



CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS Data Report Spring 2026

American College Health Association National College Health Assessment III

ACHA-NCHA III

The ACHA-NCHA III supports the health of the campus community by fulfilling the academic mission, supporting short- and long-term healthy behaviors, and gaining a current profile of health trends within the campus community.



AMERICAN COLLEGE HEALTH ASSOCIATION

Notes about the use of sex and gender in this report

RSEX variable

Survey results are reported by sex based on the responses to questions 67A, 67B, and 67C. The responses to these questions are used to create a new variable called RSEX. RSEX is used for organizing results in the ACHA-NCHA report documents. Respondents are reported as cis men or cis women only when their responses to 67A, 67B, and 67C are consistent with one another. If gender identity is consistent with sex at birth AND "no" is selected for transgender, then respondents are designated as either cis men or cis women in RSEX. If respondents select "yes" for transgender OR their sex at birth is not consistent with their gender identity, then they are designated as transgender/gender non-conforming in RSEX. A respondent that selects "intersex" for sex at birth, "no" for transgender, and man or woman for gender identity are designated as cis men or cis women in RSEX. A respondent that selects "intersex" for sex at birth, "yes" for transgender, or selects a gender identity other than man or woman are designated as transgender/gender non-conforming in RSEX. A respondent that selects "another identity" on 67C is designated missing in RSEX. A respondent that skips any of the three questions is designated as missing in RSEX. Totals displayed in this report include missing responses. Please see the ACHA-NCHA III survey codebook for more information about how data on sex and gender are coded. Please note: if your data contain a small number of transgender and gender non-conforming students, we advise you to take caution in sharing this report, as these students' responses may make it possible to identify who they are.

Beginning in Spring 2021, responses for transgender and gender-nonconforming students became readily available directly in the report documents.

Important considerations with this format

- Percentages in the Executive Summary may represent a very small number of TGNC students and can limit the generalizability of a particular finding. To assist with the interpretation of the percentages displayed in the Executive Summary, the total sample size for each group has been added to every page.
- We encourage ACHA-NCHA surveyors to carefully review their report documents, particularly among the student demographic variables, and consider students who may be inadvertently identified in the results based on a unique combination of the demographic characteristics before sharing the documents widely or publicly. This is especially true for very small schools, as well as schools that lack diversity in the student population.
- Think about the implication of working with and documenting very small samples – from the perspective of making meaningful interpretations, as well as the privacy of respondents. This is true of all demographic variables, and not limited to gender identity. You may consider a minimum cell size or another threshold by which you make decisions about making your Institutional Data Report publicly available. It is less of a concern in your Institutional Executive Summary as we only display the percentages with the overall sample size.

Questions about this report? Please reach out to Christine Kukich at Ckukich@acha.org



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

Frequency tables are presented for every multiple choice and select all that apply questions from the survey. The mean, median, standard deviation, minimum, and maximum values are provided for the variables that are continuous, as well as those scales within the survey that produce a score.

Space for value labels associated with each response option is limited in this document and are often abbreviated for brevity. Furthermore, response options are listed in numeric order within the frequency tables, which may differ from the way they appear to students in the survey. Please always refer to the survey codebook rather than this report document for the exact wording of survey questions and the associated response options.

1) How would you describe your overall health?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Excellent	14	21	27	10	0	0	41	11.1
2 Very good	19	28	85	32	5	19	112	30.4
3 Good	28	42	110	41	12	46	152	41.3
4 Fair	6	9	37	14	8	31	53	14.4
5 Poor	0	0	9	3	1	4	10	2.7
Valid responses =	67	18	268	73	26	7	368	98.9

Invalid responses include no response.

2A) I feel that I belong at my college/university.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	0	0	4	2	1	4	5	1.4
2 Disagree	2	3	6	2	1	4	9	2.4
3 Somewhat disagree	1	2	14	5	3	12	18	4.9
4 Somewhat agree	10	15	50	19	7	27	68	18.4
5 Agree	32	49	129	48	11	42	175	47.4
6 Strongly agree	21	32	67	25	3	12	94	25.5
Valid responses =	66	18	270	73	26	7	369	99.2

Invalid responses include no response.

R2B) I feel that students' health and well-being are a priority of my college/university.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	0	0	4	2	1	4	5	1.4
2 Disagree	0	0	8	3	1	4	9	2.4
3 Somewhat disagree	0	0	17	6	2	8	19	5.1
4 Somewhat agree	20	30	67	25	10	39	98	26.6
5 Agree	34	51	118	44	9	35	165	44.7
6 Strongly agree	13	19	55	20	3	12	73	19.8
Valid responses =	67	18	269	73	26	7	369	99.2

Invalid responses include no response.

