

October Calendar



LGBT Flag Exhibit

Thursday, Oct. 1

MDC Social Media

IG: @Csuci_MDC

Come learn about different gender and sexual identities, and see how they are illustrated through different flags.



MDC Movie Night:

Lovecraft Country

Thursday, Oct. 1

7 to 9 p.m.

Sign-up: [Link in I.G. Bio](#)

Join the MDC Team and Student Programming Board for the viewing of the first episode of Lovecraft Country and dialogue.

Immigration Legal Services Workshop: Pathways to Citizenship

Monday, Oct. 8

1 to 2 p.m.

Via Zoom

Learn about potential forms of immigration relief outside of the commonly-known DACA and family-based petitions.

This monthly series covers different forms of relief that someone may not even realize they are eligible for.

go.csuci.edu/MDCEvent

The University encourages persons with disabilities to participate in its programs and activities. If you anticipate needing any type of accommodation, or have questions about the physical access provided, please contact Disability Accommodations & Support Services at accommodations@csuci.edu or call 805-437-3331 as soon as possible, but no later than seven (7) business days prior to the event.



Destress Week

Monday, Oct. 12 through

Friday, Oct. 16

MDC Social Media

IG: @Csuci_MDC

Visit our social media and engage in destressing activities, and other resources.



LGBT History Month Social

Thursday, Oct. 15

1 p.m. to 2 p.m.

Instagram Live: @Csuci_MDC

Join the MDC Team for virtual celebration of LGBT (lesbian, gay, bisexual and transgender) History Month. This event features community building, information on upcoming events, and celebrating the contributions of LGBT icons. This event is open to everyone. Participants will receive a special mystery box.



I AM NOT YOUR NEGRO

MDC RealTalk

Friday, Oct. 16

1 p.m. to 3 p.m.

Join the MDC to watch I AM NOT YOUR NEGRO and have a IG Live conversation about the documentary. RSVP here: go.csuci.edu/MDCEvent



Adulting 101: Mindfulness for Students

Tuesday, Oct. 20

Noon to 1 p.m.

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Wednesday, Oct. 21

4-5 p.m.

Via Zoom

RSVP @ tinyurl.com/MDCA101

Mindfulness is an evidence-based practice for stress relief. In this interactive workshop, students will develop mindfulness skills in an activity-driven format. Campus resources are also covered. *In collaboration with Wellness Promotion & Education.*

WOC Speaker Series

Monday, Oct. 21

2:30-4:00 pm

Via Zoom

RSVP @ tinyurl.com/y3jzctwn

Come join us to celebrate and educate those on the women of color lived experience. This is a monthly speaker series highlighting women of color in leadership. They will be sharing their experiences, journeys, expertise, and research.

Women of Color Healing Circle

Tuesday, Oct. 27

2 to 3 p.m.

Via Zoom—RSVP @ go.csuci.edu/MDCEvent

In response to what is currently happening within our country, we recognize that students may be struggling. Women of Color, including trans women, have been faced with increased discrimination, racial injustice, and unique challenges. This healing circle is a space to validate your experiences and for you to share and express feelings with others who identify similar to you.

Voter Education Week

Monday, Oct. 26 through

Friday, Oct. 30

MDC Social Media

IG: @Csuci_MDC

During this week of interactive education, voters will learn to find their polling location, understand their ballot, make a plan to vote in person or remotely, and more.

12 Tips to Destress



For more information, please contact the Multicultural Dream Center, at 805-437-8407 or mdc@csuci.edu.



California State University

MULTICULTURAL DREAM CENTER
CHANNEL ISLANDS

Fun Fact: October is LGBT History Month