Don't wait until you've reached your goal to be proud of yourself. Be proud of every step you take towards reaching that goal!
California State University Channel Islands

Multicultural Dream Center

Self- Care & Wellness

Cultural Resource Guides

COVID-19

Intercultural Services

LGBTQ+

Multicultural Student Initiatives

Asian American & Pacific Islander

Native American

Promoting Achievement Through Hope

Underrepresented Student Initiatives

Women of Color

Mariposa Achieving & Resisting (Undocu Students)

Note: Click any heading in the table of contents to go directly to that section of the newsletter.
Events Overview

DIVISION OF STUDENT AFFAIRS PRESENTS

WEEKS OF WELCOME 2021

WEEK 2: AUGUST 30 - SEPTEMBER 3

Monday, August 30: TBD
TBD

Tuesday, August 31: Welcome Back Beachside Bash
ASI Student Programming Board
Central Mall, 7-10 PM

Wednesday, September 1: Clubs and Orgs Fair
Central Mall, 11AM - 2PM

Wednesday, September 1: MDC Open House
Central Mall, 11AM - 1PM

Thursday, September 2: Welcome Back (sponsored by WPE)
Islands Café, 12PM - 2PM

For more information, and event registration please visit the Islands event page!
https://theisland.csuci.edu/virtual-events
Events Overview

Clubs and Orgs Fair

Looking to get involved? Come out to the Virtual Clubs and Orgs Fair to learn more about all the wonderful student organizations at CSUCI as well as various departments that have leadership and involvement opportunities for students.

**Date:** Wednesday, September 1st  
**Time:** 11 am - 2:00 pm  
**Location:** Central Mall

CSUCI Costal Clean Up Day

**Date:** Saturday, September 18th  
**Location:** CSUCI Campus

**Contact:** russell.winans@csuci.edu

“Empower” Drop-In Group

This is a support group for students of African Descent to speak openly, checking in with each other, and share their own experiences about how they are impacted by the events in their communities and the world.

**Date:** Thursdays, (bi-weekly), Starting September 2nd  
**Time:** 3:00 pm - 4:00 pm

**Please visit the CAPS website to register for Zoom link**

For more information, and event registration please visit the Islands event page!  
[https://theisland.csuci.edu/virtual-events](https://theisland.csuci.edu/virtual-events)
Events Overview

“Mindfulness for Wellness” Drop-In Group

Looking to start meditating, or just want to find a group to support your mindfulness practice? Join CAPS for drop-in guided meditation classes! This is a great option for individuals who want to start meditating, for those who want to maintain an existing practice, or for those looking for the support of a group, as well as live guidance.

Date: Tuesdays, September 27th
Time: 9:00 am - 10:15 am

Please visit the CAPS website to register for Zoom link

For more information, and event registration please visit the Islands event page!
https://theisland.csuci.edu/virtual-events
Greetings Dolphins!

Welcome to a new academic year! We are excited to be welcoming you back to campus. We have many exciting and insightful events lined up for this semester that are both in-person and virtual - to support the varied ways you may want to engage with us this semester.

As you start the year, we invite out to our MDC Open House on Wednesday, Sept. 1 from 11 am to 1 pm. We will have music, interactive activities, and giveaways. This will also be a great space to learn more about our various offerings - like our identity-based mentoring programs! We are very excited to be launching our new mentoring programs and look forward to working with each of you to build a more inclusive campus community through these efforts. Also don't forget to check out our Instagram account for the most up to date information about events, resources and other opportunities.

As always, if you need anything please let us know and have a great start to the semester!

In Solidarity,
Hiram Ramirez, Ph.D.

Hiram Ramirez, Ph.D.
He / Him / His
Director of Inclusive Student Services & the Multicultural Dream Center
hiram.ramirez@csuci.edu

Samuel Ponce
He, Him, His
ISS Student Assistant
Spring 2023
Events Overview

MDC Open House
Wednesday, Sept. 1 | 11 am - 1 pm | Central Mall

Join the Multicultural Dream Center (MDC) to learn about upcoming events, meet the team, and have some fun! We will have interactive activities and giveaways during the event!

