

# **NATIVE AMERICAN AND INDIGENOUS STUDENTS**

**Student Resource Guide  
2021 – 2022**



California State  
University

**MULTICULTURAL  
DREAM CENTER**

C H A N N E L  
I S L A N D S



# Campus Resources & Support

## Multicultural Dream Center

The Multicultural Dream Center (MDC) provides resources, services, and education to support the cultivation of an inclusive campus community. The MDC supports all students, with a particular focus on marginalized populations, through mentorship, intercultural programs, retreats, workshops, and training. These various initiatives are geared towards fostering identity development, critical thinking, reflection, and dialogue across differences to support student retention and academic success.

## Diversity and Inclusion Student Council

The Diversity and Inclusion Student Council (DISC) is open to all students who are interested in opportunities to create and foster a more inclusive campus in partnership with the Multicultural Dream Center. Our mission is to empower students to build an inclusive campus environment that is safe and welcoming for all. Through this online group, you will build a community and actively make a difference. Email Kem French ([kem.french@csuci.edu](mailto:kem.french@csuci.edu)) to join.

## Ethnic Identity Group Resources

Additional resources on-campus, in the local community, and nationally. These resources are to offer students resources to build community and to expand their understanding of various marginalized populations.

## Student Organizations

### Society for Advancement of Chicanos and Native Americans in Science

SACNAS at CI is part of the SACNAS National Organization ([sacnas.org](http://sacnas.org)). Both the National Organization and the Chapter are dedicated to fostering the success of Chicano/Latino, Native American and other scientists belonging to underrepresented groups from college students to professionals. Success being measured as the attainment of advanced science degrees, science careers, and positions of scientific leadership. While the National Organization focuses on the students and professionals currently in science academics and careers, the Chapter aims to increase the pool of students entering the science education and career pipeline.

### Movimiento Estudiantil Chicanx de Aztlan (M.E.Ch.A.)

Movimiento Estudiantil Chicanx de Aztlán (M.E.Ch.A.) is a student organization that promotes higher education, culture, and history. M.E.Ch.A. was founded on the principles of self-determination for the liberation of indigenous people. We believe that political involvement and education is the avenue for change in our society.

# Scholarship Resources

## American Indian Services

The mission of AIS has been a simple one: to create programs and generate funding that will help Native Americans receive a quality education, while still preserving their culture and honoring their heritage.



AMERICAN INDIAN SERVICES  
*scholarships for Native Americans*

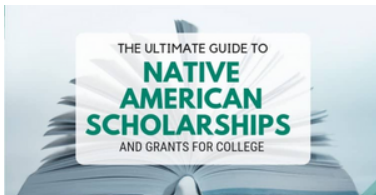


## SCHOLARSHIPS.COM

This website highlights scholarship opportunities for American Indian/Native American students

## College Scholarships.org

This website highlights college grants for Native American students.



## The Scholarship System

This website serves as a guide for scholarships and grants for Native American College students.

## Financial Aid for Native American Students

This website highlights financial aid resources for Native American students.



## Ventura Unified School District

We are a federally funded program providing direct services to American Indian and Alaskan Native students in grades K-12 in Ventura County Districts

# CSUCI Courses

## MIXT 101 - Elementary Mixtec

Mixtec language and culture. Pronunciation, oral practice, reading and listening comprehension, and essentials of grammar in a communicative context and through task-based activities.

## CHS 352 / PA 352 - Aztec Dance and Culture

Examines fundamental techniques, styles, rhythms, and choreographs of Aztec Dance, along with its history, cultural symbols, Pan-Indian/Intertribal relationships, the study of various instruments, regalia, and deciphering the Aztec Calendar. Lectures about the history of Aztec Dance in Mexico and the United States.

## ANTH 323 - Native Californians

Explores the origins and diversity of Native American cultures and societies in California from antiquity to today. Topics include cultural continuity and change, land-use patterns, subsistence and technology, political and economic systems, religion and art, and how people related to their specific regional environments. Also examines the impacts of European and Euro-American colonization and contemporary issues of concern to Native American communities.

## CHS 315 - Nahuatl Language and Philosophy

Examines contemporary Nahua philosophy, culture, literature, and history, as well as Nahuatl language as spoken in various regions of Mesoamerica and in Mexican communities in the United States.

