"I can't change the direction of the wind, but I can adjust my sails to always reach my destination." - Jimmy Dean
WELCOME MDC STUDENT ASSISTANTS

FALL 2020

Ramona Ornelas
She/Her/Hers
PATH Student Assistant
History
Minor in Chicanx Studies
Graduating Spring 2023

Isaiah Ball
He/Him/His
PATH Student Assistant
Organizational Communication
Graduating Spring 2021

Anthony G. De La O
He/Him/His
ISS Student Assistant
Chicanx Studies
Minor in Psychology
Graduating Spring 2022

Taylor Duncan
She/Her/Hers
MDC Student Assistant
Liberal Studies w/ Emphasis in Teach and Learning
Sub-plan in Human Psychology and Development
Graduating Spring 2021

Mandavi Chattopadhyay
She/Her/Hers
Graduate Student pursuing M.S in Counseling and College Student Personnel at Cal Lutheran Universtiy
Previous Education: MA in Political Sc, North Bengal University, India

Gun Arunvongse
He/Him/His
IS Student Assistant
Business
Minor in Business Marketing
Graduating Spring 2021

Evelyn Torres
They/Them/Theirs
USI Student Assistant
Studio Arts Major

Yessica Arreguin
IS Student Assistant
Psychology
Graduating Spring 2022

Taylor Duncan
She/Her/Hers
MDC Student Assistant
Liberal Studies w/ Emphasis in Teach and Learning
Sub-plan in Human Psychology and Development
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Graduating Spring 2022

Taylor Duncan
She/Her/Hers
MDC Student Assistant
Liberal Studies w/ Emphasis in Teach and Learning
Sub-plan in Human Psychology and Development
Graduating Spring 2021
Join The CI View Student News Member Meetings

Are you interested in telling stories, photography, social media, videography, graphic design, or journalism? Then come join The CI View student news! Member meetings are every Monday from 11:00am - 12:15pm during the fall 2020 semester.

Our virtual meetings will be via Zoom: https://csuci.zoom.us/j/94398919085

DROP-IN: “CI Life” Support Group – Kick Life into the

Join your student peers and Counseling and Psychological Services (CAPS) Tuesdays and Wednesdays from 12:30pm - 1:30pm as we address student-led topics on stress, coping, resources and more. Bring your questions and get answers. This open group gives the opportunity for students to connect with each other and talk about stress, coping skills, community resources and other student-led topics. Facilitated by Rhonda Johnson-David, LMFT

Zoom at https://zoom.us/j/95205248022
For more information visit: go.csuci.edu/CAPSgroups, call (805) 437-2088, or email: caps@csuci.edu

FIFA 20 Esports League (PS4)

The “FIFA 20 Esports League” begins Tuesday, September 8 at 8:00am and will run through Friday, September 18, until 5:00pm. All Esports Leagues are played in a ladder league format where participants are able to challenge players ranked two above and two below them. ALL participants MUST Register by Thursday, September 3 at IMLeagues.com.

Here is the League Schedule:

- Regular season: Tuesday, Sept 8 - Tuesday, Sept 15
- Playoffs: Wednesday, Sept 16 & Thursday, Sept 17
- Championship: Friday, Sept. 18

For questions or more information, please email: campusrecreation@csuci.edu.
Campus Events - September 2020

NBA 2K20 Esports League (Xbox One)

The “NBA 2K20 Esports League (Xbox One)” begins Tuesday, September 8 at 8:00am and will run through Friday, September 18, until 5:00pm. All Esports Leagues are played in a ladder league format where participants are able to challenge players ranked two above and two below them. ALL participants MUST Register by Thursday, September 3 at IMLeagues.com.

Here is the League Schedule:
- **Regular season:** Tuesday, Sept 8 - Tuesday, Sept 15
- **Playoffs:** Wednesday, Sept 16 & Thursday, Sept 17
- **Championship:** Friday, Sept. 18

For questions or more information, please email: campusrecreation@csuci.edu

Campus Rec Fantasy Football League Draft Day

Fantasy Football Season is HERE!!! Draft Day is **Tuesday, September 8 at 5:00pm**. To secure your spot, sign up on IMLeagues.com today. ALL participants MUST Register by Tuesday, September 8th.

