in society. Explores how gender and sexuality are determined, including their social construction, and how they organize and shape our lives. Situates gender and sexuality in a broader cross-cultural and historical context. Examines the relevance of gender and sexuality-and their intersection with race, ethnicity, and social class-in shaping our health and welfare, educational and economic trajectories, families, and political participation.

Chicana/o Community

Formerly SOC 410, effective Fall 2021. CHS 320 - Gender and Sexuality in the

Examines gender and sexuality in terms of historical, cultural and social roles. Students explore structural (societal/institutional) and behavioral elements that contribute to how Chicanas/os are gendered and raced subjects in contemporary U.S. society. Gender roles, issues of health and violence, and the lesbian/gay/bi-sexual/transgender communities are placed within the context of the larger Chicana/o-Latina/o community.

GEND 433 - Introduction to LGBT Studies (Cross-listed as ENGL 433)

Introduction to the field of gay/lesbian/bisexual/transgender studies through the reading of literature and theory.

SOC 309 - Topics in Gay, Lesbian, Bisexual, Transgender, and Queer Studies

This course provides introductory exposure to gay, lesbian, bisexual, and transgendered issues through lectures, presentations, activities, and discussions. Each semester a new topic of importance to gay, lesbian, bisexual, transgendered, and/or queer individuals will be presented.

Academic Journals

Queer Studies in Media & Popular Culture Sexuality and Disability

Law & Sexuality: A review of Lesibian and Gay Legal Issues

Sexuality & Culture

Sexualities, Evolution & Gender

Journal of the History of Sexuality

Studies in Gender and Sexuality

Scholarship Resources

Guide to LGBTQ+ Scholarships

If you're looking to reduce the cost of college, applying to scholarships is a good start. Scholarship awards, along with financial aid, can ease the burden and reduce the amount you need to borrow in student loans. For students who identify as LGBTQ+, there are a number of scholarship opportunities available.



Campus Pride National Scholarship Database

Database to search for scholarships, fellowships and grants for LGBTQ and ally students at both the undergraduate and graduate-level.

Point Foundation: National LGBTQ Scholarship Fund

Point Foundation (Point) is the nation's largest scholarship-granting organization for lesbian, gay, bisexual, transgender, and queer (LGBTQ) students of merit. Point promotes change through scholarship funding, mentorship, leadership development, and community service training.





Sallie Mae and Thurgood Marshall College Fund

Starting in 2021, The Sallie Mae Fund, a charitable foundation, will launch scholarship programs to further promote diversity in higher education among minority students and other historically underserved communities. Working in partnership with The Thurgood Marshall College Fund, they will award \$3

million in scholarships over the next three years to help students achieve their dream of a post-secondary education.

Stonewall Community Foundation

For nearly 15 years, the Stonewall Community Foundation has partnered with donors to create scholarships that provide unique opportunities and access to education, both in New York City and throughout the country.





Scholarships for Gay or Lesbian Students

In order to financially assist the LGBT community, they offer a list of scholarships for LGBTQ students and allies.

LGBTQ Student Scholarship Database

The following is a list of scholarships, fellowships and grants for LGBTQ and allied students at both the undergraduate and graduate-level. Their goal is to ensure that all LGBTQ people, and particularly those of us who are trans, people of color and HIV+, are treated as full and equal citizens within their movement, across our country and around the world.





Scholarships For LGBT Students

LGBT advocacy organizations are primary resources for LGBT scholarships. These examples shine a light on educational assistance opportunities for LGBT college students.

National Organization of Gay and Lesbian Scientists and Technical Professionals Scholarships

The Out to Innovate™ Scholarships are intended for LGBTQ+ undergraduate and graduate students pursuing degrees in science, technology, engineering, or mathematics (STEM) programs. The scholarships are designed to promote academic excellence and increased visibility of talented LGBTQ+ students in STEM careers.