Latinx Heritage Month Social
Wednesday, Sept. 15 | 11 am - 1 pm | Central Mall

Join us in our celebration of Latinx Heritage Month! There will be a poetry gallery, music, light refreshments and much more!

Diversity and Inclusion Student Council (DISC)
Friday, September 3th | 3-4 pm via Zoom

RSVP: http://go.csuci.edu/MDCEvent

We wanted to invite you to join the Diversity & Inclusion Student Council. This group is open to all students interested in opportunities to create and foster a more inclusive campus in partnership with the Multicultural Dream Center. The Diversity and Inclusion Student Council’s mission is to empower students to build an inclusive campus environment that is safe and welcoming for all. Through this council, you will build a community and actively make a difference. The Diversity and Inclusion Student Council’s mission is to empower students to create an inclusive campus environment that is safe and welcoming for all.

For more information, and event registration please visit the Islands event page! https://theisland.csuci.edu/virtual-events
Asian American & Pacific Islanders Mentoring Program
Mentee Application

PURPOSE OF PROGRAM
Asian American and Pacific Islanders Mentoring Program (AAPIMP) is a great opportunity for CSUCI students, who identify as Asian American and Pacific Islanders (AAPI), to encourage and support the success of our incoming first year AAPI students in developing leadership skills while helping their peers succeed in an intentional and purposeful way. The program matches successful continuing students with first-year students, connecting them as partners for a yearlong experience. Mentees will be able to build community, explore their identities as Asian American & Pacific Islanders, as well as receive support in their academic and personal goals and passions.

Apply Here:
http://go.csuci.edu/AAPImentee
Deadline to apply:
September 3rd

BENEFITS OF PROGRAM FOR MENTEES

Personal Growth
Community Building
Faculty & Staff Mentorship
Invested In Your Academic Success

For More Information
Contact Crystal Delatorre
at crystal.delatorre@csuci.edu

Become a Mentee in The Lesbian, Gay, Bisexual, Transgender, & Queer (LGBTQ) Mentoring Program

Mentee Applications Now Open

Find support and empowerment from peers, staff, and faculty in the LGBTQ+ community!

Application available at
go.csuci.edu/LGBTQ.Mentee

For more info please contact Kem French at kem.french@csuci.edu
Women of Color Mentoring Program
Mentee Application

WHY SHOULD I APPLY TO BECOME A MENTEE?

Becoming a mentee for the Women of Color Mentoring Program (WOCMP) is a great opportunity for CSUCI students who identify as Women of Color (WOC) to receive support from other WOC like them. Peer Mentors are committed to sharing their personal and academic experiences to encourage, guide, challenge and support new students in their academic growth, goal achievement, and overall success at CI. The program matches successful continuing students with first-year students, connecting them as partners for a yearlong experience. Mentees will be able to build community, explore their identities as Women of Color, as well as receive support in their academic and personal goals and passions.

Apply Here: http://go.csuci.edu/WOCmentee
Deadline to apply: Friday, September 3rd

BENEFITS OF PROGRAM FOR MENTEE

Personal Growth
Community Building
Faculty & Staff Mentorship
Invested in Your Academic Success

For more information: Contact Natalie Johnson at natalie.johnson@csuci.edu

Undocumented Student Mentoring Program: Mentee Application

PURPOSE OF PROGRAM

The Undocumented Student Mentoring Program (USMP) is a great opportunity for our Undocumented students at CSUCI to find community, develop a sense of belonging, seek academic support, and other resources. The impetus of this initiative stems from the Graduate Initiative 2025 to increase graduation rates for all CSU students while working to eliminate opportunity and achievement gaps. Therefore, the purpose of the Undocumented Student Mentoring Program (USMP) is to support academic success, persistence, and successful graduation of student participants.