For questions or more information, please email: campusrecreation@csuci.edu

Weekly Senate Meeting

Do you like advocating for student voices? Or want to hear what is going on at CI? Then come to Student Government Senate meetings every **Wednesday from 9:00 a.m. - 11:00 a.m.** via Zoom: https://csuci.zoom.us/j/96458424516

For more information, visit Student Government's website: studentgov.csuci.edu or follow them on Instagram: ci_studentgovt
Campus Events - September 2020

Adelante Dolphins! Support Group for Latinx Students (Drop-in Event)

What does it mean to be a Latinx student at CSUCI? College life can be exciting, difficult and scary all at the same time. Juggling real life issues while staying school-focused can feel overwhelming! Let’s talk about family, aspirations, relationships and daily challenges in a nurturing and encouraging environment each Wednesday from 11:00am - 12:15pm. Join your student peers and Counseling and Psychological Services (CAPS) Wednesdays, Sept. 9 – Oct. 28, for group discussions. Facilitated by Norma Lopez Magaña, LCSW

Zoom at https://zoom.us/j/93920616729
For more information visit: go.csuci.edu/CAPSgroups, call (805) 437-2088, or email: caps@csuci.edu

Student Programming Board (SPB) Weekly Meetings 9/10/20

Join Student Programming Board for our General Board Meetings Every Thursday from 5:30pm - 6:30pm via Zoom.

The Zoom Link is: https://csuci.zoom.us/j/94173151956 For more information or if you have any questions, please email us at asi.spb@csuci.edu.

Grad Check Workshop: Sept. 17

Calling all seniors...want to check to make sure you are on track for graduation? Sign up for one of our upcoming grad check workshops and advisors will assist you in reviewing your CI Academic Requirements Report (CARR) to verify requirements for graduation have been met.

RSVP for this or other Grad Check Workshops HERE!
RSVP at GO.CSUCI.EDU/ADVISINGWORKSHOPS
Campus Events - September 2020

EOP Book Club – Fall Series (Open to EOP Students) 9/17/20

Join your EOP peers to read a book and engage in literacy group discussions! EOP Book Club meetings will be every Thursday at 1:30pm. Please direct all questions to Ricardo Rico in the Educational Opportunity Program at ricardo.rico@csuci.edu.

This is a Zoom event: https://csuci.zoom.us/j/98856379935

Virtual School Survival Skills: “Tips to Maximize Homework Efficiency”

Join Disability Accommodations and Support Services (DASS) Counselors on Friday, September 11, from 11:00 am - Noon as we provide a drop-in workshop for Virtual School Survival Skills. Each week we will be covering a new topic and answering your questions. This week we will discuss ways to study more efficiently.

Join us via Zoom and use this Meeting ID#: 991 9106 6890

Virtual School Survival Skills: “How to Access Virtual Tutoring”

Join Disability Accommodations and Support Services (DASS) Counselors on Friday, September 18, from 11:00 am - Noon as we provide a drop-in workshop for Virtual School Survival Skills. Each week we will be covering a new topic and answering your questions. This week our PIER Mentors will share all about tutoring services available on campus while also providing details on how to access these services.

Join us via Zoom and use this Meeting ID#: 991 9106 6890
Campus Events - September 2020

Call of Duty Warzone (Cross-Platform) Esports League:

Sept. - Oct. The “COD: Warzone (Cross-Platform) Esports League” begins Monday, September 21 at 8:00 am and will run through Friday, October 16, until 5:00 pm. All Esports Leagues are played in a ladder league format where participants are able to challenge players ranked two above and two below them. ALL participants MUST Register by Thursday, September 17 at IMLeagues.com.

Here is the League Schedule:
- **Regular season:** Monday, Sept 21 - Friday, Oct. 16
- **Playoffs:** Saturday, Oct. 17 - Monday, Oct. 19
- **Championship:** Tuesday, October 20

For questions or more information, please email: campusrecreation@csuci.edu

Madden 20 Esports League (PS4) The “Madden 20 (PS4) Esports League”

begins Monday, September 21 at 8:00 am and will run through Friday, October 2, until 5:00 pm. All Esports Leagues are played in a ladder league format where participants are able to challenge players ranked two above and two below them. ALL participants MUST Register by Thursday, September 17 at IMLeagues.com.