R2C) I feel that the climate of my college/university encourages free and open discussion about students' health and well-being.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	0	0	2	1	2	8	4	1.1
2 Disagree	1	2	4	2	1	4	7	1.9
3 Somewhat disagree	1	2	9	3	2	8	12	3.2
4 Somewhat agree	11	16	65	24	8	31	84	22.7
5 Agree	34	51	117	43	10	39	164	44.3
6 Strongly agree	20	30	73	27	3	12	99	26.8
Valid responses =	67	18	270	73	26	7	370	99.5

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

R2D) We are a college/university where we look out for each other.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	0	0	3	1	2	8	5	1.4
2 Disagree	2	3	4	2	1	4	7	1.9
3 Somewhat disagree	1	2	21	8	3	12	25	6.8
4 Somewhat agree	18	27	70	26	11	42	99	26.8
5 Agree	29	43	113	42	5	19	152	41.2
6 Strongly agree	17	25	58	22	4	15	81	22.0
Valid responses =	67	18	269	73	26	7	369	99.2

Invalid responses include no response.

3A) How many hours do you spend in a typical week (7 days) on the following activities?

Attending classes, discussion sections, or labs

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	1	2	4	2	0	0	5	1.4
2 1-5 hours	10	15	41	15	5	19	58	15.7
3 6-10 hours	17	25	92	34	9	35	122	33.0
4 11-15 hours	26	39	65	24	7	27	99	26.8
5 16-20 hours	6	9	35	13	4	15	45	12.2
6 21-25 hours	7	10	12	4	1	4	20	5.4
7 26-30 hours	0	0	7	3	0	0	7	1.9
8 More than 30 hours	0	0	14	5	0	0	14	3.8
Valid responses =	67	18	270	73	26	7	370	99.5

Invalid responses include no response.

3B) How many hours do you spend in a typical week (7 days) on the following activities?

Studying and other academic activities outside of class

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	0	0	3	1	0	0	4	1.1
2 1-5 hours	10	15	55	20	5	19	71	19.2
3 6-10 hours	28	42	88	33	6	23	124	33.5
4 11-15 hours	13	19	58	22	7	27	80	21.6
5 16-20 hours	10	15	30	11	6	23	47	12.7
6 21-25 hours	6	9	12	4	1	4	19	5.1
7 26-30 hours	0	0	12	4	0	0	12	3.2
8 More than 30 hours	0	0	12	4	1	4	13	3.5
Valid responses =	67	18	270	73	26	7	370	99.5

Invalid responses include no response.

3C) How many hours do you spend in a typical week (7 days) on the following activities?

Attending cultural events, movies, concerts, sports or other entertainment with others

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	22	33	75	28	8	31	107	29.0
2 1-5 hours	33	49	158	59	16	62	212	57.5
3 6-10 hours	9	13	22	8	2	8	33	8.9
4 11-15 hours	2	3	9	3	0	0	11	3.0
5 16-20 hours	1	2	2	1	0	0	3	0.8
6 21-25 hours	0	0	1	0	0	0	1	0.3
7 26-30 hours	0	0	1	0	0	0	1	0.3
8 More than 30 hours	0	0	1	0	0	0	1	0.3
Valid responses =	67	18	269	73	26	7	369	99.2

Invalid responses include no response.

3D) How many hours do you spend in a typical week (7 days) on the following activities?

Performing community service or volunteer activities

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	33	49	165	62	19	73	219	59.7
2 1-5 hours	28	42	75	28	5	19	110	30.0
3 6-10 hours	3	5	19	7	1	4	25	6.8
4 11-15 hours	3	5	3	1	1	4	7	1.9
5 16-20 hours	0	0	1	0	0	0	1	0.3
6 21-25 hours	0	0	3	1	0	0	3	0.8
7 26-30 hours	0	0	1	0	0	0	1	0.3
8 More than 30 hours	0	0	1	0	0	0	1	0.3
Valid responses =	67	18	268	73	26	7	367	98.7

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

3E) How many hours do you spend in a typical week (7 days) on the following activities?

Participating in physical exercise, team sports, recreational sports, or physically active hobbies

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	16	24	90	34	13	50	119	32.4
2 1-5 hours	29	43	127	47	11	42	172	46.9
3 6-10 hours	14	21	40	15	2	8	56	15.3
4 11-15 hours	6	9	5	2	0	0	12	3.3
5 16-20 hours	2	3	3	1	0	0	5	1.4
6 21-25 hours	0	0	1	0	0	0	1	0.3
7 26-30 hours	0	0	2	1	0	0	2	0.5
8 More than 30 hours	0	0	0	0	0	0	0	0.0
Valid responses =	67	18	268	73	26	7	367	98.7

Invalid responses include no response.

3F) How many hours do you spend in a typical week (7 days) on the following activities?

Participating in spiritual or religious activities

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	43	65	181	67	22	85	249	67.8
2 1-5 hours	17	26	69	26	3	12	91	24.8
3 6-10 hours	4	6	15	6	1	4	20	5.4
4 11-15 hours	1	2	1	0	0	0	2	0.5
5 16-20 hours	1	2	0	0	0	0	1	0.3
6 21-25 hours	0	0	0	0	0	0	0	0.0
7 26-30 hours	0	0	2	1	0	0	2	0.5
8 More than 30 hours	0	0	1	0	0	0	2	0.5
Valid responses =	66	18	269	73	26	7	367	98.7

Invalid responses include no response.

