

**Vol. 33**

# IN THE LOOP

**March  
2022**



California State  
University

**STAFF  
COUNCIL**  
CHANNEL  
ISLANDS

## STAFF SPOTLIGHT

**Casey Waltrip**

**Carpenter**

Casey started as a temp hire in 2013 and worked on and off for about a year until he was hired full time. He first started in the mason shop when Steve Sandwall, the previous mason, retired. Casey worked in that shop for about six months before moving to the carpenter's shop.

Casey is one of two carpenters on campus, the other is his boss John Whipp. The mighty team of two complete various campus-wide projects including classroom/office repairs and upgrades. Jobs can involve framing, drywall, carpet, cabinets, ect. The carpenters also work on staff and faculty requests which include hanging up artwork and diplomas.

When not at CI, Casey enjoys many hobbies, including spending time with family and dogs. But his favorite leisure time includes hunting, fishing, fly fishing/tying flies, and working on his 4runner.



**Thank You Casey!**

# WELCOME!



## **GABRIEL NAJAR**

**Buyer II**

**Gabriel has joined our staff member team, as a Buyer II/Contract Specialist, working in the Procurement & Contract Services under the Financial Services Unit.**

**He will provide leadership to California State University Channel Islands in the procurement of goods and services by assisting the campus community in accomplishing the operational missions of students, staff members and facilities, by administering law and good business practices. Gabriel believes in the importance of working on campus that creates an environment of diverse community engagement, experiencing multicultural backgrounds, and building strong lifetime relationships.**

**Gabriel's hobbies and activities consist of traveling, hiking, and reading books.**

## **MINNA CHANG**

**Auxiliary Finance Manager**

**Minna Chang is the new Auxiliary Accounting Manager and working with the Auxiliary Financial Services department.**

**The team provides oversight with a wide variety of specialized administrative and finance functions for CI Site Authority, CI Financing Authority, Foundation, University Auxiliary Services, and Associated Student Inc.**

**Having previously been at the Chancellor's Office, she is excited to now work for the campus where she feels more connected to the students that the auxiliaries ultimately serve.**

**Mina enjoys baking and hiking when she has the chance.**





# Welcome!



**Coordinator of Recruitment Program**  
**John Carroll**  
**Bachelor's degree in Biochemistry-Chemistry from**  
**UC San Diego**

---



**Excellence in Academic Preparation (EAP)**  
**Coordinator**  
**Josh Tirado**  
**Bachelor's degree in Liberal Art and Science from**  
**CSU Channel Islands**

---



**Regional Admissions Counselor**  
**Erica Martinez**  
**Master's in Educational Studies from CSU**  
**Northridge**

---



**Admissions & Recruitment Customer Service**  
**Assistant**  
**Karina Arroyo**  
**Bachelor's degree in Chicana/o Studies from CSU**  
**Channel Islands**

STAFF COUNCIL

THANKS YOU FOR ATTENDING THE

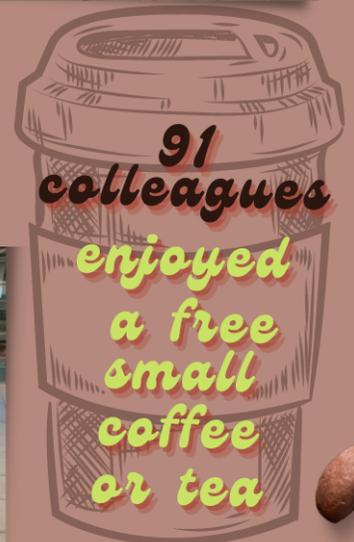
# Staff Appreciation Coffee/Tea Day!



*many thanks*



*many thanks*



# WOMEN & THE CSU

## HISTORY IN THE MAKING

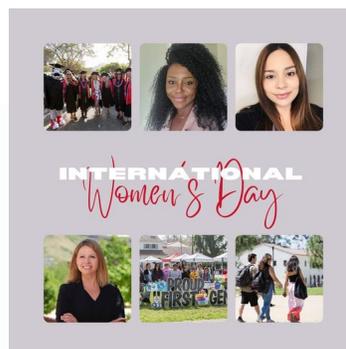
Women's history month grew out of a weeklong celebration of women's contributions to culture, history and society that was co-founded in 1980 by a coalition of women: Mary Ruthsdotter, Maria Cuevas, Paula Hammett, Bette Morgan, and a Sonoma State alumna, Molly Murphy MacGregor. Today, the CSU proudly leads the way with a 55% female workforce. While that is remarkable, the pandemic highlights the ceaseless work of women as beacons of hope and healing. This year's 2022 Women's History theme is "Providing Healing, Promoting Hope." The CSU, with 11 of 23 female campus presidents, has been a consistent leader in making history and celebrating women's contributions to society. To learn more, read about the [CSU Leading the Way](#).