Here is the League Schedule:
- **Regular season:** Monday, Sept 21 - Monday, Sept 28
- **Playoffs:** Tuesday, Sept 29 - Thursday, October 1
- **Championship:** Friday, October 2

For questions or more information, please email: campusrecreation@csuci.edu

HAAPI: Supporting Healthy Asian/Asian American Pacific Islanders

HAAPI is a support and discussion space of South Asian, Southeast Asian, East Asian, Pacific Islander, multi/bi-cultural, and multi/bi-racial identified students. HAAPI provides students a safe space to discuss topics that are relevant to their experiences.

Come together via Zoom with others in a group setting every other Tuesday from 3:30 pm - 4:30 pm (Sept. 22, Oct. 6 & 20, Nov. 3 & 17, and Dec. 1). Using the zoom link: https://zoom.us/j/98421432236

Facilitated by Jill Huang, Ph.D.

For more information visit: go.csuci.edu/CAPSgroups, call (805) 437-2088, or email: caps@csuci.edu
Campus Events - September 2020

General Anxiety Support Group

Stressed about grades, money, your relationships, and/or the future in general? Feeling nervous and panicky more than you would like? Learn how to help yourself cope with stress, panic attacks, and anxiety. Come practice skills that you can use to optimize your success.

Join Counseling and Psychological Services (CAPS) and your fellow dolphins each Wednesday from 1:30 pm - 2:45 pm, Sept. 23 – Nov. 11. Facilitated by Stacy Udolph, LCSW

For more information visit: go.csuci.edu/CAPSgroups, call (805) 437-2088, or email: caps@csuci.edu

Social Anxiety Support Group

Is anxiety impacting the self from socializing with others in meaningful ways? Does the thought of socializing bring about negative thoughts, clammy hands, or a nervous stomach? Whether offline or online, learn how to cope with social anxiety. Come practice skills that will help reduce social anxiety and increase connection with others.

Join Counseling and Psychological Services (CAPS) in a group setting Thursdays from 11:30 am - 12:30 pm, Sept. 24 – Dec. 17. Facilitated by Kristina Rodriguez, Psy.D.

For more information visit: go.csuci.edu/CAPSgroups, call (805) 437-2088, or email: caps@csuci.edu
NOTE TAKERS WANTED

Get paid $13.00 per hour for taking notes!!!

For more information please email notetaking@csuci.edu
Fall 2020 MDC Hours of Operation

_MDC Virtual Hours: 8 AM - 5 PM_
_MDC Live Chat Hours: 10 AM - 2 PM_

Due to the online transition, the Multicultural Dream Center has added live chat hours for students who would like to communicate directly with a program coordinator.

To access this live chat, visit https://www.csuci.edu/mdc/ and click the "Get Help" button on the bottom of the screen.

MDC Social Media Profiles

If you want more to see more updates than the monthly newsletter, follow us on Instagram, Twitter, Tik Tok, or Facebook for announcements about events and resources from the MDC and other organizations.
September: Latinx Heritage Month

Follow our Instagram account to stay updated with our upcoming Heritage month content. @csuci_mdc

NATIONAL HISPANIC HERITAGE MONTH
(SEPTMBER 15 THROUGH OCTOBER 15)
BEGAN IN 1988 TO CELEBRATE THE LONG AND IMPORTANT PRESENCE OF HISPANIC AND LATINX AMERICANS IN THE UNITED STATES
**September Calendar**

**Latinx Heritage Month Kick Off**

**Wednesday, Sept. 2 All Day**

**Instagram Live: @esuci_mdc**

Join the MDC via Instagram for the kick-off of Latinx Heritage Month. Throughout the month we will continue to celebrate the history, culture and contribution of Latinx people.

**Informational Session: Women of Color Undergraduate Peer Mentoring Program**

**Wednesday, Sept. 2 Via Zoom Noon-1 p.m. and 3-4 p.m.**

Bell Tower: 15:30 RSVP Here: rsvp@esuci.edu

These informational sessions will be an opportunity to ask questions about the program for both undergraduate students interested in being mentors and mentees.

