



Vol. 39

IN THE LOOP

**February
2023**



**STAFF
COUNCIL**
CHANNEL
ISLANDS

WHAT'S IN THIS ISSUE

COMMENCEMENT

**NATIONAL NUTRITION
MONTH**

**WOMEN'S HISTORY
MONTH**

DOLORES HUERTA DAY

CANDY GRAMS

WORD SEARCH



STAFF SPOTLIGHT

**CI's
Amazing
Custodial
Team!**

Staff Spotlight - Receive a Gift from Staff Council!



Do you know a fellow colleague who deserves to be recognized in our next In the Loop Newsletter Staff Spotlight section? Please [click here](#) to nominate!



STAFF **SPOTLIGHT**

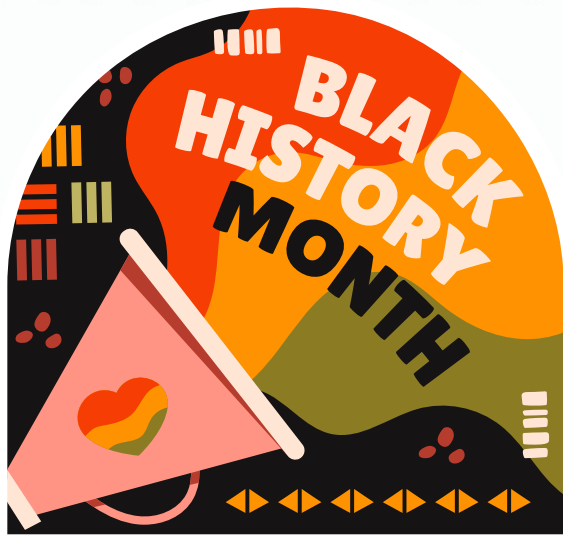


The Amazing Custodial Team!

Chris Yanez
Emmanuel Hernandez
Donald Pascual
Ana Miranda
Allen Santos
Alberto Yutec
Sione Isaia
Loida De Jesus
David Mann
Alfredo Dadacay
Laura Lopez
Jose Cobain
John Yanez
Rubicela Morado
Martin Montejano

Sergio Taffolla, Jr.
Hector Banuelos
Raul Dominguez
Walter McDougald
Jesus Rodriguez
Maria Miranda
Gustavo Gonzalez
Rafael Rodriguez Ramos
Danny McDougald
Juan Magana
Marco Navarro
Francis Castillo
Anders Gutierrez
Carmen Tello
Yesenia Salinas- Palacios

The members of the custodial staff at CI are hardworking, dedicated employees. They are the often invisible force providing an invaluable service, maintaining excellent standards of cleanliness in our facilities and never-ending support for our many campus events.



**FOSTER UNDERSTANDING
BETWEEN RACES**

IMPROVE EDUCATION

RESTORE HISTORY

Dr. Carter G. Woodson is best known for his genius creation of Negro History Week, which became Black History Month. His desire for it to culminate learning and thoughtful celebration holds truth today. Negro History Week was never meant to be a one-off acknowledgment, rather to spark ongoing dialogue and the recognition for the past and present events. Therefore, it is important to recognize the history of Black people and the accomplishments and contributions to the United States and to the world. It is important that Black history be taught throughout the academic year. Fast forward, this event inspires nations from Canada, United States, and the United Kingdom to continue in restorative and inclusive conversations that lead to a more just society. 2023's theme is focused on "Black Resistance." Click the link to [Learn More](#)

TRUE

- Historian Carter G. Woodson chose February as the month to honor black history because it coincides with the birthdays of Abraham Lincoln and Frederick Douglass
- Black History Month is observed in Canada, Ireland, the Netherlands, the United Kingdom, and the United States
- Information on the contributions of persons of African descent to our nation and world is currently taught in universities and in many K-12 schools. Black History is featured in TV documentaries and in local and national museums. It is conveyed through literature, the visual arts, and music. The great lives and culture of Black History can be seen in national park sites and in the preservation of historical landmarks.

FALSE

- Historian Carter G. Woodson chose February as the month to honor black history because it coincides with Woodson being born in February.
- Black History Month is only celebrated in the United States
- Black History Month is mostly celebrated in the month of February

LEARN

- [Learning for Justice: The History Behind Black History Month](#)
- [National Geographic: A Resource Library Collection Celebrating Achievements](#)
- [Teaching Black History Requires Rigorous Sight](#)
- [Association for the Study of African American Life and History](#)
- [African American & Black Student Resource Guide](#)

MARCH IS Women's History Month



Click to learn
more

Women's History Month is a celebration of women's contributions to history, culture and society and has been observed annually in the month of March in the United States since 1987.