Apply Here: go.csuci.edu/USMPmentee
Deadline to apply: September 3rd

BENEFITS OF PROGRAM FOR MENTEES

Personal Growth
Community Building
Faculty & Staff Mentorship
Invested in Your Academic Success

For more information: Contact Natalie Johnson at natalie.johnson@csuci.edu
Native American Mentoring Program Mentee Application

PURPOSE OF PROGRAM

The Native American Peer Mentoring Program (NAMP) is a great opportunity for CSUCI students, who identify as Native American (NA), to encourage and support the success of our incoming first year NA students in developing leadership skills while helping their peers succeed in an intentional and purposeful way. The program matches successful continuing students with first-year students, connecting them as partners for a yearlong experience. Mentees will be able to build community, explore their identities as Native American, as well as receive support in their academic and personal goals and passions.

Apply Here:
http://go.csuci.edu/NAmentee

Deadline to apply:
September 3

BENEFITS OF PROGRAM FOR MENTEES

- Personal Growth
- Community Building
- Faculty & Staff Mentorship
- Invested In Your Academic Success

For More Information
Contact Crystal Delatorre
at crystal.delatorre@csuci.edu
For more information, and event registration please visit:
go.csuci.edu/LevelUp
Adulting 101

A series designed to teach students life skills to support their holistic wellness both on and off campus

Financial Wellness
Partnering with wellness Promotion & Education
Monday, September 13th | 12:00 to 1:00 pm
Tuesday, September 14th | 4:00 to 5:00 pm
via Zoom

Wellness Toolkit
Partnering with Counseling & Psychological Programs
Monday, October 18th | 12:00 to 1:00 pm
Tuesday, October 19th | 4:00 to 5:00 pm
via Zoom

Minimizing Distractions
Partnering with Disability Accommodations & Support Services
Monday, November 15th | 12:00 to 1:00 pm
Tuesday, November 16th | 4:00 to 5:00 pm
via Zoom

RSVP Today @ go.csuci.edu/Adulting101

The University encourages persons with disabilities to participate in its programs and activities. If you anticipate needing any type of accommodation, or have questions about the physical access provided, please contact Disability Accommodations and Support Services at (805) 437-3331 or accommodations@csuci.edu as soon as possible, but no later than 7 business days prior to the event.

For more information, and event registration please visit: go.csuci.edu/Adulting101
MDC Hours of Operation

Monday - Thursday: 9 AM - 6 PM
Friday: 8 AM - 5 PM
Bell Tower 1530

MDC Events & Update

The following website has the most current events, updates and other resources.

go.csuci.edu/mdcupdates

MDC Social Media

If you want more to see more updates than the monthly newsletter, follow us on Instagram, Twitter, TikTok, or Facebook for announcements about events and resources from the MDC and other organizations.

@CSUCI__MDC
@CSUCHannelsIslandsMulticultural
@MDC_CSUCI
@CSUCI__MDC
@MDC_CSUCI
Broome Library Resources

Broom Library and WMC

Library FAQ
https://csuci.libanswers.com/

Remote Services https://library.csuci.edu/about/remote-services.htm

Writing and Multiliteracy Center (WMC)
https://www.csuci.edu/wmc/

Other Support Services

Learning Resource Center (LRC)
https://www.csuci.edu/learningresourcecenter/

Information Technology Services (ITS)
https://www.csuci.edu/its/

Requesting Search Help

Chat (synchronous)
https://library.csuci.edu/services/ask-librarian.htm#libchat

Email (asynchronous)
reference.librarian@csuci.edu

Zoom (synchronous) (M-F, 8 a.m. - 5 p.m. by appointment)
https://csuci.libcal.com/appointments/reference
Mental Health Resources for Black, Indigenous and People of Color (BIPOC)
This guide has articles, which showcase exercises on relaxation, local resources, and online support groups
Click here to access this resource.

Undocu-Immigrant Mental Health Resource Guide
This guide has resources that center around mental health grounding and self-care tool kits, for Undoc-Immigrant
Click here to access this resource.

Mental Health Resources for People of Color
This guide has articles, that focus the mental health needs of (BIPOC)
Click here to access this resource.

