

OCTOBER 2021

MDC
Newsletter

*Motivation is what gets your started. Habit is what keeps
you going. - Jim Ryun*

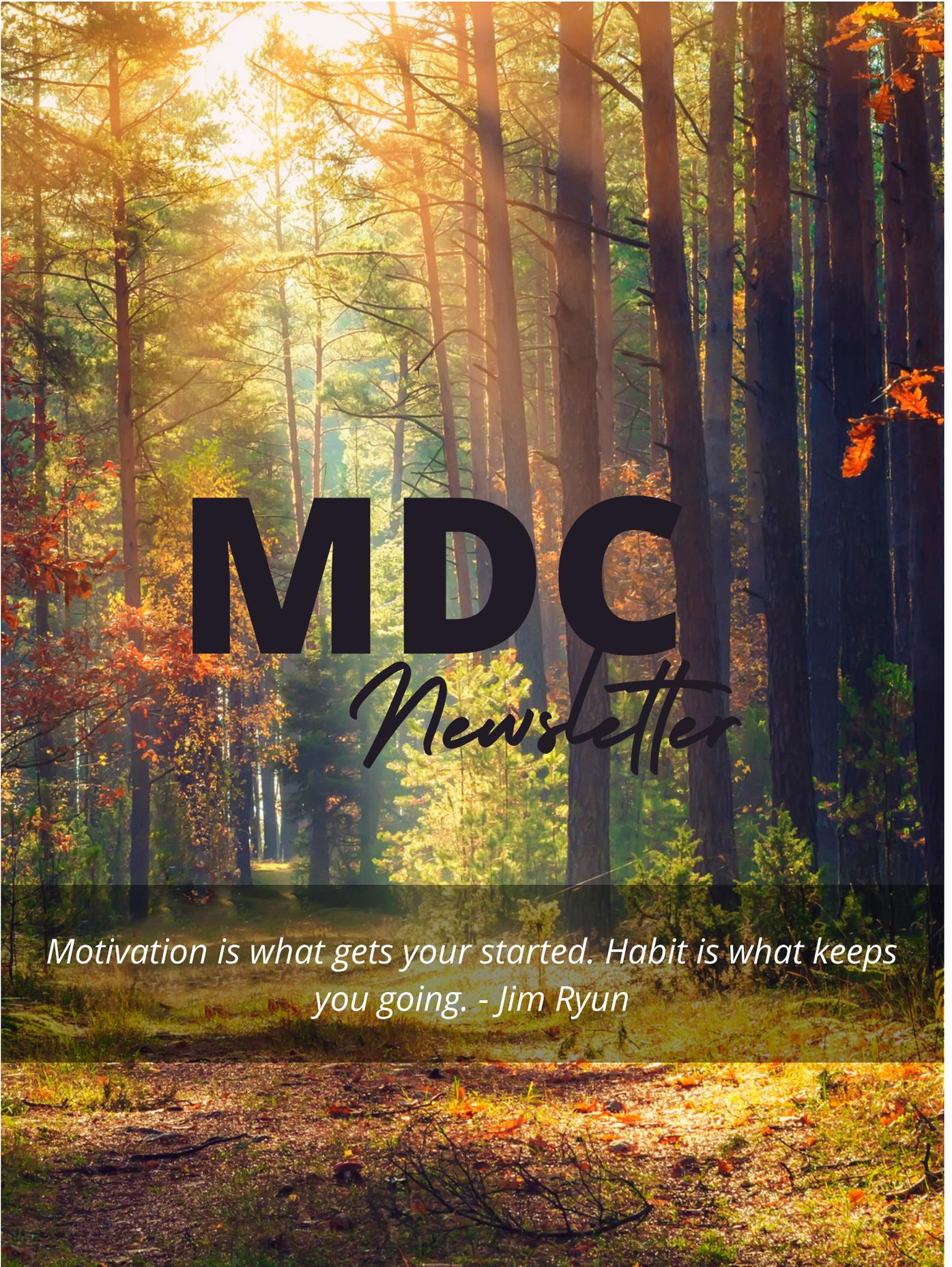


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CSUCI
Updates

Events Overview

ASI STUDENT GOVERNMENT INVITES YOU TO ATTEND

WEEKLY SENATE MEETINGS



**9-11AM
WEDNESDAYS**

**ZOOM
LINK IN BIO**

Student Government Weekly Senate Meetings

Do you like advocating for student voices?

Or want to hear what is going on at CI?

Then come to Student Government's Senate meeting every Wednesday from 9:00 a.m. - 11:00 a.m. via Zoom:

<https://csuci.zoom.us/j/85362211572>

Events Overview

BREAST CANCER AWARENESS FUNDRAISER



2PM - 3PM OCTOBER 4TH - 7TH
BETWEEN CENTRAL MALL & BELL TOWER

Breast Cancer Awareness Fundraiser

Come see us and help support a good cause at the bell tower and central hall from 2:00 PM to 3:00 PM on October 4th through 7th, and receive a pleasant small token of our gratitude in support of spreading breast cancer awareness.

Date: Monday, October 4th through Thursday 7th

Time: 2:00pm - 3:00 pm

Location: Between Central Mall & Bell Tower

Contact: IG@betagammanu_csuci

For more information, and event registration please visit the Islands event page!

<https://theisland.csuci.edu/virtual-events>

Events Overview

14TH ANNUAL
Major Fair
Tues. Oct. 5, 2021 11 a.m. – 2 p.m. go.csuci.edu/majorfair

RSVP Here

The poster features four seahorse mascots, each holding a sign with white line-art icons. From left to right: 1. A blue sign with icons of a beaker, a flask, and a graph. 2. A green sign with icons of a microscope, a plant, and a cell. 3. A red sign with icons of a brain, a microscope, and a graph. 4. A yellow sign with icons of a graduation cap, a tie, and a bar chart.

Events Overview



**THE COUNTDOWN TO
GRADUATION
BEGINS...**

**INAUGURAL
NEW STUDENT
CONVOCATION**

**FRIDAY, OCT. 15, 2021
3 TO 4 P.M.
NORTH QUAD**

**RSVP AT: [TINYURL.COM/CSUCISTUDENTCONVO21](https://tinyurl.com/csucistudentconvo21)
REGISTRATION REQUIRED**

FOLLOWED BY A CONVOCATION CELEBRATION FROM 4 TO 5 P.M.

**Channel
Your Success**



CI does not discriminate in the educational programs or activities it conducts on the basis of race, ethnicity, color, nationality, gender, gender identity, gender expression, age, marital status, religion, mental or physical disability, genetic information, sex, sexual orientation, pregnancy, medical condition, or special disabled veteran status. Vietnam-era veteran status or other covered veteran status. The University encourages persons with disabilities to participate in its programs and activities. If you anticipate needing any type of accommodation, or have questions about the physical access provided, please contact Disability Accommodations and Support Services at (805) 437-3331 or accommodations@csuci.edu as soon as possible, but no later than 7 business days prior to the event.

Events Overview

Hiring Writing & Multiliteracy Tutors!

Now Hiring FALL 2021
\$15.50/hr

Information Sessions

Learn more about how you can be a tutor!