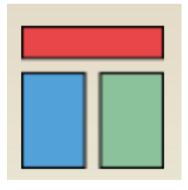
Equality Scholarship

Eligibility requirements: Applicants for all scholarships must have demonstrated service to the LGBT+ community. Applicants of all sexual orientations and gender identities are eligible.

Markowski-Leach Scholarship Fund

The Markowski-Leach Scholarship fund was established as a result of the vision of Tom Markowski and Jim Leach. the Scholarship Committee is directed to evaluate applications seeking to identify LGBTQ individuals who are likely to: "...make a substantial contribution to society, thereby enhancing society's perception of gay and lesbian people as well as increasing the gay and lesbian community's self-esteem..." Selected candidates will demonstrate their dedication to excellence in their lives through service, education, or employment. Scholarships are awarded to applicants whose leadership potential is evident regardless of their chosen field of study or financial need





The Tang Scholarship

Mr. Edward C. Tang established this award in 2007 to provide financial assistance to lesbian, gay, bisexual and transgender (l/g/b/t) Asian and Pacific Islanders (API) for post-secondary Education. This scholarship is to help LGBT youth proudly achieve educational pursuits and dreams without shame. This scholarship awards up to four outstanding students annually, a combined scholarships totaling up to \$60,000, awarded over up to four years. These scholarships are renewable for a maximum of three more years (a total of four years) provided each student annually meets the renewal requirements.

<u>Trans Student Educational Resources Scholarships</u>

TSER is excited to announce that they will restart their scholarship program for the 2021-2022 school year! Applications are open as of 2/16/2020. This is the only national scholarship program exclusively for trans students. They will provide several scholarships to students across the country (total amounts will be determined based on the number of awardees).



Mental Health & Wellness

Counseling and Psychological Services (CAPS)

Hours: Monday-Friday, 8am-5pm (Summer hours vary)

Address: Bell Tower East, Room 1867 (on-campus) | Phone: (805) 437-2088

Counseling and Psychological Services (CAPS) provides short-term mental health services in a confidential setting to assist CSUCI students in achieving their academic and personal pursuits. CAPS is pleased to provide a wide

range of services to assist the campus community including:

- Individual counseling
- Group counseling
- Couples counseling
- Psychiatric consultation
- Crisis intervention
- 24/7 phone counseling
- Consultation with faculty, staff, and loved ones
- Outreach
- Relaxation Room
- Psychoeducational resources





Ventura County Behavioral Health

Call Toll-Free - Confidential - 24 Hours A Day, 7 Days A Week

Crisis and Referral Line: 1-866-998-2243 Substance Use Treatment: 1-844-385-9200 Suicide Prevention Lifeline: 1-800-273-8255

Ventura County Behavioral Health offers services for people looking for help for mental health and substance use issues. We reach out to the general population, those already getting help, and those seeking help.

CSUCI Basic Needs Program

The Basic Needs Program exists to provide support to students experiencing a basic necessity insecurity. Our strategy focuses on short-term mediation while we work with students to find long-term solutions.

MONDAY MORNINGS LGBT CLINIC

AYMORNINGS Ventura County Pride Clinic

Address: 254 W Harvard Blvd B, Santa Paula, CA 93060

The Santa Cruz Plaza holds a Lesbian, Gay, Bisexual and Transgender clinic every Monday from 8am-12 pm. The clinic includes Primary Care, Routine Exams, STI testing, Rapid HIV testing, Dietitian services, Hormone Maintenance, and more.

Counseling Program-Coalition for Family Harmony

Address: 1030 N Ventura Rd, Oxnard, CA 93030

The Coalition for Family Harmony is excited to announce the addition of their LGBTQ+ Program Effectively immediately, The Coalition now offers free specialized counseling services to survivors of domestic violence, sexual assault, and general counseling to individuals who identify as lesbian, gay, bisexual, transgender, or questioning in Ventura County. They are pleased to offer 10 free counseling sessions to support the mental and physical wellness of LGBTQ+ individuals. They will have access to a therapist that is well-versed on issues affecting the LGBTQ+ community with attention to the way the intersectionalities of their identities impact trauma. They are excited to collaborate with existing community partners and build on the quality of programs for LGBTQ individuals. While they have existing support groups for women, men and teenagers, they are thrilled to provide support groups for LGBTQ+ survivors (support groups are in the works).



