



Vol. 45

IN THE LOOP

**February &
March 2024**



**STAFF
COUNCIL
CHANNEL
ISLANDS**

WHAT'S IN THIS ISSUE

**COUNCIL MEMBERS &
EXEC SHAKEUP**

STAFF SPOTLIGHT

CORPORATE GAMES

**BLACK & WOMEN'S
HISTORY MONTHS**

**COMMENCEMENT
CHANGES**

...AND MORE!

STAFF SPOTLIGHT



Jeannette Edwards
Mission Centers Coordinator

Nominate Staff to be Spotlited



Do you know a fellow colleague who deserves to be recognized in our next In the Loop Newsletter Staff Spotlight section? Please [click here](#) to nominate!



SPECIAL ANNOUNCEMENTS



We are pleased to announce that by a majority vote of the Executive Board, Rebecca Slocum, M.A. has been elected the next Chair of Staff Council. Rebecca is the Schedule of Classes Coordinator within the Registrar's Office and oversees semester schedule data entry and publication university wide. She has been with CI since 2019 and previously served as Custodian of Records for the Council from July - December 2023. We are excited to join her in this next chapter of our leadership and see her vision for the Council.



We are pleased to announce that Amanda Sánchez, M.A. will serve as the next Custodian of Records, succeeding Chair Rebecca Slocum in this position. Amanda is the Academic Program Analyst for the Global Studies, History, and Political Science Programs. She previously served as Chair of the Ways & Means Committee as a non-voting member of the Council, from September - December 2023.

CURRENT STAFF COUNCIL MEMBERS

Executive Board

Rebecca Slocum
Sean Kramer
Shannon Fitzpatrick
Colleen Haws
Amanda Sanchez

Council Members

Alexandria Calderon

Tom Emens

Alex Garza

Courtney Gross

Brian Lindgren

Carolina Martinez

Makayla Matheu

Hayley Van Arsdell Morrison

Paul Peterson

Paula Robertson

Maximilian Seligman

Yasmine Wyatt

STAFF SPOTLIGHT

Jeannette Edwards



Jeannette is the Coordinator for CI's Mission Based Centers, which facilitate the implementation of the university Mission Statement. These are: the Center for Community Engagement (CCE), Center for International Affairs (CIA), Center for Integrative Studies (CIS), and the Center for Multicultural Engagement (CME). Her work plays a vital role in fulfilling the objectives of our Mission Centers. Thank you, Jeannette!



CI IS BACK IN THE

VENTURA CORPORATE GAMES



TEAM CAPTAINS NEEDED



WHO: ANY CSUCI EMPLOYEE, INCLUDING FACULTY, STAFF, ADMIN, AUXILIARY, & STUDENT ASSISTANTS

WHAT: WE STILL NEED CAPTAINS FOR:
5K, BASKETBALL, BOCCE BALL, BOWLING,
DODGEBALL, FLAG FOOTBALL, INDOOR
VOLLEYBALL, PICKLEBALL, SOCCER, SURFING,
TABLE TENNIS, & TUG-O-WAR

WHEN: GAMES WILL BE HELD FROM MARCH 23RD TO MAY 4TH -
EVENT SCHEDULES WILL BE RELEASED MID-MARCH



SCAN OR CLICK TO SIGN UP!

[TINYURL.COM/MRXFCECJ](https://tinyurl.com/mrxfcecj)

MORE INFO @ [CSUCI.EDU/STAFF/COUNCIL/CORPORATE-GAMES](https://csuci.edu/staff/council/corporate-games)

WORK TOGETHER, WIN TOGETHER

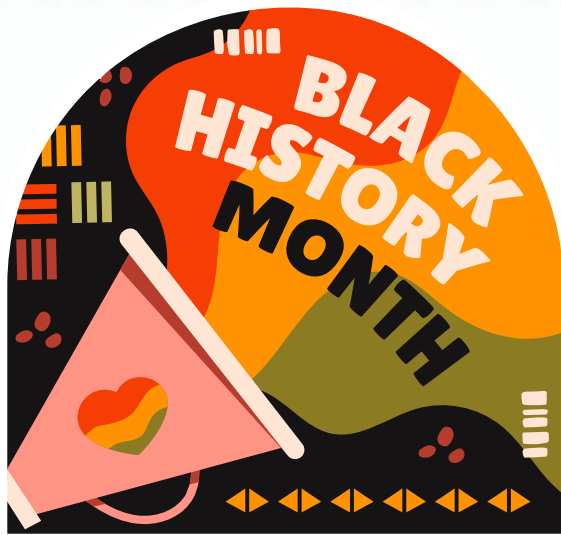


STAFF
COUNCIL
CHANNEL
ISLANDS



WHAT ARE THE **CORPORATE GAMES?**

- Organizations throughout Ventura County come together in competitive races to compete for the gold
- CSU Channel Islands has participated in past years, with our most recent participation in October 2022
- Your Staff Council is organizing CI's participation in this year's Games
- ALL employees of CI are eligible to participate! Staff, faculty, MPPs, and student assistants- look out for signups
- This year's Corporate Games run from Mar 23 - May 4



