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STAFF SPOTLIGHT

CORPORATE GAMES

BLACK & WOMEN’S HISTORY MONTHS

COMMENCEMENT CHANGES

...AND MORE!

STAFF SPOTLIGHT

Jeannette Edwards
Mission Centers Coordinator

Nominate Staff to be Spotlighted

Do you know a fellow colleague who deserves to be recognized in our next In the Loop Newsletter Staff Spotlight section? Please click here to nominate!
We are pleased to announce that by a majority vote of the Executive Board, Rebecca Slocum, M.A. has been elected the next Chair of Staff Council. Rebecca is the Schedule of Classes Coordinator within the Registrar’s Office and oversees semester schedule data entry and publication university wide. She has been with CI since 2019 and previously served as Custodian of Records for the Council from July - December 2023. We are excited to join her in this next chapter of our leadership and see her vision for the Council.

We are pleased to announce that Amanda Sánchez, M.A. will serve as the next Custodian of Records, succeeding Chair Rebecca Slocum in this position. Amanda is the Academic Program Analyst for the Global Studies, History, and Political Science Programs. She previously served as Chair of the Ways & Means Committee as a non-voting member of the Council, from September - December 2023.
CURRENT STAFF
COUNCIL MEMBERS

Executive Board

Rebecca Slocum
Sean Kramer
Shannon Fitzpatrick
Colleen Haws
Amanda Sanchez

Council Members

Alexandria Calderon
Tom Emens
Alex Garza
Courtney Gross
Brian Lindgren
Carolina Martinez

Makayla Matheu
Hayley Van Arsdell Morrison
Paul Peterson
Paula Robertson
Maximilian Seligman
Yasmine Wyatt
Jeannette is the Coordinator for CI’s Mission Based Centers, which facilitate the implementation of the university Mission Statement. These are: the Center for Community Engagement (CCE), Center for International Affairs (CIA), Center for Integrative Studies (CIS), and the Center for Multicultural Engagement (CME). Her work plays a vital role in fulfilling the objectives of our Mission Centers. Thank you, Jeannette!
CI IS BACK IN THE VENTURA CORPORATE GAMES

TEAM CAPTAINS NEEDED

WHO: ANY CSUCI EMPLOYEE, INCLUDING FACULTY, STAFF, ADMIN, AUXILIARY, & STUDENT ASSISTANTS

WHAT: WE STILL NEED CAPTAINS FOR: 5K, BASKETBALL, BOCCÉ BALL, BOWLING, DODGEBALL, FLAG FOOTBALL, INDOOR VOLLEYBALL, PICKLEBALL, SOCCER, SURFING, TABLE TENNIS, & TUG-O-WAR

WHEN: GAMES WILL BE HELD FROM MARCH 23RD TO MAY 4TH - EVENT SCHEDULES WILL BE RELEASED MID-MARCH

SCAN OR CLICK TO SIGN UP!
TINYURL.COM/MRXFCCJ

MORE INFO @ CSUCI.EDU/STAFF/COUNCIL/CORPORATE-GAMES

WORK TOGETHER, WIN TOGETHER
WHAT ARE THE CORPORATE GAMES?

- Organizations throughout Ventura County come together in competitive races to compete for the gold.
- CSU Channel Islands has participated in past years, with our most recent participation in October 2022.
- Your Staff Council is organizing CI’s participation in this year’s Games.
- ALL employees of CI are eligible to participate! Staff, faculty, MPPs, and student assistants- look out for signups.
- This year’s Corporate Games run from Mar 23 - May 4.
Dr. Carter G. Woodson is best known for his genius creation of Negro History Week, which became Black History Month. His desire for it to culminate learning and thoughtful celebration holds truth today. Negro History Week was never meant to be a one-off acknowledgment, rather to spark ongoing dialogue and the recognition for the past and present events. Therefore, it is important to recognize the history of Black people and the accomplishments and contributions to the United States and to the world. It is important that Black history be taught throughout the academic year. Fast forward, this event inspires nations from Canada, United States, and the United Kingdom to continue in restorative and inclusive conversations that lead to a more just society. 2024’s theme is focused on “African Americans and the Arts.” Click the link to Learn More.