Destress Week Resources
Check out this guide for resources and ways to de-stress!
Click here to access this resource.
Multicultural Dream Center

Cultural Resource Guides

Latinx Student Resource Guide
Click here to access this resource.

African American & Black Student Resource Guide
Click here to access this resource.

Womxn Student Resource Guide
Click here to access this resource.

LGBTQ+ Student Resource Guide
Click here to access this resource.

Table of Contents
Asian American Pacific Islander Student Resource Guide
Click here to access this resource.

Undocumented Student Resources Guide
Click here to access this resource.

Native American & Indigenous Student Resource Guide
Click here to access this resource.
5 Tips for Healthy Social Media Use during COVID-19
Brought to you by: LiveHealth Online

1. Set limits.
It can be easy and tempting to scroll on your phone for several hours. Try planning a set amount of social media time so you remember to fit in other activities. You could schedule an alarm on your phone or ask someone to help remind you when it's time to stop. Additionally, most mobile phones have screen time tracking apps. Remember that the limits you set for yourself will likely be different from those of your family members and friends, and that's okay! Allow yourself time to experiment and see what works best for you.

2. Curate the content.
Notice which accounts you follow and how they make you feel, both physically and emotionally. Do certain posts make you feel stressed, constrict your breathing or cause your mood to drop? It may be a good idea to stop following these accounts. At the same time, try to consider which accounts and posts help you feel relaxed, grounded, and more present.

3. Eliminate the clutter.
One of the biggest drawbacks of social media can be a large amount of content you consume at any given moment. All the different messages, photos, and videos can begin to feel overwhelming. While it can be tempting to follow all sorts of celebrities, stores, social causes, companies, and more, see if you can set a limit for the number of accounts you follow. This way you will be able to absorb and appreciate the content, rather than perhaps mindlessly scrolling through it.

4. Maintain perspective.
While filters and different editing tools can be fun to use, they can also be misleading. If you catch yourself doubting your own self-worth as you scroll through social media, try to pause, take a deep breath and remind yourself that social media does not always reflect reality.

5. Find additional online support.
Looking for more tips about how to use social media in a healthy way and/or how to address your own stress or anxiety? You can schedule a visit with a therapist on LiveHealth Online! Plus, if you're new to online therapy, read this blog from Dr. Lindsay Henderson, Director of Psychological Services with LiveHealth Online, to learn more about online therapy and how it helps people improve their mental health and cope with change.
Ventura County COVID-19 Testing Information

COVID-19 TESTING
Available for those that live or work in Ventura County. Tests are provided at no cost.

**DRIVE-UP TESTING SITES**
Registration required for testing at Moorpark College, Oxnard College, Santa Paula and Freedom Park locations. Register at [www.vccovid.com](http://www.vccovid.com).

- **Moorpark College**
  7075 Campus Rd., Moorpark 93021
  7 days a week 10am - 7pm

- **Freedom Park, Camarillo**
  515 Eubanks St., Camarillo 93010
  7 days a week 10am - 7pm

- ** Harding Park, Santa Paula**
  1400 Harvard Blvd., Santa Paula 93060
  6 days a week 10am - 7pm (Closed Fridays)

- **Ventura County Fairgrounds** (Walk-up site*)
  Enter on Shoreline Dr, Ventura 93001
  6 days a week 8am - 6pm (Closed Wednesdays)
  *The location is behind the Derby Club in San Nyguen Hall

- **Oxnard College**
  4000 S. Rose Ave., Oxnard 93033
  7 days a week 10am - 7pm

- **Fillmore Family Medical Group**
  629 W. Ventura St., Fillmore 93015
  Wednesday 9am - 4pm

**OPTUMSERVE STATE LOCATION**
COVID-19 testing for all community members. Please schedule an appointment by calling or registering online.