Thurs, Sept 23, 4:30-5:30pm
@ WMC in Broome Lib.

Wed, Oct 6, 2021, 6:00-7:00pm
@ [Virtual WMC](#)



**WRITING &
MULTILITERACY
CENTER**

**C H A N N E L
I S L A N D S**



Events Overview



Located on the second floor of Brome Library, the LRC offers free one-on-one and group peer tutoring in many academic subjects. Our tutors help students with study skills, concept mastery, comprehension, homework, test preparation, and much more. Tutors at the LRC work to foster independent learning skills and to promote a community of inclusive and supportive scholarship.

We offer in-person and online tutoring



SUBJECTS WE TUTOR:

BUSINESS / ECON / FINANCE

STATISTICS

PSYCHOLOGY

SOCIOLOGY

HEALTH SCIENCE

NURSING

MATHMATICS

COMP SCI

CHEM/BIO

PHYSICS

PLEASE USE QR CODE BELOW TO ACCESS LRC HOURS, SUPPORTED COURSES & TUTOR SCHEDULES



CAN'T DO → CAN DO WITH HELP → CAN DO ON MY OWN

VYGOTSKY'S ZONE OF PROXIMAL DEVELOPMENT

Events Overview

Boo'd Up FALL 2021

A 4-PART HEALTHY RELATIONSHIP SERIES

*Thursdays 3 - 4 p.m.
Bell Tower 2810*

Oct. 14th Part 1: Boo'd up (starting a relationship)

Oct. 21st Part 2: Pizza & Fries (Conversation about Consent)

Oct. 28th Part 3: Thank U, Next (Ending Relationships)

Nov. 4th Part 4: Swipe Right (Technology & Relationships)

RSVP:

Jean Watkins - jean.watkins@csuci.edu

Kate Powers - kate.powers929@myci.csuci.edu

Broome Library Resources

Broom Library and WMC

Library FAQ

<https://csuci.libanswers.com/>

Remote Services <https://library.csuci.edu/about/remote-services.htm>

Writing and Multiliteracy Center (WMC)

<https://www.csuci.edu/wmc/>

Other Support Services

Learning Resource Center (LRC)

<https://www.csuci.edu/learningresourcecenter/>

Information Technology Services (ITS)

<https://www.csuci.edu/its/>

Requesting Search Help

Chat (synchronous)

<https://library.csuci.edu/services/ask-librarian.htm#libchat>

Email (asynchronous)

reference.librarian@csuci.edu

Zoom (synchronous) (M-F, 8 a.m. - 5 p.m. by appointment)

<https://csuci.libcal.com/appointments/reference>



MDC
Updates

Monthly Letter from Dr. Hiram Ramirez

Greetings Dolphins!

Welcome to a new academic year! We are excited to be welcoming you back to campus. We have many exciting and educational events lined up for this semester that are both in-person and virtual - to support the varied ways you may want to engage with us this semester.

As you start the year, we invite you to visit the MDC and take advantage of our offerings here. We have some free resources and educational content for LGBTQ+ History Month, so make sure to check it out next time you are near the center. Also know we are here for you, and stop by if you ever need any support!

As always, if you need anything please let us know and have a great start to the semester!

In Solidarity,
Hiram Ramirez, Ph.D.



Hiram Ramirez, Ph.D.

He / Him / His
Director of Inclusive Student Services
& the Multicultural Dream Center
hiram.ramirez@csuci.edu



Samuel Ponce

He, Him, His
ISS Student Assistant
Spring 2023

Events Overview



**LGBTQ HISTORY
MONTH SOCIAL**

Wednesday, October 13th
from 11 AM - 1 PM in the Central Mall

Enjoy a display of pride flags, fun art activities,
and community engagement!

**FREE
GOODIE
BAGS!!**

Events Overview

AND STILL WE RISE:

TRANS VOICES IN ACTIVISM &
COMMUNITY ORGANIZING

FRIDAY, OCTOBER 22ND

4:00PM TO 5:30PM

VIA ZOOM

THIS PANEL INCLUDES TRANS* FOLXS WHO WILL
SHARE NARRATIVES OF THEIR LIVED TRUTH &
ACTIVISM WITHIN THE TRANS COMMUNITY

REGISTER AT:
[GO.CSUCI.EDU/ASWR](https://go.csuci.edu/aswr)





The MDC organizes three levels of Undocumented Student Ally Trainings for CSUCI faculty, staff and student employees to learn how to serve as allies to undocumented students.

Silver Training

Session 1:
Thursday, October 7th 2-4 pm

Session 2:
Tuesday, November 2nd 10-12 PM

RSVP at go.csuci.edu/UndocAlly

The University encourages persons with disabilities to participate in its programs and activities. If you anticipate needing any type of accommodation, or have questions about the physical access provided, please contact Disability Accommodations and Support Services at (805) 437-3331 or accommodations@csuci.edu as soon as possible, but no later than 7 business days prior to the event.



MULTICULTURAL
DREAM CENTER
CHANNEL
ISLANDS

go.csuci.edu/UndocuAlly

Diversity & Inclusion Student Council

Sign-Up Link



Are you interested in a leadership opportunity focusing on Inclusion and Diversity? The Diversity and Inclusion Student Council's mission is to empower students to build an inclusive campus environment that is safe and welcoming for all. Through this online group, you will build a community and actively make a difference.

You can join us by meeting in the Multicultural Dream Center (Bell Tower 1530) or reach out to Kem French for the zoom link at Kem.French@csuci.edu

go.csuci.edu/DISC



CARECEN



MULTICULTURAL
DREAM CENTER
CHANNEL
ISLANDS

FREE IMMIGRATION LEGAL SERVICES

For students, faculty, staff, their immediate family (spouses, parents, siblings, and children), and Alumni from CSUCI

WHEN

- Every Monday & Wednesday
- 10 AM - 4 PM
- Via Zoom or Phone Call

WHAT

- DACA Renewals
- Green Card Renewal
- Family-Based Petitions
- General Consultation
- And more!

HOW

Book an appointment at carecenla.simplybook.me/v2/

LEARN MORE

CARECEN Webpage
carecen-la.org

CARECEN IG
[@carecen_la](https://www.instagram.com/carecen_la)

For questions reach out to Natalie Johnson at natalie.johnson@csuci.edu

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LEVEL UP

STUDY SKILLS WORKSHOP SERIES

YOUR ACADEMICS



STUDY SMARTER NOT HARDER: TIME MANAGEMENT TIPS

THURSDAY, OCT. 14
2 PM - 3:30 PM
ZOOM

Having trouble meeting deadlines for class? Can't seem to find any time for your classes, work, or other commitments. Join this session, to learn strategies and tips on how to better manage your time for a successful semester.

LEVERAGING LIBRARY RESOURCES

TUESDAY, NOV. 9
4 PM - 5 PM
ZOOM

Ever wonder what online resources the library has now? Want to read a good book or find an article for class. Attend this session to learn about the virtual resources, accessing books, and other services available within the library.

STUDY STRATEGIES 101

TUESDAY, OCT. 26
1 PM - 2 PM
ZOOM

Trying to get that A on the next test? Looking for a new way to study for that hard class? Look no further! This session will give you tips and tricks to be successful in your class, as well as provide additional resources.