**TRUE**

- Historian Carter G. Woodson chose February as the month to honor black history because it coincides with the birthdays of Abraham Lincoln and Frederick Douglass
- Black History Month is observed in Canada, Ireland, the Netherlands, the United Kingdom, and the United States
- Information on the contributions of persons of African descent to our nation and world is currently taught in universities and in many K-12 schools. Black History is featured in TV documentaries and in local and national museums. It is conveyed through literature, the visual arts, and music. The great lives and culture of Black History can be seen in national park sites and in the preservation of historical landmarks.

**FALSE**

- Historian Carter G. Woodson chose February as the month to honor black history because it coincides with Woodson being born in February.
- Black History Month is only celebrated in the United States
- Black History Month is mostly celebrated in the month of February

**LEARN**

- [Learning for Justice: The History Behind Black History Month](#)
- [National Geographic: A Resource Library Collection Celebrating Achievements](#)
- [Teaching Black History Requires Rigorous Sight](#)
- [Association for the Study of African American Life and History](#)
- [African American & Black Student Resource Guide](#)
FAMILY REUNION

BLACK HISTORY MONTH

TUESDAY
FEB. 27

6 TO 8 PM
GRAND SALON

IN THE SAUCE
BBQ TRUCK

DJ TREY MONEY

GAME & PRIZES

IN THE SAUCE
BBQ TRUCK

DJ TREY MONEY

GAMES & PRIZES

IN THE SAUCE
BBQ TRUCK

MENU:
- ST. LOUIS STYLE RIBS
- BRISKET, BBQ CHICKEN
- MAC & CHEESE
- POTATO SALAD
- COLLARD GREENS
- BAKED BEANS
- GARLIC ROLLS
- PEACH COBBLER

PLUS:
- OPEN-AIR PHOTO BOOTH
- BASKETBALL &
  CARDS TOURNAMENT

RSVP

SCAN TO SEND YOUR MUSIC
MARCH IS
Women’s History Month

Women’s History Month is a celebration of women’s contributions to history, culture and society and has been observed annually in the month of March in the United States since 1987.

**Notable Women in History**

- Elizabeth Cady Stanton
- Harriet Tubman
- Amelia Earhart
- Frida Kahlo
- Dolores Huerta
- Sally Ride
- Aretha Franklin
- Malala Yousafzai
- Florence Nightingale
- Ada Lovelace
- Gloria Steinem
- Jane Austen

**Rosa Parks**

Civil rights activist Rosa Louise McCauley Parks is most famed for her role in the Montgomery, AL bus boycott, in which she refused to give up her seat for a white man. Congress later recognized her contributions by honoring her as the “first lady of civil rights”. Parks’ act of defiance on the Montgomery bus served as a critical symbol for the movement. She continued to serve as an activist through her later years.
Nominations are now open for the 2024 Women Recognition Awards!

Wednesday, March 13, in the Grand Salon Award Ceremony - 3:30 to 5p.m.

We are happy to announce the opening of nominations for the 21st Annual Women's Recognition Awards at CSU Channel Islands.

This program has deep roots in our community, as we strive to acknowledge and uplift the work of women in our community.

We invite CSUCI students, faculty, and staff to nominate women who have made an impact on their lives and community.

Link to submit nomination & RSVP: go.csuci.edu/WRA

*The deadline for nominations is Monday, February 19 by noon. *The deadline to register to attend the event is Monday, March 11.

For more information contact Crystal Delatorre (crystal.delatorre@csuci.edu).
President Yao announced a return to two ceremonies to take place on the same day, 9 am & 3 pm. Staff support will still be needed, so keep an eye out for an email with a link to sign-up.

For more information, visit the Commencement website
HELP SUPPORT CI STAFF COUNCIL

See's Candies

Ship to home fundraiser!