**Women of Color Undergraduate Peer Mentoring Program Application Deadline Friday, September 4th Midnight on Friday, Sept. 6**

For additional information contact Natalie Johnson at natalie.johnson@esuci.edu

**PATH/MAR Retreat**

**Friday, Sept. 11 1-5 p.m.**

This retreat is a community building and leadership opportunity for students who are in PATH (formerly foster youth, experienced homelessness, adoption, kinship/guardianship), or in MAR (undocumented students).

RSVP at https:// ciudad.wufco.com/forms/X1hPslhB1b/

For additional information contact Leticia Cazares at leticia.cazares@esuci.edu

**Immigration Legal Services Workshop:**

**Monday, Sept. 14 Via Zoom 1-2 p.m.**

This workshop will be focused on educating the campus community about confidentiality of students who render services with the Immigration Legal Services provided in the MDC.

**Trauma Informed Practices for Schools (TIPS) Training**

**Tuesday, Sept. 15 1:30-5:30 p.m.**

This training will teach attendees about the physiological impacts of trauma on the brain and possible emotional, behavioral, social and intellectual/academic impacts on students in foster care (e.g. attachment issues, externalized behaviors, disabilities, etc.).

The University encourages persons with disabilities to participate in its programs and activities. If you anticipate needing any type of accommodation, or have questions about the physical access provided, please contact Disability Accommodations & Support Services at accommodations@esuci.edu or call 805-433-5333 as soon as possible, but no later than seven (7) business days prior to the event.

For more information, please contact the Multicultural Dream Center, at 805-437-8407 or mdc@esuci.edu.

**Fun Fact:** Sept. 15 through Oct. 15 is Latinx Heritage Month.
Fall 2020 MDC Cultural Book Clubs
Join your peers to read a book/comic and explore the cultural themes together. Sign up at today at tinyurl.com/MDCBookClub!

**Fantasy**

*Labyrinth Lost*
by Zoraida Cordova

**Graphic Novels**

*Marvel & DC Comics*
by Various Authors

**Local Author**

*21 Miles of Scenic Beauty...and then Oxnard*
by Martin Alberto Gonzalez

**Social Justice**

*So You Want to Talk About Race*
by Ijeoma Oluo
Fall 2020 Virtual Communities

Sample Body Text

Our virtual communities are open to all students. These groups will meet on a bi-weekly basis to build community, discuss issues important to the group, and have fun! Each meeting will be a bit different and will be driven by what the group wants to do.

SIGN UP TODAY!
tinyurl.com/MDCVComm
Fall 2020 MDC Study Groups

Join a group of students to explore ways to use study groups to enhance your academic success at CSUCI!

Attend as many bi-weekly sessions as you can to learn fun tips on how to study successfully each week. You’ll get free goods and prizes the more you participate!

General - Kem
Science - Natalie
Writing -
Math - Leticia

If you are interested, sign up before midnight on Wednesday, September 2nd at tinyurl.com/StudyGroupFA20
Patients with COVID-19 have experienced mild to severe respiratory illness.

Symptoms* can include:

- Fever
- Cough
- Shortness of breath

*Symptoms may appear 2-14 days after exposure.

Seek medical advice if you develop symptoms, and have been in close contact with a person known to have COVID-19 or if you live in or have recently been in an area with ongoing spread of COVID-19.

Call us if you have symptoms and our Backpack Medicine Team will come to you

Non Emergent: Call Us at 805-515-6940
Emergent or after hours: 911
COVID-19 Testing

The County of Ventura has expanded its COVID-19 testing throughout the county for residents who have the symptoms of COVID-19.

Drop-off locations:
- Ojai Health Center
- Moorpark College
- Oxnard College
- Santa Paula Hospital
- Ventura County Fairgrounds
- Ventura County Fire District
- Ventura County Fire District

Urgent Care Locations:
- Ventura County Urgent Care
- Ojai Health Center
- Moorpark College
- Oxnard College
- Santa Paula Hospital
- Ventura County Fairgrounds
- Ventura County Fire District
- Ventura County Fire District

For more information, call the hotline: (805) 265-8097.
IS Letter by Kem French

Welcome Back Dolphins!
Intercultural Services is excited to welcome ya'll to the 20-21 school year.