**Online:** www.lhi.care/covidtesting  •  **Phone:** 1-888-634-1123

- **Thousand Oaks Library - Newbury Park Branch**
  2331 Borchard Road, Newbury Park 91320  •  7 days a week 10am - 7pm

- **Oxnard Performing Arts Center**
  800 Hobson Way, Oxnard 93030  •  Monday-Friday 8am - 8pm

**URGENT CARE LOCATIONS**
Appointments Required. Please call 805-652-7660.

**OXNARD**
- **Los Alisos Family Medical Group South**
  325 West Channel Islands Blvd., Oxnard 93033

- **Magnolia Family Medical Center**
  2240 E. Gonzales Rd., Oxnard 93036

**VENTURA**
- **Academic Family Medicine Center**
  300 Hillmont Ave., Bldg. 340, Ventura 93003

- **West Ventura Medical Clinic**
  133 W. Santa Clara St., Ventura 93001

**EAST COUNTY**
- **Conejo Valley Family Medical Group**

- **Sierra Vista Family Medical Clinic**
  1227 East Los Angeles Ave., Simi Valley 93065

**Mobile COVID-19 Testing** is offered throughout the County each week. View the pop up site schedule at [www.venturacountyrecovers.org](http://www.venturacountyrecovers.org).

@CountyOfVentura  •  @countyofventura  •  @CountyVentura  •  @countyofventura
For information on CSUCI's plan for the Fall 2021 Semester, please visit https://www.csuci.edu/news/campus-updates/fall-2021/

For information on Covid-19 campus cases, COVID-19 reporting, and all other CI updates, please visit https://www.csuci.edu/news/campus-updates/covid19.htm
Greetings Yall,

After a year and a half of virtual classes and programming, I’m excited to see so many happy (masked) faces back on campus. Our World, Country, and Campus have all changed a great deal since that last time we were all here together. Many of us are still trying to navigate all the complex feelings, thoughts, and emotions in response to the ever-evolving COVID-19 pandemic. As we continue to navigate our new normal, Intercultural Services has so many great resources and services to support you. If over the last year you have felt powerless, we have empowerment initiatives for you. If you have felt a lack of community, we have opportunities for you to make new connections. If you just want to process, we have a space for you. This is your Multicultural Dream Center (#MyMDC), and we are happy you’re back!

Sincerely,

Kem French, M.S.W.

Kem A. French, M.S.W
He / Him / His
Assistant Director of
Inclusive Student Services
kem.french@csuci.edu

Carlos Espitia
He / Him / His
Grad Intern
Spring 2023

Yessica Arreguin
She / Her / Hers
Student Assistant

Layla Ruiz
Pronouns
Student Assistant

Matthew Piniol
He / Him / His
Student Assistant
Events Overview

Diversity and Inclusion Student Council (DISC)

Friday, September 3rd
3-4 pm via Zoom
RSVP: http://go.csuci.edu/MDCEvent

We wanted to invite you to join the Diversity & Inclusion Student Council. This group is open to all students interested in opportunities to create and foster a more inclusive campus in partnership with the Multicultural Dream Center. The Diversity and Inclusion Student Council's mission is to empower students to build an inclusive campus environment that is safe and welcoming for all. Through this council, you will build a community and actively make a difference. The Diversity and Inclusion Student Council's mission is to empower students to create an inclusive campus environment that is safe and welcoming for all.

Latinx Heritage Month Social

Wednesday, Sept. 15 | 11 am - 1 pm | Central Mall

Join us in our celebration of Latinx Heritage Month! There will be a poetry gallery, music, light refreshments and much more!
Looking for info on your body, relationships, sex, & more? Planned parenthood is here to help - & they're coming to Rainbow Umbrella! Have the education & information you need to make your own health choices. Earn a certificate of completion. Fridays from 5:30 - 7:30pm. Email for more information: rainbowumbrella@diversitycollective.org

Rainbow Umbrella

Diversity Collective Book Club: Untamed by Glennon Dyle

Join the Pride Nook on Wednesdays 6 - 7 PM PST starting February 3rd. Register for Diversity Collective's Virtual Book Club at: diversitycollectivevc.org

Support Groups in Ventura County

Find Gay/Lesbian/Bisexual/Transgender Support Groups by searching by an agency/program name, or choosing a suggested service as you type.