## ART 332 - Multicultural Art Movement

An exploration into the arts and crafts originating in African, Asian, Latin American, Middle Eastern, and Native American cultures. Emphasis is on the understanding of traditions and historical contexts, as well as the exploration of indigenous methods and aesthetics.

## ENGL 378 - Contemporary Native American Authors (Telecourse)

An introduction to the fiction and poetry produced by contemporary Native Americans. Authors of the works studied to join the discussion of their work and concepts important to their work. Modes of discourse and the impact of Native American cultures, concerns, and philosophy on the fiction and poetry of these authors are the primary focuses of the course. Students will meet with the course instructor three times during the semester; otherwise, students will view the telecourse tapes, read the assigned books, read the essays in the workbook, and do the assigned activities explained in the workbook on their own.

## Academic Journals

Indigenous Policy Journal

Indigenous Law Bulletin

Journal of the Native American and Indigenous Studies Association (NAIS)

Indigenous Affairs

The Indigenous World



# Educational Spaces

## Chumash Indian Museum

**Address:** 3290 Lang Ranch Parkway, Thousand Oaks, California 91362 |

**Phone:** 805-492-8076

The Chumash Indian Museum is a historical site and living history center.



## Albinger Archaeological Museum

**Address:** 113 E Main St Ventura, CA 93001 | **Phone:** 805-658-4726

This museum is located next to Mission San Buenaventura and was once the home to 5 different cultures spanning 3,500 years of history. Learn about the Chumash Indians, Chinese immigrants, and others who resided on the site by viewing displays, and archaeological digs uncovered in 1974.

## Southern California American Indian Resource Center

**Address:** 239 E. Main Street El Cajon, CA 92020

**Phone:** 805-658-4726

SCAIR's mission is to provide career, educational, cultural, mental health, and supportive services to Native Americans/ Alaska Natives/ Hawaiian Natives and their families, throughout San Diego County.



## Satwiwa Native American Cultural Center

**Address:** 4126 1/2 W Portrero Rd. Newbury Park, CA, 91320

**Phone:** (805) 375-1930

For many years, the Santa Monica Mountains sustained the Chumash and Tongva/Gabrielino cultures. Sycamore Canyon, which cuts through Rancho Sierra Vista/Satwiwa and Point Mugu State Park, was part of a Chumash trade route.

Satwiwa, which means "the bluffs," was the name of a nearby Chumash village. To reflect this heritage, Satwiwa Native American Indian Culture Center and Natural Area was established by the National Park Service in partnership with the Friends of Satwiwa.

## State of California Native American Heritage Commission

NAHC provides protection to Native American human burials and skeletal remains from vandalism and inadvertent destruction. It also provides a legal means by which Native American descendants can make known their concerns regarding the need for sensitive treatment and disposition of Native American burials, skeletal remains, and items associated with Native American burials.



## Owens Valley Career Development Center

**Address:** 950 County Square Drive, Suite 211 Ventura CA 93003 | **Phone:** 805-658-4726

The Owens Valley Career Development Center is a Native American organization operating under a consortium of Sovereign Nations that promotes self-sufficiency through education, community enrichment, and cultural empowerment.



## Radio Indígena 94.1FM

MICOP began its radio station, Radio Indígena 94.1, as an online-only access station in 2014. Three years later, the organization was able to raise enough funds to buy its own antenna and achieve the dream of having a low-powered FM station. Since its inception, Radio Indígena has been utilized as the strongest and most effective outreach and organizing tool for the indigenous, immigrant, and farm working communities.

# Mental Health & Wellness

## Counseling and Psychological Services (CAPS)

**Hours:** Monday-Friday, 8am-5pm (Summer hours vary)

**Address:** Bell Tower East, Room 1867 (on-campus) | **Phone:** (805) 437-2088

Counseling and Psychological Services (CAPS) provides short-term mental health services in a confidential setting to assist CSUCI students in achieving their academic and personal pursuits. CAPS is pleased to provide a wide range of services to assist the campus community including:

- Individual counseling
- Group counseling
- Couples counseling
- Psychiatric consultation
- Crisis intervention
- 24/7 phone counseling
- Consultation with faculty, staff, and loved ones
- Outreach
- Relaxation Room
- Psychoeducational resources



## Ventura County Behavioral Health

**Call Toll-Free - Confidential - 24 Hours A Day, 7 Days A Week**

**Crisis and Referral Line:** 1-866-998-2243

**Substance Use Treatment:** 1-844-385-9200

**Suicide Prevention Lifeline:** 1-800-273-8255

Ventura County Behavioral Health offers services for people looking for help for mental health and substance use issues. We reach out to the general population, those already getting help, and those seeking help.