We are aware that we are in an era where our students are being impacted by COVID-19, social unrest, and financial crises. The MDC team seeks to be a comfort and support to students during these challenging times.

We will continue our purpose to educate the campus community, specifically students, on issues of diversity and equity, while advocating for those who are historically underrepresented, underserved and undocumented. We are committed to affirming and celebrating the unique heritage of our students through promoting awareness, understanding, and appreciation for all peoples and cultures.

If you should have any questions or need support please feel free to reach out to myself or any of the MDC Team members.

Upcoming Fall Events include: Cultural Heritage Events, Cultural Films, Diversity & Inclusion Council, Nerds of Color Virtual Community, Study Groups: Writing & General, Cultural Book Club

IS Staff

Gun Arunvongse
IS Student Assistant Business
Minor in Business Marketing
Graduating Spring 2021

Kem A. French, M.S.W
Assistant Director of ISS
kem.french@csuci.edu

Yessica Arreguin
IS Student Assistant Psychology
Graduating Spring 2022
Diversity Collective is a community-based 501(c)3 nonprofit governed by a volunteer board of directors and volunteer advisory board. It is our mission to promote advocacy, education, mental and physical health for the LGBTQ community and those affected by HIV and AIDS in Ventura County, California. We do this work via our community resource center, programs, and community-building events.

http://www.diversitycollectivevc.org/home.html
PATH:
PROMOTING ACHIEVEMENT THROUGH HOPE
Program & Resources
PATH Letter by Leticia Cazares

Hello PATH students,

Welcome back to the start of the semester! I recognize this may not have been what you anticipated your semester to be. However, I would like to let you know that through the PATH Program we encourage you to stay connected and reach out to us if you need any support. This Friday we will be hosting our bi-weekly PATH Virtual Community which was sent to you via an invitation. If you have not received it yet, please feel free to email me at leticia.cazares@csuci.edu. I would also like to introduce our stellar student assistants Ramona and Isaiah who are both here to support your educational journey.

In addition, you can schedule a meeting with me at https://go.oncehub.com/LeticiaCazares.

PATH Staff

Ramona Ornelas  
She/Her/Hers  
PATH Student Assistant  
History  
Minor in Chicano Studies  
Graduating Spring 2023

Leticia H. Cazares, M.S.  
PATH Coordinator  
(805) 437-3528  
leticia.cazares@csuci.edu

Isaiah Ball  
He/Him/His  
PATH Student Assistant  
Organizational Communication  
Graduating Spring 2021
Path Virtual Community
(Closed group)

Will be meeting: The 1st & 3rd Friday of the Month from 3pm to 4pm.

Description: Support group for PATH students to build community and support each other throughout the semester.

RSVP: Email Leticia Cazares at leticia.cazares@csuci.edu if you are interested in attending.

The University encourages persons with disabilities to participate in its programs and activities. If you anticipate needing any type of accommodation, or have questions about the physical access provided, please contact Disability Accommodations and Support Services at (805) 437-3331 or accommodations@csuci.edu as soon as possible, but no later than 7 business days prior.
PATH PROGRAM HOSTING TRAUMA INFORMED PRACTICES FOR SCHOOLS (TIPS) TRAINING

Becoming “trauma-informed” means recognizing that people often have many different types of trauma in their lives. People who have been traumatized need support and understanding from those around them. Often, trauma survivors can be re-traumatized by well-meaning caregivers and community service providers.

Participants will:

1. Learn about the physiological impacts of trauma on the brain and possible emotional, behavioral, social and intellectual/academic impacts on students in foster care (e.g., attachment issues, externalized behaviors, disabilities, etc.)

2. Learn about the Adverse Childhood Experiences (ACES) studies and how they relate to life-long impacts for students impacted by trauma.

3. Learn about what is being done at schools and in classrooms to create trauma sensitive learning environments and strategies for responding to these impacts.

