



TIME TO LEARN

Put your heart into it...

ATTEND OUR FEBRUARY WORKSHOPS SPONSORED BY
CI'S PROFESSIONAL DEVELOPMENT AND PERSONAL ENRICHMENT (PDPE) PROGRAM

Visit the Professional Development website at www.csuci.edu/hr/training.htm to RSVP

*Remember to alert your Supervisor that you are attending

Wednesday, Feb. 8th
noon-1:00pm in SAGE HALL 2030

Lunch and Learn- Supervisors of Student Employees Series– The Hiring Process of Student Assistants

Facilitated by Teresa Montoya-Morua, Linda Demyan, and Tanya Yancheson

Bring your lunch and collaborate with campus-wide supervisors regarding student employee orientation, policy and procedures, and a host of other topics during these informative and collaborative sessions. This Lunch and Learn will focus on the overall hiring process and paperwork, from advertising to recruiting and finally hiring. Guest Presenters from HR, Career Services and Financial Aid will be reviewing processes and answering questions.

Helping Students of Concern and Active Shooter Response Training

(attend one or both – offered in conjunction as they complement each other)

SESSION 1: Friday, Feb. 10th
2:30-3:30pm & in BEL 1302

Helping Students of Concern: Recognizing and Referring

Facilitated by Dr. Kirsten Olson, Director of Counseling and Disability Services Presents:

National trends reflect an increasing number of students in crisis who need a higher level of intervention from campus faculty, staff and administrators. These situations can be stressful for everyone involved. As a foundation to our culture of care and safety for our community, CI is committed to an interdisciplinary and team approach. By the end of this presentation participants may be able to: Recognize the warning signs of distress in students that are a cause for concern; Identify campus resources for distressed students and know how to refer them; and Increase knowledge of resources available to faculty and staff to assist them in coping with the stress associated with students in crisis. This workshop compliments the Active Shooter Training.

SESSION 2: Friday, Feb. 10th
3:30-5pm & in BEL 1302

Active Shooter Response Training

Facilitated by Lt. Michael Morris

Join the CI Police department in an interactive training on what to do if there is an active shooter on the CI campus. Learn techniques to protect yourself and how best to run or hide if necessary.

Monday, Feb. 13th
10am-12noon via SKYPE



Special Online training sessions : Dropbox for Administrators

Sponsored by CI's Technology and Innovation

NOTE: This is an online-only training for administrators of the system. See below for END USER training session on 2/14. Dropbox simplifies the way you create, share and collaborate your information with other people. Files you keep in Dropbox are safely backed up and you can retrieve them from multiple devices. Dropbox is just another way CI is helping to keep our shared files more secure in the fast moving technology environment.

Join Skype Meeting: [Click to join meeting online](#)

Join by phone: (347)966-6593

Conference ID: 63127856

Tuesday, Feb. 14th
10am-12noon via SKYPE



Special Online training sessions : Dropbox for End Users

Sponsored by CI's Technology and Innovation

Dropbox simplifies the way you create, share and collaborate your information with other people. Files you keep in Dropbox are safely backed up and you can retrieve them from multiple devices. Dropbox is just another way CI is helping to keep our shared files more secure in the fast moving technology environment.

Join Skype Meeting: [Click to join meeting online](#)

Join by phone: (347)966-6593

Conference ID: 63453465

Tuesday, Feb. 14th
9am-11:00am in SAGE HALL 2030



Diversity/Inclusion Series:

Respectability Versus Professionalism: The Difference and Why It Matters

Presented by Dr. Bob Ngo, PhD, Senior Research Analyst, IRPE and Brittany Grice, JD, Title IX & Inclusion Officer

As described by Mychal Denzel Smith in The Nation, “respectability” is the nuanced concept that one can overcome a form of oppression by way of their personal actions, by presenting as a person worthy of respect as defined by the dominant cultural norms and standards. In this session, participants will fine tune their understanding of what “respectability” means, including how it is very much distinct from the tenets of “collegiality” and “professionalism.” Then, through employing the framework of some of the many examples littered throughout popular culture, participants will develop a sharper ability to recognize instances on campus and in our communities where respectability may be in play. The session will close with a group discussion on how we can respond when we observe such instances.

Tuesday, Feb. 21st
11am-12noon in SAGE 2030



Tech Talks Series: Phishing with Fisch

presented by Neil Fisch, Director Enterprise Services & Security

Join Neal Fisch, CI's Information Security Officer, in an informative series of cybersecurity tech talks. Don't get reeled in by those shiny linking lures; you need to be aware of the multiple security issues that can arise when using technology. These presentations are group discussions focused on email phishing, social engineering and what you can do to help safeguard getting hooked! **Employees who work with staff and/or student data are highly encouraged to attend.**

Thursday, Feb. 23rd
10:30am-12noon in SAGE 2030



Managing and Responding to Annoying, Disruptive, and Threatening Student Behaviors

Presented by Chelsea Benté, Student Conduct Administrator & Claire Langeveldt, Student Conduct Specialist

Join the student conduct staff in an interactive discussion on addressing and responding to annoying and disruptive student behaviors in the classroom, office, and/or through email. The session will discuss types of behaviors you may encounter, available resources on campus, and how to report incidents to the Student Conduct and Community Responsibility office.

- Attendees will examine protected and unprotected speech on college campuses
- Attendees will analyze case studies involving annoying or disruptive behaviors
- Attendees will learn when and how to report annoying, disruptive, and/or threatening behaviors



Weekly Wellness...

JOIN THE FUN WITH WEEKLY STAFF WELLNESS ACTIVITIES

Visit the Professional Development website at www.csuci.edu/hr/training.htm

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February 6th in Lindero Hall
4-4:55pm

Monthly Mindfulness Mondays

Dr. Kirsten Olson, Director of Counseling and Disability Services

Mindfulness is awareness that arises through paying attention, on purpose, in the present moment, and non-judgmentally. Mindfulness of thoughts, feelings, and physical sensations, combined with cognitive interventions such as making changes to ineffective patterns of thinking, are useful tools for managing distress. Participants will learn mindfulness practices designed to calm the mind and relax the body. Whether you are a true beginner to meditation or are willing to have a beginner's mind, all faculty and staff are welcome! Feel free to drop in for one session or join us for all of the monthly sessions. **No RSVP necessary.**

Mindfulness Mondays are co-sponsored with the Wellness and Athletics area.

Fridays in El Dorado Hall
7:15 - 8:30am

Yoga Fridays

Improve cardiovascular fitness, balancing the nervous system and improving brain function with Himalayan yogic techniques. Bring a yoga mat and water bottle. Taught by Dr. Christina Pabers in sponsorship with CI Wellness and Athletics. **No RSVP necessary.**

Tues/Thu in Rec Center Gym
5:15 - 6:15pm

Staff Zumba

Dance along with great tunes and wonderful colleagues. Taught by licensed instructor, Louise Siefert in sponsorship with CI Wellness and Athletics. **No RSVP necessary.**



Channel Islands
CALIFORNIA STATE UNIVERSITY

Questions, Comments, or Suggestions? Contact:

Wendy Olson, MPPA • Professional Development Specialist

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