The Trevor Project

The Trevor Support Center is a place where LGBTQ youth and their allies can find

answers to frequently asked questions, and explore resources related to sexual orientation, gender identity, and more. Remember, if you need immediate support or help, Trevor's counselors are just a **phone call**, **chat**, or **text** away. You are not alone.

True Colors United - LGBTQ Youth Homelessness

True Colors United implements innovative solutions to youth homelessness that focus on the unique experiences of LGBTQ young people.





LGBTQ+ Resources for Teens

List of State and National resources put together by Ventura County Behavioral Health.

Title IX and Inclusion Office - CSUCI

Title IX & Inclusion serves as an expert campus-wide resource that works with partners across CSUCI to cultivate and promote an inclusive and safe learning and working environment. Responsible for the development and administration of comprehensive equity programs, the office manages equal opportunity compliance, including the areas of affirmative action and Title IX, and collaboratively facilitates community engagement and education on matters of social diversity, inclusion and social justice. Title IX & Inclusion also oversees response to the University's nondiscrimination policies.

Oxnard Wellness Center

Hours: Monday-Saturday, Call Center 9 am - 4 pm / Peer Support 9 am - 8 pm

Address: 2697 Saviers Road, Oxnard, CA | Phone: (805) 653-5045

As you know, Turning Point's Wellness Center serves the most vulnerable members of our community. We are doing all that we can to provide essential services to our program members and our community, while keeping everyone safe and adhering to the recommendations from public health agencies.

While our daily routines are disrupted our essential resources have pivoted as a sign of the times.

Please reach out. We are here to help you navigate the resources available:

 Mental Health one on one support from a Peer Support Specialist, including WRAP (Wellness Recovery Action Plan)

- Community Resources/Referrals
- Food Pantries
- Meal Service Locations
- Assist in obtaining mental health services



Mental Health & Wellness

<u>Hormone Replacement Therapy at Local Planned</u> <u>Parenthood</u>

Address: 5400 Ralston Street, Ventura, CA 93003

Planned Parenthood Ventura offers hormone therapy for patients 18 years and older. Patients do not need to participate in therapy or provide information from a mental health provider to receive care at one of their locations. You may schedule an appointment online or by contacting their Call Center.



CDC LGBTQ Youth Health Resources

On this page, find resources from the CDC, other government agencies, and community organizations for LGBT Youth, their friends, educators, parents, and family members to support positive environments.

Campus Pride Health & Wellness Topics

List of resources to Educate yourself and your campus community on the issues related to LGBTQ health and wellness.





Activism

National Task Force

The National LGBTQ Task Force advances full freedom, justice and equality for LGBTQ people. They are building a future where everyone can be free to be their entire selves in every aspect of their lives. Today, despite all the progress we've made to end discrimination, millions of LGBTQ people face barriers in every aspect of their lives: in housing, employment, healthcare, retirement, and basic human rights. These barriers



must go. That's why the Task Force is training and mobilizing millions of activists across our nation to deliver a world where you can be you.



<u>Human Rights Campaign</u>

The Human Rights Campaign envisions a world where every member of the LGBTQ family has the freedom to live their truth without fear, and with equality under the law. They empower our 3 million members and supporters to mobilize against attacks on the most marginalized people in our community.

Equality Federation

Equality Federation is the movement builder and strategic partner to state-based organizations advocating for LGBTQ people. From Equality Florida to Freedom Oklahoma to Basic Rights Oregon, they amplify the power of the state-based LGBTQ movement.



GI GEN

GLSEN has been Championing LGBTQ issues in K-12 education since 1990. GLSEN works to ensure that LGBTQ students are able to learn and grow in

a school environment free from bullying and harassment. Together we can transform our nation's schools into the safe and affirming environment all youth deserve.