Notable Women in History

Elizabeth Cady Stanton

Eleanor Roosevelt

Maya Angelou

Harriet Tubman

Dolores Huerta

Marie Curie

Amelia Earhart

Mae C. Jemison

Sojourner Truth

Frida Kahlo

Amy Tan

Celia Cruz

...and many more!!!

Dolores Huerta



Activist and labor leader Dolores Huerta has worked to improve social and economic conditions for farm workers and to fight discrimination. To further her cause, she created the Agricultural Workers Association (AWA) in 1960 and co-founded what would become the United Farm Workers (UFW). Huerta stepped down from the UFW in 1999, but she continues her efforts to improve the lives of workers, immigrants and women.



César Chávez & Dolores Huerta

César Chávez and Dolores Huerta changed a nation. Together they founded the farm worker movement, organizing thousands of laborers so they could earn a living wage and have just working conditions.

Learn more about Dolores Huerta's life as an activist and RSVP to the many events to be held on campus in conjunction with the Smithsonian National Museum of American History exhibition: **Dolores Huerta: evolution in the Fields / Revolución en los Campos** opening in the Broome Library March 8.

Nominations are now open for the 2023 Women Recognition Awards!

Inclusive Student Services (ISS) in collaboration with the Center for Multicultural Engagement, Center for Community Engagement, and Associated Students Inc. invite CSUCI students, faculty, and staff to nominate women who have made an impact on their lives and community. This program has deep roots in our community, as we strive to acknowledge and uplift the work of women in our community.

This year's keynote speaker is Dolores Huerta. After the awards ceremony, we will host a reception featuring Mariachi Lindas Mexicanas, an all-female mariachi. Event information is below:

Wednesday, March 8th

Broom Library Plaza

Award Ceremony - 4:00 p.m. to 5:00 p.m. (light refreshments will be served)

Reception-5:00 p.m. to 6:00 p.m. (Mariachi Lindas Mexicanas)

Link to submit nomination & RSVP: go.csuci.edu/WRA

***The deadline for nominations is Wednesday, February 15 by noon.**

***The deadline to register to attend the event is Monday, March 6.**

For more information contact Natalie Johnson (natalie.johnson@csuci.edu)



Keynote Speaker
labor leader and civil rights activist
Dolores Huerta

20th ANNUAL
Women's Recognition
AWARDS

2023 Commencement Weekend

Saturday, May 20 & Sunday, May 21

STAFF OPPORTUNITIES

Nominate a Staff Colleague to Ring the Bell

Nomination period closes at 11:59 PM Feb. 28

The striking of the bell is bestowed upon an honored staff member of the CSU Channel Islands community in recognition of their dedicated service, and symbolizes the official opening of each commencement ceremony.

2023 Staff Bell Ringer Nomination Form

Provide On-site Ceremony Support

There will be four ceremonies over two days this year and your help is needed! An email with a link to sign-up is coming soon.





THE CI STAFF COUNCIL PRESENTS

Valentine's Day!

Candy Grams



TUESDAY
FEBRUARY 14TH

11AM - 1PM
CENTRAL MALL

FOR CI STAFF ONLY



Swing by Central Mall and make Valentine's Grams for your colleagues!
Join us and let's celebrate Valentine's Day together!



Channel Islands
CALIFORNIA STATE UNIVERSITY

TABLES OF THE WORLD

TUE., FEBRUARY 28TH

BROOME
LIBRARY
PLAZA



11:30AM-
1:00PM



OPEN TO EVERYONE!

Sponsored by the International Faculty & Staff Association,
the Center for International Affairs, & the International Programs Office

International
Education
Week

Engaged • Resilient • Global

The University encourages persons with disabilities to participate in its programs, events and activities. If you anticipate needing any type of accommodation, or have questions about the physical access provided, please contact the respective area below as soon as possible, but no later than seven (7) business days prior to the event/activity: CSUCI Students - accommodations@csuci.edu; CSUCI Employees: angela.portillo@csuci.edu; Members of the Public: titleix@csuci.edu.

