



Vol. 37

IN THE LOOP

**September
2022**



California State
University

**STAFF
COUNCIL**
CHANNEL
ISLANDS

WHAT'S IN THIS ISSUE

**WELCOME NEW STAFF
COUNCIL MEMBERS**

**STAFF AWARD FOR
EXCELLENCE**

LABOR DAY

OMBUDS' CORNER

INVESTITURE

CORPORATE GAMES

FUNDRAISING

The Road to Restoring sat'wiwa

**A TRAIL RESTORATION PROJECT IN
ACKNOWLEDGEMENT OF SACRED CHUMASH LAND**

SATURDAY, OCTOBER 1ST @ 8-11:30 AM

Students, Faculty,
Staff, & Alumni
Welcome

REGISTER AT

<https://bit.ly/sathwiwa>



President's Staff Award for Excellence



The 2022 President's Staff Award for Excellence was awarded to **Megan Eberhardt-Alstot**, Teaching and Learning Innovation's Learning Design Lead.

Megan is a perfect example of excellence, clearly recognized as such through the multiple nominations from colleagues and students she received from across the University. Said one colleague, she is a "dedicated lifelong learner who inspires and motivates others."

A student wrote "she has emphasized the importance of student voices in the mission to achieve student success and giving students like me a platform to speak from."

Congratulations Megan!



Staff Spotlights

GABRIEL NAJAR

Gabriel is a new Buyer II/Contract Specialist working in Procurement & Contract Services. He provides leadership in the procurement of goods and services by administering law and good business practices. Gabriel believes in the importance of working on a campus that creates an environment of diverse community engagement, experiencing multicultural backgrounds, and building strong lifetime relationships. Gabriel's hobbies and activities consist of traveling, hiking, and reading books.

ALBERTO YUTUC

Albert is one of our unsung Night Custodians who takes pride in the work he does. He always wants to make sure that students, staff and faculty are coming into a space that they can be proud to work in. One night we had a pipe burst above a laboratory bench in Aliso Hall. Albert used a wet vacuum for an hour cleaning up the water waiting for the plumbers to come and turn off the water so that the cabinets would not get ruined. Albert never complains and always has a smile on his face when he is working.

WELCOME OUR 22-23 STAFF COUNCIL

EXECUTIVE BOARD

Chair, Annie Block Weiss

Vice Chair, Catherine Hutchinson

Secretary, Tanya Gonzalez

Treasurer, Renee Fuentes

Custodian of Records; Hannah Smit

MEMBERS

NAME - DIVISION

Courtney Gross - AA

Maximilian Seligman - AA

Sean Kramer - AA

Colleen Haws - BFA

Brian Lindgren - BFA

Paula Robertson - BFA

Czarina Gutierrez - SA

Alexandria Calderon - SA

Honey Krueger - SA

Hayley Van Arsdell - UA

Lisa Racine - UA

Alex Padilla - OTP

Fope Adesina - OTP

SEPTEMBER 5TH, 2022

Happy Labor Day!

Labor Day is an annual celebration of workers and their achievements. In the late 1800s, at the height of the Industrial Revolution in the United States, the average American worked 12-hour days and seven-day weeks. People of all ages, particularly the very poor and recent immigrants, often faced extremely unsafe working conditions, with insufficient access to fresh air, sanitary facilities, and breaks. Workers began organizing strikes and rallies to protest poor conditions and compel employers to renegotiate hours and pay. On September 5, 1882, 10,000 workers took unpaid time off to march from City Hall to Union Square in New York City, holding the first Labor Day parade in U.S. history.

The idea of a “workingmen’s holiday,” celebrated on the first Monday in September, caught on in other industrial centers across the country, and many states passed legislation recognizing it. In the wake of this massive unrest and in an attempt to repair ties with American workers, Congress passed an act making Labor Day a legal holiday. On June 28, 1894, President Grover Cleveland signed it into law. More than a century later, the true founder of Labor Day has yet to be identified.

Source: [History.com](https://www.history.com)



OMBUDS CORNER

"Worry does not empty tomorrow of its sorrow, it empties today of its strength."

- Corrie Tem Boom

Getting ahead of a tough performance evaluation

- **Reflect Inward**
Courageously unpack feelings of worry about a pending review
- **Look Outward**
Seek peer and mentor feedback about your contributions early
- **Own Forward**
Share data with a supervisor & your plan to build on/address

Reflect Inward

Performance evaluations sometimes loom like a thundercloud even when we are confident about our contributions. Worry also flourishes in uncertainty. Hard as it is to examine the thoughts that worry us about our job performance, it helps to examine those thoughts closely. Ask yourself why you think the review will be painful. What data are your feelings based on? For example, you can ask yourself "what didn't I accomplish that I had promised?" Or, "what may have happened that didn't go as planned?"