3G) How many hours do you spend in a typical week (7 days) on the following activities?

Participating in student clubs or organizations

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	39	60	193	72	14	54	249	68.0
2 1-5 hours	21	32	60	22	11	42	95	26.0
3 6-10 hours	5	8	9	3	0	0	14	3.8
4 11-15 hours	0	0	4	2	0	0	4	1.1
5 16-20 hours	0	0	2	1	0	0	2	0.5
6 21-25 hours	0	0	0	0	0	0	0	0.0
7 26-30 hours	0	0	0	0	0	0	0	0.0
8 More than 30 hours	0	0	1	0	1	4	2	0.5
Valid responses =	65	18	269	73	26	7	366	98.4

Invalid responses include no response.

3H) How many hours do you spend in a typical week (7 days) on the following activities?

Socializing with friends

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	3	5	27	10	4	15	35	9.5
2 1-5 hours	36	55	146	54	9	35	196	53.3
3 6-10 hours	15	23	52	19	6	23	73	19.8
4 11-15 hours	7	11	20	7	3	12	31	8.4
5 16-20 hours	2	3	8	3	2	8	12	3.3
6 21-25 hours	3	5	5	2	0	0	8	2.2
7 26-30 hours	0	0	5	2	0	0	5	1.4
8 More than 30 hours	0	0	6	2	2	8	8	2.2
Valid responses =	66	18	269	73	26	7	368	98.9

Invalid responses include no response.

3I) How many hours do you spend in a typical week (7 days) on the following activities?

Partying

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	53	82	218	81	25	96	301	82.2
2 1-5 hours	9	14	44	16	0	0	54	14.8
3 6-10 hours	1	2	4	2	1	4	6	1.6
4 11-15 hours	1	2	2	1	0	0	3	0.8
5 16-20 hours	1	2	0	0	0	0	1	0.3
6 21-25 hours	0	0	0	0	0	0	0	0.0
7 26-30 hours	0	0	1	0	0	0	1	0.3
8 More than 30 hours	0	0	0	0	0	0	0	0.0
Valid responses =	65	18	269	73	26	7	366	98.4

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

3J) How many hours do you spend in a typical week (7 days) on the following activities?

Spending time with family

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	10	15	39	14	5	19	54	14.6
2 1-5 hours	14	21	89	33	7	27	111	30.0
3 6-10 hours	19	28	47	17	4	15	74	20.0
4 11-15 hours	11	16	25	9	1	4	37	10.0
5 16-20 hours	5	8	22	8	4	15	32	8.6
6 21-25 hours	2	3	16	6	1	4	19	5.1
7 26-30 hours	1	2	3	1	1	4	5	1.4
8 More than 30 hours	5	8	29	11	3	12	38	10.3
Valid responses =	67	18	270	73	26	7	370	99.5

Invalid responses include no response.

3K) How many hours do you spend in a typical week (7 days) on the following activities?

Watching TV, streaming movies/TV, or other media for entertainment

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	5	8	19	7	2	8	26	7.1
2 1-5 hours	23	35	100	37	9	35	135	36.8
3 6-10 hours	19	29	73	27	9	35	103	28.1
4 11-15 hours	10	15	27	10	2	8	39	10.6
5 16-20 hours	4	6	27	10	2	8	33	9.0
6 21-25 hours	0	0	10	4	1	4	11	3.0
7 26-30 hours	2	3	6	2	0	0	8	2.2
8 More than 30 hours	3	5	7	3	1	4	12	3.3
Valid responses =	66	18	269	73	26	7	367	98.7

Invalid responses include no response.

3L) How many hours do you spend in a typical week (7 days) on the following activities?

Gaming

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	20	30	183	68	9	35	216	58.4
2 1-5 hours	16	24	50	19	7	27	75	20.3
3 6-10 hours	18	27	20	7	4	15	43	11.6
4 11-15 hours	8	12	9	3	1	4	18	4.9
5 16-20 hours	1	2	5	2	3	12	9	2.4
6 21-25 hours	1	2	3	1	0	0	4	1.1
7 26-30 hours	1	2	0	0	1	4	2	0.5
8 More than 30 hours	2	3	0	0	1	4	3	0.8
Valid responses =	67	18	270	73	26	7	370	99.5

Invalid responses include no response.

3M) How many hours do you spend in a typical week (7 days) on the following activities?

Using social media

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	8	12	20	7	4	15	33	9.0
2 1-5 hours	27	40	104	39	7	27	140	38.0
3 6-10 hours	18	27	68	25	7	27	96	26.1
4 11-15 hours	6	9	34	13	2	8	42	11.4
5 16-20 hours	3	5	21	8	5	19	29	7.9
6 21-25 hours	2	3	12	5	1	4	15	4.1
7 26-30 hours	0	0	5	2	0	0	5	1.4
8 More than 30 hours	3	5	5	2	0	0	8	2.2
Valid responses =	67	18	269	73	26	7	368	98.9

Invalid responses include no response.

3N) How many hours do you spend in a typical week (7 days) on the following activities?