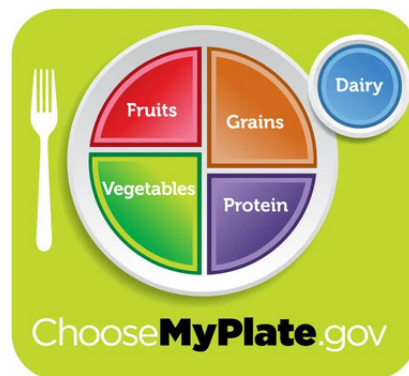
MARCH IS NATIONAL NUTRITION MONTH!



"FUEL FOR THE FUTURE"

The National Nutrition Month campaign is sponsored annually in March by the Academy of Nutrition and Dietetics and focuses attention on the importance of making informed food choices and developing sound eating and physical activity habits. National Nutrition Month® started in 1973 as National Nutrition Week, and it became a month-long observance in 1980 in response to growing interest in nutrition.

**CLICK HERE TO VIEW THE CURRENT
DIETARY GUIDELINES FOR AMERICANS.** 



CSUCI *Virtual Cookbook*

PRESENTED BY STAFF COUNCIL

SUBMIT RECIPES LINK

VIEW THE COOKBOOK

Submit a recipe for a chance to be featured



Weekly Meal Plan

Monday		Protein		Grains	
Tuesday					
Wednesday		Fruit		Vegetables	
Thursday					
Friday		Snacks		Pantry	
Saturday					

Request a Presentation!

**CSUCI CLUBS AND
ORGANIZATIONS CAN REQUEST
WELLNESS PROMOTION &
EDUCATION (WPE) FOR
PRESENTATIONS ON MANY
TOPICS...**

**SEXUAL
HEALTH**

**PHYSICAL
WELLNESS & LIFE
SKILLS**

**MENTAL
WELLNESS &
STRESS**

**ACCESS THE PRESENTATION
REQUEST FORM VIA OUR QR CODE OR
BY VISITING WWW.CSUCI.EDU/WPE**



Note: A minimum of two weeks' advance notice is encouraged to schedule your presentation.

CONTACT US VIA EMAIL AT WPE@CSUCI.EDU WITH QUESTIONS!



The University encourages persons with disabilities to participate in its programs and activities. If you anticipate needing any type of accommodation, or have questions about the physical access provided, please contact Disability Accommodations and Support Services at (805) 437-3331 or accommodations@csuci.edu as soon as possible, but no later than 7 business days prior to the event.

DOLPHIN PANTRY



Located in Arroyo Hall 114
Operating Hours for Spring 2023

Monday: 1 to 6pm

Tuesday: 1 to 6pm

Wednesday: 1 to 8pm

Thursday: 1 to 6pm

*or by appointment, email
basicneeds@csuci.edu

The Dolphin Pantry welcomes donations during normal operating hours or by appointment at basicneeds@csuci.edu. Please email basicneeds@csuci.edu to coordinate the donation.



We send you emails, put on staff community events, and ask you to attend or participate in our fundraisers - but what does Staff Council really do? Learn more by attending one of our monthly meetings. Meetings are open to anyone who wishes to attend. We meet the third Tuesday of every month.

Mark your calendar, our next meeting is **Tuesday, February 21 from 9:30 a.m.-11:00 a.m.**, via Zoom. Please visit our [Minutes and Agendas page](#) on our Staff Council webpage to access each month's Zoom link. Feel free to stay the full session or as long as your schedule permits.

If you would like to **submit content to our newsletter** please use the Qualtrics link provide.

Connect with YOUR Staff Council!



[@ci.staffcouncil](#)



ci.staffcouncil@csuci.edu

Questions?

Comments?



Website: <https://www.csuci.edu/staff/council/>

***DO YOU WANT TO SET UP
A SERVICE DAY FOR
YOUR DEPARTMENT?***

**There are many
volunteer opportunities
and options to choose
from!**

***YOU CAN FILL OUT THE VOLUNTEER
INTEREST FORM HERE:***



[BIT.LY/DEPTVOLUNTEER](https://bit.ly/deptvolunteer)



OMBUDS CORNER

"Though nobody can go back and make a new beginning,
anyone can start over and make a new ending."

- Chico Xavier, Brazilian spiritist

Can I "start over" after a breakdown?