Look Outward

There's an old saying in sports: "the best defense is a good offense." Of course, performance evaluations are not sporting events, but there is value in getting ahead of the power curve by seeking feedback before a scheduled review as a means of demonstrating interest and commitment to self-improvement. Ask questions of mentors and peers like: "what could I have done more of?" "What should I have done less of?" "What am I doing as part of the team that is helpful?" "What am I doing that is not helpful?"

Own Forward

Once you've gotten preemptive feedback, seek an opportunity to discuss what you've learned and your plans to build on strengths and address shortfalls and/or weaknesses. Even a manager who may tend to avoid difficult discussions may be more willing to provide feedback about your own research. (Take care to protect coworkers' identities about sensitive judgments, though.) And in the event you end up taking a different path with other employment following a less-than-ideal review, a practice of fearless self-assessment and feedback-seeking will make you more attractive to future employers.

**LEARN MORE
ABOUT THE
OMBUDS
OFFICE**

Private and Confidential Scheduling: [Go to Calendly.com](https://calendly.com)
Email: mark.patterson@csuci.edu (not for confidential matters)
Phone: 805-437-3283

Webpage: <https://www.csuci.edu/ombuds/>
Twitter: @ombudsCSUCI
YouTube: [Ombuds CSUCI Learning Channel](#)
Office: Solano 2162 (move pending)



THE RETURN OF CORPORATE GAMES

After 2 years of taking a break and playing it safe, CSUCI is back in the game! City of Ventura's annual Corporate Games which used to be held in spring is now taking place in fall. And we want as many CSUCI team members to participate as possible. So much so, that this year we have multiple teams per sport/game. Please mark your October 2022 calendars as this is when all competitions will be scheduled. Corporate Games is a great opportunity for new and not so new CSUCI employees (Faculty, Staff, Student Workers, and Auxiliary Employees) to get physically and mentally competitive against other employer's teams, foster teamwork and collegiality, get to know one another, and simply just have fun. It is also a great opportunity to make our CSUCI presence known in the community as there could be up to 80 different employers from Ventura County competing in the games. More information will follow. But for now the best way to stay in the CSUCI Corporate Games loop is to register. Please take a moment and register for the games.

Complete CSUCI's 2022 Registration Form (myCI login required)

There is no cost to the CSUCI employee for signing up and playing. For planning purposes we need to know who is interested and in what events, so that we can organize teams, order T-shirts, send out participant agreements/waivers for signature, and send notifications/reminders regarding the final schedules and competition brackets. This year we have the opportunity to have multiple teams per sport/game. Please be honest when sharing why you would like to participate in each event you select. Your response will help determine the CSUCI team(s) you are placed on.

For additional information please contact melissa.bergem@csuci.edu

Calling all Faculty, Staff, Administrators & Student Workers to Join Our Team



QR Code- Scan Here



Use the QR Code to register for Corporate Games (myCI login required). All events will take place in October 2022. Participate in one or more of these events:

5K Run	Bocce Ball	Indoor Volleyball	Pickleball	Surfing
Ax Throwing	Bowling	Lasertag	Sand Sculpting	Table Games
Basketball	Cornhole	Kickball	Six-A-Side Soccer	Table Tennis
Beach Volleyball	Dodgeball	Miniature Golf	Softball Coed	Texas Hold 'Em
Billiards	Flag Football	Paintball	Softball Men's	Tug-O-War

Q: Are you hesitant to use the QR Code to access the sign-up form?

A: Use this instead-<https://ci.teamdynamix.com/TDClient/1891/Portal/Requests/ServiceDet.aspx?ID=22466>

Q: Are you not sure what Corporate Games is all about and want to learn more before signing up?

A: Visit our Corporate Games webpage to learn more- <https://www.csuci.edu/staff/council/corporate-games/>



**THRIVE AND SHINE
A Roadmap to Your
CSU Benefits**

OPEN ENROLLMENT

It's open enrollment time again!

From Sept. 19, 2022 through Oct. 14, 2022 eligible employees have the opportunity to:

- Enroll, change or cancel health, dental, vision and/or Flexcash
- Enroll/re-enroll in Dependent Care Reimbursement (DCRA) and/or Health Care Reimbursement (HCRA)
- Enroll/cancel voluntary benefit plans

Changes made during the open enrollment period will take effect on Jan. 1, 2023.

Want to learn more about open enrollment and how to make changes to your benefits?

