Motivation is what gets your started. Habit is what keeps you going. - Jim Ryun
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California State University Channel Islands

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Events Overview

Student Government Weekly Senate Meetings
Do you like advocating for student voices? Or want to hear what is going on at CI? Then come to Student Government's Senate meeting every Wednesday from 9:00 a.m. - 11:00 a.m. via Zoom:

https://csuci.zoom.us/j/85362211572
Events Overview

Breast Cancer Awareness Fundraiser
Come see us and help support a good cause at the bell tower and central hall from 2:00 PM to 3:00 PM on October 4th through 7th, and receive a pleasant small token of our gratitude in support of spreading breast cancer awareness.

Date: Monday, October 4th through Thursday 7th
Time: 2:00pm - 3:00 pm
Location: Between Central Mall & Bell Tower

Contact: IG@betagammanu_csuci

For more information, and event registration please visit the Islands event page!
https://theisland.csuci.edu/virtual-events
Events Overview
The countdown to graduation begins...

Inaugural New Student Convocation

Friday, Oct. 15, 2021
3 to 4 P.M.
North Quad

RSVP at: tinyurl.com/csuclstudentconv021
Registration required

FOLLOWED BY A CONVOCATION CELEBRATION FROM 4 TO 5 P.M.
Events Overview

Hiring Writing & Multiliteracy Tutors!

Now Hiring FALL 2021
$15.50/hr

Information Sessions
Learn more about how you can be a tutor!

Thurs, Sept 23, 4:30-5:30pm
@ WMC in Broome Lib.

Wed, Oct 6, 2021, 6:00-7:00pm
@ Virtual WMC
Events Overview

Located on the second floor of Brome Library, the LRC offers free one-on-one and group peer tutoring in many academic subjects. Our tutors help students with study skills, concept mastery, comprehension, homework, test preparation, and much more. Tutors at the LRC work to foster independent learning skills and to promote a community of inclusive and supportive scholarship.

We offer in-person and online tutoring

SUBJECTS WE TUTOR:
BUSINESS / ECON / FINANCE
STATISTICS
PSYCHOLOGY
SOCIOLOGY
HEALTH SCIENCE
NURSING
MATHMATICS
COMP SCI
CHEM/BIO
PHYSICS

PLEASE USE QR CODE BELOW TO ACCESS LRC HOURS, SUPPORTED COURSES & TUTOR SCHEDULES

CAN’T DO ➔ CAN DO WITH HELP ➔ CAN DO ON MY OWN

VYGOTSKY’S ZONE OF PROXIMAL DEVELOPMENT
Events Overview

Boo’d Up
FALL 2021
A 4-PART HEALTHY RELATIONSHIP SERIES

Thursdays 3 - 4 p.m.
Bell Tower 2810

Oct. 14th Part 1: Boo’d up (starting a relationship)
Oct. 21st Part 2: Pizza & Fries (Conversation about Consent)
Oct. 28th Part 3: Thank U, Next (Ending Relationships)
Nov. 4th Part 4: Swipe Right (Technology & Relationships)

RSVP:
Jean Watkins - jean.watkins@csuci.edu
Kate Powers - kate.powers929@myci.csuci.edu
Broome Library Resources

Broom Library and WMC

Library FAQ
https://csuci.libanswers.com/

Remote Services https://library.csuci.edu/about/remote-services.htm

Writing and Multiliteracy Center (WMC)
https://www.csuci.edu/wmc/

Other Support Services

Learning Resource Center (LRC)
https://www.csuci.edu/learningresourcecenter/

Information Technology Services (ITS)
https://www.csuci.edu/its/

Requesting Search Help

Chat (synchronous)
https://library.csuci.edu/services/ask-librarian.htm#libchat

Email (asynchronous)
reference.librarian@csuci.edu

Zoom (synchronous) (M-F, 8 a.m. - 5 p.m. by appointment)
https://csuci.libcal.com/appointments/reference
Greetings Dolphins!

Welcome to a new academic year! We are excited to be welcoming you back to campus. We have many exciting and educational events lined up for this semester that are both in-person and virtual - to support the varied ways you may want to engage with us this semester.