4. Develop an understanding of the importance of self-care: addressing our own traumatic experiences/history.

TUESDAY, SEPTEMBER 15, 2020 9:00AM-11:00AM

RSVP: HTTP://VCOE.K12OMS.ORG/1627-191856
QUESTIONS OR CONCERNS: EMAIL LETICIA.CAZARES@CSUCI.EDU

In partnership with Ventura County Office of Education.

The University encourages persons with disabilities to participate in its programs and activities. If you anticipate needing any type of accommodation, or have questions about the physical access provided, please contact Disability Resource Programs at (805) 437-3331 or accommodations@csuci.edu as soon as possible, but no later than 7 business days prior to the event.
PATH Program & Resources

Virtual Community Building Retreat

Friday, September 11th, 2020
1:00-4:30pm

https://csuci.zoom.us/j/93676244364
Password: 373057

The University encourages persons with disabilities to participate in its programs and activities. If you anticipate needing any type of accommodation, or have questions about the physical access provided, please contact Disability Accommodations and Support Services at (805) 437-3331 or accommodations@csuci.edu as soon as possible, but no later than 7 business days prior.
USI:
UNDERREPRESENTED
STUDENT INITIATIVES
Program
USI Letter by Natalie Johnson

I hope you all are staying safe and well during the time of the coronavirus (COVID-19) pandemic. With the transition to virtual support services the MDC has adopted online and virtual modes to support our different student populations.

If you would like to chat or need support either email me or set up a meeting with me at this link: https://go.oncehub.com/NatalieJohnson.

USI Staff

Natalie Johnson, M.Ed.
She/Her/Hers
Coordinator of USI

Evelyn Torres
They/Them/Theirs
USI Student Assistant
Studio Arts Major
## USI Program Events - September 2020

<table>
<thead>
<tr>
<th>Event ID</th>
<th>Event Name</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>02</td>
<td>WOCMP Mentee Informational</td>
<td>12:00-1:00 PM &amp; 4:00-5:00 PM</td>
</tr>
<tr>
<td>03</td>
<td>WOCMP Mentor Training</td>
<td>01:00-05:00 PM</td>
</tr>
<tr>
<td>10</td>
<td>Immigration Legal Services Workshop</td>
<td>01:00 - 2:00 PM</td>
</tr>
<tr>
<td>11</td>
<td>PATH/MAR Retreat</td>
<td>01:00 - 04:30 PM</td>
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<tr>
<td>14</td>
<td>WOCMP Opening Informational</td>
<td>02:00 - 03:00 PM</td>
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<tr>
<td>16</td>
<td>WOCMP Faculty/Staff Informational</td>
<td>02:00 - 03:00 PM</td>
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<tr>
<td>18</td>
<td>Undocumented Student Empowerment Circle</td>
<td>01:00 - 02:00 PM</td>
</tr>
<tr>
<td>22</td>
<td>Adulting 101: Time Management</td>
<td>12:00 - 01:00 PM</td>
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<tr>
<td>23</td>
<td>Adulting 101: Time Management</td>
<td>04:00 - 05:00 PM</td>
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<tr>
<td>23</td>
<td>WOCMP Study Group</td>
<td>TBD</td>
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<tr>
<td>24</td>
<td>WOC Healing Circle</td>
<td>01:30 - 2:30 PM</td>
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<tr>
<td>25</td>
<td>WOC Movie</td>
<td>03:30 - 05:00 PM</td>
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<tr>
<td>28</td>
<td>WOCMP Mentor Training</td>
<td>TBD</td>
</tr>
<tr>
<td>29</td>
<td>WOC Speaker Series</td>
<td>02:30 - 04:00 PM</td>
</tr>
<tr>
<td>30</td>
<td>WOCMP Book Club</td>
<td>TBD</td>
</tr>
</tbody>
</table>
Are you a freshman at CSUCI that identifies as a woman of color? RSVP for the 2020-2021 WOCMP Mentee Informational at tinyurl.com/y6hv62zx.

This is a joint training led by Natalie Johnson and Leo Sun for the WOCMP and the MOCMP, together united under the Students of Color Mentor Initiative (SOCMI).

