

# INTER

June 2023





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#### STAFF SPOTLIGHT

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#### 2020-2023 Executive Board

Chair: Annie Block Weiss Vice Chair: Catherine Hutchinson Secretary: Tanya Gonzalez (not pictured)

Treasurer: Renee Fuentes

**Custodian of Records: Hannah Smit** 

We thank you for your years of service on staff council! Your hard work and dedication has contributed so much to the representation and support of staff here at CI. We are wishing you all the best (and lots of rest) in the future!



#### **Staff Spotlight - Receive a Gift from Staff Council!**

Do you know a fellow colleague who deserves to be recognized in our next In the Loop Newsletter Staff Spotlight section? Please <u>click here</u> to nominate!

# INTRODUCING THE 2023-2026 CI STAFF COUNCIL EXECUTIVE BOARD

**CHAIR: HONEY KRUEGER** 

**VICE CHAIR: SEAN KRAMER** 

TREASURER: COLLEEN HAWS

**SECRETARY: SHANNON FITZPATRICK** 

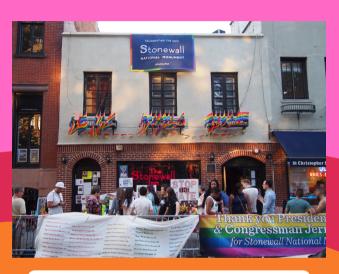
**CUSTODIAN OF RECORDS: REBECCA SLOCUM** 

To learn more about your board members, check out their bios here.

The new Executive Board terms begin July 1, 2023.

# Happy PRIDE DAY 28th June





The Stonewall Inn, New York City



Gay Liberation Day, 1970



CI's first Pride Fest was held in 2022

Did you know? The concept of Pride Month began with the Stonewall riots, a series of riots for gay liberation that took place over several days beginning on June 28, 1969. The riots began after a police raid at the Stonewall Inn, a gay bar located within Lower Manhattan in New York City. More info



A BIG thank you to all of the staff who supported Commencement 2023 leading up to and during the ceremonies! You rule the school!

For the first time ever, the campus was invited to nominate staff to ring the Navy Bell at Commencement this year. A staff member is asked to ring the Navy Bell in recognition of the valuable contributions of staff in support of student success. The staff members selected to ring the bell are chosen for their excellence in work carried out throughout the year.

#### Congratulations to the 2023 nominees:

Andrea Coppinger (Ringer)	Diana Enos (Ringer)
Wendy Olsan (Ringer)	Beatriz Ruettgers (Ringer)
Blake Buller	Carmen Krebs
Daniel Banyai	Donna Flores
JaAnn Stuermer	Martha Ferguson
Mary McDannell	Mayumi Kowta

Thank you to those who nominated peers for this important recognition!

### EXCITING OPPORTUNITIES!





Follow **Oci.staffcouncil** on Instagram and be entered into a raffle!

COMING UP...



## JUNETEENTH Y

Juneteenth commemorates the emancipation of enslaved African Americans. It is the newest federal holiday, signed into law by President Biden in 2021 and beginning to be honored as of 2023 by the CSU system.

June 19, 2023 - Campus Holiday

### START OF FISCAL YEAR



The end of the 2022-23 and beginning of the 2023-24 fiscal year is upon us! Make sure your budget line items are in order and get ready for the next round of expenses in support of our mission.

July 1, 2023

#### INDEPENDENCE DAY



Independence Day commemorates the signing of the Declaration of Independence. Happy July 4th!

July 4, 2023 - Campus Holiday

#### Welcome



#### Fun and free/ low- cost Summer Activities

- Catch some rays (or waves) or build a sandcastle on <u>the beach</u>...
- Hike/walk at the <u>Ventura Botanical</u>
   <u>Gardens</u>, and get inspired by the scenery
- Ride your bike on one of the <u>trails</u> around <u>Ventura County</u>



 Splash around the waterpark at the <u>Casitas Water Adventure</u>



Whatever adventure you may embark on....
don't forget your sunscreen!!!



#### OMBUDS CORNER

"We must be able to say what is 'not me' in order to have a 'me."
-Henry Lord, author

# Using "the Generous No" • Excavate the reason(s) beneath your reluctance Their purpose, your commection(s) & intersection of both • Frame your "no" from compassion for purpose Broaden the scope of what can be accomplished • "No, but..." "I can't do that, but I can do this...."

#### Look into the reasons behind your initial "gut" response

When asked to do something, we often feel a need to respond quickly. It seems efficient and polite. We also feel it demonstrates decisiveness. However, try to pause to dig into your feelings about either accepting or declining the request, and explore their purposes for asking. When possible, explain to the requester that you are pausing to make sure you give the best response you can. Without a pause, our logic-based (and inherently reactive) brains will work to justify gut feelings after the fact. After-the-fact mental justification is even more likely when we feel a sense of obligation or connection with the person making the request.

#### Frame your answer in the context of your requester's purpose (humbly considered)

In most workplace situations, a request for collaboration is mostly a resource request — and you are the resource. Consequently, tying your response — agreeing, agreeing in part, or saying "no" — to the purpose or purposes behind the need for you as a resource and how you believe your "no" can support their purposes broadly (including you as a resource) diminishes the tendency to see things as a personal rejection and allows you and the other party to frame the issues as beyond individuals and instead in terms of shared experiences and goals.

#### When declining, offer one step on another path to meet their purposes

We should always avoid "should-ing" someone about what they should do instead of asking you for help, but you can still decline to be involved with grace by suggesting a first step to meeting what you understand their purposes to be. Ideally, it is something you can help with, even if it's just offering an introduction or encouragement as they explore the alternate path.

Nonetheless, even if the alternate path is not a complete solution or even a workable first step, showing concern for the other person's purpose helps make "no" a stepping stone and not a rejection.

#### **Learn more**

Private and Confidential Scheduling: calendly.com/ombuds-officer Email: mark.patterson@csuci.edu (not for confidential matters) Phone: 805-437-3283 | Office: Solano 2162

Webpage: https://www.csuci.edu/ombuds/ | Twitter: @ombudsCSUCI YouTube: https://www.youtube.com/channel/UCSyJAjNywDHywLi6PLfQDFw/videos



ENJOY A NIGHT OF MUSIC, GAMES & FOOD WITH YOUR DOLPHIN ALUMNI COMMUNITY!

August 17, 2023

Historic Camarillo Ranch 201 Camarillo Ranch Rd., Camarillo CA 5:30 PM - 7:30 PM

\$15 for members \$20 for non-members



#### go.csuci.edu/alumnimixer

Adult tickets include 2 alcoholic beverage tickets & food Child tickets include non-alcoholic beverages & appetizers

Thank you to our Sponsors





# 7 FIND DIFFERENCES