VIRTUAL STUDY HALL

EVERY THURSDAY
4 PM - 5 PM
ZOOM

Join fellow Dolphins to study and prepare for class. A librarian will be in all session to help answer questions, share library resources, and more.

BUILDING VIRTUAL STUDY GROUPS

THURSDAY, NOV. 4
10:00 AM - 10:30 PM
ZOOM

Having trouble connecting with peers in class? Need ways to work collaboratively with classmates. Join this session to get tools and tips on how to form study groups in your classes. We will also explore ways to sustain these groups, so everyone can be successful.

WRITING STRATEGIES & TIPS

WEDNESDAY, OCT. 20
3 PM - 4 PM
ZOOM

Having trouble writing that long paper? Need inspiration to cross that mandatory page count? Join this session to learn some techniques and strategies to support your writing process and become a stronger writer.

PLANNING FOR SUCCESS

THURSDAY, OCT. 7
3 PM - 4:30 PM
ZOOM

Having trouble keeping track of midterm exams and papers? Feeling overwhelmed by all the work you need to do to prepare for midterms? Join us to discuss how you can best prepare for your midterms/finals and learn about other valuable resources.



[GO.CSUCI.EDU/LEVELUP](https://go.csuci.edu/levelup)

The University encourages persons with disabilities to participate in its programs and activities. If you anticipate needing any type of accommodation, or have questions about the physical access provided, please contact Disability Accommodations and Support Services at (805) 437-3331 or accommodations@csuci.edu as soon as possible, but no later than 7 business days prior to the event.

For more information, and event registration please visit:

go.csuci.edu/LevelUp



Adulting 101

A series designed to teach students life skills to support their holistic wellness both on and off campus

Financial Wellness

Partnering with wellness Promotion & Education

Monday, September 13th | 12:00 to 1:00 pm

Tuesday, September 14th | 4:00 to 5:00 pm
via Zoom

Wellness Toolkit

Partnering with Counseling & Psychological Programs

Monday, October 18th | 12:00 to 1:00 pm

Tuesday, October 19th | 4:00 to 5:00 pm
via Zoom

Minimizing Distractions

Partnering with Disability Accommodations & Support Services

Monday, November 15th | 12:00 to 1:00 pm

Tuesday, November 16th | 4:00 to 5:00 pm
via Zoom

RSVP Today @ go.csuci.edu/Adulting101



MULTICULTURAL
DREAM CENTER
CHANNEL
ISLANDS

The University encourages persons with disabilities to participate in its programs and activities. If you anticipate needing any type of accommodation, or have questions about the physical access provided, please contact Disability Accommodations and Support Services at (805) 437-3331 or accommodations@csuci.edu as soon as possible, but no later than 7 business days prior to the event.

For more information, and event registration please visit:

go.csuci.edu/Adulting101

Workshops

FALL 2021



JFS | HELS - Higher Education Legal Services

DAY - TIME	WORKSHOP NAME / TOPIC	CO-HOST
September 13, 2021 12:00pm	Immigration Updates + DACA, Advance Parole Q&A	CSUSM & SDSU https://bit.ly/3wVbBDY
September 30, 2021 12:00pm	Immigration Updates + DACA, Advance Parole Q&A	CSUSM & SDSU https://bit.ly/3zeSZjX
October 11, 2021 12:00pm	Immigration 101: Part 1	CSUSM & SDSU https://bit.ly/2UvPXca
October 28, 2021 12:00pm	Family Petitions: Part 2	CSUSM & SDSU https://bit.ly/36JotTb
November 18, 2021 5:00pm	Family Night: Immigration Updates	CSUSM & SDSU https://bit.ly/2Tq1iu2
December 06, 2021 12:00pm	JFS-HELs: Office Hours + Q&A	CSUSM & SDSU https://bit.ly/3yAF7j8



WWW.JFSSD.ORG/HELs



HELs_SD



HELsIMMIGRATION@JFSSD.ORG

DREAMER RESOURCE CENTER

*6th
Annual*

**KEEPING THE DREAM ALIVE
VIRTUAL CONFERENCE**

**FOSTERING JOINT ACTION ACROSS
PEOPLE, SPACES, *and* SYSTEMS**



SACRAMENTO STATE
Strategic Student Support Programs

SAVE THE DATE
NOVEMBER 18 & 19, 2021

For more information go [here](#)

MDC Hours of Operation

Monday - Thursday: 9 AM - 6 PM

Friday: 8 AM - 5 PM

Bell Tower 1530

MDC Events & Update

The following website has the most current events, updates and other resources.

Webpage: go.csuci.edu/mdcupdates

Brochure: <https://www.csuci.edu/mdc/mdc21.pdf>

MDC Social Media

If you want more to see more updates than the monthly newsletter, follow us on Instagram, Twitter, TikTok, or Facebook for announcements about events and resources from the MDC and other organizations.



[@CSUCI_MDC](https://www.instagram.com/@CSUCI_MDC)



[@CSUChannellIslands
Multicultural](https://www.facebook.com/@CSUChannellIslandsMulticultural)



[@MDC_CSUCI](https://www.tiktok.com/@MDC_CSUCI)



[@CSUCI_MDC](https://www.twitter.com/@CSUCI_MDC)



[@MDC_CSUCI](https://www.tiktok.com/@MDC_CSUCI)



Mental Health Resources for Black, Indigenous and People of Color (BIPOC)

This guide has articles, which showcase exercises on relaxation, local resources, and online support groups

[Click here to access this resource.](#)



Undocu-Immigrant Mental Health Resource Guide

This guide has resources that center around mental health grounding and self-care tool kits, for Undocu-Immigrant

[Click here to access this resource.](#)



Mental Health Resources for People of Color

This guide has articles, that focus the mental health needs of (BIPOC)

[Click here to access this resource.](#)



Destress Week Resources

Check out this guide for resources and ways to de-stress!

[Click here to access this resource.](#)



Latinx Student Resource Guide

[Click here to access this resource.](#)



African American & Black Student Resource Guide

[Click here to access this resource.](#)



Womxn Student Resource Guide

[Click here to access this resource.](#)



LGBTQ+ Student Resource Guide

[Click here to access this resource.](#)

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Asian American Pacific Islander Student Resource Guide

[Click here to access this resource.](#)



Undocumented Student Resources Guide

[Click here to access this resource.](#)



Native American & Indigenous Student Resource Guide

[Click here to access this resource.](#)



COVID-19
Updates



5 Tips for Healthy Social Media Use during COVID-19

Brought to you by: [LiveHealth Online](#)

1. Set limits.

It can be easy and tempting to scroll on your phone for several hours. Try planning a set amount of social media time so you remember to fit in other activities. You could schedule an alarm on your phone or ask someone to help remind you when it's time to stop. Additionally, most mobile phones have screen time tracking apps. Remember that the limits you set for yourself will likely be different from those of your family members and friends, and that's okay! Allow yourself time to experiment and see what works best for you.