Student Resources

LGBTQ Student Resources & Support. Focuses on creating more welcoming environments for LGBTQ teens and college students.
Multicultural Student Initiatives Staff

Hello MSI Students,

Welcome back to campus and the new academic year. I am the newest addition to the MDC team, and I am so excited to get to know you all. As the semester kicks off please stop by the MDC to check out the list of events we are hosting on campus and virtually. Please be on the look out for emails with updates on new and exciting programming.

If you would like to chat or have questions either email me at crystal.delatorre@csuci.edu or set up a meeting with me at this link: go.oncehub.com/CrystalDelatorre.

Best,
Crystal Delatorre, M.S.

Crystal Delatorre, M.S.
She/Her/Hers
Coordinator of Multicultural Student Initiatives
(805) 437-3528
crystal.delatorre@csuci.edu

Alejandro Espinoza
He/Him/His
MSI Student Assistant
Events Overview

**Adulting 101: Financial Wellness**
Monday, September 13th & Tuesday, September 14th
Monday 12-1 pm & Tuesday, 4-5 pm
**RSVP:** go.csuci.edu/Adulting101
Be a part of this workshop where you'll learn about various money management techniques and how poor budgeting skills can negatively affect your overall wellness.

**Bronze Undocumented Student Ally Training**
Wednesday, September 18th
2:00- 4:00 pm
**RSVP:** go.csuci.edu/UndocAlly
Each of these sessions build upon your knowledge on becoming an ally for undocumented students.
Multicultural Student Initiatives

ASIAN AMERICAN & PACIFIC ISLANDER

Table of Contents
Asian American & Pacific Islanders Mentoring Program Mentee Application

PURPOSE OF PROGRAM
Asian American and Pacific Islanders Mentoring Program (AAPIMP) is a great opportunity for CSUCI students, who identify as Asian American and Pacific Islanders (AAPI), to encourage and support the success of our incoming first year AAPI students in developing leadership skills while helping their peers succeed in an intentional and purposeful way. The program matches successful continuing students with first-year students, connecting them as partners for a yearlong experience. Mentees will be able to build community, explore their identities as Asian American & Pacific Islanders, as well as receive support in their academic and personal goals and passions.

BENEFITS OF PROGRAM FOR MENTEES

- Personal Growth
- Community Building
- Faculty & Staff Mentorship
- Invested In Your Academic Success

Apply Here: http://go.csuci.edu/AAPImentee
Deadline to apply: September 3rd

For More Information Contact Crystal Delatorre at crystal.delatorre@csuci.edu
NATIVE AMERICAN
Native American Mentoring Program Mentee Application

PURPOSE OF PROGRAM
The Native American Peer Mentoring Program (NAMP) is a great opportunity for CSUCI students, who identify as Native American (NA), to encourage and support the success of our incoming first year NA students in developing leadership skills while helping their peers succeed in an intentional and purposeful way. The program matches successful continuing students with first-year students, connecting them as partners for a yearlong experience. Mentees will be able to build community, explore their identities as Native American, as well as receive support in their academic and personal goals and passions.

BENEFITS OF PROGRAM FOR MENTEES

- Personal Growth
- Community Building
- Faculty & Staff Mentorship
- Invested In Your Academic Success

Apply Here: http://go.csuci.edu/NAmentee
Deadline to apply:
September 3

For More Information Contact Crystal Delatorre at crystal.delatorre@csuci.edu
PROMOTING ACHIEVEMENT THROUGH HOPE
Promoting Achievement Through Hope

The Sallie Mae Fund’s Bridging the Dream Scholarship Program
Helping students access and complete higher education

In partnership with the Thurgood Marshall College Fund, The Sallie Mae Fund’s Bridging the Dream Scholarship Program helps increase access and completion of higher education among students of color and those from underserved communities.

Minority students and those from marginalized communities face long standing inequities when it comes to accessing and completing college.

