

Division of Student Affairs Campus Recreation Sports Clubs Learning Outcomes

Campus Recreation

The purpose of Campus Recreation is to engage students in creating and maintaining healthy lifestyles by balancing the demands of academic pursuits with the benefits of wellness through physical fitness and recreation activities.

Sports Clubs Program Outcomes

As a result of participating in the Sports Clubs program, students will:

- Report Sports Clubs program expectations
- Identify the CI Student Leadership definition
- Report an increase in CI Pride
- Report on skills gained that can benefit them for a lifetime
- Identify the <u>CI Dimensions of Development</u> associated with events, activities, leagues and competitions that sports clubs offers
- Write their own definition of the CI Way
- Report a challenging experience and a solution to overcome that challenge
- Write the names of students, faculty and staff that they have met through the Sports Clubs program
- Report on the leadership skills developed through the Sports Clubs program
- Determine the processes that are required to function as a CI Sports Club
- Write a meeting agenda
- Differentiate a sports club from other clubs on campus
- Identify assets, liabilities, and cash flow terms that are included in a sports club budget
- Identify ways to work collaboratively with other clubs and groups on and off campus
- Identify common risks associated with hosting events, activities, leagues and competitions