Sylvia Rivera Law Project

The Sylvia Rivera Law Project works to guarantee that all people are free to self-determine gender identity and expression, regardless of income or race, and without facing harassment, discrimination or violence.



Ventura County Aging

Address: 646 County Square Drive, Suite 100, Ventura, CA 93003 The LGBT+ Aging Coalition of Ventura County is a program of the Ventura County Area Agency on Aging. The LGBT+ Aging Coalition of Ventura County provides education and advocacy in order to create an LGBT+ friendly Ventura County.

Community Resources



Diversity Collective - Ventura County

Address: 2471 Portola Rd #100, Ventura, CA 93003

Diversity Collective is a community-based 501(c)3 nonprofit governed by a volunteer board of directors and volunteer advisory board. It is their mission to promote advocacy, education, mental and physical health for the LGBTQ community and those affected by HIV and AIDS in Ventura County, California. They do this work via their community resource center, programs, and community-building events.

Support Groups in Ventura County

Find Gay/Lesbian/Bisexual/Transgender Support Groups by searching by an agency/program name, or choosing a suggested service as you type.





COLAGE

COLAGE unites people with one or more lesbian, gay, bisexual, transgender, queer, intersex, and/or asexual parents into a network of peers and supports them as they

nurture and empower each other to be skilled, self-confident, and just leaders in our collective communities.

Hamburger Mary's

Address: 330 Pine Avenue Long Beach, CA 90802

Hamburger Mary's Long Beach is a full-service restaurant and bar in the heart of Long Beach, California. Stop by for delicious food, amazing shows, and their great dancefloor.





<u>211 Ventura County</u>

Phone: dial 2-1-1 or (800) 339-9597

211 Ventura County, a program of *Interface Children & Family Services*, is the comprehensive information and referral service for Ventura County. We connect over 30,000 Ventura County callers and texters each year with information about

health and human services available to them. 211 Ventura County phone and text service is available 24 hours a day, 7 days a week. 211 is available in 150 languages through phone interpretation services.



LOS ANGELES LGBT CENTER°

Los Angeles LGBT Center

Since 1969 the Los Angeles LGBT Center has cared for, championed, and celebrated LGBT individuals and families in Los Angeles and beyond. Today the Center's nearly 800 employees provide services for more LGBT people than any

other organization in the world, offering programs, services, and global advocacy that span four broad categories: Health, Social Services and Housing, Culture and Education, Leadership and Advocacy.

County of Ventura: Human Services Agency Community-Based Resources and Events

Includes resources and events on basic assistance, career & business, community, Coronavirus support, counseling & mental health, education & training, health & nutrition, HSA, opportunities for youth, support for parents & families, and support for seniors.



Community Resources

oSTEM

Out in Science, Technology, Engineering, and Mathematics (oSTEM), Inc. is a 501(c)(3) non-profit professional association for LGBTQ+ people in the STEM community. With over 100 student chapters at colleges/universities and professional chapters in cities across the United States and abroad, oSTEM is



professional chapters in cities across the United States and abroad, oSTEM is the largest chapter-based organization focused on LGBTQ+ people in STEM.



Rainbow Umbrella

Address: 2471 Portola Road, Suite 100 Ventura, CA 93003 Rainbow Umbrella (RU) is an activities-based program of Diversity Collective Ventura County that provides support and empowerment for lesbian, gay, bisexual, trans, intersex, & queer youth.

Legal Support



ACLU-LGBTQ Rights

The ACLU works to ensure that lesbian, gay, bisexual, transgender, & queer people belong everywhere and can live openly and authentically without discrimination, harassment, or violence.

<u>Lambda Legal</u>

Lambda Legal's mission is to achieve full recognition of the civil rights of lesbians, gay men, bisexuals, transgender people and everyone living with HIV through impact litigation, education and public policy work. As a 501(c)3 nonprofit organization, They do not charge their clients for legal representation or advocacy, and they receive no government funding. They depend on contributions from supporters around the country.