**FOSTER UNDERSTANDING
BETWEEN RACES**

IMPROVE EDUCATION

RESTORE HISTORY

Dr. Carter G. Woodson is best known for his genius creation of Negro History Week, which became Black History Month. His desire for it to culminate learning and thoughtful celebration holds truth today. Negro History Week was never meant to be a one-off acknowledgment, rather to spark ongoing dialogue and the recognition for the past and present events. Therefore, it is important to recognize the history of Black people and the accomplishments and contributions to the United States and to the world. It is important that Black history be taught throughout the academic year. Fast forward, this event inspires nations from Canada, United States, and the United Kingdom to continue in restorative and inclusive conversations that lead to a more just society. 2024's theme is focused on "African Americans and the Arts." Click the link to Learn More

TRUE

- Historian Carter G. Woodson chose February as the month to honor black history because it coincides with the birthdays of Abraham Lincoln and Frederick Douglass
- Black History Month is observed in Canada, Ireland, the Netherlands, the United Kingdom, and the United States
- Information on the contributions of persons of African descent to our nation and world is currently taught in universities and in many K-12 schools. Black History is featured in TV documentaries and in local and national museums. It is conveyed through literature, the visual arts, and music. The great lives and culture of Black History can be seen in national park sites and in the preservation of historical landmarks.

FALSE

- Historian Carter G. Woodson chose February as the month to honor black history because it coincides with Woodson being born in February.
- Black History Month is only celebrated in the United States
- Black History Month is mostly celebrated in the month of February

LEARN

[Learning for Justice: The History Behind Black History Month](#)

[National Geographic: A Resource Library Collection Celebrating Achievements](#)

[Teaching Black History Requires Rigorous Sight Association for the Study of African American Life and History](#)

[African American & Black Student Resource Guide](#)

BLACK HISTORY MONTH



California State
University

INCLUSIVE
STUDENT
SERVICES

CHANNEL
ISLANDS



FAMILY REUNION

TUESDAY FEB. 27

6 TO 8 PM GRAND SALON



RSVP



IN THE SAUCE BBQ TRUCK

MENU:
ST. LOUIS STYLE RIBS
BRISKET, BBQ CHICKEN
MAC & CHEESE
POTATO SALAD
COLLARD GREENS
BAKED BEANS
GARLIC ROLLS
PEACH COBBLER

GAMES & PRIZES



PLUS:
• OPEN-AIR PHOTO BOOTH
• BASKETBALL &
CARDS TOURNAMENT

DJ TREY MONEY



SCAN TO SEND
YOUR MUSIC

The University encourages persons with disabilities to participate in its programs, events and activities. If you anticipate needing any type of accommodation or have questions about the physical space at a provided place to attend, please contact the physical space at least 10 business days prior to the event. For more information, please contact: accessibility@csuci.edu; CSUCI Employee: Angela; accessibility@csuci.edu; Members of the public: rtdesign@csuci.edu.

MARCH IS Women's History Month

Women's History Month is a celebration of women's contributions to history, culture and society and has been observed annually in the month of March in the United States since 1987.



*Empowered
Women
Empower
Women*

Notable Women in History

Elizabeth Cady Stanton

Dolores Huerta

Florence Nightingale

Harriet Tubman

Sally Ride

Ada Lovelace

Amelia Earhart

Aretha Franklin

Gloria Steinem

Frida Kahlo

Malala Yousafzai

Jane Austen

Rosa Parks



Civil rights activist Rosa Louise McCauley Parks is most famed for her role in the Montgomery, AL bus boycott, in which she refused to give up her seat for a white man. Congress later recognized her contributions by honoring her as the "first lady of civil rights". Parks' act of defiance on the Montgomery bus served as a critical symbol for the movement. She continued to serve as an activist through her later years.

Nominations are now open for the 2024 Women Recognition Awards!

Wednesday, March 13, in the Grand Salon
Award Ceremony - 3:30 to 5p.m.

We are happy to announce the opening of nominations for the 21st Annual Women's Recognition Awards at CSU Channel Islands.

This program has deep roots in our community, as we strive to acknowledge and uplift the work of women in our community.

We invite CSUCI students, faculty, and staff to nominate women who have made an impact on their lives and community.