- **Ask "Is it possible that I...?" questions**
Consider possible perceived contributions to breakdown
- **Offer a measure of vulnerability**
Share your "why" without expectation of reciprocity
- **Seek peace AND relationship restoration**
Focus on reasons for relationship... even w/o a relationship

To see a short video explaining these ideas, go to <https://youtu.be/a5T5Tae8w7c> or search online for "csuci ombuds youtube quick tips."

Ask "Is it possible that I...?"

When there's been a breakdown in a work relationship, we often wish we could start over. Although starting over isn't possible — and it would deprive us of valuable lessons learned in any case — rebuilding trust is. To gain a perspective that can enable reconciliation, ask yourself the question, "Is it possible that I contributed in any way to the situation?" It isn't necessary that you believe you caused the breakdown, but it can change the dynamic to imagine the other person's perspective before you engage.

Offer a little vulnerability.

Before or along with addressing issues that brought about a workplace breakdown, it can help to share how important the larger goals or mission of the organization are to you without attributing fault for current problems. Or, you can share how important the people the University serves or your organization serves are regardless of current problems. Or, you may share how important you view the relationship to be, even if it seems broken at the moment. There's no guarantee these "big picture" expressions will be reciprocated, and that's precisely what makes them powerful actions in rebuilding trust.

Seek peace over a relationship.

Research has shown that trust is not "all or nothing" in day-to-day experience. In fact, it can be extended in increments surprisingly easily. But extensions of trust are still a choice. One way to clear the path for extending trust is to separate outcome expectations from satisfaction in efforts. Ultimately, our work is to advance the goals of our organizations and the university. Knowing that the current "temperature" of a workplace relationship may be out of our control frees us from feeling paralyzed by how others choose to relate to us, and thus makes it possible to project peace even in troubled situations.

**LEARN MORE
ABOUT THE
OMBUDS
OFFICE**

Private and Confidential Scheduling: Go to [Calendly.com](https://calendly.com)
Email: mark.patterson@csuci.edu (not for confidential matters)
Phone: 805-437-3283

Webpage: <https://www.csuci.edu/ombuds/>
Twitter: @ombudsCSUCI
YouTube: [Ombuds CSUCI Learning Channel](#)
Office: Solano 2162



2022-2023 Payroll Calendar

– Symbol & Color Legend

- A** ACADEMIC DAY
- H** HOLIDAY
- C** CAMPUS OPEN • NON-ACADEMIC DAY
- \$** Staff & Faculty Paydate
- D** Direct Deposit Posted for Faculty & Staff
- F** Forms related to attendance due after Staff & Faculty Payday (jury duty, OT)
- P** Payday for Students, Hourly Interimments, OT, Shift Differential & Additional pay
- X** Payroll Cutoff
- ◆** Fiscal Year End Closing Deadline - All payroll related transactions for current fiscal year must be submitted to HR by 5:00 pm. (June 1, 2023)
- R** Absence and Time REPORTING Deadline
- A** Absence and Time APPROVAL Deadline

ACADEMIC & HOLIDAY DATES

FALL SEMESTER = 85 Work Days

8/18/22 through 12/16/22

- Weekday Classes Begin - 8/22/22
- Final Exams - 12/5/22 to 12/10/22

SPRING SEMESTER = 89 Work Days

1/18/23 through 5/26/23

- Weekday Classes Begin - 1/23/23
- SPRING RECESS - 3/20/23 to 3/24/23
- Final Exams - 5/15/23 to 5/19/23
- COMMENCEMENT - 5/20/23

Independence Day Observed - 7/4/22

Labor Day - 9/5/22

Veteran's Day - 11/11/22

Thanksgiving - 11/24/22

Admissions Day Observed - 11/25/22

Christmas Day Observed - 12/26/22

Columbus Day Observed - 12/27/22

Lincoln's Birthday Observed - 12/28/22

Washington's Birthday Observed - 12/29/22

Campus Open - 12/30/22 (not an obse

New Year's Day Observed - 1/2/23

Martin Luther King Jr. Day

Cesar Chavez Day - 3/31/

JULY 2022						
JULY 1 - AUG 1 = 22 Days						
S	M	Tu	W	Th	F	S
					D 1	2
3	4	F 5	R 6	A 7	8	9
10	11	12	13	14	P 15	16
17	18	19	20	x 21	22	23
24	25	26	27	28	29	30
31	S 1					

