

Learning Assistance Workshops: Success Across the Disciplines!



Workshop	Presented By	Session I	Session II
Accessing Resources & Services Campus Tour <i>See for yourself! Peer advisors guide a tour around CI's campus highlighting where to go for academic assistance and resources</i>	Peer Advisors	Week 3 Tues, September 11 11 AM - 12PM	Week 5 Wed, September 26 4PM - 5PM
Choosing A Major <i>Discuss what you can do with different majors after graduation with experienced Academic Advisors—and then go to the Major Fair on October 9!</i>	Sue Saunders, Blake Buller Academic Advisors	Week 6 Wed, October 3 11 AM - 12PM	Week 7 Mon, October 8 4PM - 5PM
Make the Most of Your Tutoring Session <i>Need help, but not sure what to ask or where to go for tutoring? Find a tutor and learn how to prepare to make your tutoring sessions productive and efficient.</i>	Jennifer Clinkenbeard, LRC Coordinator	Week 3 Thurs, September 13 4PM - 5PM	Week 12 Wed, November 14 11 AM - 12PM
Test Anxiety <i>Exams have you in a sweat? Discuss tactics and strategies to combat test anxiety and “guess smart.”</i>	Jennifer Clinkenbeard, LRC Coordinator	Week 9 Tues, October 23 4PM - 5PM	Week 14 Wed, November 28 11 AM - 12PM
Effective Study Skills <i>Learn how to study efficiently and effectively, getting the most out of the time you put in.</i>	Blake Buller, Academic Advisor	Week 5 Thurs, September 27 11 AM - 12PM	Week 10 Tues, October 30 4PM - 5PM
Stress Management <i>Offered during midterms and finals preparation, come to learn about how to keep yourself calm and productive during stressful times.</i>	Monica Rivas, Academic Advisor	Week 8 Wed, October 17 4PM - 5PM	Week 15 Tues, December 4 11 AM - 12PM
Time Management & Procrastination <i>Go today, not tomorrow! Learn how to juggle responsibilities and work efficiently.</i>	Cassy Mitchell, Graduate Intern for Advising	Week 4 Wed, September 18 4PM - 5PM	Week 11 Tues, November 6 4PM - 5PM
Adapting to Teaching Styles <i>Wonder why they do it that way? Adapt your learning style to succeed in any environment.</i>	Cassy Mitchell, Graduate Intern for Advising	Week 6 Tues, October 2 4PM - 5PM	Week 11 Wed, November 7 4PM - 5PM

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