Link to submit nomination & RSVP: go.csuci.edu/WRA

***The deadline for nominations is Monday, February 19 by noon. *The deadline to register to attend the event is Monday, March 11.**

For more information contact Crystal Delatorre (crystal.delatorre@csuci.edu).



INSPIRE INCLUSION

21st ANNUAL
Women's Recognition
AWARDS

2024 Commencement Weekend

Saturday, May 18th

CHANGES IN CEREMONY ANNOUNCED

President Yao announced a return to two ceremonies to take place on the same day, 9 am & 3 pm. Staff support will still be needed, so keep an eye out for an email with a link to sign-up.

For more information, [visit the Commencement website](#)





**STAFF
COUNCIL**

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I S L A N D S**

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**ORDER ONLINE BETWEEN
FEBRUARY 19 - MARCH 15**

SHIPPING WILL BEGIN ON 2/20



The Center for Community Engagement in partnership with ASI, Chicana/o Studies, Inclusive Student Services, the Center for Multicultural Engagement, Student Academic Success & Equity Initiatives, and the Success and Inclusion for Graduate & Undergraduate Academic Excellence

present

HAILING CÉSAR

TUE, MAR. 5

3 to 4:30 p.m. • Aliso Hall 150

Join us for a film screening and discussion with director Eduardo Chávez, grandson of César Chávez.

Hailing César is a film about Eduardo Chávez and his journey to understanding the legacy and struggle of his grandfather. The film explores themes of immigration, social justice, and personal identity.

Eduardo Chavez

The University encourages persons with disabilities to participate in its programs, events and activities. If you anticipate needing any type of accommodation, or have questions about the physical access provided, please contact the respective area below as soon as possible, but no later than seven (7) business days prior to the event/activity: CSUCI Students: accommodations@csuci.edu; CSUCI Employees: angela.portillo@csuci.edu; Members of the Public: titleix@csuci.edu.

MARCH IS NATIONAL NUTRITION MONTH!



National Nutrition Month® is an annual campaign established in 1973 by the Academy of Nutrition and Dietetics. During the month of March, everyone is invited to learn about making informed food choices and developing healthful eating and physical activity habits.

This year's theme is "**Beyond the Table**," which addresses the farm-to-fork aspect of nutrition, from food production and distribution to navigating grocery stores and farmers markets — and even home food safety and storage practices. It also describes the various ways we eat — not only around a dinner table, but also on the go, in schools and restaurants, at games and events. This theme also includes sustainability, for instance, decreasing food waste from school and work to home and beyond.

The eatright.org website offers many helpful resources and fact sheets. Test your knowledge on the many myths about eating well by using the handout below. Check your answers [here](#).



Find up to 50 ways on how you, your family, and your colleagues can get involved today!



Are the statements below **FACT or FICTION?**

Circle the correct answer

1	Half of our plate or bowl should be filled with vegetables and fruit.	FACT or FICTION
2	Our bodies cannot digest dietary fiber.	FACT or FICTION
3	Only older adults need to be concerned about bone health.	FACT or FICTION
4	At least 60 minutes of physical activity is recommended daily for kids 6 to 17 years old.	FACT or FICTION
5	Saturated fats are healthier than unsaturated fats.	FACT or FICTION
6	One cup of cooked or raw vegetables (except for leafy greens) count as a 1 cup serving.	FACT or FICTION
7	There are 5 Food Groups.	FACT or FICTION
8	All breads made with whole wheat flour are whole grains.	FACT or FICTION
9	Foods that provide water can count towards our fluid intake.	FACT or FICTION
10	Registered dietitian nutritionists are experts in food and nutrition.	FACT or FICTION

LIGHTHOUSE CAFE

LATE NIGHT EATS

\$7 SPECIALS

MONDAY

Nachos

TUESDAY

Tacos, Chips & Salsa

WEDNESDAY

Wings & Wedges

THURSDAY

Chili Dogs, Fries & Drink

LATE NIGHT MENU

FOOD

- Beef Burger, Veggie or Black Bean Burger
- Crispy Chicken Strip
- Onion Rings
- Sweet Potato Fries
- French Fries
- Chili Fries

DRINKS & DESSERTS

- Ice cream sandwich
- Paletas popsicle
- Red Bull
- Arizona Iced Tea

COFFEE HOT/COLD

- Americano
- Teas
- Green Tea Latte
- Chai Latte

OTHER

- Hot Chocolate
- Iced Cold Brew

MONDAY - THURSDAY • 8-10PM

DISCOVER LATE-NIGHT DELIGHTS AT THE SUB! AN EXCLUSIVE MENU AND THRILLING EVENTS. KEEP AN EYE OUT FOR THE "LATE NIGHT EATS" BADGE ON EVENTS - DON'T MISS OUT ON THE FUN!



