



**Vol. 25**

# IN THE LOOP

**July  
2021**



**STAFF  
COUNCIL**  
CHANNEL  
ISLANDS

## ***Announcing Our New Staff Council!***

### **CI Staff Council 2021-2022**

#### **Academic Affairs:**

- Jessica Dalton
- Katelynn Ellison
- Catherine Hutchinson
- Alyssa Lyons

#### **Office of the President:**

- Mary McDonnell

#### **Business & Financial Affairs**

- Melissa Bergem
- Renee Fuentes
- Christine Girardot
- Richard Guyette
- Colleen Haws
- Karly Ibrahim
- Teresa Montoya-Morau
- Marina Moreno
- Paula Robertson
- Daniel Stewart

#### **Student Affairs:**

- Annie Block-Weiss
- Crystal Delatorre
- Leticia Dowd
- Hannah Smit
- Tanya Y. Gonzalez

#### **University Advancement:**

- Carolyn Shamowski

#### **Executive Board**

- Chair: Annie Block-Weiss
- Vice Chair: Catherine Hutchinson
- Secretary: Tanya Y. Gonzalez
- Treasurer: Renee Fuentes
- Custodian of Records: Hannah Smit

#### **Committee Chairs:**

- Communications: Katelynn Ellison
- Events & Recognition: Carolyn Shamowski
- Governance: Melissa Bergem
- Ways & Means: Alyssa Lyons

## ***Our new members this year are:***

***Katelynn Ellison - Admission and Recruitment***

***Richard Guyette - Payroll***

***Teresa Montoya-Morua - Fiscal Services***

***Paula Robertson - VPDBFA Office***





# AFFINITY GROUPS



## The Pink Dolphins:

The Pink Dolphins was created as a support community where we can talk about breast cancer treatment options, health tips, share hopes and fears, and provide a virtual nod of understanding as we have each walked this path. Healing happens when we help others, so join us and let us provide the positive support that promotes optimum health.

- For meetings:
  - Monthly meetings via Zoom (for now), and a Teams group where we can connect with questions and answers between meetings.
- To join, please email [bonnie.landau@csuci.edu](mailto:bonnie.landau@csuci.edu).



## Book Club Affinity Group:

- This is a fun, informal opportunity to read one book a month and meet with your colleagues once a month to discuss it. Meetings with the group usually occur the last week of the month during 12-1 p.m. on the day that the group selects and then a new book is selected by the group. If you are interested in joining, please email [christine.joyau@csuci.edu](mailto:christine.joyau@csuci.edu).




## Self Care Affinity Group:

- A support group to learn self-care tips, spend time with one another, express feelings, and more.
  - If you are interested in joining, please fill out our [welcome survey](#).



## 1:1 Coffee Affinity Group:

- Members will be paired monthly to have a “Get to Know a Co-Worker” virtual or in person coffee, at a time that works best for the pair. This will be an informal group to allow each person to get to know a colleague better and to expand our network of support at CI!
- To join, please email [annie.block-weiss@csuci.edu](mailto:annie.block-weiss@csuci.edu).

**Challenge!** There are 3 beachballs  hidden within the newsletter. The First 3 people to email [ci.staffcouncil@csuci.edu](mailto:ci.staffcouncil@csuci.edu) with screenshots of each beachball will receive a small prize!  
(prompt beachball excluded)



We know that while things may look a little different, the dolphin spirit remains strong.



### **Fall 2021 Semester Planning - Fall 2021 - CSU Channel Islands**

Fall 2021 semester plans and details for virtual learning and virtual operations, including technology and student...

 [csuci.edu](http://csuci.edu)

Check out the [Fall semester planning webpage](#) for updates!

#### **IMPORTANT TOPICS:**

- COVID-19 Vaccine Information
- Campus Services and Resources
- Welcome Activities
- FAQ Section
- Much, much more

Adjusting to change wasn't easy, but we did it.  
And... here we go again! Reach out if you need help  
<http://www.liveandworkwell.com/>



# **RETURNING TO WORK SOON? HERE ARE SOME WAYS TO MAKE THE PROCESS EASIER**

## **NERVES - ANTICIPATION - TRANSITION**

It's not weird to feel apprehensive about returning to work. According to psychologist Dr. Albers, it's normal considering we've been safe in our homes for so long. If you're worried, what you're experiencing is called "reentry anxiety" and there are two forms of it: "The first form concerns safety. People are anxious that when they leave their house, they may unknowingly contract COVID-19 or possibly spread it. The second type is around social interactions. Over the past year, we have been social distancing and lost practice of how to meet with people in person, look them in the eyes and engage in everyday chitchat."

### **Suggestions:**

"Don't jump right in. Put your toe in the water. Go back to your office before your official start date. Look around. Sit in your chair. Remember that a lot has changed in a year, so expect that things are not going to look or feel like they did a year ago."

[Read more here](#)



# What Are You Looking Forward to as We Return to Campus?

Please share your responses [HERE](#), to be featured in the August Newsletter

Eating lunch at Towncenter!

My office and team!

No delayed laughter on zoom!

Walking down Central Mall!