**24 REMARKABLE  
WOMEN OF THE**



**CSUCI  
CELEBRATES**



**CALIFORNIA FOR  
ALL WOMEN**



*The first 2 people to email [ci.staffcouncil@csuci.edu](mailto:ci.staffcouncil@csuci.edu) with a screenshot of a completed Wordsearch will receive a small prize!*

## Women's History Wordsearch

O N U A F U V W M Y R I D E A N U  
G O O D A L L L I Z A I T E O H H  
E W R Q V P X Y I O C O N N O R S  
Z R C V M Z Y P W K B G J Q S K A  
S Y T U B M A N R G A Y O Y A F C  
S O F Z B I N C U Y R B T L N P A  
L U T G M C G G O M T Q A C T V G  
C S E O W P E N L M O Y H I H Y A  
W A P C Z Z L L P S N T Z E O N W  
U F M W E W O K X X A B A D N O E  
N Z N B M F U D F K C I A S Y U A  
V A T O T E G A M K E L P H D V W  
X I X M S N R J L S U E W G U L A  
Q A K L V X L A I C B S V X S W K  
U S C I O O A W Y W P G Z Q J H K  
M O M Y B A K D O L C N L F U I W  
F A C D G G H H S K T Z I Z I O Y

ANGELOU

TUBMAN

SACAGAWEA

BILES

BARTON

GOODALL

O'CONNOR

ANTHONY

YOUSAFZAI

RIDE



# HAPPY ST. PATRICK'S DAY : 3/17/ 2022



St. Patrick's Day is celebrated annually on March 17, the anniversary of his death in the fifth century. The Irish have observed this day as a religious holiday for over 1,000 years. On St. Patrick's Day, which falls during the Christian season of Lent, Irish families would traditionally attend church in the morning and celebrate in the afternoon. Lenten prohibitions against the consumption of meat were waived and people would dance, drink and feast—on the traditional meal of Irish bacon and cabbage.

***The St. Patrick's Day tradition of wearing green was popularized by Irish immigrants, who believed that wearing green made them invisible to leprechauns - the classic fairy creature who pinches anyone they can see.***

STAFF COUNCIL PRESENTS  
**1st Annual**



Enjoy with Colleagues

April 15, 2022  
11 AM to 1 PM  
Bliss Courtyard

---

Join the CI Staff as we hold a Spring hunt! Exciting prizes await the participants, and the person(s) who finds a unique box will receive a surprise gift. Let's all have some great Spring fun!



Find the  
Unique Box  
Win a surprise gift!

**HOP INTO SPRING!**

*Help Staff Council by  
Ordering See's  
Candies!*

**Order Here!**

**Orders due by March 25th**



California State  
University

**STAFF  
COUNCIL**

C H A N N E L  
I S L A N D S

**SERVE IT UP!**

# **CÉSAR CHÁVEZ DAY**

**WITH FOOD FORWARD**

Join us for a morning of "gleaning" (harvesting surplus) lemons to **support the earth and your community.**

FRIDAY,  
**MARCH 25**  
8:15 AM -12:00 PM

Transportation and snacks provided.  
Contact [laurie.geier@csuci.edu](mailto:laurie.geier@csuci.edu)

**REGISTER: [bit.ly/CesarCSUCI22](https://bit.ly/CesarCSUCI22)**



## **Free next Friday?**

In honor of César Chávez's humble commitment to community service and respect for the environment, the Center for Community Engagement (CCE) is partnering with Food Forward NEXT Friday, March 25, 2022, from 8:15 AM – 12:00 PM.

Food Forward is a local non-profit that fights food waste and hunger. Since 2009, this extraordinary organization has distributed over 220,00,000 lbs. of surplus produce to local communities, feeding over 2,000,000 people, and preventing nearly 50,000 metric tons of carbon waste!

JOIN US on as we "glean" (harvest surplus) lemons at a local ranch in Santa Rosa Valley. Volunteers will learn about local and national food security, then talk to a local Receiving Agency representative about how their hard work impacts the local community.

We will provide transportation, gloves, refreshments, and light snacks. Register at [bit.ly/CesarCSUCI22](https://bit.ly/CesarCSUCI22)

-----  
"I raise up my voice — not so that I can shout, but so that those without a voice can be heard. ... We cannot all succeed when half of us are held back."  
-----

**Malala Yousafzai**

Questions, comments, ideas? I'd love to hear from you!  
Please Email [laurie.geier@csuci.edu](mailto:laurie.geier@csuci.edu) with service inquiries and voices of CI nominations!

# OMBUDS CORNER

**"It takes skill to be real. Time to heal each other"**  
- Tupac Shakur, musician

## Helping your team heal ... and celebrate

- *Make space for many emotions...including in yourself*  
*Different people react differently to the same situation at different times*
- *Respect different paces for recovery/celebration*  
*Acknowledge disparate impacts over time for team members*
- *Strive to create meaning as a team*  
*Encourage or create simple events/rituals*

We as a campus have been “re-populating” for a few months now. We have worked collectively to create a unifying experience for students, faculty and staff. On the other hand, each of us has gone through unique heartaches and joys during the pandemic and the return to campus. And as varied as the heartaches and joys have been, so have the emotions that have gone with them.

01

## Experience Emotions

Become okay with a wide variety of emotions in students and people we work with. We may long for “normality” but what feels like “normal” varies dramatically from person to person and even from day-to-day. These differences are not always visible on the surface. Within our teams, explicitly acknowledging that differences exist and giving permission for others to feel what they feel can create space for healing and unifying.