2. Curate the content.

Notice which accounts you follow and how they make you feel, both physically and emotionally. Do certain posts make you feel stressed, constrict your breathing or cause your mood to drop? It may be a good idea to stop following these accounts. At the same time, try to consider which accounts and posts help you feel relaxed, grounded, and more present.

3. Eliminate the clutter.

One of the biggest drawbacks of social media can be a large amount of content you consume at any given moment. All the different messages, photos, and videos can begin to feel overwhelming. While it can be tempting to follow all sorts of celebrities, stores, social causes, companies, and more, see if you can set a limit for the number of accounts you follow. This way you will be able to absorb and appreciate the content, rather than perhaps mindlessly scrolling through it.

4. Maintain perspective.

While filters and different editing tools can be fun to use, they can also be misleading. If you catch yourself doubting your own self-worth as you scroll through social media, try to pause, take a deep breath and remind yourself that social media does not always reflect reality.

5. Find additional online support.

Looking for more tips about how to use social media in a healthy way and/or how to address your own stress or anxiety? You can schedule a visit with a therapist on [LiveHealth Online](#)! Plus, if you're new to online therapy, read [this](#) blog from Dr. Lindsay Henderson, Director of Psychological Services with LiveHealth Online, to learn more about online therapy and how it helps people improve their mental health and cope with change.

Ventura County COVID-19 Testing Information



COVID-19 TESTING

Available for those that live or work in Ventura County.
Tests are provided at no cost.

DRIVE-UP TESTING SITES

Registration required for testing at Moorpark College, Oxnard College, Santa Paula and Freedom Park locations. Register at www.vccovid.com.

Moorpark College

7075 Campus Rd., Moorpark 93021
7 days a week **10am - 7pm**

Freedom Park, Camarillo

515 Eubanks St., Camarillo 93010
7 days a week **10am - 7pm**

Oxnard College

4000 S. Rose Ave., Oxnard 93033
7 days a week **10am - 7pm**

Harding Park, Santa Paula

1400 Harvard Blvd., Santa Paula 93060
6 days a week **10am - 7pm** (Closed Fridays)

Ventura County Fairgrounds (Walk-up site*)

Enter on Shoreline Dr, Ventura 93001
6 days a week **9am - 6pm** (Closed Wednesdays)
**The location is behind the Derby Club in San Miguel Hall*

Fillmore Family Medical Group

828 W. Ventura St., Fillmore 93015
Wednesday **9am - 4pm**

OPTUMSERVE STATE LOCATION

COVID-19 testing for all community members. Please schedule an appointment by calling or registering online.

Online: www.lhi.care/covidtesting • **Phone:** 1-888-634-1123

Thousand Oaks Library - Newbury Park Branch

2331 Borchard Road, Newbury Park 91320 • 7 days a week **10am - 7pm**

Oxnard Performing Arts Center

800 Hobson Way, Oxnard 93030 • Monday-Friday **8am - 8pm**

URGENT CARE LOCATIONS

Appointments Required. Please call **805-652-7660**.

OXNARD

Las Islas Family Medical Group South
325 West Channel Islands Blvd., Oxnard 93033

Magnolia Family Medical Center

2240 E. Gonzales Rd., Oxnard 93036

VENTURA

Academic Family Medicine Center
300 Hillmont Ave., Bldg. 340, Ventura 93003

West Ventura Medical Clinic

133 W. Santa Clara St., Ventura 93001

EAST COUNTY

Conejo Valley Family Medical Group
125 W. Thousand Oaks Blvd., Suite 200
Thousand Oaks 91360

Sierra Vista Family Medical Clinic

1227 East Los Angeles Ave., Simi Valley 93065

Mobile COVID-19 Testing is offered throughout the County each week.

View the pop up site schedule at www.venturacountyrecovers.org.



For information on CSUCI's plan for the
Fall 2021 Semester, please visit
[https://www.csuci.edu/news/campus-
updates/fall-2021/](https://www.csuci.edu/news/campus-updates/fall-2021/)

For information on Covid-19 campus
cases, COVID-19 reporting, and all
other CI updates, please visit
[https://www.csuci.edu/news/campus-
updates/covid19.htm](https://www.csuci.edu/news/campus-updates/covid19.htm)





Intercultural Services Staff

Greetings Boo-tiful Dolphins!

Are you ready to channel the flannel, because we've fall-n into October? If you don't like sappy puns, you better leaf right now. The Intercultural Services team and I are excited to pumpkin spice things up with all the great events we have for you this month. Trick or treat yo' self by attend Heritage Months Social celebrating the history of the LGBTQ community (more details below). We would also like to invite you to become a member of the Diversity and Inclusion Student Council (DISC). This is your Multicultural Dream Center (#MyMDC), and we are happy you're back!

I know it's corny, but you're a-maize-ing

Sincerely,
Kem French, M.S.W.



Kem A. French, M.S.W

He / Him / His
Assistant Director of
Inclusive Student Services
kem.french@csuci.edu



Carlos Espitia

He / Him / His
Grad Intern
Spring 2023



**Yessica
Arreguin**

She / Her / Hers
Student Assistant



Layla Ruiz

Pronouns
Student Assistant



Matthew Piniol

He / Him / His
Student Assistant



LGBTQ+

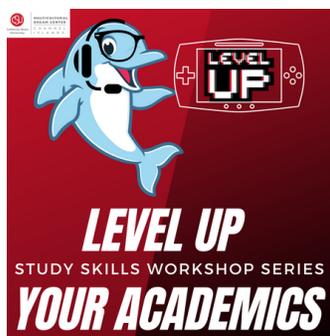
Events Overview



LGBTQ Heritage Month Social

Wednesday, October 13 | 11 am - 1 pm | Central Mall

Enjoy a display of pride flags, fun art activities, and community engagement!



Study Skills October Workshops via Zoom

Planning For Success

Thursday, October 7 | 3 pm - 4:30 pm | **RSVP Today** @ go.csuci.edu/levelup

Study Smarter Not Harder: Time Management Tips

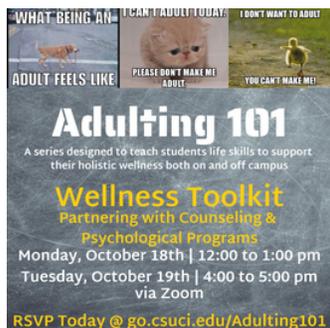
Thursday, October 14 | 2 pm - 3:30 pm | **RSVP Today** @ go.csuci.edu/levelup

Writing Strategies & Tips

Wednesday, October 20 | 3 pm - 4 pm | **RSVP Today** @ go.csuci.edu/levelup

Study Strategies 101

Tuesday, October 26 | 1 pm - 2 pm | **RSVP Today** @ go.csuci.edu/levelup



Adulting 101 October Workshops via Zoom

Wellness Toolkit: Partnering with Counseling & Psychological Programs

Monday, October 18 | 12 pm - 1 pm | **RSVP Today** @ go.csuci.edu/Adulting101

Tuesday, October 19 | 4 pm - 5 pm | **RSVP Today** @ go.csuci.edu/Adulting101

A series designed to teach students life skills to support their holistic wellness both on and off campus.