<u>LGBT Bar</u>

The National LGBT Bar Association is a national association of lawyers, judges and other legal professionals, law students, activists, and affiliated lesbian, gay, bisexual, and transgender legal organizations. The LGBT Bar promotes justice in and through the legal profession for the LGBTQ+ community in all its diversity.

California Rural Legal Assistance, Inc.

Hours: Mon-Wed: 8:30am-5:30am / Thurs: 8:30am-6:30pm / Friday: 10am - 11:30am, pm-5pm **Address:** 338 South "A" Street Oxnard, CA 93030 | **Phone:** (805) 486-1068

California Rural Legal Assistance, Inc. (CRLA) is a nonprofit legal service program created to help California's low-income individuals and communities. We represent all types of individuals and communities. We have offices from the Mexican border to Northern California. CRLA was founded in 1966 to help rural communities because those communities were not receiving legal help. CRLA has 18 offices to continue to meet the legal needs of these communities. The impact of CRLA's litigation has touched the lives of literally millions of low-income individuals, improving conditions for farm workers, single parents, school children, the elderly, people with disabilities, and entire communities.



Intersectionality

Modern Military

Formed through the merger of the American Military Partner Association and OutServe-SLDN, the Modern Military Association of America is the nation's largest non-profit organization dedicated to advancing fairness and equality for the LGBTQ military and veteran community.





United We Dream-Undocumented Immigrants

UWD's LGBTQ Justice Program seeks to organize and empower Undocumented Lesbian, Gay, Bisexual, Transgender and Queer immigrants and allies to address social and systemic barriers that affect themselves and the broader LGBTQ & immigrant community.

Immigration Issues

An article which discusses the intersectionality of immigrantion and LGBTQ issues.

Resources and Support for Transgender Immigrants

Along with Lambda Legal, this website includes organizations that offer education and advocacy specific to transgender immigrants.

People with Disabilities

The Movement Advancement Project, in partnership with the Center for American Progress's Disability Justice Initiative and LGBT Research and Communications

Project, the National Center for Lesbian Rights (NCLR), and the National LGBTQ

Task Force, released a short summary of what we know about LGBT people with disabilities.





RespectAbility-LGBTQ and People with Disability

The LGBTQ+ community and the disability community intersect in significant ways. Here, you can find articles, books, and other resources on the intersection of Disability and LGBTO+ issues.

Center for Black Equity

Mission Statement: To promote a multinational LGBTQ+ network dedicated to improving health and wellness opportunities, economic empowerment, and equal rights while promoting individual and collective work, responsibility, and self-determination.



Redbone Press-Celebrating Black Culture

RedBone Press publishes work celebrating the cultures of black lesbians and gay men, and work that futher promotes understanding between black gays and lesbians and the black mainstream.

<u>Living Authentically as LGBTQ Latinx Americans</u>

This resource is designed for those who may be embarking on their own coming out journey at the intersections of LGBTQ and Latinx identities.



<u>African American Roundtable-Communities of</u> <u>Faith</u>



The African American Roundtable at CLGS (AART) seeks the full inclusion of black lesbian, gay, bisexual, queer and transgender people in communities of faith and the mobilization of black communities of faith in support of social justice for LGBTQ people by fostering dialogue about the intersections between faith, gender and sexuality among black church and faith leaders (including scholars of religion), among black church congregations, among black LGBTQ persons and between each of these constituencies. The AART hosts live workshops, symposiums and panel discussions throughout the country, each with the intent to foster healthy dialog in the African American community and in Black Churches.

Roundtable of Faith, Family and Equality

This educational program is an opportunity for Latinx families and faith communities to come to accept, understand, and affirm LGBTQ+ persons in their families and congregations. This is also an opportunity to fully claim the values of inclusion and solidarity for our families and faith communities.