- **White**: 71% 65%
- **Hispanic**: 65% 33%
- **Black**: 47% 22%

College Enrollment Rate: Undergrad  
College Completion Rate for 4-Year College: Undergrad

The Sallie Mae Fund’s Bridging the Dream Scholarship Program will award

- **885** Scholarships
- **3** Years
- **$3M** Total

- **75** $10,000 scholarships to high school seniors to access higher education
- **780** scholarships of up to $2,500 to help students complete post-secondary education
- **30** $10,000 scholarships to help graduate students access and complete their degrees

Who is eligible?
The Bridging the Dream Scholarships are available to minority students and those from marginalized or underserved communities, including Black, Hispanic, Pacific Islander, Indigenous, LGBTQ+, low-income, first generation, and students from rural communities, among others. Applicants must be U.S. citizens or legal permanent residents and Pell Grant-eligible.

How to apply: salliemae.com/about/scholarship-opportunities or tmcf.org/students-alumni/scholarships

For official scholarship rules, visit salliemae.com/about/scholarship-opportunities. No purchase necessary. Void where prohibited. Ends March 8.

For more information or to apply to this scholarship: Please visit: https://www.salliemae.com/about/scholarship-opportunities/
Monthly Letter by Natalie Johnson

Hello all!

Welcome back to campus and Happy Latinx Heritage Month! Make sure to check out the list of our events this month celebrating and acknowledging this community. For current updates and information on our resources and events outside of the newsletter, please visit our IG at csuci_mdc.

If you would like to chat or have questions either email me at natalie.johnson@csuci.edu or set up a meeting with me at this link: go.oncehub.com/NatalieJohnson.

Sincerely,
Natalie Johnson, M.Ed.

Underrepresented Student Initiatives Staff

Eli
She / Her / Hers
USI Graduate Intern
Spring 2023

Harmony
She / Her / Hers
USI Student Assistant
Spring 2022

Ilien
They / Them / Thiers
USI Student Assistant
Spring 2023

Violeta
She / Her / Ella
CARECEN Fellow
Spring 2023
Events Overview

**Adulting 101: Financial Wellness**
Monday, September 13th & Tuesday, September 14th
Monday 12-1 pm & Tuesday, 4-5 pm
**RSVP:** go.csuci.edu/Adulting101
Be a part of this workshop where you'll learn about various money management techniques and how poor budgeting skills can negatively affect your overall wellness.

**Bronze Undocumented Student Ally Training**
Wednesday, September 18th
2:00-4:00 pm
**RSVP:** go.csuci.edu/UndocAlly
Each of these sessions build upon your knowledge on becoming an ally for undocumented students.
Events Overview

**Women of Color Mentor Program Mentee Informational**
Thursday, September 2nd
12-1 pm & 4-5 pm
**RSVP:** [tinyurl.com/57hccwxh](http://tinyurl.com/57hccwxh)
Interested in the Women of Color Mentor Program? Come ask questions and learn more about the program at our informational.

**Women of Color Mentor Program Virtual Welcome**
Monday, September 13th
10:00-11:00 am
**RSVP:** [tinyurl.com/38zfwhdy](http://tinyurl.com/38zfwhdy)
Welcome to the WOCMP. Come learn about the program and your expectations. Open to those who have been accepted into the program.

**Women of Color Mentor Program Faculty/Staff Virtual Welcome**
Wednesday, September 15th
11:00 am -12:00 pm
**RSVP:** [tinyurl.com/38zfwhdy](http://tinyurl.com/38zfwhdy)
Accepted faculty/staff mentors will learn more about the WOCMP and be able to ask questions about their roles.