Commuting to school and/or to work

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	12	18	58	22	8	31	79	21.5
2 1-5 hours	36	55	137	51	12	46	188	51.2
3 6-10 hours	14	21	43	16	3	12	63	17.2
4 11-15 hours	3	5	10	4	1	4	14	3.8
5 16-20 hours	0	0	7	3	1	4	8	2.2
6 21-25 hours	1	2	2	1	1	4	4	1.1
7 26-30 hours	0	0	7	3	0	0	7	1.9
8 More than 30 hours	0	0	4	2	0	0	4	1.1
Valid responses =	66	18	268	73	26	7	367	98.7

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

3O) How many hours do you spend in a typical week (7 days) on the following activities?

Working for pay

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	23	34	78	29	9	35	111	30.1
2 1-5 hours	3	5	11	4	3	12	18	4.9
3 6-10 hours	14	21	28	10	2	8	45	12.2
4 11-15 hours	7	10	31	12	6	23	44	11.9
5 16-20 hours	5	8	38	14	3	12	48	13.0
6 21-25 hours	1	2	19	7	1	4	22	6.0
7 26-30 hours	6	9	18	7	1	4	25	6.8
8 More than 30 hours	8	12	47	17	1	4	56	15.2
Valid responses =	67	18	270	73	26	7	369	99.2

Invalid responses include no response.

3P) How many hours do you spend in a typical week (7 days) on the following activities?

Participating in meditation or meditative activities

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	47	70	184	69	21	81	256	69.8
2 1-5 hours	17	25	75	28	5	19	99	27.0
3 6-10 hours	2	3	4	2	0	0	6	1.6
4 11-15 hours	0	0	0	0	0	0	0	0.0
5 16-20 hours	1	2	4	2	0	0	5	1.4
6 21-25 hours	0	0	0	0	0	0	0	0.0
7 26-30 hours	0	0	1	0	0	0	1	0.3
8 More than 30 hours	0	0	0	0	0	0	0	0.0
Valid responses =	67	18	268	73	26	7	367	98.7

Invalid responses include no response.

3Q) How many hours do you spend in a typical week (7 days) on the following activities?

Performing unpaid household responsibilities

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	6	9	29	11	4	15	39	10.6
2 1-5 hours	36	55	121	45	11	42	170	46.3
3 6-10 hours	16	24	65	24	8	31	89	24.3
4 11-15 hours	3	5	26	10	1	4	31	8.4
5 16-20 hours	2	3	9	3	1	4	13	3.5
6 21-25 hours	1	2	5	2	1	4	8	2.2
7 26-30 hours	0	0	3	1	0	0	3	0.8
8 More than 30 hours	2	3	12	4	0	0	14	3.8
Valid responses =	66	18	270	74	26	7	367	98.7

Invalid responses include no response.

3R) How many hours do you spend in a typical week (7 days) on the following activities?

Taking care of children or other family members (unpaid)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	42	63	159	59	17	68	219	59.5
2 1-5 hours	14	21	46	17	3	12	65	17.7
3 6-10 hours	6	9	13	5	1	4	21	5.7
4 11-15 hours	1	2	11	4	3	12	15	4.1
5 16-20 hours	1	2	12	4	0	0	14	3.8
6 21-25 hours	1	2	5	2	1	4	7	1.9
7 26-30 hours	1	2	4	2	0	0	5	1.4
8 More than 30 hours	1	2	20	7	0	0	22	6.0
Valid responses =	67	18	270	73	25	7	368	98.9

Invalid responses include no response.

4) How do you describe your weight?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Very underweight	4	6	7	3	0	0	11	3.0
2 Slightly underweight	5	8	19	7	4	15	29	7.9
3 About the right weight	25	37	106	39	8	31	142	38.5
4 Slightly overweight	27	40	98	36	10	39	137	37.1
5 Very overweight	6	9	40	15	4	15	50	13.6
Valid responses =	67	18	270	73	26	7	369	99.2

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

5) Are you trying to do any of the following about your weight?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not trying anything about my weight	11	16	46	17	4	15	62	16.8
2 Stay the same weight	14	21	39	14	3	12	58	15.7
3 Lose weight	34	51	168	62	17	65	221	59.7
4 Gain weight	8	12	17	6	2	8	29	7.8
Valid responses =	67	18	270	73	26	7	370	99.5

Invalid responses include no response.

6) In the last 7 days, how many (total) minutes did you spend doing moderate physical activity?

Examples: brisk walking, dancing, or household chores.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Minutes	3	5	17	7	0	0	21	5.8
1 1 to 149 Minutes	35	53	115	44	13	50	164	45.7
2 150 to 299 Minutes	6	9	57	22	7	27	72	20.1
3 300 or More Minutes	22	33	71	27	6	23	102	28.4
Valid responses =	66	18	260	72	26	7	359	96.5

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	230.98	120.00	316.2	0	1800
Cis Women	240.45	125.00	343.82	0	2100
Trans/Gender Non-conforming	231.27	140.00	250.88	6	900
Overall	238.47	120.00	330	0	2100

7) In the last 7 days, how many (total) minutes did you spend doing vigorous physical activity?