Do you have a close family member, spouse, or future spouse that has legal status in the US? Join CARECEN to learn how this may lead to US citizenship. RSVP at https://tinyurl.com/y69xa76a.
USI Program Events - September 2020

11 PATH/MAR Virtual Community-Building Retreat

Friday, September 11th
via Zoom from 01:00 PM to 04:30 PM

This is a joint community-building retreat for students in the MAR program as well as the PATH program.
RSVP at https://cidsa.wufoo.com/forms/k1ffcpd00tvyvio/

14 WOCMP Virtual Opening

Monday, September 14th
via Zoom from 02:00 PM to 03:00 PM

The WOCMP Opening Informational is our kickoff event where mentees will find out who their mentors are for the school year and learn what the next steps are for the program.
RSVP at https://tinyurl.com/y3kmlymn

16 WOCMP Faculty/Staff Virtual Opening

Tuesday, September 16th
via Zoom from 02:00 PM to 03:00 PM

The WOCMP Faculty/Staff Informational is meant to get faculty and staff caught up with the goals for the school year and learn who their mentees are.
RSVP at https://tinyurl.com/yxbsdsvy
USI Program Events - September 2020

18 **Undocumented Student Empowerment Circle**

**Friday, September 18th**
**via Zoom from 01:00 PM - 02:00 PM**

The MAR (Mariposa, Achieving, and Resisting) Program and Norma Lopez Magana (CAPS) have come together to support undocumented students by providing a space to help process emotions of grief, anxiety, and stress. RSVP at https://csuci.qualtrics.com/jfe/form/SV_6fGqkZCBDSwQ2AR

22 **Adulting 101: Time Management**

**Tuesday, September 22nd**
**via Zoom from 12:00 PM to 01:00 PM**

There are 168 hours in every week. How are you spending yours? Come learn how to manage your time to help you achieve your academic, personal, and professional tasks. RSVP at https://tinyurl.com/yxndrk5o

23 **Adulting 101: Time Management**

**Wednesday, September 23rd**
**via Zoom from 04:00 PM to 05:00 PM**

There are 168 hours in every week. How are you spending yours? Come learn how to manage your time to help you achieve your academic, personal, and professional tasks. RSVP at https://tinyurl.com/yxndrk5o
USI Program Events - September 2020

23 WOCMP Study Group

Wednesday, September 23rd
via Zoom from TBA to TBA

The WOCMP Study Group is a closed study group for all individuals involved in WOCMP. We will decide a time for this study group that most of our mentees can attend.

24 WOC Healing Circle

Thursday, September 24th
via Zoom from 01:30 PM to 02:30 PM

This is a healing circle open to all women of color on campus (not just those in the WOCMP program) to be in community with one another and share their thoughts and feelings about the state of our lives.

RSVP at https://tinyurl.com/y26hgcgb

25 WOC Movie

Friday, September 25th
via Zoom from 03:00 PM to 05:00 PM

This is a movie viewing open to all women of color on campus (not just those in the WOCMP program). We will vote on a movie to watch together when the date nears.

RSVP at https://tinyurl.com/y6c8t2bc
USI Program Events - September 2020

28 WOCMP Mentor Training
Monday, September 28th
via Zoom from TBA to TBA

As part of our mission for WOCMP, mentors will participate in ongoing trainings to make mindful efforts for growth.

29 WOC Speaker Series
Tuesday, September 29th
via Zoom from 02:30 PM to 04:00 PM

This ongoing series of presentations is open to all students who would like to hear the perspectives of insightful and passionate women of color from around our community. We will announce this month’s speaker and topic as the date nears.
RSVP at https://tinyurl.com/y5xddslx

30 WOCMP Book Club
Wednesday, September 30th
via Zoom from TBA to TBA

This book club is a closed club for those involved in WOCMP. This is part of our efforts to support women of color in learning more about their cultures, histories, and identities.
Adulting 101 Series for the Fall 2020 Semester

We have three workshops planned for our Fall 2020 adulting series, which you can see below. To RSVP for these three, visit https://csuci.qualtrics.com/jfe/form/SV_2l9zlwJEp4WqYR?Q_CHL=qr or scan the QR code in the image below!
WOC:
WOMEN OF COLOR
Information + Resources
Introducing the WOCMP Instagram Page!

Due to popular demand, we have created an Instagram page for our Women of Color Mentoring Program. We'll be using this page to connect with each other and stay updated on program news and events.