As you start the year, we invite you to visit the MDC and take advantage of our offerings here. We have some free resources and educational content for LGBTQ+ History Month, so make sure to check it out next time you are near the center. Also know we are here for you, and stop by if you ever need any support!

As always, if you need anything please let us know and have a great start to the semester!

In Solidarity,
Hiram Ramirez, Ph.D.

Hiram Ramirez, Ph.D.
He / Him / His
Director of Inclusive Student Services
& the Multicultural Dream Center
hiram.ramirez@csuci.edu

Samuel Ponce
He, Him, His
ISS Student Assistant
Spring 2023
Events Overview

LGBTQ HISTORY MONTH SOCIAL

Wednesday, October 13th
from 11 AM - 1 PM in the Central Mall
Enjoy a display of pride flags, fun art activities, and community engagement!

FREE GOODIE BAGS!!

For more information, and event registration please visit the Islands event page! https://theisland.csuci.edu/virtual-events
AND STILL WE RISE: TRANS VOICES IN ACTIVISM & COMMUNITY ORGANIZING

FRIDAY, OCTOBER 22ND
4:00PM TO 5:30PM
VIA ZOOM

THIS PANEL INCLUDES TRANS* FOLXS WHO WILL SHARE NARRATIVES OF THEIR LIVED TRUTH & ACTIVISM WITHIN THE TRANS COMMUNITY

REGISTER AT: GO.CSUCI.EDU/ASWR

For more information, and event registration please visit the Islands event page! https://theisland.csuci.edu/virtual-events
Silver Training

Session 1:
Thursday, October 7th 2-4 pm

Session 2:
Tuesday, November 2nd 10-12 PM

RSVP at go.csuci.edu/UndocAlly

gc.csuci.edu/UndocuAlly

Diversity & Inclusion Student Council

Sign-Up Link

Are you interested in a leadership opportunity focusing on Inclusion and Diversity? The Diversity and Inclusion Student Council's mission is to empower students to build an inclusive campus environment that is safe and welcoming for all. Through this online group, you will build a community and actively make a difference.

You can join us by meeting in the Multicultural Dream Center (Bell Tower 1530) or reach out to Kem French for the zoom link at Kem.French@csuci.edu

gc.csuci.edu/DISC
FREE IMMIGRATION LEGAL SERVICES
For students, faculty, staff, their immediate family (spouses, parents, siblings, and children), and Alumni from CSUCI

WHEN
- Every Monday & Wednesday
- 10 AM - 4 PM
- Via Zoom or Phone Call

WHAT
- DACA Renewals
- Green Card Renewal
- Family-Based Petitions
- General Consultation
- And more!

HOW
Book an appointment at carecenla.simplybook.me/v2/

LEARN MORE
CARCEN Webpage
carecen-la.org
CARECEN IG
@carecen_la

For questions reach out to Natalie Johnson at natalie.johnson@csuci.edu

The University encourages persons with disabilities to participate in its programs and activities. If you anticipate needing any type of accommodation, or have questions about the physical access provided, please contact Disability Accommodations and Support Services at (805) 437-3331 or accommodations@csuci.edu as soon as possible, but no later than 7 business days prior to the event.

For more information, and sign up for your appointment please visit: carecenla.simplybook.me/v2/
LEVEL UP
STUDY SKILLS WORKSHOP SERIES
YOUR ACADEMICS

STUDY SMARTER NOT HARDER:
TIME MANAGEMENT TIPS
THURSDAY, OCT. 14
2 PM - 3:30 PM
ZOOM

Having trouble meeting deadlines for class? Can’t seem to find any time for your classes, work, or other commitments? Join this session to learn strategies and tips on how to better manage your time for a successful semester.

LEVERAGING LIBRARY RESOURCES
TUESDAY, NOV. 9
4 PM - 5 PM
ZOOM

Ever wonder what online resources the library has now? Want to read a good book or find an article for class. Attend this session to learn about the virtual resources, accessing books, and other services available within the library.

STUDY STRATEGIES 101
TUESDAY, OCT. 26
1 PM - 2 PM
ZOOM

Trying to get that A on the next test? Looking for a new way to study for that hard class? Look no further! This session will give you tips and tricks to be successful in your class, as well as provide additional resources.