And Still We Rise: Trans Voices in Activism & Community Organizing

Friday, October 22 | 4 pm - 5:30 pm | Zoom

This panel includes Trans* folx who will share narratives of their lived truth & activism within the Trans community.

Register at: go.csuci.edu/ASWR

Research Opportunity



Entre Herman@s wants to talk confidentially with you and the brother or sister you trust about your sexual health and PrEP.

Participation will require one visit.

PrEP (Pre-Exposure Prophylaxis) is daily medicine that reduces a person's chance of getting HIV.

Each of you will receive \$50 for your time.

Entre Herman@s Study
Call (213) 293-0056



St. John's
West Child & Family Center

PRIME
specialty
clinic



Email: siblings.and.prep@gmail.com

: @EntreHermanosLA

Study supported by NIH/NIMHD #U54MD007598.

FREE ANONYMOUS HIV / AIDS TESTING AT THE CRC! To schedule your appointment September 20 or October 18 click [here](#). Know your Status!



**JUST ONE
DROP IS ALL
IT TAKES.**

KNOW YOUR STATUS.

**TO SCHEDULE YOUR FREE ANONYMOUS TEST VISIT
DIVERSITYCOLLECTIVE.ORG**



THE PRIDE NOOK

Hey, what are you doing next Wednesday night at 6 pm?

Nothing much. What's up?

Wanna spill the tea at next Pride Nook meeting?

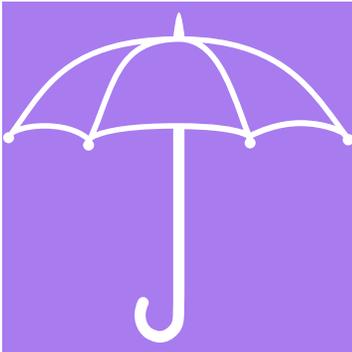
Uh yeaah!! That sounds like fun!



Join Us Every 1st & 3rd Wednesday at 6 pm
Via Zoom
Register at
diversitycollectivevc.org



Latest Resources



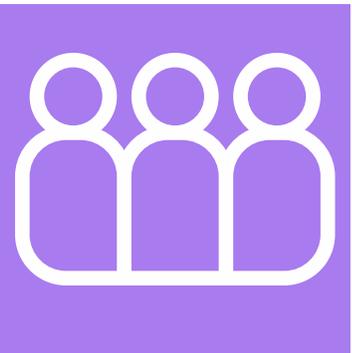
Rainbow Umbrella

Looking for info on your body, relationships, sex, & more? Planned Parenthood is here to help - & they're coming to Rainbow Umbrella! Have the education & information you need to make your own health choices. Earn a certificate of completion. Fridays from 5:30 - 7:30pm. Email for more information: rainbowumbrella@diversitycollective.org



Diversity Collective Book Club: Untamed by Glennon Dyle

Join the Pride Nook on Wednesdays 6 - 7 PM PST starting February 3rd. Register for Diversity Collective's Virtual Book Club at: diversitycollectivevc.org



Support Groups in Ventura County

Find Gay/Lesbian/Bisexual/Transgender Support Groups by searching by an agency/program name, or choosing a suggested service as you type.



Student Resources

LGBTQ Student Resources & Support. Focuses on creating more welcoming environments For LGBTQ teens And college students.



MSI
Updates

Multicultural Student Initiatives Staff

Hello,



Happy LGBTQ+ Month! Please stop by the MDC to check out the events we are hosting in celebration of the LGBTQ+ month and much more. Be on the look out from emails for me or Alejandro with updates on new and exciting programming.

If you would like to chat or have questions either email me at crystal.delatorre@csuci.edu or set up a meeting with me at this link: go.oncehub.com/CrystalDelatorre.

Best,
Crystal Delatorre, M.S.



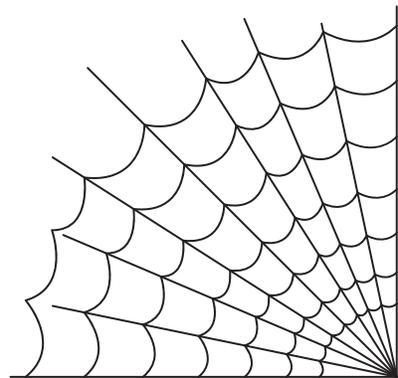
Crystal Delatorre, M.S.

She/Her/Hers
Coordinator of Multicultural
Student Initiatives
(805) 437-3528
crystal.delatorre@csuci.edu



Alejandro Espinoza

He/Him/His
MSI Student Assistant



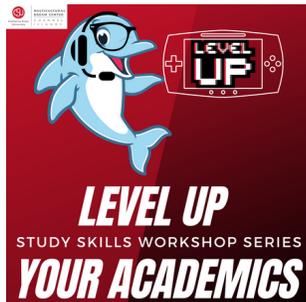
Events Overview



Undocumented Student Ally Training: Silver

Thursday, October 7 | 2 pm - 4 pm | **RSVP Today** @ go.csuci.edu/UndocAlly

Each of these sessions build upon your knowledge on becoming an ally for undocumented students.



Study Skills October Workshops via Zoom

Planning For Success

Thursday, October 7 | 3 pm - 4:30 pm | **RSVP Today** @ go.csuci.edu/levelup

Study Smarter Not Harder: Time Management Tips

Thursday, October 14 | 2 pm - 3:30 pm | **RSVP Today** @ go.csuci.edu/levelup

Writing Strategies & Tips

Wednesday, October 20 | 3 pm - 4 pm | **RSVP Today** @ go.csuci.edu/levelup

Study Strategies 101

Tuesday, October 26 | 1 pm - 2 pm | **RSVP Today** @ go.csuci.edu/levelup



Adulting 101 October Workshops

Monday, October 18 | 12 pm - 1 pm | **RSVP Today** @ go.csuci.edu/Adulting101

Tuesday, October 19 | 4 pm - 5 pm | **RSVP Today** @ go.csuci.edu/Adulting101

A series designed to teach students life skills to support their holistic wellness both on and off campus.



**ASIAN
AMERICAN &
PACIFIC
ISLANDER**

Resources



Asian American Pacific Islander Student Resource Guide

[Click here to access this resource.](#)



Grace Lee Boggs

A prominent activist her entire adult life, Grace Lee was born in Rhode Island in 1915, the daughter of Chinese immigrants. She studied at Barnard College and Bryn Mawr, receiving her Ph.D. in 1940. Her studies in philosophy and the writings of Marx, Hegel, and Margaret Mead led not to a life in academia, but rather to a lifetime of social activism.

Boggs has rejected the stereotypical radical idea that capitalist society is just something to be done away with, believing more that "you cannot change any society unless you take responsibility for it, unless you see yourself as belonging to it and responsible for changing it."