<u>Arab Foundation for Freedom and Equality</u>



The mission of the Foundation is to encourage and support sexual health, sexuality gender and bodily rights movements in the Middle East and North Africa through capacity building, knowledge production, protection and advocacy.

<u>The Tribal Equity Toolkit 3.0: Tribal Resolutions and Codes to Support Two Spirit and LGBTQ Justice in Indian Country</u>

This is the third edition of the toolkit published with the support of a growing coalition of national organizations including the National LGBTQ Task Force, the Western States Center and the Center for American Progress.

Voices from Middle East and Africa

Human Rights Watch and the Arab Foundation for Freedoms and Equality (AFE) teamed up to produce videos featuring Arabic-speaking LGBT activists describing their journeys of self-acceptance. Through the campaign "No Longer Alone," they offer messages of support and encouragement to LGBT people living in Arabic-speaking countries in the Middle East and North Africa.





asian pride project Asian Pride Project Asian Pride Project celebrates the journeys, triumphs and struggles of

LGBTQ individuals and our Asian and Pacific Islander (API) families and communities. They seek to capture these stories by using the arts – film, video, photography and the written word – as a medium for social justice and advocacy in the LGBTQ realm.

<u>Brown Boi Project</u>

The Brown Boi Project is a community of masculine of center womyn, men, two-spirit people, transmen, and other allies committed to changing the way that communities of color talk about gender.



Intersectionality (cont.)

Indigenous Ways of Knowing

A collaboration of the Native American Program of Legal Aid Services of Oregon, the Indigenous Ways of Knowing Program at Lewis & Clark Graduate School of Education and Counseling, the Western States Center, the Pride Foundation and Basic Rights Oregon.





Two Spirit Health

The Indian Health Service (IHS) works to ensure that Lesbian, Gay, Bisexual, Transgender, Questioning and Two-Spirit (LGBTQ-2S) American Indian and Alaska Native (AI/AN) individuals and their families receive equal access to health services in the communities where they live. IHS carries out this work by providing enhanced resources for health issues, developing better information regarding health needs, and working to close the health disparities gap that currently exist for our Native LGBTQ-Two-Spirit people.

National Queer Asian Pacific Islander Alliance



The National Queer Asian Pacific Islander Alliance (NQAPIA) is a federation of lesbian, gay, bisexual, and transgender (LGBT) Asian American, South Asian, Southeast Asian, and Pacific Islander (AAPI) organizations.



South Asian Stories

Satrang serves the South Asian LGBTQ community by promoting awareness, acceptance, and empowerment through social, educational, and advocacy-related events. They envision an inclusive and visible community in which South Asian LGBTQ-identified people feel whole and heard.

<u>Living Authentically as LGBTQ Asian and Pacific Islander</u> <u>Americans</u>

Introduction to resource: While the LGBTQ API experience is as varied and diverse as the many cultures within our community, in the following sections we will discuss common issues during the coming out process.

Queer Dharma

Queer Dharma is an open community of meditation practitioners led by and for LGBTQI identified people and their friends. They meet online via Zoom on Fridays at 6:00 pm for meditation practice followed by conversation.





Native American

GLAAD rewrites the script for LGBTQ acceptance. As a dynamic media force, GLAAD tackles tough issues to shape the narrative and provoke dialogue that leads to cultural change. GLAAD protects all that has been accomplished and creates a world where everyone can live the life they love.

Internship & Career Resources

LGBT Bar

The National LGBT Bar Association offers two internships per semester. If you are an undergrad or law students who is passionate about LGBTQ+ equality and is dedicated to justice for all marginalized groups this opportunity may be for you.





Campus Pride Internships

Campus Pride seeks college students with a desire to learn more about campus organizing and social justice issues to work as interns either remotely or at their home office based in Charlotte, NC. Interns have many opportunities to observe and participate in substantive work and develop resources to support student leaders across the United States.

<u>Career Resource Handout</u>

This guide is designed as a starting point for reflection and discussion of work-related issues facing GLBT individuals. Feel free to address questions or concerns with a career counselor in the CDC.