**MDC Mentor Workshop: Power, Privilege, & Oppression**
Wednesday, September 29th
3:00- 4:00 pm
**RSVP:** mentors sign in via link on shared calendar
Workshop only open to mentors in the MDC mentor programs. Focus on power privilege and oppression.
Women of Color Mentoring Program
Mentee Application

**WHY SHOULD I APPLY TO BECOME A MENTEE?**

Becoming a mentee for the Women of Color Mentoring Program (WOCMP) is a great opportunity for CSUCI students who identify as Women of Color (WOC) to receive support from other WOC like them. Peer Mentors are committed to sharing their personal and academic experiences to encourage, guide, challenge and support new students in their academic growth, goal achievement, and overall success at CI. The program matches successful continuing students with first-year students, connecting them as partners for a yearlong experience. Mentees will be able to build community, explore their identities as Women of Color, as well as receive support in their academic and personal goals and passions.

Apply Here: http://go.csuci.edu/WOCmentor

Deadline to apply: Friday, September 3rd

**BENEFITS OF PROGRAM FOR MENTEE**

- Personal Growth
- Community Building
- Faculty & Staff Mentorship
- Invested in Your Academic Success

For more information: Contact Natalie Johnson at natalie.johnson@csuci.edu
Events Overview

**Undocumented Student Mentor Program Mentee Informational**
Thursday, September 2nd
10:30-11:30 am & 2:30-3:30 pm via Zoom
**RSVP:** tinyurl.com/USMPinfo
Interested in the Undocumented Student Mentor Program? Come ask questions and learn more about the program at our informational.

**Undocumented Student Mentor Program Virtual Welcome**
Monday, September 13th
11:30 am-12:30 pm
**RSVP:** tinyurl.com/38zfwhdy
Welcome to the USMP. Come learn about the program and your expectations. Open to those who have been accepted into the program.

**Undocumented Student Mentor Program Faculty/Staff Virtual Welcome**
Wednesday, September 15th
1:00 - 2:00 PM
**RSVP:** tinyurl.com/38zfwhdy
Accepted faculty/staff mentors will learn more about the WOCMP and be able to ask questions about their roles.

**MDC Mentor Workshop: Power, Privilege, & Oppression**
Wednesday, September 29th
3:00-4:00 pm
**RSVP:** mentors sign in via link on shared calendar
Workshop only open to mentors in the MDC mentor programs. Focus on power privilege and oppression.

**Debunking Immigration Storylines in Television**
Tuesday, September 14th
3:00-4:00 pm
**RSVP:** https://bit.ly/3jdbRur
Join CARECEN to learn about how television shows do not accurately represent the realities of immigration law.
Mariposa Achieving & Resisting

M.A.R. is a program for undocumented students at CI to ensure academic success. The program is focused on meeting students individually to support their academic, personal, and post-graduation goals as well as providing fun and purposeful community-building opportunities.

To learn more, visit https://tinyurl.com/yyztv5n5

To apply, visit https://tinyurl.com/y68tvqf

For more information, contact Natalie Johnson at natalie.johnson@csuci.edu.
Underrepresented Student Initiatives

Debunking Immigration Storylines in Television

Tuesday, September 14th, from 3 to 4 PM

Join CARECEN to learn about how television shows do not accurately represent the realities of immigration law.


The University encourages persons with disabilities to participate in its programs and activities. If you anticipate needing any type of accommodation, or have questions about the physical access provided, please contact Disability Accommodations and Support Services at (805) 437-3331 or accommodations@csuci.edu as soon as possible, but no later than 7 business days prior to the event.
Undocumented Student Mentoring Program: Mentee Application

PURPOSE OF PROGRAM
The Undocumented Student Mentoring Program (USMP) is a great opportunity for our Undocumented students at CSUCI to find community, develop a sense of belonging, seek academic support, and other resources. The impetus of this initiative stems from the Graduate Initiative 2025 to increase graduation rates for all CSU students while working to eliminate opportunity and achievement gaps. Therefore, the purpose of the Undocumented Student Mentoring Program (USMP) is to support academic success, persistence, and successful graduation of student participants.

Apply Here: go.csuci.edu/USMPmentee
Deadline to apply: September 3rd

BENEFITS OF PROGRAM FOR MENTEES

Personal Growth  Community Building  Faculty & Staff Mentorship  Invested in Your Academic Success

For more information: Contact Natalie Johnson at natalie.johnson@csuci.edu