VIRTUAL STUDY HALL
EVERY THURSDAY
4 PM - 5 PM
ZOOM

Join fellow Dolphins to study and prepare for class. A librarian will be in all session to help answer questions, share library resources, and more.

BUILDING VIRTUAL STUDY GROUPS
THURSDAY, NOV. 4
10:00 AM - 10:30 PM
ZOOM

Having trouble connecting with peers in class? Need ways to work collaboratively with classmates. Join this session to get tools and tips on how to form study groups in your classes. We will also explore ways to sustain these groups, so everyone can be successful.

WRITING STRATEGIES & TIPS
WEDNESDAY, OCT. 20
3 PM - 4 PM
ZOOM

Having trouble writing that long paper? Need inspiration to cross that mandatory page count? Join this session to learn some techniques and strategies to support your writing process and become a stronger writer.

PLANNING FOR SUCCESS
THURSDAY, OCT. 7
3 PM - 4:30 PM
ZOOM

Having trouble keeping track of midterm exams and papers? Feeling overwhelmed by all the work you need to do to prepare for midterms? Join us to discuss how you can best prepare for your midterms/finals and learn about other valuable resources.

GO.CSUCI.EDU/LEVELUP

The University encourages persons with disabilities to participate in its programs and activities. If you anticipate needing any type of accommodation, or have questions about the physical access provided, please contact Disability Accommodations and Support Services at (805) 437-3331 or accommodations@csuci.edu as soon as possible, but no later than 7 business days prior to the event.
Adulting 101
A series designed to teach students life skills to support their holistic wellness both on and off campus

Financial Wellness
Partnering with wellness Promotion & Education
Monday, September 13th | 12:00 to 1:00 pm
Tuesday, September 14th | 4:00 to 5:00 pm
via Zoom

Wellness Toolkit
Partnering with Counseling & Psychological Programs
Monday, October 18th | 12:00 to 1:00 pm
Tuesday, October 19th | 4:00 to 5:00 pm
via Zoom

Minimizing Distractions
Partnering with Disability Accommodations & Support Services
Monday, November 15th | 12:00 to 1:00 pm
Tuesday, November 16th | 4:00 to 5:00 pm
via Zoom

RSVP Today @ go.csuci.edu/Adulting101

The University encourages persons with disabilities to participate in its programs and activities. If you anticipate needing any type of accommodation, or have questions about the physical access provided, please contact Disability Accommodations and Support Services at (805) 437-3331 or accommodations@csuci.edu as soon as possible, but no later than 7 business days prior to the event.

For more information, and event registration please visit:
go.csuci.edu/Adulting101
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[Website Links]
For more information go [here](#)
MDC Hours of Operation

Monday - Thursday: 9 AM - 6 PM
Friday: 8 AM - 5 PM
Bell Tower 1530

MDC Events & Update

The following website has the most current events, updates and other resources.

Webpage: go.csuci.edu/mdcupdates

MDC Social Media

If you want more to see more updates than the monthly newsletter, follow us on Instagram, Twitter, TikTok, or Facebook for announcements about events and resources from the MDC and other organizations.

@CSUCI__MDC  @CSUCHannelIslands Multicultural
@MDC_CSUCI  @CSUCI__MDC
@MDC_CSUCI
Mental Health Resources for Black, Indigenous and People of Color (BIPOC)
This guide has articles, which showcase exercises on relaxation, local resources, and online support groups

Click here to access this resource.

Undocu-Immigrant Mental Health Resource Guide
This guide has resources that center around mental health grounding and self-care tool kits, for Undoc-Immigrant

Click here to access this resource.

Mental Health Resources for People of Color
This guide has articles, that focus the mental health needs of (BIPOC)

Click here to access this resource.

Destress Week Resources
Check out this guide for resources and ways to de-stress!

Click here to access this resource.
Latinx Student Resource Guide
Click here to access this resource.

African American & Black Student Resource Guide
Click here to access this resource.

Womxn Student Resource Guide
Click here to access this resource.

LGBTQ+ Student Resource Guide
Click here to access this resource.
Asian American Pacific Islander Student Resource Guide
Click here to access this resource.

Undocumented Student Resources Guide
Click here to access this resource.