Career and Employment Resources for LGBT Students

List of Career and Employment Resources for LGBT Students.

HUMAN

HUMAN Coming Out at Work - Human Rights Campaign

RIGHTS Being open at work can be a daunting challenge. But it can also relieve the daily stress of CAMPAIGN hiding who you are. At the same time, however, no one wants to put their

job security or opportunity for advancement in jeopardy. So here are some things to think about as you consider whether or not to come out at work.

Coalition for Family Harmony

Address: 1030 N Ventura Rd, Oxnard, CA 93030

Since 1976, the Coalition has provided victims of family violence with the means to help them escape their life of abuse – and for over 30 years, they have operated a 24-hour bilingual crisis hotline to enable their first step toward a better life. A primary Coalition focus is not only directly helping the



victim but eliminating violence in the home, underscored by their development of a comprehensive range of shelter-based programs for adult victims, parents, and at-risk youth – all of which will help in Building Stronger Families. The Coalition offers a variety of services to assist survivors of domestic violence, sexual assault and child abuse, as well as family and friends of those suffering from abuse, and all of our services are offered in English and Spanish.

Educational Spaces

Gay, Lesbian & Straight Education Network (GLSEN)

List of student and GSA resources.



Student Resources

LGBTQ Student Resources & Support. Focuses on creating more welcoming environments For LGBTQ teens and college students.

The Williams Institute

Address: 1060 Veteran Ave. Suite 134. Box 957092. Los Angeles, CA 90095-7092 | **Phone**: 310 267 4382

Email: williamsinstitute@law.ucla.edu

The Williams Institute is the leading research center on sexual orientation and gender identity law and public policy. They ensure that facts: not stereotypes - inform laws, policies, and judicial decisions that affect the LGBT community.



<u>It Gets Better Project</u>

The It Gets Better Project's mission is to uplift, empower, and connect lesbian, gay, bisexual, transgender, and queer (LGBTQ+) youth around the globe.

Coalition for Family Harmony

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The Coalition for Family Harmony is excited to announce the addition of their LGBTQ+ Program. Effectively immediately, The Coalition now offers free specialized counseling services to survivors of domestic violence, sexual assault, and general counseling to individuals who identify as lesbian, gay, bisexual, transgender, or questioning in Ventura County. They are pleased to offer 10 free counseling sessions to support the mental and physical wellbook of LGPTO+ individuals. They provide access to a thorapist that is well well as



physical wellness of LGBTQ+ individuals. They provide access to a therapist that is well-versed on issues affecting the LGBTQ+ community with attention to the way the intersectionalities of their identities impact trauma. They are excited to collaborate with existing community partners and build on the quality of programs for LGBTQ individuals. While they have existing support groups for women, men and teenagers, they are thrilled to provide support groups for LGBTQ+ survivors (support groups are in the works).

Queer Portraits in History

A compendium of queer people in the 19th and 20th centuries, drawn and researched by Michele Rosenthal.



The American Society of Bisexuality

The American Institute of Bisexuality encourages, supports, and assists research and education about bisexuality, through programs likely to make a material difference and enhance public knowledge, awareness, and understanding about bisexuality.

Learn More

GENDER IDENTITY LABELS AND TERMS



<u>Understanding the identity</u> <u>labels in the spectrum</u>

Many LGBTQ+ people use labels to express who they are. These labels can help listeners like you and me understand who that person is and how they wish to identify. Some labels are often used universally by LGBTQ+ people, while others relate to the following concepts specifically.

Glossary of terms and definitions

This glossary was written to help give people the words and meanings to help make conversations easier and more comfortable. LGBTQ people use a variety of terms to identify themselves, not all of which are included in this glossary.

GENDER PRONOUNS



CSUCI Gender Identity &

Pronouns

Campus policy on gender identity options and pronouns.



Resources on Pronouns

A website with valuable information about respecting pronouns and other resources.

Pronouns Guide

A guide about pronouns from GLSEN.