Website:

<https://www.npr.org/sections/codeswitch/2015/06/27/417175523/grace-lee-boggs-activist-and-american-revolutionary-turns-100>

Discover AAPI Culture in Los Angeles

Museums, landmarks, and monuments



<https://www.discoverlosangeles.com/things-to-do/discover-aapi-culture-in-los-angeles>



**NATIVE
AMERICAN**

Resources



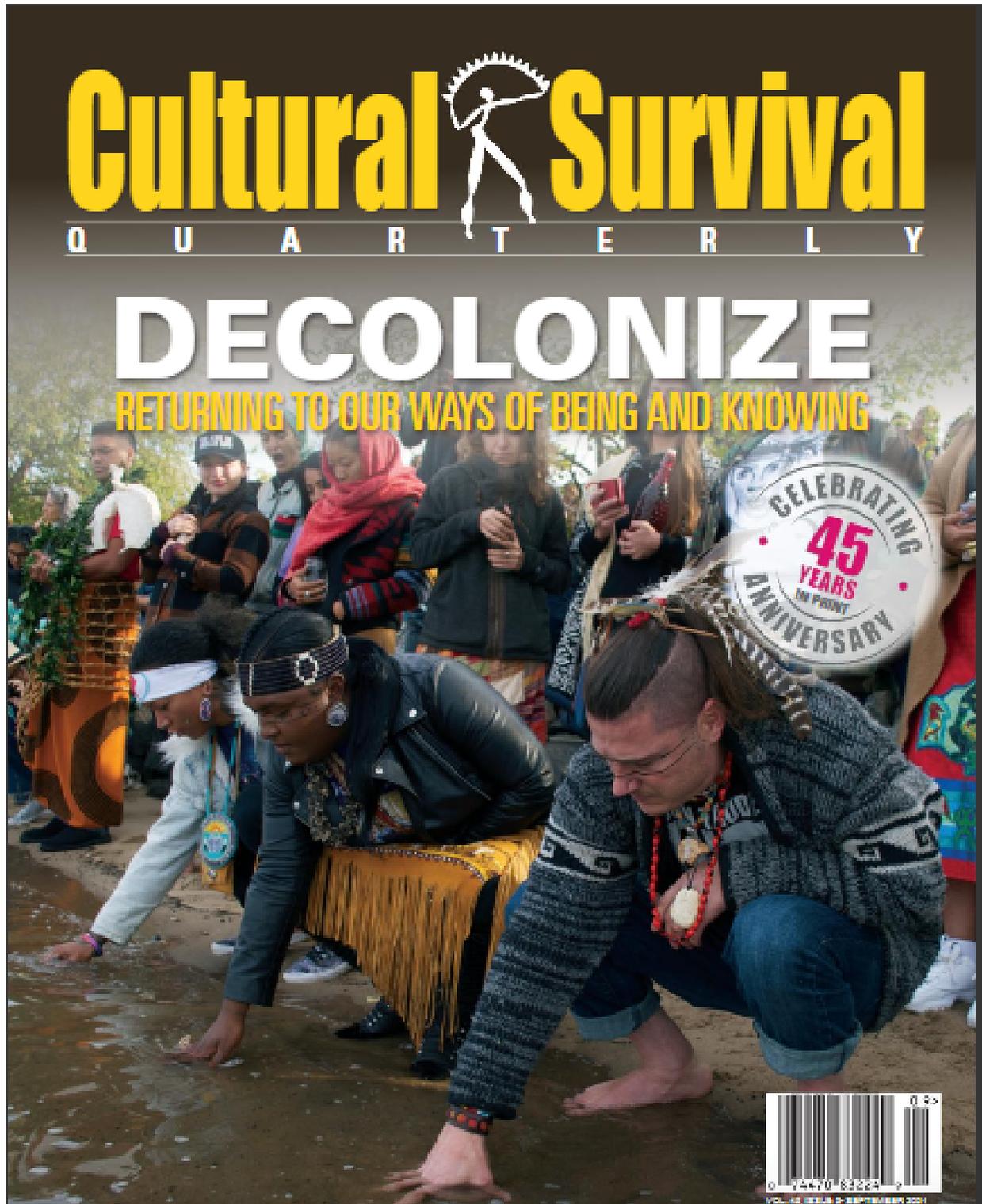
Native American & Indigenous Student Resource Guide

[Click here to access this resource.](#)



Merson Uyra

(Emerson Munduruku) is a young artist, the lines between human, animal, and plant. Out in the streets of the Amazonian city of Manaus, Brazil, or in the sterile space of the art gallery, Ura mesmerizes audiences with his disrupting of colonial narratives of wilderness, gender, and environmental destruction. A visual artist and human rights activist, Uyra is also a biologist with a masters degree in ecology. Whether he is inhabiting Emerson or Uyra Sodoma, he is pushing for diversity, rights, and racial justice. Cultural Survival recently spoke with Uyra.



<https://issuu.com/culturalsurvival/docs/csq-45-3>



**PROMOTING
ACHIEVEMENT
THROUGH
HOPE**

PATH PRESENTS
HALLOWEEN
SPOOKY
BOX

COME SEE CRYSTAL IN THE MDC
FRIDAY, OCT 8th | 8Am- 5Pm

Promoting Achievement Through Hope



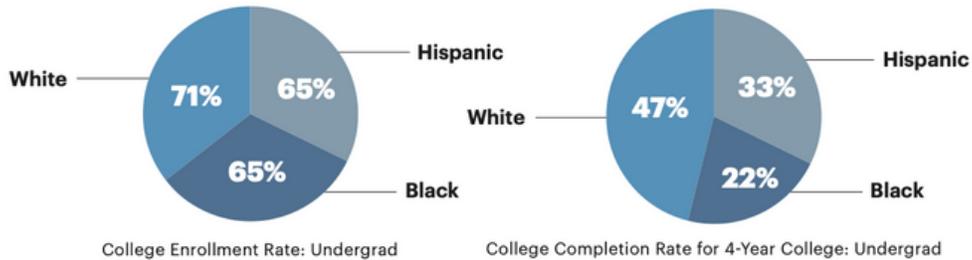
The Sallie Mae Fund's Bridging the Dream Scholarship Program

Helping students **access** and **complete** higher education



In partnership with the Thurgood Marshall College Fund, The Sallie Mae Fund's Bridging the Dream Scholarship Program helps increase access and completion of higher education among students of color and those from underserved communities.

Minority students and those from marginalized communities face long standing inequities when it comes to accessing and completing college.



The Sallie Mae Fund's Bridging the Dream Scholarship Program will award

885
Scholarships

3
Years

\$3M
Total



75 \$10,000 scholarships to **high school seniors** to access higher education



780 scholarships of up to \$2,500 to help students **complete** post-secondary education



30 \$10,000 scholarships to help **graduate students** access and complete their degrees

Who is eligible?

The Bridging the Dream Scholarships are available to minority students and those from marginalized or underserved communities, including Black, Hispanic, Pacific Islander, Indigenous, LGBTQ+, low-income, first generation, and students from rural communities, among others. Applicants must be U.S. citizens or legal permanent residents and Pell Grant-eligible.

How to apply: [salliemae.com/about/scholarship-opportunities](https://www.salliemae.com/about/scholarship-opportunities) or [tmcfc.org/students-alumni/scholarships](https://www.tmcfc.org/students-alumni/scholarships)

For official scholarship rules, visit [salliemae.com/about/scholarship-opportunities](https://www.salliemae.com/about/scholarship-opportunities). No purchase necessary. Void where prohibited. Ends March 8.