# repopulation

O	A	E	E	U	L	A	I	C	O	S	Y	G	S
L	I	C	M	N	R	E	M	M	U	S	M	E	N
L	O	I	P	I	P	X	H	F	L	E	T	S	M
I	I	F	L	V	R	E	H	C	F	A	N	M	F
R	M	F	O	E	O	M	E	F	D	I	H	E	C
A	S	O	Y	R	C	P	A	P	H	S	T	D	O
M	T	I	E	S	E	T	U	P	E	U	L	I	U
A	A	T	E	I	S	I	L	O	S	P	A	C	T
C	T	S	S	T	S	O	U	N	R	M	E	A	D
P	U	O	K	Y	D	N	A	S	A	A	H	L	O
M	S	C	A	S	P	H	Y	S	I	C	A	L	O
G	N	I	T	U	M	M	O	C	E	L	E	T	R
O	C	G	N	I	C	N	A	T	S	I	D	E	S
M	S	E	C	N	A	T	S	M	U	C	R	I	C

OUTDOORS  
MASKS  
UPDATES  
EXEMPTION  
TELECOMMUTING  
CIRCUMSTANCES  
STAFF  
EMPLOYEES  
STATUS  
DISTANCING  
PHYSICAL  
UNIVERSITY  
MEDICAL  
SOCIAL  
OFFICE  
HEALTH  
DOLPHINS  
CAMARILLO  
SUMMER  
CAMPUS  
PROCESS



Play this puzzle online at : <https://thewordsearch.com/puzzle/2604148/>

# repopulation



# ***Vacation Greetings***

***Share a photo and/or greetings  
from your vacation or  
staycation destination!***

**Photos - upload here**

**CHECK OUT THE AUGUST EDITION FOR MORE VACATION  
SPOTLIGHTS**



**KARLY IBRAHIM (STAFF COUNCIL,  
POLICE AND PARKING STAFF)  
AND MILO AT CROWLEY LAKE FOR  
4TH OF JULY**



**TANYA (STAFF COUNCIL SECRETARY, CAMPUS  
LIFE STAFF) AND JESSIE GONZALEZ CAMPING  
AT LAKE CASITAS**

**TROUBLE UPLOADING? PLEASE EMAIL YOUR PHOTO TO  
[CI.STAFFCOUNCIL@CSUCI.EDU](mailto:CI.STAFFCOUNCIL@CSUCI.EDU)**



YOU'RE INVITED TO THE

# STAFF RE-POP PARTY!

POP IN FOR SOME FUN!

AUGUST 11, ANY TIME 2-4PM

NORTH QUAD

**Wear CI  
swag for  
an extra  
door prize  
ticket!**

**PHOTO BOOTH**

**SKEE-BALL & MORE**

**CUPCAKE  
STATION**

**DOOR PRIZES &  
GIVEAWAYS**

REPOPULATION EVENT BROUGHT TO YOU BY THE CI  
STAFF COUNCIL & THE OFFICE OF THE PRESIDENT,  
IN COLLABORATION WITH THE DIVISIONS OF CSUCI.

The University encourages persons with disabilities to participate in its programs and activities. If you anticipate needing any type of accommodation, or have questions about the physical access provided, please contact Disability Accommodations and Support Services at (805) 437-3331 or [accommodations@csuci.edu](mailto:accommodations@csuci.edu) as soon as possible, but no later than 7 business days prior to the event.



CALIFORNIA STATE UNIVERSITY  
CHANNEL ISLANDS

# 2021

## VIRTUAL COOK BOOK

Presented by: CSUCI Staff Council



Please submit your recipes and look for the  
Virtual Cook Book in the Newsletter:

[https://csuci.qualtrics.com/jfe/form/SV\\_6qV7J7HQK1KB1Zj](https://csuci.qualtrics.com/jfe/form/SV_6qV7J7HQK1KB1Zj)

**[Click Here](#) to view  
submitted recipes!**



# Need Support As We Repopulate?

As we start to pack up our home offices and head back to campus, remember it's not weird to feel apprehensive about returning. We are here to support the transition! If staff need any support in terms of campus repopulation please reach out to the CI Staff Council at [ci.staffcouncil@csuci.edu](mailto:ci.staffcouncil@csuci.edu)

## Staff Spotlight - Now With a Gift from Staff Council!



Do you know a fellow colleague who deserves to be recognized in our next In the Loop Newsletter Staff Spotlight section? Please [click here](#) to nominate! Your nomination message can be quoted here so that everyone can learn just how awesome that staff member is. New for 2021: Special gift provided to featured staff!

## Curious about Staff Council? Join our Monthly Meeting!

We send you emails, put on staff community events, and ask you to attend or participate in our fundraisers - but what does Staff Council really do? Learn more by attending one of our monthly meetings. Meetings are open to anyone who wishes to attend. We meet the third Tuesday of every month.

Mark your calendar, our next meeting is **Tuesday, August 17 from 9:30 a.m.-11:00 a.m.**, via Zoom. Please visit our [Minutes and Agendas page](#) on our Staff Council webpage to access each month's Zoom link. Feel free to stay the full session or as long as your schedule permits.

### Connect with YOUR Staff Council!



[@CI StaffCouncil](#)



[ci.staffcouncil@csuci.edu](mailto:ci.staffcouncil@csuci.edu)

<https://www.csuci.edu/staff/council/>

Questions?

Comments?