Native American & Indigenous Student Resource Guide
Click here to access this resource.
COVID-19 Updates
1. Set limits.
It can be easy and tempting to scroll on your phone for several hours. Try planning a set amount of social media time so you remember to fit in other activities. You could schedule an alarm on your phone or ask someone to help remind you when it's time to stop. Additionally, most mobile phones have screen time tracking apps. Remember that the limits you set for yourself will likely be different from those of your family members and friends, and that's okay! Allow yourself time to experiment and see what works best for you.

2. Curate the content.
Notice which accounts you follow and how they make you feel, both physically and emotionally. Do certain posts make you feel stressed, constrict your breathing or cause your mood to drop? It may be a good idea to stop following these accounts. At the same time, try to consider which accounts and posts help you feel relaxed, grounded, and more present.

3. Eliminate the clutter.
One of the biggest drawbacks of social media can be a large amount of content you consume at any given moment. All the different messages, photos, and videos can begin to feel overwhelming. While it can be tempting to follow all sorts of celebrities, stores, social causes, companies, and more, see if you can set a limit for the number of accounts you follow. This way you will be able to absorb and appreciate the content, rather than perhaps mindlessly scrolling through it.

4. Maintain perspective.
While filters and different editing tools can be fun to use, they can also be misleading. If you catch yourself doubting your own self-worth as you scroll through social media, try to pause, take a deep breath and remind yourself that social media does not always reflect reality.

5. Find additional online support.
Looking for more tips about how to use social media in a healthy way and/or how to address your own stress or anxiety? You can schedule a visit with a therapist on LiveHealth Online! Plus, if you're new to online therapy, read this blog from Dr. Lindsay Henderson, Director of Psychological Services with LiveHealth Online, to learn more about online therapy and how it helps people improve their mental health and cope with change.
Ventura County COVID-19 Testing Information

COVID-19 TESTING
Available for those that live or work in Ventura County. Tests are provided at no cost.

DRIVE-UP TESTING SITES

- **Moorpark College**
  7076 Campus Rd., Moorpark 93021
  7 days a week 10am - 7pm

- **Harding Park, Santa Paula**
  1440 Harvard Blvd., Santa Paula 93060
  6 days a week 10am - 7pm (Closed Fridays)

- **Freedom Park, Camarillo**
  515 Eubanks St., Camarillo 93010
  7 days a week 10am - 7pm

- **Ventura County Fairgrounds** (Walk-up site*)
  Enter on Shoreline Dr, Ventura 93001
  6 days a week 8am - 6pm (Closed Wednesdays)
  *The location is behind the Derby Club in San Niguel Hall

- **Oxnard College**
  4000 S. Rose Ave., Oxnard 93033
  7 days a week 10am - 7pm

- **Fillmore Family Medical Group**
  629 W. Ventura St., Fillmore 93015
  Wednesday 8am - 4pm

OPTUMSERVE STATE LOCATION
COVID-19 testing for all community members. Please schedule an appointment by calling or registering online.

- **Thousand Oaks Library - Newbury Park Branch**
  2331 Borchard Road, Newbury Park 91320 • 7 days a week 10am - 7pm

- **Oxnard Performing Arts Center**
  800 Hobson Way, Oxnard 93030 • Monday-Friday 9am - 6pm

URGENT CARE LOCATIONS
Appointments Required. Please call 805-652-7660.

- **Oxnard**
  - *Las Islas Family Medical Group South*
    325 West Channel Islands Blvd., Oxnard 93033
  - *Magnolia Family Medical Center*
    2240 E. Gonzales Rd., Oxnard 93036

- **Ventura**
  - *Academic Family Medicine Center*
    300 Hillmont Ave., Bldg. 340, Ventura 93003
  - *West Ventura Medical Clinic*
    133 W. Santa Clara St., Ventura 93001

- **East County**
  - *Conejo Valley Family Medical Group*
    126 W. Thousand Oaks Blvd., Suite 200
    Thousand Oaks 93060
  - *Sierra Vista Family Medical Clinic*
    1227 East Los Angeles Ave., Simi Valley 93065

**Mobile COVID-19 Testing** is offered throughout the County each week. View the pop up site schedule at www.venturacountyrecovers.org.