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Students can apply today at
<https://www.salliemae.com/landing/bridging-the-dream-for-graduates/>
Deadline is October 25, 2021



Underrepresented Student Initiatives

Monthly Letter by Natalie Johnson

Hello all!

Happy LGBTQ History Month! Make sure to check out the list of our events this month celebrating and acknowledging this community. For current updates and information on our resources and events outside of the newsletter, please visit our IG at csuci_mdc.

If you would like to chat or have questions either email me at natalie.johnson@csuci.edu or set up a meeting with me at this link: go.oncehub.com/NatalieJohnson.

Sincerely,
Natalie Johnson, M.Ed.



Natalie Johnson, M.Ed.

She/Her/Hers
Coordinator of USI
natalie.johnson@csuci.edu

Underrepresented Student Initiatives Staff



Eli

She / Her / Hers
USI Graduate Intern
Spring 2023



Harmony

She / Her / Hers
USI Student Assistant
Spring 2022



Ilien

They / Them / Thiers
USI Student Assistant
Spring 2023



Violeta

She / Her / Ella
CARECEN Fellow
Spring 2023

USI



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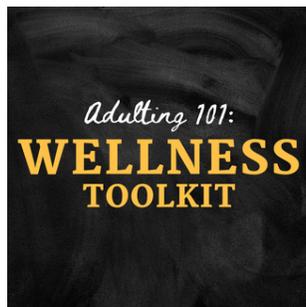


Undocumented Student Ally Training: Silver

Thursday, October 7th
2 - 4 PM

RSVP: go.csuci.edu/UndocAlly

Each of these sessions build upon your knowledge on becoming an ally for undocumented students.



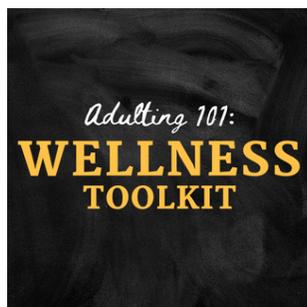
Adulthood 101: Wellness Tool kit (CAPS)

Monday, October 18th

12:00 - 1:00 PM

RSVP: go.csuci.edu/Adulthood101

Be a part of this workshop where you'll learn about various money management techniques and how poor budgeting skills can negatively affect your overall wellness in partnership with Counseling and Psychological Services (CAPS).



Adulthood 101: Wellness Tool kit (CAPS)

Tuesday, October 19th

4:00 - 5:00 PM

RSVP: go.csuci.edu/Adulthood101

Be a part of this workshop where you'll learn about various money management techniques and how poor budgeting skills can negatively affect your overall wellness in partnership with Counseling and Psychological Services (CAPS).



Planning for Success

Thursday, October 7th

3:00 Pm - 4:30 Pm

RSVP: go.csuci.edu/LevelUp

Having trouble keeping track of midterm exams and papers? Feeling overwhelmed by all the work you need to do to prepare for midterms? Join us to discuss how you can best prepare for your midterms/finals and learn about other valuable resources.

Events Overview



Study Smarter Not Harder: time Management Tips

Thursday, October 14th

2 - 3:30 PM

RSVP: go.csuci.edu/LevelUp

Having trouble meeting deadlines for class? Can't seem to find any time for your classes, work, or other commitments. Join this session, to learn strategies and tips on how to better manage your time for a successful semester.



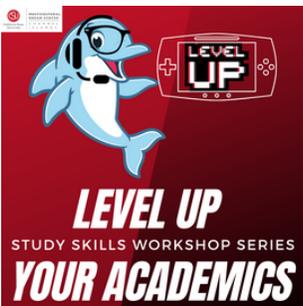
Writing Strategies & Tips

Wednesday, October 20th

3:00 - 4:00 PM

RSVP: go.csuci.edu/LevelUp

Having trouble writing that long paper? Need inspiration to cross that mandatory page count? Join this session to learn some techniques and strategies to support your writing process and become a stronger writer.



Study Strategies 101

Tuesday, October 26th

12:00 - 1:00 PM

RSVP: go.csuci.edu/LevelUp

Trying to get that A on the next test? Looking for a new way to study for that hard class? Look no further! This session will give you tips and tricks to be successful in your class, as well as provide additional resources.



And Still we Rise:

Trans Voices in Activism & community organizing

Friday October 22nd

4:30 - 5:00 PM

RSVP: go.csuci.edu/ASWR

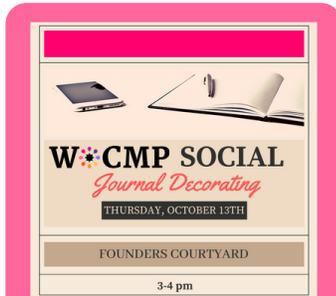
This panel includes trans* folx who will share narratives of their lived truth & activism within the Trans community

WOMEN OF COLOR



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Events Overview



WOCMP Social: Journal Decorating

Thursday, October 14th
3-4 pm

Location : Founders Courtyard

Mentees, come join in and mingle with the WOCMP in Journal decorating in the Founders Courtyard.



WOCMP Workshop: Identity Development & Terminology

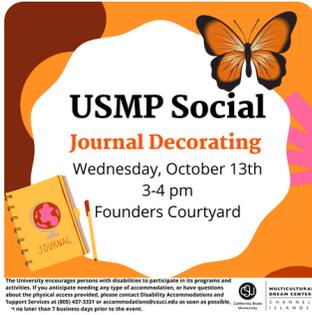
Wednesday, October 27th
4:00 - 4:50 PM

RSVP: go.csuci.edu/mdcevent

WOCMP Virtual Workshop on Identity Development & Terminology.



Events Overview



Undocumented Student Mentor Program: Journal Decorating

Wednesday, October 13th
3:00 - 4:00 PM

Location: Founders Courtyard

Mentees, come join in and mingle with the USMP in Journal decorating in the Founders Courtyard.



You are Not Alone: Resources and Support for Victims of Gender and Immigration Based Violence

Thursday, October 14th
3:00-4:00 pm

RSVP: bit.ly/2Wn24Jq

Join CARECEN to learn about different immigration relief for individuals for have suffered gender and immigration based violence, as well as related resources and support.



USMP Workshop: Undoc Theory & Identity Development

Wednesday October 27th
3:00 - 3:50 pm

RSVP: go.csuci.edu/mdcevent

USMP virtual workshop on Undocu Theory & Identity Dev .

Workshops

FALL 2021



JFS | HELS - Higher Education Legal Services

DAY - TIME	WORKSHOP NAME / TOPIC	CO-HOST
September 13, 2021 12:00pm	Immigration Updates + DACA, Advance Parole Q&A	CSUSM & SDSU https://bit.ly/3wVbBDY
September 30, 2021 12:00pm	Immigration Updates + DACA, Advance Parole Q&A	CSUSM & SDSU https://bit.ly/3zeSZjX
October 11, 2021 12:00pm	Immigration 101: Part 1	CSUSM & SDSU https://bit.ly/2UvPXca
October 28, 2021 12:00pm	Family Petitions: Part 2	CSUSM & SDSU https://bit.ly/36JotTb
November 18, 2021 5:00pm	Family Night: Immigration Updates	CSUSM & SDSU https://bit.ly/2Tq1iu2
December 06, 2021 12:00pm	JFS-HELs: Office Hours + Q&A	CSUSM & SDSU https://bit.ly/3yAF7j8



WWW.JFSSD.ORG/HELs



HELs_SD



HELsIMMIGRATION@JFSSD.ORG

Research Project
IRB2021-0039

Examining the Transition of Graduating Undocumented College Students

Seeking undocumented students to participate in a confidential study about their college graduation experiences!

