

Did you know empathy is a skill? Universal empathy is not something most people consistently practice, though many think they do. Today, empathy is increasingly recognized as necessary to success for each of us as individuals, for our communities, and for the world.

You're invited to come explore true empathy, what it takes, and what it looks like in this interactive conversation with bestselling author Kelly Corrigan.

Learn about what it means to consciously practice empathy for others even when you can't relate to them; how we can build the skill of empathy, and as a resulting benefit, better manage change in our relationships at work and in our communities.

Hard Things I'm Learning to Say

A conversation with Kelly Corrigan, New York Times bestselling author

Sept. 27, 2017 12:45 – 2:30 p.m. Grand Salon CSU Channel Islands

Doors open at 12:30 Book signing at 2:00 in North Quad

Please RSVP at GO.CSUCI.EDU/Corrigan

For more information, please contact Professional Development at wendy.olson@csuci.edu or call 805-437-8553. Tell Me More

STORIES ABOUT THE 12 HARDEST THINGS I'M LEARNING TO SAY

Kelly Corrigan

NEW YORK TIMES BESTSELLING AUTHOR OF THE MIDDLE PLACE

Tell Me More: Stories About the 12 Hardest Things I'm Learning to Say A warm, insightful look at the twelve phrases that strengthen and sustain our relationships, from the New York Times bestselling author of Glitter and Glue and The Middle Place

Sponsored by the DIVISIONS OF BUSINESS & FINANCIAL AFFAIRS AND STUDENT AFFAIRS.

The University encourages persons with disabilities to participate in its programs and activities. If you anticipate needing any type of accommodation, or have questions about the physical access provided, please contact Disability Accommodations and Support Services at accommodations@csuci.edu or call 805-437-3331 as soon as possible, but no later than seven (7) business days prior to the event.