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## CSUCI Basic Needs Program

The Basic Needs Program exists to provide support to students experiencing a basic necessity insecurity. Our strategy focuses on short-term mediation while we work with students to find long-term solutions.

## Title IX and Inclusion Office - CSUCI

Title IX & Inclusion serves as an expert campus-wide resource that works with partners across CSUCI to cultivate and promote an inclusive and safe learning and working environment. Responsible for the development and administration of comprehensive equity programs, the office manages equal opportunity compliance, including the areas of affirmative action and Title IX, and collaboratively facilitates community engagement and education on matters of social diversity, inclusion and social justice. Title IX & Inclusion also oversees response to the University's nondiscrimination policies.

## Tribal Health

The suicide prevention project at the NPAIHB is THRIVE which stands for Tribal Health: Reaching out InVolves Everyone. THRIVE works to reduce suicide rates among American Indians and Alaska Natives living in the Pacific Northwest by increasing tribal capacity to prevent suicide and by improving regional collaborations. Staff provides programmatic technical assistance, suicide prevention training, and resources to the Northwest Tribes.

## American Indian Health Services

**Address:** 4141 State Street Suite B-11, Santa Barbara CA 93110

The Indian Health Service, an agency within the Department of Health and Human Services, is responsible for providing federal health services to American Indians and Alaska Natives. The provision of health services to members of federally-recognized tribes grew out of the special government-to-government relationship between the federal government and Indian tribes. Our mission is to raise the physical, mental, social, and spiritual health of American Indians and Alaska Natives to the highest level.

## United American Indian Involvement Inc

**Address:** 1125 W 6th St. Los Angeles, CA 90017

To promote and support the physical, behavioral, and spiritual well-being of American Indian/Alaska Natives in the urban Los Angeles area by providing comprehensive, integrated services that focus on all age groups and incorporate American Indian/ Alaska Native cultures and traditions.

## Indian Health Services

The mission of Indian Health Services is to raise the physical, mental, social, and spiritual health of American Indians and Alaska Natives to the highest level.

## Mental Health Resources for Black, Indigenous, and People of Color

In addition to COVID-19, recent events have brought heightened attention to the specific stressors faced by Black, Indigenous and People of Color (BIPOC) communities, who may be experiencing heightened fear, anger and grief at this time. Consistent with the Guide's mission to provide timely mental health resources, we highlight a range of resources that may be useful to BIPOC-identifying individuals seeking support for mental health concerns and/or coping with race-related stressors, whether current and/or historical, as well as those hoping to share available resources to their patients. Mass General Psychiatry is not affiliated with, nor does it directly endorse, any non-MGH organizations listed here. This list is intended only to share resources currently available in the broader community.



### 55 Mental Health Resources for People of Color

Mental illness does not discriminate: Nearly 20% of U.S. adults experience a mental illness each year, regardless of race or ethnicity. And while it's clear that mental health is a crosscutting issue that affects all communities, providing effective services for people of color requires acknowledging and understanding their different lived realities.

In this webpage, OnlineMSWPrograms.com collected resources that have been tailored to the mental health needs of various racial and ethnic groups.

## Oxnard Wellness Center

**Hours:** Monday-Saturday, Call Center 9 am - 4 pm / Peer Support 9 am - 8 pm

**Address:** 2697 Saviers Road, Oxnard, CA | **Phone:** (805) 653-5045

As you know, Turning Point's Wellness Center serves the most vulnerable members of our community. We are doing all that we can to provide essential services to our program members and our community while keeping everyone safe and adhering to the recommendations from public health agencies.

While our daily routines are disrupted our essential resources have pivoted as a sign of the times.