@CountyOfVentura  @countyofventura  @CountyVentura  @countyofventura
For information on CSUCI's plan for the Fall 2021 Semester, please visit https://www.csuci.edu/news/campus-updates/fall-2021/

For information on Covid-19 campus cases, COVID-19 reporting, and all other CI updates, please visit https://www.csuci.edu/news/campus-updates/covid19.htm
Greetings Boo-tiful Dolphins!

Are you ready to channel the flannel, because we've fall-n into October? If you don't like sappy puns, you better leaf right now. The Intercultural Services team and I are excited to pumpkin spice things up with all the great events we have for you this month. Trick or treat yo' self by attend Heritage Months Social celebrating the history of the LGBTQ community (more details below). We would also like to invite you to become a member of the Diversity and Inclusion Student Council (DISC). This is your Multicultural Dream Center (#MyMDC), and we are happy you're back!

I know it's corny, but you're a-maize-ing

Sincerely,
Kem French, M.S.W.

Kem A. French, M.S.W
He / Him / His
Assistant Director of
Inclusive Student Services
kem.french@csuci.edu

Intercultural Services Staff

Carlos Espitia
He / Him / His
Grad Intern
Spring 2023

Yessica Arreguin
She / Her / Hers
Student Assistant

Layla Ruiz
Pronouns
Student Assistant

Matthew Piniol
He / Him / His
Student Assistant
Events Overview

**LGBTQ Heritage Month Social**
Wednesday, October 13 | 11 am - 1 pm | Central Mall

Enjoy a display of pride flags, fun art activities, and community engagement!

**Study Skills October Workshops via Zoom**

*Planning For Success*
Thursday, October 7 | 3 pm - 4:30 pm | RSVP Today @ go.csuci.edu/levelup

*Study Smarter Not Harder: Time Management Tips*
Thursday, October 14 | 2 pm - 3:30 pm | RSVP Today @ go.csuci.edu/levelup

*Writing Strategies & Tips*
Wednesday, October 20 | 3 pm - 4 pm | RSVP Today @ go.csuci.edu/levelup

*Study Strategies 101*
Tuesday, October 26 | 1 pm - 2 pm | RSVP Today @ go.csuci.edu/levelup

**Adulting 101 October Workshops via Zoom**

*Wellness Toolkit: Partnering with Counseling & Psychological Programs*
Monday, October 18 | 12 pm - 1 pm | RSVP Today @ go.csuci.edu/Adulting101
Tuesday, October 19 | 4 pm - 5 pm | RSVP Today @ go.csuci.edu/Adulting101

A series designed to teach students life skills to support their holistic wellness both on and off campus.

**And Still We Rise: Trans Voices in Activism & Community Organizing**
Friday, October 22 | 4 pm - 5:30 pm | Zoom

This panel includes Trans* folx who will share narratives of their lived truth & activism within the Trans community.

Register at: go.csuci.edu/ASWR
Research Opportunity

DO YOU DATE MEN?

Entre Herman@s wants to talk confidentially with you and the brother or sister you trust about your sexual health and PrEP.

Research study seeks sexually active gay Latino men 18-39 years old.

Participation will require one visit. PrEP (Pre-Exposure Prophylaxis) is daily medicine that reduces a person’s chance of getting HIV.

Each of you will receive $50 for your time. Entre Herman@s Study Call (213) 293-0056

Email: siblings.and.prep@gmail.com

Study supported by NIH/NIMHD #U54MD007518.
FREE ANONYMOUS HIV / AIDS TESTING AT THE CRC! To schedule your appointment September 20 or October 18 click here. Know your Status!

JUST ONE DROP IS ALL IT TAKES.
KNOW YOUR STATUS.

TO SCHEDULE YOUR FREE ANONYMOUS TEST VISIT DIVERSITYCOLLECTIVE.ORG
Hey, what are you doing next Wednesday night at 6 pm?

Nothing much. What's up?

Wanna spill the tea at next Pride Nook meeting?

Uh yeeah!! That sounds like fun!