Basic Needs

The Basic Needs Program at CSUCI offers emergency food and toiletries, connects students to critical on and off-campus resources, and provides educational opportunities for students to take personal responsibility for their wellness and the well-being of their communities.

What We Offer:

Housing Assistance

- Placement of a student to on-and-off-campus locations
- Referral to community resources

Financial Assistance

- Emergency grants

Food Assistance

- Dolphin Pantry - open to students, staff, faculty, and community members
- Ekho Bites Food Alerts
- Hot Meals Program
- CalFresh application assistance and drop in hours

Other Assistance

- Gift cards for clothing
- Case management
- Medical transportation assistance

Visit Our New Space, Arroyo 115
Spring 2024 Operating Hours
Monday: 1 to 8pm
Tuesday: 1 to 6pm
Wednesday: 1 to 6pm
Thursday: 1 to 6pm
Friday: By Appointment Only



ci_basicneeds



basicneeds@csuci.edu



Arroyo 115

OMBUDS CORNER

““We get to choose what story we attach [to the situation].”

- Benjamin Hardy, author

Using Reframing to Reduce Conflict

Humans are good at creating narratives. For example, in traffic, we immediately “know” why someone cut us off — and we express it in choice words. But humans are also good at reflection and imagination, and these skills can help us move from escalation to problem solving in conflict. Here are three tips on how to do so:

Disentangle impact from intent.

We tend to characterize other people’s intentions through the lens of how their actions affect us. And we tend to characterize ourselves through the lens of circumstances. To de-escalate, switch the two mindsets. If we are experiencing conflict, we can be firm in the validity of our experiences, while striving to be curious about intentions and feelings of others. And we can acknowledge our own impact, even if we disagree with characterizations of our intentions. If we are assisting others in conflict, we can ask questions to introduce the possibility of complexity while validating feelings based on what they have described.

Treat stone walls as expressions of underlying interests and invitations for options.

When you hear an ultimatum or a polarized position, don’t debate it; treat the statement as an expression of the importance of (potential) underlying interests or concerns. Then, strive to explore options to address those interests or concerns without rejecting the polarized position explicitly. If the stone wall comes across as a line in the sand, look for face saving measures to allow the other party to step across their line without appearing weak. In either case, be clear and firm about your own interests.

Reframe attacks as expressions of interest in shared solutions, while also sharing your own boundaries regarding communications

Like stone walls and ultimatums, you can redirect attacks toward problem-solving by employing “verbal aikido” and treating the attack as an expression of passion about problem-solving. This can be challenging, however, to say the least. It may be necessary to first address the attack as a tactical choice by the other person and invite respect for your boundaries around that tactic before moving forward.

**LEARN MORE
ABOUT THE
OMBUDS
OFFICE**

Private and Confidential Scheduling: Go to
Calendly.com
Email: mark.patterson@csuci.edu (not for
confidential matters)
Phone: 805-437-3283

Webpage: <https://www.csuci.edu/ombuds/>
Twitter: @ombudsCSUCI
YouTube: Ombuds CSUCI Learning Channel
Office: Solano 2162



Request a Presentation!

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WELLNESS & LIFE
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**MENTAL
WELLNESS &
STRESS**

**ACCESS THE PRESENTATION
REQUEST FORM VIA OUR QR CODE OR
BY VISITING WWW.CSUCI.EDU/WPE**



Note: A minimum of two weeks' advance notice is encouraged to schedule your presentation.

CONTACT US VIA EMAIL AT WPE@CSUCI.EDU WITH QUESTIONS!



The University encourages persons with disabilities to participate in its programs and activities. If you anticipate needing any type of accommodation, or have questions about the physical access provided, please contact Disability Accommodations and Support Services at (805) 437-3331 or accommodations@csuci.edu as soon as possible, but no later than 7 business days prior to the event.

***DO YOU WANT TO SET UP
A SERVICE DAY FOR
YOUR DEPARTMENT?***

**There are many
volunteer opportunities
and options to choose
from!**

***YOU CAN FILL OUT THE VOLUNTEER
INTEREST FORM HERE:***



[BIT.LY/DEPTVOLUNTEER](https://bit.ly/deptvolunteer)



2024 HOLIDAY REMINDER!

Remaining Holidays of the Fiscal Year:

Cesar Chavez Day - April 1

Memorial Day - May 27

Juneteenth - June 19

TIPS!

- Use your vacation! You've earned it!
- Remember to set up your automatic replies when the campus is closed
- Be sure to keep track before you hit your maximum.

VIEW THE FULL PAYROLL CALENDAR [HERE](#)!

Spot the Difference



THERE ARE 12
DIFFERENCES

Think you know? Email
your answers to
ci.staffcouncil@csuci.edu