[CLICK HERE TO LEARN more about 2023 benefits](#)

JOIN US AT THE VIRTUAL BENEFITS FAIR

Central Region | Wednesday, October 5, 2022 10:00 a.m. to 1:00 p.m.

Bakersfield, Channel Islands, Fresno, Monterey Bay, Northridge, San Bernardino, San Luis Obispo and Stanislaus

[CLICK HERE TO REGISTER](#)

This free event is being offered to provide all campus employees with information on a variety of opportunities afforded to them at CSUCI and in the surrounding area. Vendors and representatives will be available to answer questions and provide more information.

The University encourages persons with disabilities to participate in its programs, events and activities. If you anticipate needing any type of accommodation, or have questions about the physical access provided, please contact the respective area below as soon as possible, but no later than seven (7) business days prior to the event/activity: CSUCI Students: accommodations@csuci.edu; CSUCI Employees: angela.portillo@csuci.edu; Members of the Public: titleix@csuci.edu.

Investiture





WAYS YOU CAN SUPPORT STAFF COUNCIL

- Nominate a staff colleague for the PSAFE Award (usually in July/August)
 - Participate in the Corporate Games
 - Forward a fundraising flyer to anyone you know
- Attend meetings and inform your department of discussions
 - Print out a fundraising flyer and put on your community refrigerator/bulletin board
 - Add a fundraising link to your email signature
 - Attend a Staff Council event
 - Share fundraising links on personal social media
- Take random pictures of an event on campus and send to the newsletter
 - Nominate a colleague for a shout-out in the newsletter
- Volunteer for a committee, open to all staff and many staff committee appointments are available and are not only for Staff Council reps
 - Participate in a fundraiser
 - Attend subcommittee meeting
 - Recommend/suggest a fundraiser
- Send reminders to your department about upcoming events – maybe even attend together?
 - Make a staff lunch out of a restaurant fundraiser
- Read the newsletter and add to activities (i.e. Staff cookbook, shout-outs for the holidays, surveys, etc)
 - Attend Staff Council monthly meeting
- Design a Staff Council sticker for printing (and decorate your water bottle!)
 - Offer to do Instagram posting for a month
- Brainstorm ideas for how staff can show support for students



SEE'S THE DAY!

ORDER
HERE

PLEASE HELP SUPPORT
THE CI STAFF COUNCIL
BY ORDERING SEE'S
CANDIES FOR FRIENDS
AND FAMILY!

QUESTIONS? PLEASE CONTACT
CI.STAFFCOUNCIL@CSUCI.EDU
[@CI.STAFFCOUNCIL](https://www.instagram.com/ci.staffcouncil)



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CSUCI Virtual Cookbook

PRESENTED BY STAFF COUNCIL



SUBMIT RECIPES LINK

VIEW THE COOKBOOK

Submit a recipe for a chance to be featured

★ Staff Spotlight - Receive a Gift from Staff Council!

Do you know a fellow colleague who deserves to be recognized in our next In the Loop Newsletter Staff Spotlight section? Please [click here](#) to nominate!

We send you emails, put on staff community events, and ask you to attend or participate in our fundraisers - but what does Staff Council really do? Learn more by attending one of our monthly meetings. Meetings are open to anyone who wishes to attend. We meet the third Tuesday of every month.

Mark your calendar, our next meeting is **Tuesday, October 18 from 9:30 a.m.-11:00 a.m.**, via Zoom. Please visit our [Minutes and Agendas page](#) on our Staff Council webpage to access each month's Zoom link. Feel free to stay the full session or as long as your schedule permits.

If you would like to **submit content to our newsletter** please use the Qualtrics link provide.

Connect with YOUR Staff Council!



[@ci.staffcouncil](#)



ci.staffcouncil@csuci.edu

Questions?

Comments?



Website: <https://www.csuci.edu/staff/council/>

September

A	T	R	E	A	D	I	N	G	O	S	Y	I	H
E	O	L	P	A	F	N	N	T	V	N	T	T	H
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N	W	O	D	H	C	U	O	T	Y	L	T	F	E
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HARVEST
TOUCHDOWN
DOLPHINS
LITERACY
FALL
COLORS
SCHOOL
INVESTITURE
SEASON
TWENTYFIRST
READING
APPLE
EQUINOX
LEAVES
FOOTBALL



**THE FIRST 2 PEOPLE TO EMAIL
CI.STAFFCOUNCIL@CSUCI.EDU WITH A
SCREENSHOT OF A COMPLETED WORDSEARCH
WILL RECEIVE A SMALL PRIZE!**