Join Us Every 1st & 3rd Wednesday at 6 pm
Via Zoom
Register at diversitycollectivevc.org
Looking for info on your body, relationships, sex, & more? Planned parenthood is here to help - & they're coming to Rainbow Umbrella! Have the education & information you need to make your own health choices. Earn a certificate of completion. Fridays from 5:30 - 7:30pm. Email for more information: rainbowumbrella@diversitycollective.org

Rainbow Umbrella

Join the Pride Nook on Wednesdays 6 - 7 PM PST starting February 3rd. Register for Diversity Collective's Virtual Book Club at: diversitycollectivevc.org

Support Groups in Ventura County

Find Gay/Lesbian/Bisexual/Transgender Support Groups by searching by an agency/program name, or choosing a suggested service as you type.

Student Resources

LGBTQ Student Resources & Support. Focuses on creating more welcoming environments for LGBTQ teens and college students.
Multicultural Student Initiatives

Table of Contents
Hello,

Happy LGBTQ+ Month! Please stop by the MDC to check out the events we are hosting in celebration of the LGBTQ+ month and much more. Be on the look out from emails for me or Alejandro with updates on new and exciting programming.

If you would like to chat or have questions either email me at crystal.delatorre@csuci.edu or set up a meeting with me at this link: go.oncehub.com/CrystalDelatorre.

Best,
Crystal Delatorre, M.S.
Events Overview

**Undocumented Student Ally Training: Silver**
Thursday, October 7 | 2 pm - 4 pm | RSVP Today @ go.csuci.edu/UndocAlly
Each of these sessions build upon your knowledge on becoming an ally for undocumented students.

**Study Skills October Workshops via Zoom**
**Planning For Success**
Thursday, October 7 | 3 pm - 4:30 pm | RSVP Today @ go.csuci.edu/levelup
**Study Smarter Not Harder: Time Management Tips**
Thursday, October 14 | 2 pm - 3:30 pm | RSVP Today @ go.csuci.edu/levelup
**Writing Strategies & Tips**
Wednesday, October 20 | 3 pm - 4 pm | RSVP Today @ go.csuci.edu/levelup
**Study Strategies 101**
Tuesday, October 26 | 1 pm - 2 pm | RSVP Today @ go.csuci.edu/levelup

**Adulting 101 October Workshops**
Monday, October 18 | 12 pm - 1 pm | RSVP Today @ go.csuci.edu/Adulting101
Tuesday, October 19 | 4 pm - 5 pm | RSVP Today @ go.csuci.edu/Adulting101
A series designed to teach students life skills to support their holistic wellness both on and off campus.
Multicultural Student Initiatives

ASIAN
AMERICAN &
PACIFIC
ISLANDER
Resources

Asian American Pacific Islander Student Resource Guide

Click here to access this resource.
Grace Lee Boggs

A prominent activist her entire adult life, Grace Lee was born in Rhode Island in 1915, the daughter of Chinese immigrants. She studied at Barnard College and Bryn Mawr, receiving her Ph.D. in 1940. Her studies in philosophy and the writings of Marx, Hegel, and Margaret Mead led not to a life in academia, but rather to a lifetime of social activism.

Boggs has rejected the stereotypical radical idea that capitalist society is just something to be done away with, believing more that "you cannot change any society unless you take responsibility for it, unless you see yourself as belonging to it and responsible for changing it."

Website:
Discover AAPI Culture in Los Angeles

*Museums, landmarks, and monuments*

NATIVE AMERICAN
Resources

Native American & Indigenous Student Resource Guide

Click here to access this resource.
Merson Uyra

(Emerson Munduruku) is a young artist, the lines between human, animal, and plant. Out in the streets of the Amazonian city of Manaus, Brazil, or in the sterile space of the art gallery, Urya mesmerizes audiences with his disrupting of colonial narratives of wilderness, gender, and environmental destruction. A visual artist and human rights activist, Uyra is also a biologist with a masters degree in ecology. Whether he is inhabiting Emerson or Uyra Sodoma, he is pushing for diversity, rights, and racial justice. Cultural Survival recently spoke with Uyra.
Multicultural Student Initiatives

Native American

https://issuu.com/culturalsurvival/docs/csq-45-3
PROMOTING ACHIEVEMENT THROUGH HOPE
PATH PRESENTS
HALLOWEEN
SPooky BOX
COME SEE CRYSTAL IN THE MDC
FRIDAY, OCT 8th | 8AM- 5PM
Promoting Achievement Through Hope

The Sallie Mae Fund’s Bridging the Dream Scholarship Program
Helping students access and complete higher education

In partnership with the Thurgood Marshall College Fund, The Sallie Mae Fund’s Bridging the Dream Scholarship Program helps increase access and completion of higher education among students of color and those from underserved communities.