AUGUST 2022						
AUG. 2 - AUG. 31 = 22 Days						
S	M	Tu	W	Th	F	S
		D 2	F 3	R 4	5	
7	A 8	9	10	11	12	1
14	P 15	16	17	18	19	2
21	22	X 23	24	25	26	2
28	29	30	S 31			

SEPTEMBER 2022						
SEPT. 1 - SEPT. 30 = 22 Days						
S	M	Tu	W	Th	F	S
				D 1	F 2	
4	5	R 6	A 7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	P 22	23	24
25	26	27	28	X 29	30	
				S		

OCTOBER 2022						
OCT. 1 - OCT. 31 = 21 Days						
S	M	Tu	W	Th	F	S
						1
2	D	3 F	4 R	5	6 A	7
9	10	11	12	13	14 P	15
16	17	18	19	20	21	22
23	24	25	26	27	28 X	29
30	31 S					

NOVEMBER 2022 NOV. 1 - NOV. 30 = 22 Days						
S	M	Tu	W	Th	F	S
		D	F	2	3	4
6	A	7	8	9	10	11
13		14	P	15	16	17
					X	18
20		21	22	23	24	25
27		28	29	S	30	

DECEMBER 2022						
DEC. 1 - DEC. 31 = 22 Days						
S	M	Tu	W	Th	F	S
				D	F	2
4	R	5	6	A	7	8
11		12	13	14	15	16
18		19	20	X	21	22
25		26	27	28	29	30

JANUARY 2023						
JAN. 1 - JAN. 31 = 22 Days						
S	M	Tu	W	Th	F	S
1	2	3	4	5	6	
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

FEBRUARY 2023						
FEB. 1 - MAR. 1 = 21 Days						
S	M	Tu	W	Th	F	S
			D 1	F 2	R 3	4
5	6	A 7		9	10	11
12	13	14	P 15	16	X 17	18
19	20	21	22	23	24	25
26	27	28	S 1			

MARCH 2023						
MAR. 2 - MAR. 31 = 22 Days						
S	M	Tu	W	Th	F	S
				D	2	3
5	R	6	7	A	8	9
12		13	14	P	15	16
19		20	21	X	22	23
26		27	28	29	S	30
						31

APRIL 2023						
APR. 1 - MAY 1 = 21 Days						
S	M	Tu	W	Th	F	S
2	D 3	F 4	R 5	6	A 7	
9	10	11	12	13	P 14	
16	17	18	19	X 20	21	
23	24	25	26	27	28	
30	S 1					

MAY 2023						
MAY 2 - MAY 31 = 22 Days						
S	M	Tu	W	Th	F	S
		D 2	F 3	R 4	5	
7	A 8	9	10	11	12	13
14	P 15	16	17	18	19	20
21	X 22	23	24	25	26	27
28	29	30	S 31			

JUNE 2023						
JUNE 1 - JUNE 30 = 22 Days						
S	M	Tu	W	Th	F	S
				D 1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

<https://www.csuci.edu/hr/payroll/documents/2022-23-payroll-calendar.pdf>

Wordsearch!

February and March!

M	S	D	N	E	I	R	F	C	U	C	O
A	R	A	H	N	R	S	T	R	A	E	H
R	E	E	V	A	L	E	N	T	I	N	E
D	C	C	E	E	C	L	O	V	E	R	H
I	E	H	S	U	P	E	R	B	O	W	L
G	M	O	O	A	A	W	O	D	A	H	S
R	E	G	A	C	D	N	P	D	N	E	F
A	E	S	H	S	O	R	H	B	I	C	L
S	R	R	U	O	F	L	A	N	I	F	O
S	W	E	E	T	H	E	A	R	T	C	W
W	O	B	N	I	A	R	W	T	O	U	E
C	H	A	M	P	I	O	N	A	E	P	R
L	E	P	R	E	C	H	A	U	N	I	S
G	O	H	D	N	U	O	R	G	E	D	O

SWEETHEART
CHOCOLATE
FRIENDS
VALENTINE
HEARTS
SUPERBOWL
GROUNDHOG
FLOWERS
CLOVER
LEPRECHAUN
MARDIGRAS
RAINBOW
CUPID
SHADOW
FINALFOUR
CHAMPION

**THE FIRST 2 PEOPLE TO EMAIL
CI.STAFFCOUNCIL@CSUCI.EDU WITH A
SCREENSHOT OF A COMPLETED WORDSEARCH
WILL RECEIVE A SMALL PRIZE!**