The account is currently public as of September 1st, but we will be making it private once our mentors and mentees go through the opening informational so as to create a safe space for connection, vulnerability, and growth.
MAR:
MARIPOSA ACHIEVING AND RESISTING
Information + Resources
Mariposa Achieving & Resisting

M.A.R. is a program for undocumented students at CI to ensure academic success. The program is focused on meeting students individually to support their academic, personal, and post-graduation goals as well as providing fun and purposeful community-building opportunities.

To learn more, visit https://tinyurl.com/yyztv5n5

To apply, visit https://tinyurl.com/y68tvtqf

For more information, contact Natalie Johnson at natalie.johnson@csuci.edu.
CARECEN

FREE IMMIGRATION LEGAL SERVICES

For students, faculty, and staff and their immediate family*.
*Immediate family: spouses, parents, siblings, and children

WHEN
- Every Monday
- 10:00 am to 4:00 pm
- Due to Covid-19, all appointments are via Zoom or phone call

WHAT WE OFFER
- DACA Renewal
- Green Card Renewal
- Family Based Petitions
- Citizenship/ Naturalization
- General Consultation
- And more!

Book an appointment: https://carecenla.simplybook.me/v2/
PATH & MAR

Virtual Community Building Retreat

Friday, September 11th, 2020
1:00-4:30pm

https://csuci.zoom.us/j/93676244364
Password: 373057

The University encourages persons with disabilities to participate in its programs and activities. If you anticipate needing any type of accommodation, or have questions about the physical access provided, please contact Disability Accommodations and Support Services at (805) 437-3331 or accommodations@csuci.edu as soon as possible, but no later than 7 business days prior.
**About Immigrants Rising**

Immigrants Rising empowers undocumented young people to achieve educational and career goals through personal, institutional and policy transformation. Below are some of their current programs and services.

**Immigrants Rising Resources**

**Immigrants Rising Tangible Support Doc**

We have put together this list of resources to help undocumented individuals and allies navigate the crisis. We will continue to update the list as the situation develops: [https://tinyurl.com/t3vclo6](https://tinyurl.com/t3vclo6)

**Immigrants Rising Wellness Gatherings**

Sundays and Wednesdays
via Zoom from 05:00 to 06:00 PM

Immigrants Rising’s virtual Wellness Gatherings for undocumented young people hosted by mental health advocate Liliana Campos help undocumented young people stay grounded and connected to one another. Visit [immigrantsrising.org/wellnessgatherings](https://immigrantsrising.org/wellnessgatherings) for more information.

**Immigrants Rising Mental Health Connector**

Immigrants Rising’s Mental Health Connector provides undocumented young people with psychological support, allowing you to access your strengths and resiliency in order to achieve your personal goals and healing. Therapists receive ongoing training to better understand the unique experiences of undocumented young people.

All undocumented young people who reside in California and are comfortable conversing in English are eligible for our service. Visit [immigrantsrising.org/mental-health-connector](https://immigrantsrising.org/mental-health-connector) to learn more.
Immigrants Rising Resources (Continued)

**Immigrants Rising Scholarship List**

Immigrants Rising continually updates a list of scholarships that do not require proof of U.S. citizenship or legal permanent residency, are offered to various levels of education, and are open to various programs of study. 
[https://immigrantsrising.org/resources?_sft_keyword=scholarships](https://immigrantsrising.org/resources?_sft_keyword=scholarships)

**Other Resources**

**United We Dream Healthcare Access**

Healthcare access for Undocumented Folks

In the middle of this pandemic, there is a lot of misinformation and fear being spread in regards to seeking medical assistance. If you feel sick, with symptoms of fever and dry cough, do not be afraid to seek medical assistance and call a doctor first. 
[https://tinyurl.com/rsbxq5t](https://tinyurl.com/rsbxq5t)

**805 UndocuFund**

The 805 UndocuFund is a collective effort among Ventura and Santa Barbara County-based grassroots organizations to assist local undocumented immigrant individuals and families who are excluded from federally funded safety net programs. We will open applications to receive assistance soon. Thank you for your patience and understanding. [805undocufund.org/](805undocufund.org/)