Please reach out. We are here to help you navigate the resources available:

- Mental Health one on one support from a Peer Support Specialist, including WRAP (Wellness Recovery Action Plan)
- Community Resources/Referrals
- Food Pantries
- Meal Service Locations
- Assist in obtaining mental health services



# Community Resources

## WE R NATIVE

This website provides resources to Native Youth on topics such as Culture, Life, Relationships, Mental Health, etc.



## Wishtoyo Chumash Foundation

**Address:** 33904 Pacific Coast Highway Malibu, CA 90265

Wishtoyo's Chumash Village is a unique and authentic re-creation of a working Native American village on a four-acre historical site at Nicholas Canyon County Beach in Malibu, on a bluff overlooking the Pacific Ocean. It is the only living Chumash cultural village of its kind in Southern California.

## Center for Native American Youth

The Center for Native American Youth (CNAV) at the Aspen Institute is a national education and advocacy organization that works alongside Native youth—ages 24 and under—on reservations, in rural villages and urban spaces across the country to improve their health, safety, and overall well-being.



**CENTER FOR NATIVE  
AMERICAN YOUTH**  
AT THE ASPEN INSTITUTE



## United National Indian Tribal Youth

UNITY's mission is to foster the spiritual, mental, physical, and social development of American Indian and Alaska Native youth, and to help build a strong, unified, and self-reliant Native America through greater youth involvement.





## Food Forward

**Address:** 7412 Fulton Ave #3, North Hollywood, CA 91605

Our dedicated team members and volunteers—people just like you—recover fruits and vegetables that would have been wasted from backyard fruit trees, public orchards, farmers markets, and the downtown Los Angeles Wholesale Produce Market. We connect this abundance of nutritious food to people experiencing food insecurity, donating 100% of the products we recover to hunger relief agencies across Southern California, and to tribal lands in Arizona and New Mexico. Food Forward proudly supports MICOP with donations of fresh surplus fruits and vegetables from the Oxnard Farmers Market.

## Ventura County Indian Education Consortium

We are a federally funded program providing direct services to American Indian and Alaskan Native students in grades K-12.



Los Angeles City/County  
**NAIC**  
Native American Indian Commission

## Los Angeles City/County Native American Indian Commission

Pursuant to the Los Angeles County Ordinance, the Commission's primary purpose is to promote the development of programs and funding resources; advocate legislation and policy, work with existing federal, state, and local agencies. Foster pride in and awareness of Native American cultures among Americans. Work with the Native American community to develop recommendations to the Board of Supervisors, the Mayor, and City Council.

## Owens Valley Career Development Center

**Address:** 950 County Square Drive, Suite 211  
Ventura, CA 93003

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# Internship & Career Resources

## Owens Valley Career Develop

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## Native Like Water

Native Like Water prepares Indigenous youth and adult volunteers in science, outdoor education, conservation, wellness, and cultural self-exploration



## Southern California American Indian Resource Center

Native Like Water prepares Indigenous youth and adult volunteers in science, outdoor education, conservation, wellness, and cultural self-exploration

## Atlantic Council for International Cooperation

The Atlantic Council for International Cooperation is a coalition of individuals, organizations, and institutions working in the Atlantic region to build and model just, equitable and sustainable communities, locally and globally.



## Cultural Survival: Internship Program and Volunteer Opportunities

Cultural Survival's internship program is an integral component of the organization. Interns are actively involved in all areas of the organization and play a vital role in day-to-day operations. Our main office is in Cambridge, MA, and all internship positions are currently remote. Interns must be self-starters who are able to work both independently and as part of a team. Since a large portion of Cultural Survival's work is in Latin America, we are especially in need of interns with strong Spanish language skills.

## Massachusetts General Hospital

This resource provided by Massachusetts General Hospital provides a list of Mental Health resources for Black, Indigenous, and People of Color.



## Mixteco Indigena Community Health Organization Project

This document highlights the Mental Health Initiatives in Ventura County for Indigenous Communities.

