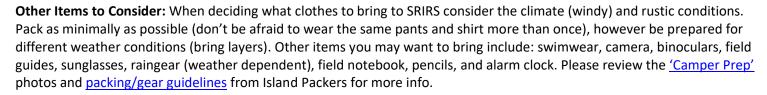
Santa Rosa Island Research Station What to Bring and NOT to Bring

What to Bring

(Please note that SRIRS does not supply linens, sheets, towels, pillows, or toiletries)

- 1. Medications, feminine hygiene products, allergy kits, etc.
- 2. Sleeping bag comfort rated to at least 40 degrees F (we provide a mattress)
- 3. Pillow and pillowcase
- 4. Towel and toiletries
- 5. Jacket/windbreaker
- 6. Layers of clothing and changes for the amount of time at station
- 7. Shoes (closed toed hiking/tennis shoe)
- **8.** Hat
- **9.** Day pack
- **10.** Water bottles (≥ 3 liters)
- 11. Sunscreen
- 12. Flashlight or headlamp (extra batteries)
- 13. Signed liability waiver
- 14. A good attitude, courtesy, and respect for all other SRIRS visitors



What NOT to Bring

- 1. Plastic grocery bags (single-use carryout bags) are prohibited on the island because if accidentally released they can pose health and environmental risks to threatened and endangered marine species.
- 2. Firearms or other weapons and fireworks.
- 3. Non-Native Species. Non-native, invasive species threaten endangered animals and plants on the Channel Islands and are costly to control. The following regulations and guidelines can help prevent the introduction and spread of non-native species before they become a problem. To prevent the introduction of non-native species the following items shall not be transported or delivered to the island: pets or any animal, service animals (except by permit from Park superintendent in advance of your trip), live or potted plants, soil, cut flowers, firewood or any untreated, unfinished wood (including hiking sticks), corrugated cardboard boxes, tools or equipment with attached soil or vegetative materials, motorized vehicles, and bicycles.
- 4. Alcohol is prohibited for undergraduate students

Please inspect your personal gear (e.g., packs, shoes, pant cuffs) and clean off dirt, seeds, and insects before departing from the mainland.

In Case of an Emergency

If there is an emergency, contact one of the individuals/agencies below: Robyn Shea, SRIRS Director, Radio call sign — **950**, or Jenowa Larson, SRIRS Coordinator — **952**.

Emergency Communication with Individual at the Santa Rosa Island Research Station

- 1. Robyn Shea (SRI Research Station Director): Radio call sign- 950, work cell 805-377-3486
- 2. Seguoia Dispatch: (559) 565-4421 (24/7) or use radio and contact "Seguoia Dispatch"

For Questions Regarding Trip Logistics and Return Times

- 1. Jenowa Larson (SRI Research Station Coordinator): (805) 437-3785
- 2. Island Packers: (805) 642-1393