Examples: running, swimming laps, or hiking.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Minutes	19	29	109	42	17	65	146	40.8
1 1 to 74 Minutes	23	35	82	32	6	23	115	32.1
2 75 to 149 Minutes	7	11	25	10	1	4	33	9.2
3 150 or More Minutes	16	25	44	17	2	8	64	17.9
Valid responses =	65	18	260	73	26	7	358	96.2

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	104.06	30.00	151.98	0	600
Cis Women	81.79	20.00	170.64	0	1400
Trans/Gender Non-conforming	33.77	0.00	85.2	0	360
Overall	83.37	15.00	164.05	0	1400

8) In the last 7 days, on how many days did you do exercises to strengthen or tone your muscles?

Examples: push ups, sit ups, or weightlifting/training.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 days	24	36	129	48	17	65	171	46.2
1 1 day	9	13	29	11	2	8	40	10.8
2 2 days	10	15	44	16	2	8	59	15.9
3 3 days	12	18	28	10	2	8	43	11.6
4 4 days	4	6	23	9	1	4	29	7.8
5 5 days	7	10	11	4	0	0	19	5.1
6 6 days	0	0	2	1	1	4	3	0.8
7 7 days	1	2	4	2	1	4	6	1.6
Valid responses =	67	18	270	73	26	7	370	99.5

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

9A) In the last 7 days, how many servings of sugar-sweetened beverages did you drink on average per day?

One serving is 12 oz of soda; 8 oz of sugar-sweetened, flavored water or sports drink; 6 oz of sugar-sweetened coffee, tea, or juice.

If you do not drink sugar-sweetened beverages, please enter 0.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 servings	23	34	75	28	4	15	103	28.3
2 1 serving	15	22	53	20	5	19	75	20.6
3 2 servings	10	15	32	12	7	27	50	13.7
4 3 servings	7	10	18	7	4	15	29	8.0
5 4 servings	1	2	21	8	1	4	24	6.6
6 5 servings	4	6	10	4	0	0	15	4.1
7 6 servings	1	2	7	3	1	4	9	2.5
8 7 servings	3	5	9	3	0	0	12	3.3
9 8 servings	0	0	3	1	1	4	4	1.1
10 9 or more servings	3	5	36	14	3	12	43	11.8
Valid responses =	67	18	264	73	26	7	364	97.8

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	2.61	1.00	4.97	0	30
Cis Women	4.13	2.00	6.58	0	30
Trans/Gender Non-conforming	3.73	2.00	5.24	0	24
Overall	3.82	2.00	6.2	0	30

9B) In the past 30 days, on how many days did you drink energy drinks or energy shots?

(for example: Red Bull, Monster, Celsius, Bang, 5 Hour Energy, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	39	59	171	65	15	58	230	63.2
2 1-2 days	12	18	30	11	2	8	44	12.1
3 3-4 days	4	6	19	7	2	8	25	6.9
4 5-10 days	7	11	22	8	3	12	32	8.8
5 11-15 days	1	2	9	3	1	4	12	3.3
6 16-20 days	0	0	5	2	2	8	7	1.9
7 21-25 days	0	0	2	1	0	0	2	0.5
8 26-30 days	3	5	7	3	1	4	12	3.3
Valid responses =	66	18	265	73	26	7	364	97.8

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	2.67	0.00	6.48	0	30
Cis Women	2.83	0.00	6.26	0	30
Trans/Gender Non-conforming	4.69	0.00	8.07	0	30
Overall	3.00	0.00	6.58	0	30

10) In the last 7 days, how many servings of fruit did you eat on average per day?

One serving is a medium piece of fresh fruit; 1/2 cup of fresh, frozen, or canned fruit; 1/4 cup of dried fruit; or 3/4 cup of 100% fresh fruit juice

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 servings per day	10	15	34	13	6	23	51	13.8
2 1-2 servings per day	45	68	175	65	15	58	241	65.3
3 3-4 servings per day	10	15	49	18	4	15	63	17.1
4 5-6 servings per day	0	0	7	3	1	4	8	2.2
5 More than 6 servings per day	1	2	5	2	0	0	6	1.6
Valid responses =	66	18	270	73	26	7	369	99.2

Invalid responses include no response.

11) In the last 7 days, how many servings of vegetables did you eat on average per day?

One serving is 1/2 cup of fresh, frozen, or canned vegetables; 1/4 cup 100% vegetable juice; or 1 cup salad greens

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 servings per day	10	15	27	10	3	12	41	11.1
2 1-2 servings per day	40	61	162	60	16	62	222	60.2
3 3-4 servings per day	14	21	63	23	5	19	84	22.8
4 5-6 servings per day	1	2	13	5	0	0	14	3.8
5 More than 6 servings per day	1	2	5	2	2	8	8	2.2
Valid responses =	66	18	270	73	26	7	369	99.2

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

12A) For the following statements, please say whether the statement was often true, sometimes true, or never true for you in the last 30 days.