Order online between February 19 - March 15

Shipping will begin on 2/20
The Center for Community Engagement in partnership with ASI, Chicana/o Studies, Inclusive Student Services, the Center for Multicultural Engagement, Student Academic Success & Equity Initiatives, and the Success and Inclusion for Graduate & Undergraduate Academic Excellence present

HAILING CÉSAR

TUE, MAR. 5
3 to 4:30 p.m. • Aliso Hall 150

Join us for a film screening and discussion with director Eduardo Chávez, grandson of César Chávez.

Hailing César is a film about Eduardo Chávez and his journey to understanding the legacy and struggle of his grandfather. The film explores themes of immigration, social justice, and personal identity.

Eduardo Chávez

The University encourages persons with disabilities to participate in its programs, events, and activities. If you anticipate needing any type of accommodation or have questions about the physical access provided, please contact the respective area listed as soon as possible, but no later than seven (7) business days prior to the event by calling CSUCI Disability Accommodations Counselor, CSUCI Business: angieعارض@csuci.edu. Members of the Public: Disability@csuci.edu.
National Nutrition Month® is an annual campaign established in 1973 by the Academy of Nutrition and Dietetics. During the month of March, everyone is invited to learn about making informed food choices and developing healthful eating and physical activity habits.

This year’s theme is "Beyond the Table," which addresses the farm-to-fork aspect of nutrition, from food production and distribution to navigating grocery stores and farmers markets — and even home food safety and storage practices. It also describes the various ways we eat — not only around a dinner table, but also on the go, in schools and restaurants, at games and events. This theme also includes sustainability, for instance, decreasing food waste from school and work to home and beyond.

The eatright.org website offers many helpful resources and fact sheets. Test your knowledge on the many myths about eating well by using the handout below. Check your answers here.

Find up to 50 ways on how you, your family, and your colleagues can get involved today!
Are the statements below FACT or FICTION?

<table>
<thead>
<tr>
<th>Circle the correct answer</th>
<th>1. Half of our plate or bowl should be filled with vegetables and fruit.</th>
<th>FACT or FICTION</th>
</tr>
</thead>
<tbody>
<tr>
<td>2. Our bodies cannot digest dietary fiber.</td>
<td>FACT or FICTION</td>
<td></td>
</tr>
<tr>
<td>3. Only older adults need to be concerned about bone health.</td>
<td>FACT or FICTION</td>
<td></td>
</tr>
<tr>
<td>4. At least 60 minutes of physical activity is recommended daily for kids 6 to 17 years old.</td>
<td>FACT or FICTION</td>
<td></td>
</tr>
<tr>
<td>5. Saturated fats are healthier than unsaturated fats.</td>
<td>FACT or FICTION</td>
<td></td>
</tr>
<tr>
<td>6. One cup of cooked or raw vegetables (except for leafy greens) count as a 1 cup serving.</td>
<td>FACT or FICTION</td>
<td></td>
</tr>
<tr>
<td>7. There are 5 Food Groups.</td>
<td>FACT or FICTION</td>
<td></td>
</tr>
<tr>
<td>8. All breads made with whole wheat flour are whole grains.</td>
<td>FACT or FICTION</td>
<td></td>
</tr>
<tr>
<td>9. Foods that provide water can count towards our fluid intake.</td>
<td>FACT or FICTION</td>
<td></td>
</tr>
<tr>
<td>10. Registered dietitian nutritionists are experts in food and nutrition.</td>
<td>FACT or FICTION</td>
<td></td>
</tr>
</tbody>
</table>
Lighthouse Cafe

Late Night Eats

$7 Specials

Monday
Nachos

Tuesday
Tacos, Chips & Salsa

Wednesday
Wings & Wedges

Thursday
Chili Dogs, Fries & Drink

Late Night Menu

Food
- Beef Burger, Veggie or Black Bean Burger
- Crispy Chicken Strip
- Onion Rings
- Sweet Potato Fries
- French Fries
- Chili Fries

Drinks & Desserts
- Ice cream sandwich
- Paletas popsicle
- Red Bull
- Arizona Iced Tea

Coffee
- Americano
- Teas
- Green Tea Latte
- Chai Latte
- Hot Chocolate
- Iced Cold Brew

Monday - Thursday • 8-10pm

Discover late-night delights at the Sub! An exclusive menu and thrilling events. Keep an eye out for the "Late Night Eats" badge on events - don't miss out on the fun!
Basic Needs

The Basic Needs Program at CSUCI offers emergency food and toiletries, connects students to critical on and off-campus resources, and provides educational opportunities for students to take personal responsibility for their wellness and the well-being of their communities.

