

November 2021





Staff SpotlightSal Romero

Lead Auto and Equipment Mechanic
In Operations



A word from his colleague: Our campus automotive shop maintains the vehicles, carts, mowers, tractors, and small equipment. The mechanics are trained to use a wide range of tools on various kinds of vehicle models. This includes repairs for public safety and other essential vehicles. The auto shop has recently experienced retirements and transitions. We would like to extend our gratitude to Sal Romero, the Lead Auto and Equipment Mechanic. On a daily basis, he is precisely evaluating and identifying issues, creating work plans, and performing necessary repairs or maintenance. Kudos to Sal for striving to provide outstanding and timely customer service through active listening.

VETERANS ★ DAY ★

HONORING ALL WHO SERVED

11.11.2021

Veterans Day is a time for us to pay our respects to those who have served. For one day, we stand united in respect for you, our veterans.

This holiday started as a day to reflect upon the heroism of those who died in our country's service and was originally called Armistice Day. It fell on Nov. 11 because that is the anniversary of the signing of the Armistice that ended World War I. However, in 1954, the holiday was changed to "Veterans Day" in order to account for all veterans in all wars.

We celebrate and honor America's veterans for their patriotism, love of country and willingness to serve and sacrifice for the common good.

https://www.military.com/veterans-day





The Grossman Foundation has donated funds to the CI Veterans Affairs Program for 5 individual Service Dogs to support CSUCI veteran students suffering from PTSD and an American yellow Labrador Retriever Facility Dog named "Doc." This highly-trained dog's job is to spend the entire workweek in our <u>Veterans Resource Center</u> caring for the emotional needs of our student veterans. Staff are welcome to stop by and say hi! We have a second campus dog provided to CI from the same Foundation supplying a yellow English Labrador Retriever Facility Dog, <u>Lonnie</u>, to On Campus Housing.

OPPORTUNITY







NOVEMBER IS NATIONAL NATIVE AMERICAN HERITAGE MONTH

The first American Indian Day was celebrated in May 1916 in New York. The event culminated in an effort by Red Fox James, a member of the Blackfeet Nation who rode across the nation on horseback seeking approval from 24 state governments to have a day to honor American Indians. More than 70 years later, in 1990, President George H.W. Bush signed a joint congressional resolution designating the month of November "National American Indian Heritage Month." In 2019, President Trump unveiled his National American History and Founders Month proclamation to coincide with/replace a National Native American Heritage Month declaration that every U.S. president has made since 1990.

So, who are the traditional people of Topanga? Topanga sits at the interface between two tribes, with two very different languages and cultures, even though the environment is the same. The west side of Topanga and north, is the ancestral homeland of the Chumash Indians. The east side, and south is the ancestral land of the Gabrielino-Tongva.

For Native Americans, November is the time of Aaguit – the Time of Nuts and Acorns for the Gabrielino – Tongva. A time to gather the fall harvest and bring families together to feast. In the old days they gathered acorns, black walnuts, dogbane, hunted deer, rabbits, quail, and fished for steelhead trout. They held ceremonies, gossiped, gambled, played games. Made baskets, fish nets, soapstone bowls and effigies. Traded the gifts from their region for the gifts brought by other village people. It is a beautiful time of year.

Read full article.

WHAT CAN YOU DO?

Get informed. Read up on Native American History and take the time to inform yourself on the challenges Indigenous people face today.

Participate with interest in Native American events and celebrations.

Create space for indigenous voices and listen intently to the stories they tell.

Share Native art and culture with respect to Native ownership and representation.

Take meaningful action
— go beyond
acknowledgement.
Focus on helping the
community find solutions
for obstacles that hinder
Native American rights.

Learn more about resources locally and within the institution regarding supporting people who are from Native American and Indigenous backgrounds.

Native American and Indigenous Student Resource Guide (PDF, 55MB)





ORDER HERE!

AVAILABLE OCTOBER 8TH - DECEMBER 3RD

Questions? Contact: Colleen Haws, Ways & Means Committee Chair at colleen.haws@csuci.,edu





Print Me! JOIN US FOR A Fin-Tastic

Enjoy Fin-tastic food & help raise money \$\$ for our school. Bring or show this flyer and 20% Net Sales will benefit:

CSUCI Staff Council

SAVE THE

Nov. 24th (Wednesday) 11 am - 8 pm Sharky's Camarillo: 805.322.1441

Dine-In, Take Out, Phone Orders Order Online & pick up at restaurant Order Online for curbside pickup

Enter fundraiser name at checkout for

online orders: CSUCI Staff

Please Wear a Face Mask & Respect Social Distancing Guidelines

Thank you! We look forward to seeing you.



Please remember to present* this flyer when ordering or picking up your phone-ahead order. "If your smartphone or tablet device can open this document, you can present it without printing it out.

WWW.SHARKYS.COM



THE GIVING BEAN

COFFEE, TEA, & HOT CHOCOLATE



25% GOES TO STAFF COUNCIL



25% GOES TO STAFF COUNCIL

K CUPS, LOOSE LEAF TEA.
& MUCH MORE!