The food that I bought just didn't last, and I didn't have money to get more

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never True	34	51	145	54	15	58	198	53.5
1 Sometimes True	27	40	96	36	10	39	135	36.5
2 Often True	6	9	29	11	1	4	37	10.0
Valid responses =	67	18	270	73	26	7	370	99.5
Invalid responses include no response.								

12B) For the following statements, please say whether the statement was often true, sometimes true, or never true for you in the last 30 days.

I couldn't afford to eat balanced meals.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never True	35	53	143	53	15	58	198	53.7
1 Sometimes True	23	35	86	32	10	39	120	32.5
2 Often True	8	12	41	15	1	4	51	13.8
Valid responses =	66	18	270	73	26	7	369	99.2
Invalid responses include no response.								

12C) In the last 30 days, did you ever cut the size of your meals or skip meals because there wasn't enough money for food?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	38	57	176	65	18	69	236	63.8
1 Only 1 or 2 days	10	15	33	12	5	19	49	13.2
2 Yes, some days, but not every day	17	25	46	17	3	12	67	18.1
3 Yes, almost every day	2	3	15	6	0	0	18	4.9
Valid responses =	67	18	270	73	26	7	370	99.5
Invalid responses include no response.								

12D) In the last 30 days, did you ever eat less than you felt you should because there wasn't enough money for food?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	49	73	206	76	22	85	281	75.9
1 Yes	18	27	64	24	4	15	89	24.1
Valid responses =	67	18	270	73	26	7	370	99.5
Invalid responses include no response.								

12E) In the last 30 days, were you ever hungry but didn't eat because there wasn't enough money for food?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	50	75	211	78	22	85	289	78.1
1 Yes	17	25	59	22	4	15	81	21.9
Valid responses =	67	18	270	73	26	7	370	99.5
Invalid responses include no response.								

13) How long does it usually take for you to fall asleep at night once you close your eyes?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Under 5 minutes	8	12	28	10	1	4	37	10.0
2 5-15 minutes	19	28	70	26	7	27	98	26.5
3 16-30 minutes	20	29	66	25	4	15	95	25.7
4 31 minutes - 1 hour	12	18	57	21	4	15	73	19.7
5 over 1 hour	9	13	48	18	10	39	67	18.1
Valid responses =	68	18	269	73	26	7	370	99.5
Invalid responses include no response.								

14) Over the last 2 weeks, what is the average amount of sleep you have gotten on a weeknight (excluding naps)? (Please select the response closest to your answer)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Less than 4 hours	1	2	2	1	1	4	4	1.1
2 4 hours	1	2	6	2	1	4	8	2.2
3 5 hours	11	16	36	13	6	23	54	14.6
4 6 hours	17	25	86	32	6	23	111	30.0
5 7 hours	24	35	79	29	7	27	112	30.3
6 8 hours	8	12	45	17	3	12	58	15.7
7 9 hours	2	3	8	3	0	0	10	2.7
8 10 or more hours	4	6	7	3	2	8	13	3.5
Valid responses =	68	18	269	73	26	7	370	99.5
Invalid responses include no response.								



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

15) Over the last 2 weeks, what is the average amount of sleep you have gotten on a weekend night (excluding naps)? (Please select the response closest to your answer)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Less than 4 hours	1	2	1	0	1	4	3	0.8
2 4 hours	0	0	2	1	1	4	3	0.8
3 5 hours	4	6	20	7	1	4	25	6.8
4 6 hours	12	18	40	15	2	8	55	14.9
5 7 hours	15	22	65	24	9	35	91	24.6
6 8 hours	20	29	77	29	6	23	105	28.4
7 9 hours	8	12	40	15	3	12	53	14.3
8 10 or more hours	8	12	24	9	3	12	35	9.5
Valid responses =	68	18	269	73	26	7	370	99.5

Invalid responses include no response.

16A) On how many of the last 7 days did you: Wake up too early in the morning and couldn't get back to sleep?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	34	50	101	38	13	50	150	40.5
2 1 day	7	10	39	15	4	15	52	14.1
3 2 days	11	16	48	18	2	8	63	17.0
4 3 days	10	15	27	10	5	19	42	11.4
5 4 days	3	4	12	5	0	0	15	4.1
6 5 days	2	3	17	6	0	0	20	5.4
7 6 days	0	0	4	2	1	4	5	1.4
8 7 days	1	2	21	8	1	4	23	6.2
Valid responses =	68	18	269	73	26	7	370	99.5

Invalid responses include no response.

16B) On how many of the last 7 days did you: Feel tired or sleepy during the day?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	7	10	7	3	0	0	14	3.8
2 1 day	6	9	17	6	0	0	24	6.5
3 2 days	16	24	25	9	4	15	45	12.1
4 3 days	8	12	46	17	5	19	61	16.4
5 4 days	7	10	29	11	5	19	42	11.3
6 5 days	10	15	40	15	2	8	53	14.3
7 6 days	0	0	18	7	0	0	20	5.4
8 7 days	14	21	88	33	10	39	112	30.2
Valid responses =	68	18	270	73	26	7	371	99.7

Invalid responses include no response.