What We Offer:

Housing Assistance
- Placement of a student to on-and-off-campus locations
- Referral to community resources

Financial Assistance
- Emergency grants

Food Assistance
- Dolphin Pantry - open to students, staff, faculty, and community members
- Ekho Bites Food Alerts
- Hot Meals Program
- CalFresh application assistance and drop in hours

Other Assistance
- Gift cards for clothing
- Case management
- Medical transportation assistance

Visit Our New Space, Arroyo 115
Spring 2024 Operating Hours
- Monday: 1 to 8pm
- Tuesday: 1 to 6pm
- Wednesday: 1 to 6pm
- Thursday: 1 to 6pm
- Friday: By Appointment Only
Humans are good at creating narratives. For example, in traffic, we immediately “know” why someone cut us off—and we express it in choice words. But humans are also good at reflection and imagination, and these skills can help us move from escalation to problem solving in conflict. Here are three tips on how to do so:

**Disentangle impact from intent.**
We tend to characterize other people’s intentions through the lens of how their actions affect us. And we tend to characterize ourselves through the lens of circumstances. To de-escalate, switch the two mindsets. If we are experiencing conflict, we can be firm in the validity of our experiences, while striving to be curious about intentions and feelings of others. And we can acknowledge our own impact, even if we disagree with characterizations of our intentions. If we are assisting others in conflict, we can ask questions to introduce the possibility of complexity while validating feelings based on what they have described.

**Treat stone walls as expressions of underlying interests and invitations for options.**
When you hear an ultimatum or a polarized position, don’t debate it; treat the statement as an expression of the importance of (potential) underlying interests or concerns. Then, strive to explore options to address those interests or concerns without rejecting the polarized position explicitly. If the stone wall comes across as a line in the sand, look for face saving measures to allow the other party to step across their line without appearing weak. In either case, be clear and firm about your own interests.

**Reframe attacks as expressions of interest in shared solutions, while also sharing your own boundaries regarding communications**
Like stone walls and ultimatums, you can redirect attacks toward problem-solving by employing “verbal aikido” and treating the attack as an expression of passion about problem-solving. This can be challenging, however, to say the least. It may be necessary to first address the attack as a tactical choice by the other person and invite respect for your boundaries around that tactic before moving forward.
Request a Presentation!

CSUCI Clubs and Organizations can request Wellness Promotion & Education (WPE) for presentations on many topics...

Access the presentation request form via our QR code or by visiting www.csuci.edu/wpe

Note: A minimum of two weeks' advance notice is encouraged to schedule your presentation.

Contact us via Email at wpe@csuci.edu with questions!

The University encourages persons with disabilities to participate in its programs and activities. If you anticipate needing any type of accommodation, or have questions about the physical access provided, please contact Disability Accommodations and Support Services at (805) 437-3331 or accommodations@csuci.edu as soon as possible, but no later than 7 business days prior to the event.
Do you want to set up a service day for your department?

There are many volunteer opportunities and options to choose from!

You can fill out the volunteer interest form here:

BIT.LY/DEPTVOLUNTEER
2024 Holiday Reminder!

Remaining Holidays of the Fiscal Year:

- Cesar Chavez Day - April 1
- Memorial Day - May 27
- Juneteenth - June 19

TIPS!
- Use your vacation! You’ve earned it!
- Remember to set up your automatic replies when the campus is closed
- Be sure to keep track before you hit your maximum.

VIEW THE FULL PAYROLL CALENDAR HERE!
Spot the Difference

There are 12 differences

Think you know? Email your answers to ci.staffcouncil@csuci.edu