## Be Mindful

Be mindful of the fact that as people work through re-population (which is ongoing process, not a date on the calendar), the speed at which things progress will feel different to different people. As we see how the pandemic and repopulation have affected and are affecting those around us differently, it is easy to feel troubled and even resentful. This is natural. Knowing that, we can give those feelings time and space without judging. Be careful not to push or criticize people’s feelings through an evolving process.

02

03

## Rituals

As a team, lean into the power of small “rituals” and simple routine events to anchor each other in space and place. Something as simple as deliberately importing the now-traditional “Zoom check-in” into in-person team meetings, placing a picture of a “Touch Here for Special Powers” button in a conference room and then touching it before meetings, or figuratively giving everyone five minutes to “turn screens off” during a long meeting can go a long way.



# Help CI Staff Council Raise Some Dough!

**PRE-ORDER BY 05/06!  
\$12 FOR A DOZEN!**



**PICK UP: 05/11 FROM  
9 AM - 11 AM IN  
CENTRAL MALL**

*contact: colleen.haws@csuci.edu*



**FREUDIAN SIP AT BROOME LIBRARY  
OPEN THROUGH THIS WEEK!**



**ISLANDS CAFE REOPENS SUNDAY AND THEN BACK TO  
NORMAL SPRING 2022 OPERATIONS STARTING MONDAY  
3/21**

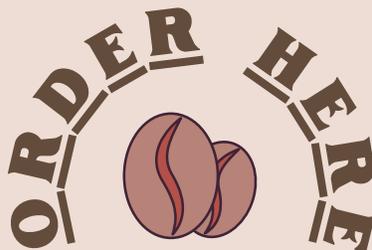


**"COFFEE & FRIENDS MAKE  
THE PERFECT BLEND"**



**THE GIVING BEAN**

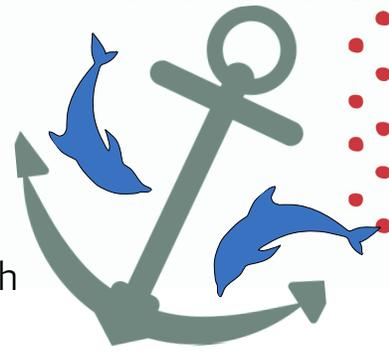
**25% GOES TO  
STAFF COUNCIL**



**25% GOES TO  
STAFF COUNCIL**

**ORDER NOW!**

# Dolphin Pod Safety



As CSU Channel Islands navigates through the current COVID-19 situation, it remains alert and active with public health guidelines. Meanwhile, here are ways we can support the safety efforts and well-being of our CI community:

## STAY SAFE

-  We still strongly recommend that masks continue to be worn indoors
-  We will expect unquestioned support for each person's choice
-  Caution is still necessary for those members of our campus community who are in a high-risk category for severe disease or if they live with someone who is immunocompromised or young children who are not eligible to be vaccinated.
-  Masks will still be available on the campus
-  On-campus COVID-19 testing availability continues
-  Contact tracing protocols remain in effect, as well as data collection and reporting

## BE WELL

-  **Empathia Life Matters COVID-19 Webinar Bundle:**
  - "Staying Visible and Connected When Working from Home"
  - "Grief and Change During COVID-19"
-  **American Psychological Association (APA) Guided Video Toolkit:**
  - "Calm Yourself"
  - "Focus Yourself"
  - "Ground Yourself"
  - "Celebrate Yourself"
-  **APA Science Based Tips to Manager Stress, a PDF guide**



## BE A POD

-  Check out Campus Events
-  Learn, Share, and Develop with Live and On-Demand Courses
-  Stay Informed - CSUCI News Center
-  Subscribe to the latest Information Technology news



# CSUCI *Virtual Cookbook*

PRESENTED BY STAFF COUNCIL



[SUBMIT RECIPES LINK](#)

[VIEW THE COOKBOOK](#)

*Submit a recipe for a chance to be featured*

## Staff Spotlight - Receive a Gift from Staff Council!

Do you know a fellow colleague who deserves to be recognized in our next In the Loop Newsletter Staff Spotlight section? Please [click here](#) to nominate!

## Curious about Staff Council? Join our Monthly Meeting!

We send you emails, put on staff community events, and ask you to attend or participate in our fundraisers - but what does Staff Council really do? Learn more by attending one of our monthly meetings. Meetings are open to anyone who wishes to attend. We meet the third Tuesday of every month.

Mark your calendar, our next meeting is **Tuesday, March 15th from 9:30 a.m.-11:00 a.m.**, via Zoom. Please visit our [Minutes and Agendas page](#) on our Staff Council webpage to access each month's Zoom link. Feel free to stay the full session or as long as your schedule permits.

If you would like to **submit content to our newsletter** please use the Qualtrics link provide.

## Connect with YOUR Staff Council!



[@CI StaffCouncil](#)



[ci.staffcouncil@csuci.edu](mailto:ci.staffcouncil@csuci.edu)

Questions?

Comments?



<https://www.csuci.edu/staff/council/>