16C) On how many of the last 7 days did you: Have an extremely hard time falling asleep?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	19	28	73	27	5	20	101	27.6
2 1 day	12	18	54	20	3	12	71	19.4
3 2 days	8	12	34	13	3	12	45	12.3
4 3 days	11	16	29	11	0	0	40	10.9
5 4 days	3	5	13	5	2	8	18	4.9
6 5 days	4	6	20	8	1	4	25	6.8
7 6 days	3	5	5	2	3	12	12	3.3
8 7 days	7	10	39	15	8	32	54	14.8
Valid responses =	67	18	267	73	25	7	366	98.4

Invalid responses include no response.

16D) On how many of the last 7 days did you: Get enough sleep so that you felt rested?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	9	13	53	20	6	23	68	18.4
2 1 day	9	13	52	19	6	23	70	18.9
3 2 days	18	27	57	21	3	12	78	21.1
4 3 days	10	15	36	13	3	12	49	13.2
5 4 days	8	12	24	9	2	8	35	9.5
6 5 days	5	7	24	9	4	15	35	9.5
7 6 days	4	6	8	3	1	4	14	3.8
8 7 days	5	7	15	6	1	4	21	5.7
Valid responses =	68	18	269	73	26	7	370	99.5

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

16E) On how many of the last 7 days did you: Take a nap?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	26	38	122	45	15	58	164	44.2
2 1 day	13	19	54	20	2	8	70	18.9
3 2 days	13	19	35	13	3	12	52	14.0
4 3 days	5	7	20	7	3	12	31	8.4
5 4 days	1	2	10	4	2	8	13	3.5
6 5 days	6	9	14	5	0	0	20	5.4
7 6 days	1	2	8	3	0	0	9	2.4
8 7 days	3	4	7	3	1	4	12	3.2
Valid responses =	68	18	270	73	26	7	371	99.7

Invalid responses include no response.

16F) On average, how long are your naps? (only includes students who napped 1-7 days)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Less than 30 minutes	7	17	25	17	3	27	36	17.4
2 Between 30 and 59 minutes	19	45	64	43	3	27	90	43.5
3 Between 60 and 119 minutes	10	24	41	28	4	36	56	27.1
4 2 hours or more	6	14	18	12	1	9	25	12.1
Valid responses =	42	20	148	71	11	5	207	55.6

Invalid responses include no response.

17A) Within the last 12 months, how often did you: Wear a helmet when you rode a bicycle?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not do this activity	47	69	210	78	21	81	282	76.0
2 Never	4	6	15	6	1	4	20	5.4
3 Rarely	2	3	7	3	0	0	9	2.4
4 Sometimes	6	9	3	1	0	0	10	2.7
5 Most of the time	1	2	7	3	1	4	9	2.4
6 Always	8	12	28	10	3	12	41	11.1
Valid responses =	68	18	270	73	26	7	371	99.7

Invalid responses include no response.

17B) Within the last 12 months, how often did you: Wear a helmet when you rode a motorcycle/motor scooter?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not do this activity	58	85	235	87	24	92	321	86.5
2 Never	3	4	11	4	1	4	15	4.0
3 Rarely	0	0	2	1	0	0	2	0.5
4 Sometimes	3	4	2	1	0	0	6	1.6
5 Most of the time	0	0	2	1	0	0	2	0.5
6 Always	4	6	18	7	1	4	25	6.7
Valid responses =	68	18	270	73	26	7	371	99.7

Invalid responses include no response.

17C) Within the last 12 months, how often did you: Wear a helmet when you were skateboarding?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not do this activity	59	87	239	89	22	85	324	87.3
2 Never	4	6	16	6	2	8	23	6.2
3 Rarely	1	2	1	0	1	4	3	0.8
4 Sometimes	3	4	1	0	0	0	5	1.3
5 Most of the time	0	0	2	1	0	0	2	0.5
6 Always	1	2	11	4	1	4	14	3.8
Valid responses =	68	18	270	73	26	7	371	99.7

Invalid responses include no response.

18A) When, if ever, was the last time you drove a car or other vehicle?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	5	7	21	8	8	31	35	9.4
2 Within the last 2 weeks	57	84	217	80	14	54	293	79.0
3 More than 2 weeks but within 30 days	1	2	5	2	0	0	6	1.6
4 More than 30 days but within 3 months	1	2	7	3	1	4	9	2.4
5 More than 3 months but within 12 months	2	3	11	4	2	8	16	4.3
6 More than 12 months ago	2	3	9	3	1	4	12	3.2
Valid responses =	68	18	270	73	26	7	371	99.7

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

18B) Within the last 2 weeks, on how many days did you drive a car or other vehicle? (only includes students that drove in the last 2 weeks)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Days	0	0	0	0	0	0	0	0.0
1 1 to 4 Days	9	16	25	12	1	7	36	12.5
2 5 to 10 Days	14	25	71	33	7	50	93	32.2
3 11 to 14 Days	34	60	118	55	6	43	160	55.4
Valid responses =	57	20	214	74	14	5	289	77.7

