Counseling & Psychological Services (CAPS) Case Manager

Division of Student Affairs
2019 Strategic Initiative Budget Proposal
CAPS provides short-term mental health services in a confidential setting to assist students in achieving their academic and personal pursuits.
CAPS serves approximately 11% of the student body.
During peak times, students not in crisis may wait up to 3-4 weeks for an appointment.
CSUCI clinicians (5) are currently spending a combined **40** hours a week on case management.
Transportation
Funds for co-pays
Stigma
Knowledge to navigate complicated healthcare system
Access to resources
Relationship with CAPS Clinician
CASE Management Model:

Basic Needs
CARE
CAPS

Providing a “warm handoff” for our students in need of more long-term support.
A CAPS Case Manager will provide the connection between on campus and external support services for the behavioral health needs of our students.
Reduce time spent on case management by 85%

Decrease wait times for students during peak times

Increase success rate of community-based referrals
THANK YOU