LGBT Flag Exhibit
Monday, Oct. 1 through Thursday, Oct. 31
All Day
Central Mall
Come learn about different gender and sexual identities, and see how they are illustrated through different flags.

And Still We Rise:
Trans* Voices & Narratives
Wednesday, Oct. 2
1-2:30 p.m.
Petit Salon
And Still We Rise is a series of panel events where individuals from intersecting backgrounds come together to share their personal narratives. This panel will include trans* folx who will share narratives of their lived truth and personal experiences.

National Coming Out Day!
Friday, Oct. 11
All Day
Bell Tower 1530
Celebrate coming out day all week by getting some swag in the Multicultural Dream Center. In collaboration with Queer Student Alliance (QSA).

MDC Movie Night:
Paris is Burning
Tuesday, Oct. 15
3-7 p.m.
Bell Tower 1530
Join the MDC Team and QSA for light refreshments and a fun movie. In collaboration with Queer Student Alliance (QSA).

Adulting 101: Financial Wellness
Tuesday, Oct. 22
1-2 p.m.
Bell Tower 1530
&
Wednesday, Oct. 23
2-3 p.m.
Bell Tower 1530
Do you know what it means to be financially well? Be a part of this interactive workshop where you’ll learn about various money management techniques and how poor budgeting skills can negatively affect your overall wellness. In collaboration with Wellness Promotion & Education

Cultural Excursion: Pacific Pride Foundation
Friday, Oct. 11
9 a.m. to 2 p.m.
Off-Campus
Join the MDC Team and QSA in an excursion to the LGBT Center in Santa Barbara to learn about events, resources and services in the surrounding area. In collaboration with Queer Student Alliance (QSA).

Immigration Legal Services Workshop:
Confidentiality
Monday, Oct. 14
1-2 p.m.
Bell Tower 1471
This workshop will be focused on educating the campus community about confidentiality of students who render services with the Immigration Legal Services provided in the Multicultural Dream Center.

LGBT History Month Social
Wednesday, Oct. 23
11 a.m. to 2 p.m.
Bell Tower 1530
Join the MDC Team for light refreshments, community building, information on upcoming events, and celebrate LGBT History Month.

Rainbow Retreat
Friday, Oct. 25 through Saturday, Oct. 26
Off-Campus
This overnight experience will be an opportunity for students to engage in dialogue about their sexual identities, intersectionality, and build community. This event is free and will include housing and food. To be considered, complete the application below:
https://tinyurl.com/RainbowRetreatFA2019
Deadline: Sunday, October 13 by Midnight
For additional information contact Hiram Ramirez at hiram.ramirez@csuci.edu

12 Tips to Destress

Destress Week
Monday, Oct. 14 through Friday, Oct. 18
All Day
Bell Tower 1530
Visit us to get free snacks, engage in destressing activities, and other resources.

The University encourages persons with disabilities to participate in its programs and activities. If you anticipate needing any type of accommodation, or have questions about the physical access provided, please contact Disability Accommodations & Support Services at accommodations@csuci.edu or call 805-437-3331 as soon as possible, but no later than seven (7) business days prior to the event.

For more information, please contact the Multicultural Dream Center, at 805-437-8407 or mdc@csuci.edu.

Fun Fact: October is LGBT History Month