Minority students and those from marginalized communities face long standing inequities when it comes to accessing and completing college.

- **White** (71%): 65% enrollment rate; 65% completion rate
- **Hispanic** (65%): 47% enrollment rate; 22% completion rate
- **Black** (33%): 47% enrollment rate; 22% completion rate

The Sallie Mae Fund’s Bridging the Dream Scholarship Program will award

- **885 Scholarships**
- **3 Years**
- **$3M Total**

- **75 $10,000 scholarships to high school seniors** to access higher education
- **780 scholarships of up to $2,500** to help students complete post-secondary education
- **30 $10,000 scholarships to help graduate students access and complete their degrees**

Who is eligible?
The Bridging the Dream Scholarships are available to minority students and those from marginalized or underserved communities, including Black, Hispanic, Pacific Islander, Indigenous, LGBTQ+, low-income, first generation, and students from rural communities, among others. Applicants must be U.S. citizens or legal permanent residents and Pell Grant-eligible.

How to apply: [salliemae.com/about/scholarship-opportunities](https://www.salliemae.com/about/scholarship-opportunities) or [tmcf.org/students-alumni/scholarships](https://tmcf.org/students-alumni/scholarships)


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Students can apply today at [https://www.salliemae.com/landing/bridging-the-dream-for-graduates/](https://www.salliemae.com/landing/bridging-the-dream-for-graduates/)

Deadline is October 25, 2021
Monthly Letter by Natalie Johnson

Hello all!

Happy LGBTQ History Month! Make sure to check out the list of our events this month celebrating and acknowledging this community. For current updates and information on our resources and events outside of the newsletter, please visit our IG at csuci_mdc.

If you would like to chat or have questions either email me at natalie.johnson@csuci.edu or set up a meeting with me at this link: go.oncehub.com/NatalieJohnson.

Sincerely,
Natalie Johnson, M.Ed.
USI
Events Overview

**Undocumented Student Ally Training: Silver**
Thursday, October 7th
2 - 4 PM
RSVP: [go.csuci.edu/UndocAlly](go.csuci.edu/UndocAlly)
Each of these sessions build upon your knowledge on becoming an ally for undocumented students.

**Adulting 101: Wellness Tool kit (CAPS)**
Monday, October 18th
12:00 - 1:00 PM
RSVP: [go.csuci.edu/Adulting101](go.csuci.edu/Adulting101)
Be a part of this workshop where you'll learn about various money management techniques and how poor budgeting skills can negatively affect your overall wellness in partnership with Counseling and Psychological Services (CAPS).

**Planning for Success**
Thursday, October 7th
3:00 Pm - 4:30 Pm
RSVP: [go.csuci.edu/LevelUp](go.csuci.edu/LevelUp)
Having trouble keeping track of midterm exams and papers? Feeling overwhelmed by all the work you need to do to prepare for midterms? Join us to discuss how you can best prepare for your midterms finals and learn about other valuable resources.
Events Overview

**Study Smarter Not Harder: time Management Tips**
Thursday, October 14th
2 - 3:30 PM
RSVP: go.csuci.edu/LevelUp
Having trouble meeting deadlines for class? Can't seem to find any time for your classes, work, or other commitments. Join this session to learn strategies and tips on how to better manage your time for a successful semester.

**Writing Strategies & Tips**
Wednesday, October 20th
3:00 - 4:00 PM
RSVP: go.csuci.edu/LevelUp
Having trouble writing that long paper? Need inspiration to cross that mandatory page count? Join this session to learn some techniques and strategies to support your writing process and become a stronger writer.

**Study Strategies 101**
Tuesday, October 26th
12:00 - 1:00 PM
RSVP: go.csuci.edu/LevelUp
Trying to get that A on the next test? Looking for a new way to study for that hard class? Look no further! This session will give you tips and tricks to be successful in your class, as well as provide additional resources.

