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SPOT THE DIFFERENCE

COMMENCEMENT

THANK YOUS

Staff Spotlight - Receive a Gift from Staff Council!

Do you know a fellow colleague who deserves to be recognized in our next In the Loop Newsletter Staff Spotlight section? Please click here to nominate!

We thank you for your years of service on staff council! Your hard work and dedication has contributed so much to the representation and support of staff here at CI. We are wishing you all the best (and lots of rest) in the future!
INTRODUCING THE 2023-2026 CI STAFF COUNCIL EXECUTIVE BOARD

CHAIR: HONEY KRUEGER
VICE CHAIR: SEAN KRAMER
TREASURER: COLLEEN HAWKS
SECRETARY: SHANNON FITZPATRICK
CUSTODIAN OF RECORDS: REBECCA SLOCUM

To learn more about your board members, check out their bios here.

The new Executive Board terms begin July 1, 2023.
Happy Pride Day
28th June

Did you know? The concept of Pride Month began with the Stonewall riots, a series of riots for gay liberation that took place over several days beginning on June 28, 1969. The riots began after a police raid at the Stonewall Inn, a gay bar located within Lower Manhattan in New York City. More info
A BIG thank you to all of the staff who supported Commencement 2023 leading up to and during the ceremonies! You rule the school!
For the first time ever, the campus was invited to nominate staff to ring the Navy Bell at Commencement this year. A staff member is asked to ring the Navy Bell in recognition of the valuable contributions of staff in support of student success. The staff members selected to ring the bell are chosen for their excellence in work carried out throughout the year.

Congratulations to the 2023 nominees:

Thank you to those who nominated peers for this important recognition!

<table>
<thead>
<tr>
<th>Andrea Coppinger (Ringer)</th>
<th>Diana Enos (Ringer)</th>
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<tbody>
<tr>
<td>Wendy Olson (Ringer)</td>
<td>Beatriz Ruettgers (Ringer)</td>
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<td>Blake Buller</td>
<td>Carmen Krebs</td>
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<td>Daniel Banyai</td>
<td>Donna Flores</td>
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<td>JaAnn Stuermer</td>
<td>Martha Ferguson</td>
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<td>Mary McDonnell</td>
<td>Mayumi Kowta</td>
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EXCITING OPPORTUNITIES!

Join the CI Staff Council:

BOOK CLUB!

Starting in July!

Interested in joining?
Email: edna.davoudi@csuci.edu

Follow @ci.staffcouncil on Instagram and be entered into a raffle!
The end of the 2022-23 and beginning of the 2023-24 fiscal year is upon us! Make sure your budget line items are in order and get ready for the next round of expenses in support of our mission.

July 1, 2023

Independence Day commemorates the signing of the Declaration of Independence. Happy July 4th!

July 4, 2023 - Campus Holiday
Welcome Summer

Fun and free/low-cost Summer Activities

- Catch some rays (or waves) or build a sandcastle on the beach...

- Hike/walk at the Ventura Botanical Gardens, and get inspired by the scenery.

- Ride your bike on one of the trails around Ventura County.

- Splash around the waterpark at the Casitas Water Adventure.

Whatever adventure you may embark on... don't forget your sunscreen!!!
When asked to do something, we often feel a need to respond quickly. It seems efficient and polite. We also feel it demonstrates decisiveness. However, try to pause to dig into your feelings about either accepting or declining the request, and explore their purposes for asking. When possible, explain to the requester that you are pausing to make sure you give the best response you can. Without a pause, our logic-based (and inherently reactive) brains will work to justify gut feelings after the fact. After-the-fact mental justification is even more likely when we feel a sense of obligation or connection with the person making the request.

Look into the reasons behind your initial “gut” response

When asked to do something, we often feel a need to respond quickly. It seems efficient and polite. We also feel it demonstrates decisiveness. However, try to pause to dig into your feelings about either accepting or declining the request, and explore their purposes for asking. When possible, explain to the requester that you are pausing to make sure you give the best response you can. Without a pause, our logic-based (and inherently reactive) brains will work to justify gut feelings after the fact. After-the-fact mental justification is even more likely when we feel a sense of obligation or connection with the person making the request.

Frame your answer in the context of your requester’s purpose (humbly considered)

In most workplace situations, a request for collaboration is mostly a resource request—and you are the resource. Consequently, tying your response—agreeing, agreeing in part, or saying “no”—to the purpose or purposes behind the need for you as a resource and how you believe your “no” can support their purposes broadly (including you as a resource) diminishes the tendency to see things as a personal rejection and allows you and the other party to frame the issues as beyond individuals and instead in terms of shared experiences and goals.

When declining, offer one step on another path to meet their purposes

We should always avoid “should-ing” someone about what they should do instead of asking you for help, but you can still decline to be involved with grace by suggesting a first step to meeting what you understand their purposes to be. Ideally, it is something you can help with, even if it’s just offering an introduction or encouragement as they explore the alternate path. Nonetheless, even if the alternate path is not a complete solution or even a workable first step, showing concern for the other person’s purpose helps make “no” a stepping stone and not a rejection.

Learn more

Private and Confidential Scheduling: calendly.com/ombuds-officer
Email: mark.patterson@csuci.edu (not for confidential matters)
Phone: 805-437-3283 | Office: Solano 2162
Webpage: https://www.csuci.edu/ombuds/ | Twitter: @ombudsCSUCI
YouTube: https://www.youtube.com/channel/UCSyJAJNywDHywLi6PLfQDFw/videos
ALUMNI SUMMER FIESTA

ENJOY A NIGHT OF MUSIC, GAMES & FOOD WITH YOUR DOLPHIN ALUMNI COMMUNITY!

August 17, 2023
Historic Camarillo Ranch
201 Camarillo Ranch Rd., Camarillo CA
5:30 PM - 7:30 PM

go.csuci.edu/alumnimixer

Adult tickets include 2 alcoholic beverage tickets & food
Child tickets include non-alcoholic beverages & appetizers

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