



Counseling & Psychological Services (CAPS) Case Manager



Division of Student Affairs

2019 Strategic Initiative Budget Proposal

The background of the slide features a close-up, angled view of the pages of a thick book. The pages are a light cream or off-white color. Overlaid on the book is a semi-transparent geometric design consisting of several overlapping triangles and polygons in shades of deep red, maroon, and a muted blue-grey. The text is white and positioned on the left side of the image, partially overlapping the red and blue geometric shapes.

CAPS provides *short-term* mental health services in a confidential setting to assist students in achieving their academic and personal pursuits.

CAPS serves
approximately 11% of
the student body



During peak times, students not in crisis may wait up to 3-4 weeks for an appointment





CSUCI clinicians (5) are currently
spending a combined **40** hours a
week on case management

Transportation

Funds for co-pays

Stigma

Knowledge to navigate complicated
healthcare system

Access to resources

Relationship with CAPS Clinician





CASE Management Model:

Basic Needs CARE CAPS



*Providing a “warm handoff” for our students
in need of more long-term support.*

A CAPS Case Manager will provide the connection between on campus and external support services for the behavioral health needs of our students.





Reduce time
spent on case
management
by 85%



Decrease
wait times
for students
during peak
times



Increase
success rate of
community-
based referrals



THANK YOU

.....