**And Still we Rise:**
Trans Voices in Activism & community organizing
Friday October 22nd
4:30 - 5:00 PM
RSVP: go.csuci.edu/ASWR
This panel includes trans* folks who will share narratives of their lived truth & activism within the Trans community
Events Overview

**WOCMP Social: Journal Decorating**
Thursday, October 14th  
3-4 pm  
**Location**: Founders Courtyard  
Mentees, come join in and mingle with the WOCMP in Journal decorating in the Founders Courtyard.

**WOCMP Workshop: Identity Development & Terminology**
Wednesday, October 27th  
4:00 - 4:50 PM  
**RSVP**: [go.csuci.edu/mdcevent](go.csuci.edu/mdcevent)  
WOCMP Virtual Workshop on Identity Development & Terminology.
MAR
Undocu Resources

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Events Overview

**Undocumented Student Mentor Program: Journal Decorating**
Wednesday, October 13th
3:00 - 4:00 PM
**Location:** Founders Courtyard
Mentees, come join in and mingle with the USMP in Journal decorating in the Founders Courtyard.

**You are Not Alone: Resources and Support for Victims of Gender and Immigration Based Violence**
Thursday, October 14th
3:00-4:00 pm
**RSVP:** [bit.ly/2Wn24Jq](bit.ly/2Wn24Jq)

Join CARECEN to learn about different immigration relief for individuals for have suffered gender and immigration based violence, as well as related resources and support.

**USMP Workshop: Undoc Theory & Identity Development**
Wednesday October 27th
3:00 - 3:50 pm
**RSVP:** [go.csuci.edu/mdcevent](go.csuci.edu/mdcevent)
USMP virtual workshop on Undocu Theory & Identity Dev.
## Workshops

### FALL 2021

**JFS | HELS - Higher Education Legal Services**

<table>
<thead>
<tr>
<th>DAY - TIME</th>
<th>WORKSHOP NAME / TOPIC</th>
<th>CO-HOST</th>
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</table>

**Website:** [www.jfssd.org/HELS](http://www.jfssd.org/HELS) | [Instagram](https://www.instagram.com/HELS_SD) | [Email](https://helsimmigration@jfssd.org)
Research Project
IRB2021-0039

Examining the Transition of Graduating Undocumented College Students

Seeking undocumented students to participate in a confidential study about their college graduation experiences!
1. Be graduating or have just graduated with a bachelor’s degree from any four-year college or university in the United States between April and September 2021
2. Be undocumented with or without DACA at the time of graduation
3. Be at least 18 years old

Meet the criteria? Interested? Read more about this project:

Scan QR Code

For questions, contact Cinthya Salazar at csalazar@tamu.edu or Cindy Barahona at cinbarahona@tamu.edu
Mariposa Achieving & Resisting

M.A.R. is a program for undocumented students at CI to ensure academic success. The program is focused on meeting students individually to support their academic, personal, and post-graduation goals as well as providing fun and purposeful community-building opportunities.

To learn more, visit https://tinyurl.com/yyztv5n5

To apply, visit https://tinyurl.com/y68tvtrqf

For more information, contact Natalie Johnson at natalie.johnson@csuci.edu.
FREE IMMIGRATION LEGAL SERVICES
For students, faculty, staff, their immediate family (spouses, parents, siblings, and children), and Alumni from CSUCI

WHEN
- Every Monday & Wednesday
- 10 AM - 4 PM
- Via Zoom or Phone Call

WHAT
- DACA Renewals
- Green Card Renewal
- Family-Based Petitions
- General Consultation
- And more!

HOW
Book an appointment at carecenla.simplybook.me/v2/

LEARN MORE
CARCEN Webpage
carecen-la.org
CARECEN IG
@carecen_la

For questions reach out to Natalie Johnson at natalie.johnson@csuci.edu

The University encourages persons with disabilities to participate in its programs and activities. If you anticipate needing any type of accommodation, or have questions about the physical access provided, please contact Disability Accommodations and Support Services at (805) 437-3331 or accommodations@csuci.edu as soon as possible, but no later than 7 business days prior to the event.
You are Not Alone: Resources and Support for Victims of Gender and Immigration Based Violence

Thursday, October 14th from 3-4PM

Join CARECEN to learn about different immigration relief for individuals for have suffered gender and immigration based violence, as well as related resources and support.


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For more information go [here](#)