## Santa Ynez Tribal Health Clinic

**Address:** 90 Via Juana Lane Santa Ynez, CA 93460

The mission of the Santa Ynez Tribal Health Clinic (SYTHC) is to specialize in the highest standard of quality health care through modern medicine and cultural traditions. We provide comprehensive services to all tribal members as well as to members of the community, through medical, dental, behavioral health, and outreach services. We pride ourselves on our friendly, willing, compassionate, and nurturing service. Through our commitment to continuous quality improvement in care, patient satisfaction, and community health, we make a difference in the lives of those we serve.

## Know your Rights

In this publication, you will learn about an important international document called the United Nations Declaration on the Rights of Indigenous Peoples (UNDRIP or Declaration).

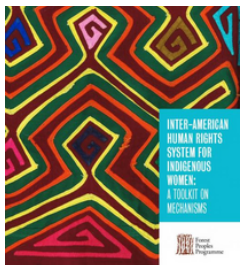


## International Labour Organization

The main purpose of this Guide is to provide governments, indigenous and tribal peoples, and workers' and employers' organizations with a practical tool for the implementation of indigenous peoples' rights, based on the experiences, good practices and lessons learned that have been generated so far.

## Indigenous Rights Radio

Indigenous Rights Radio uses the power of community radio to inform Indigenous communities of their rights. We envision a world in which Indigenous communities, equipped with knowledge of their rights, are empowered to protect their lands, languages, and cultures.



## Toolkit for Indigenous Women

This toolkit, which contains a series of information notes explaining different aspects of the Inter-American system, is designed to help indigenous women and their advocates to use the system effectively.

## Indigenous Peoples Movement

Indigenous Peoples Movement is uniting indigenous peoples from across the world to stand together to bring awareness to the issues affecting indigenous men, women, children, and two spirits.



## Descendants of the Earth

Descendants of the Earth is a community-based non-profit organization, reestablishing an Inter-Tribal Spirit Camp in the natural world for the benefit of all people through the traditions and values of Native American culture.



## Mixteco Indígena Community Organizing Project

To support, organize and empower the indigenous migrant communities in California's Central Coast.

# Groceries & Restaurants



## La Asuncion Restaurante

**Hours:** Mon - Friday: 10am - 9pm, Sat- Sunday: 8am - 9pm

**Address:** 8712 Sepulveda Blvd North Hills, SA, Australia 91343

**Phone:** (818) 891-3635

We dedicate ourselves to Authentic Oaxacan food. Our food is prepared with ingredients imported from Oaxaca, Mexico. The flair of the place transports you to Oaxaca right at the moment you walk in!

## Mi Lindo Oaxaca Restaurant

**Pickup Hours:** Tuesday - Sunday: 10am - 5pm

**Address:** 13922 Ramona Blvd, Baldwin Park, CA 91706 | **Phone:** (626) 364-3725

Experience the most authentic Mexican cuisine from the Oaxacan region with dishes such as Mole, Tlayudas, and Carnes Oaxaqueñas. Offer breakfast, Lunch, and Dinner.

## Rincon Oacaqueno Restaurant

**Pickup Hours:** Mon - Friday: 9am - 7pm, Sat- Sunday: 9am - 4pm

**Address:** 1544 N Western Ave, Los Angeles, CA 90027 | **Phone:** (323) 615-3818



## Sabores Oaxaqueños

**Pickup Hours:** Tuesday - Sunday: 10am - 10pm

**Address:** 3337 1/2 W 8th St, Los Angeles, CA 90005 | **Phone:** (213) 725-2035



# Intersectionality

## Mixteco MICOP

To support, organize and empower the indigenous migrant communities in California's Central Coast.



## YMSM+LGBT

The Center of Excellence on Racial and Ethnic Minority Young Men Who Have Sex with Men and Other Lesbian, Gay, Bisexual, and Transgender Populations (YMSM+LGBT CoE) was established to help providers develop skills to deliver culturally responsive and evidence-based prevention and treatment services for lesbian, gay, bisexual, and transgender populations dealing with co-occurring substance use and mental health disorders.

## SAMHSA Native Connections: LGBTQ2S Resources

This document has resources for LGBTQ2S detailed by specific states.



## National Indigenous Women's Resource Center

Our mission is to provide national leadership to end violence against American Indian, Alaska Native and Native Hawaiian women by supporting culturally grounded, grassroots advocacy.

## Native American Organizations Serving the Community

This website provides a list of Native American organizations serving the community.



**#MyMDC**