"COFFEE &
FRIENDS MAKE
THE PERFECT
BLEND"





The Center for Community Engagement (CCE) is excited to announce that we will be hosting a Holiday Street Store with Westminster Free Clinic in December! This groundbreaking non-profit organization serves 300+ families every week with food distribution, clothing donations, and free medical care. During last year's holiday clinic, over 1000 children were provided with toys and other services!

From **November 1 – December 10**, the CCE is asking for **new and lightly used clothing donations** to be dropped off at **Ojai Hall 1934** (The CCE office). All items will be dispersed to the community in a free store-like environment during our **Holiday Street Store** in December!

Don't have anything to donate? We are also asking for volunteers to participate at our Street Store in mid-December! **Bilingual volunteers** are highly encouraged to participate. See attached flyer for more information. If interested, please contact laurie.geier@csuci.edu.



THE POWER OF

CRATITUDE

With every season change a sense of renewal and growth fills the air. Let us apply that sense of renewal and growth to gratitude. Studies show that people can deliberately cultivate gratitude—and there are important social and personal benefits to doing so. Here are ways to renew your attitude and find gratitude.

- Keep a journal of or in some way note big and little joys of daily life.
- Write down "three good things"—identify three things that have gone well for you and identify the cause.
- Write thank-you notes to others.
- Think about people who have inspired you and what about them was most significant.
- Engage in "mental subtraction." Imagine what your life would be like if some positive event had not occurred.

Source: Psychology Today



Fun Gratitude Activities for Everyone - click below!











Challenge: There are 3 turkeys hidden within the newsletter. The first 2 people to email ci.staffcouncil@csuci.edu with screenshots of each pumpkin will receive a small prize! (prompt pumpkin excluded)



lt's Cooking Time!



WE WANT TO SHARE YOUR RECIPES AND COOKING SKILLS FOR THE HOLIDAY SEASON!



TAG US ON INSTAGRAM

@CI_STAFFCOUNCIL SO

WE CAN HIGHLIGHT

YOUR PHOTOS, REELS,

AND/OR VIDEOS! LET'S

GET INSPIRED AND

SHARE OUR LOVE FOR

FOOD.

SHOUT-OUT TO OUR
INSTAGRAM
GIVEAWAY WINNER
DAISY CARRANZA IN
BASIC NEEDS!



CSUCI Virtual Cookbook

PRESENTED BY STAFF COUNCIL



SUBMIT RECIPES LINK

VIIEW THIE COOKBOOK

Submit a recipe for a chance to be featured

FEATURED RECIPE CORNBREAD

from the Staff Council Cookbook

ingredients:

- 1 CUP OF SOUR CREAM
- 7 OZ. JIFFY CORN MUFFIN MIX
- 2 EGGS
- 2-3 TABLESPOONS OF SUGAR
- ½ CUP BUTTER
- 1 CAN OF CREAMED CORN

steps:

MIX AND POUR INGREDIENTS INTO

GREASED PAN

BAKE AT 350-DEGREES FOR 40-45

MINUTES



HOLIDAY PLAY LIST 2021

Please email and submit your favorite holiday song(s), your holiday photo(s), & add any comments you wish to

Email: CIStaffcouncil@gmail.com

NOTE: Once all the songs, photos and comments have been submitted and uploaded to the site, a link will be provided for your access and listening pleasure.

Happy Holidays from CSUCI Staff Council!

Vacation Balances

We are nearing the end of calendar year 2021, and vacation balances may be in jeopardy if you have accrued more than the maximum allowed to roll over.

You can check your balances by logging in to MyCI > CI Personnel > Self Service > Employee Balance Inquiry (NOTE: information posted by the State Controller's Office runs one month behind and does not reflect vacation used or accrued during the last month/current pay period). On that page, there is also a link to the Graduated Vacation Chart, which shows the max hours allowed based on your bargaining unit and years of service.



BIRTHDAY SHOUT-OUT? COMMUNITY PROJECT? CLUB EVENT?

MAKE A
SUBMISSION TO
THE STAFF
COUNCIL
NEWSLETTER

Please fill out the qualtrics inquiry form to submit a brief description and upload flyers!

SUBMIT HERE

Need Support As We Repopulate?

As we start to pack up our home offices and head back to campus, remember it's not weird to feel apprehensive about returning. We are here to support the transition! If staff need any support in terms of campus repopulation please reach out to the CI Staff Council at ci.staffcouncil@csuci.edu

Staff Spotlight - Now With a Gift from Staff Council!



Do you know a fellow colleague who deserves to be recognized in our next In the Loop Newsletter Staff Spotlight section? Please click here to nominate! Your nomination message can be quoted here so that everyone can learn just how awesome that staff member is. New for 2021: Special gift provided to featured staff!

Curious about Staff Council? Join our Monthly Meeting!

We send you emails, put on staff community events, and ask you to attend or participate in our fundraisers - but what does Staff Council really do? Learn more by attending one of our monthly meetings. Meetings are open to anyone who wishes to attend. We meet the third Tuesday of every month.

Mark your calendar, our next meeting is Tuesday, October19 from 9:30 a.m.-11:00 a.m., via Zoom. Please visit our Minutes and Agendas page on our Staff Council webpage to access each month's Zoom link. Feel free to stay the full session or as long as your schedule permits.



Questions?

ci.staffcouncil@csuci.edu

Comments?