1. Be graduating or have just graduated with a bachelor's degree from any four-year college or university in the United States between April and September 2021
2. Be undocumented with or without DACA at the time of graduation
3. Be at least 18 years old

Meet the criteria? Interested?

Scan QR Code



The interest form will ask for your email.

Read more about this project:



For questions, contact Cinthya Salazar at csalazar@tamu.edu or Cindy Barahona at cinbarahona@tamu.edu

Mariposa Achieving & Resisting



M.A.R. is a program for undocumented students at CI to ensure academic success. The program is focused on meeting students individually to support their academic, personal, and post-graduation goals as well as providing fun and purposeful community-building opportunities.

To learn more, visit
<https://tinyurl.com/yyztv5n5>

To apply, visit
<https://tinyurl.com/y68vtqf>



For more information, contact Natalie Johnson at natalie.johnson@csuci.edu.



**MULTICULTURAL
DREAM CENTER**
C H A N N E L
I S L A N D S



MULTICULTURAL DREAM CENTER CHANNEL ISLANDS

FREE IMMIGRATION LEGAL SERVICES

For students, faculty, staff, their immediate family (spouses, parents, siblings, and children), and Alumni from CSUCI

WHEN

- Every Monday & Wednesday
- 10 AM - 4 PM
- Via Zoom or Phone Call

WHAT

- DACA Renewals
- Green Card Renewal
- Family-Based Petitions
- General Consultation
- And more!

HOW

Book an appointment at carecenla.simplybook.me/v2/

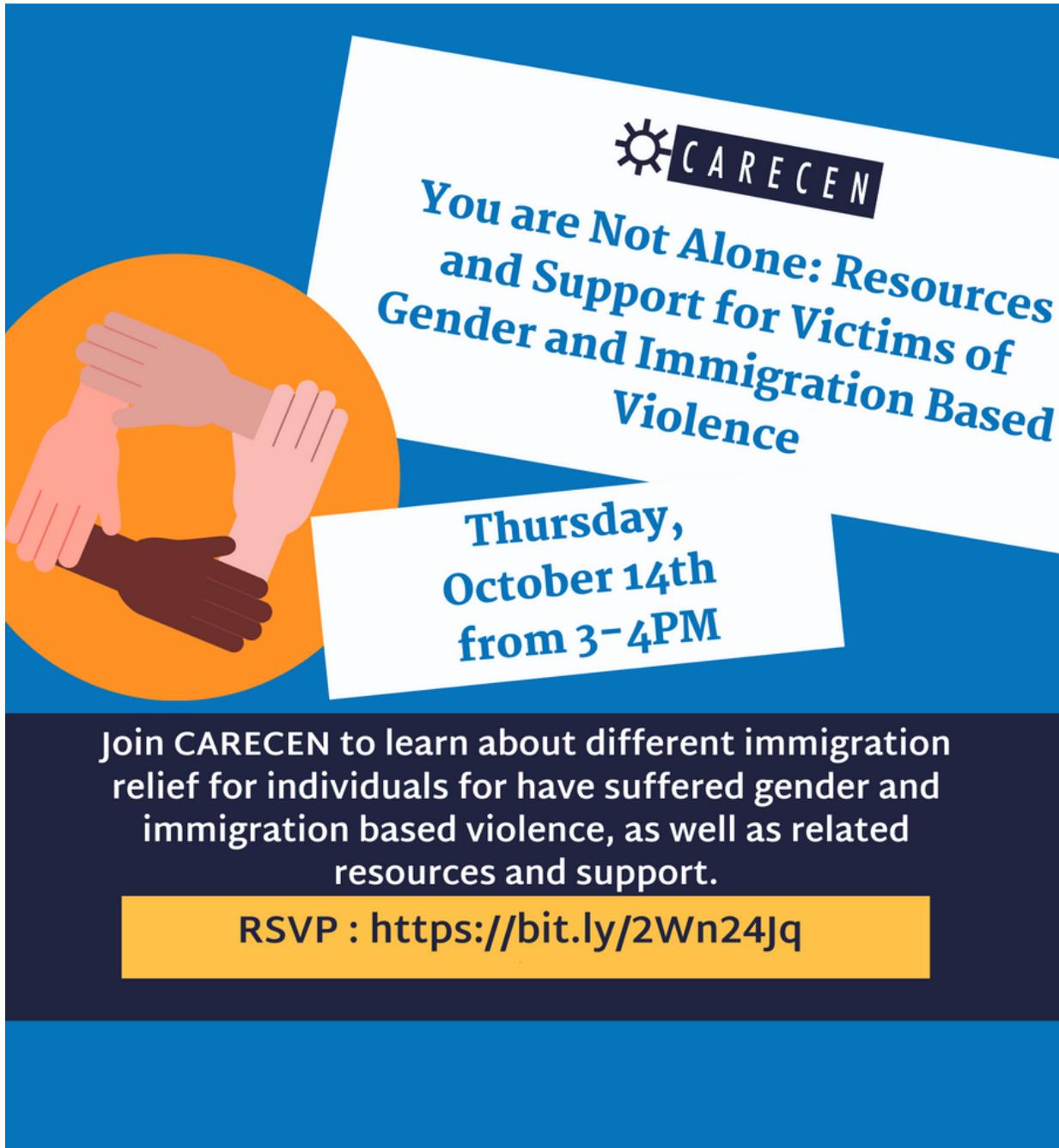
LEARN MORE

CARECEN Webpage
carecen-la.org

CARECEN IG
[@carecen_la](https://www.instagram.com/carecen_la)

For questions reach out to Natalie Johnson at natalie.johnson@csuci.edu

The University encourages persons with disabilities to participate in its programs and activities. If you anticipate needing any type of accommodation, or have questions about the physical access provided, please contact Disability Accommodations and Support Services at (805) 437-3331 or accommodations@csuci.edu as soon as possible, but no later than 7 business days prior to the event.



CARECEN

You are Not Alone: Resources and Support for Victims of Gender and Immigration Based Violence

Thursday, October 14th from 3-4PM

Join CARECEN to learn about different immigration relief for individuals for have suffered gender and immigration based violence, as well as related resources and support.

RSVP : <https://bit.ly/2Wn24Jq>

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MULTICULTURAL
DREAM CENTER
CHANNEL
ISLANDS

DREAMER RESOURCE CENTER

*6th
Annual*

**KEEPING THE DREAM ALIVE
VIRTUAL CONFERENCE**

**FOSTERING JOINT ACTION ACROSS
PEOPLE, SPACES, *and* SYSTEMS**



SACRAMENTO STATE
Strategic Student Support Programs

SAVE THE DATE
NOVEMBER 18 & 19, 2021

For more information go [here](#)