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	10.39	12.00	4.12	1	14
Cis Women	10.34	12.00	4.06	1	14
Trans/Gender Non-conforming	10.14	10.00	3.48	2	14
Overall	10.30	12.00	4.05	1	14

18C) Within the last 2 weeks, on how many days did you manually operate a device to text, email, video chat, or use the internet or apps while driving a car or other vehicle? (only includes students that drove in the last 2 weeks)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Days	26	46	102	48	8	57	137	47.7
1 1 to 4 Days	12	21	43	20	4	29	61	21.3
2 5 to 10 Days	6	11	31	15	1	7	38	13.2
3 11 to 14 Days	13	23	36	17	1	7	51	17.8
Valid responses =	57	20	212	74	14	5	287	77.2

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	4.30	1.00	5.5	0	14
Cis Women	3.91	1.00	5.26	0	14
Trans/Gender Non-conforming	2.07	0.00	3.79	0	14
Overall	3.91	1.00	5.25	0	14

18D) Within the last 12 months, how many times have you been involved in an accident when you drove a car or other vehicle? (only includes students that drove in the last 12 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No accidents	58	95	215	90	14	82	292	90.4
2 One accident	3	5	19	8	3	18	25	7.7
3 Two accidents	0	0	5	2	0	0	5	1.5
4 Three or more accidents	0	0	1	0	0	0	1	0.3
Valid responses =	61	19	240	74	17	5	323	86.8

Invalid responses include no response.

19A) Within the last 12 months, did you experience any of the following in an intimate (coupled/partnered) relationship? A partner called me names, insulted me, or put me down to make me feel bad.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	58	85	248	92	24	96	333	90.5
2 Yes	10	15	22	8	1	4	35	9.5
Valid responses =	68	18	270	73	25	7	368	98.9

Invalid responses include no response.

19B) Within the last 12 months, did you experience any of the following in an intimate (coupled/partnered) relationship? A partner often insisted on knowing who I was with and where I was or tried to limit my contact with family or friends.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	64	94	251	94	25	100	345	94.5
2 Yes	4	6	16	6	0	0	20	5.5
Valid responses =	68	19	267	73	25	7	365	98.1

Invalid responses include no response.

19C) Within the last 12 months, did you experience any of the following in an intimate (coupled/partnered) relationship? A partner pushed, grabbed, shoved, slapped, kicked, bit, choked, or hit me without my consent.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	65	96	264	98	25	100	357	97.3
2 Yes	3	4	5	2	0	0	10	2.7
Valid responses =	68	19	269	73	25	7	367	98.7

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

19D) Within the last 12 months, did you experience any of the following in an intimate (coupled/partnered) relationship?

A partner forced me into unwanted sexual contact by holding me down or hurting me in some way.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	68	100	265	99	25	100	363	98.9
2 Yes	0	0	4	2	0	0	4	1.1
Valid responses =	68	19	269	73	25	7	367	98.7
Invalid responses include no response.								

19E) Within the last 12 months, did you experience any of the following in an intimate (coupled/partnered) relationship?

A partner pressured me into unwanted sexual contact by threatening me, coercing me, or using alcohol or other drugs.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	66	99	263	98	25	100	357	97.8
2 Yes	1	2	6	2	0	0	8	2.2
Valid responses =	67	18	269	74	25	7	365	98.1
Invalid responses include no response.								

20A) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.

I was in a physical fight.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	66	97	264	99	25	100	359	98.1
2 Yes	2	3	4	2	0	0	7	1.9
Valid responses =	68	19	268	73	25	7	366	98.4
Invalid responses include no response.								

20B) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.

I was physically assaulted (do not include sexual assault).

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	67	99	266	99	25	100	362	98.4
2 Yes	1	2	4	2	0	0	6	1.6
Valid responses =	68	18	270	73	25	7	368	98.9
Invalid responses include no response.								

20C) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.

I was verbally threatened.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	62	91	248	92	22	85	335	90.8
2 Yes	6	9	22	8	4	15	34	9.2
Valid responses =	68	18	270	73	26	7	369	99.2
Invalid responses include no response.								

20D) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.

I was sexually touched without my consent.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	66	97	255	96	23	96	348	95.6
2 Yes	2	3	12	5	1	4	16	4.4
Valid responses =	68	19	267	73	24	7	364	97.8
Invalid responses include no response.								

20E) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.

Sexual penetration (vaginal, anal, oral) was attempted on me without my consent.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	68	100	264	99	25	100	361	98.6
2 Yes	0	0	4	2	0	0	5	1.4
Valid responses =	68	19	268	73	25	7	366	98.4
Invalid responses include no response.								

20F) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.

I was sexually penetrated (vaginal, anal, oral), or made to penetrate someone without my consent.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	68	100	268	99	25	100	365	99.2
2 Yes	0	0	2	1	0	0	3	0.8
Valid responses =	68	18	270	73	25	7	368	98.9
Invalid responses include no response.								



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

20G) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.

I was a victim of stalking (for example: waiting for me outside my classroom, residence, or office; or repeated emails/phone calls).

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	67	99	259	96	25	100	355	96.7
2 Yes	1	2	10	4	0	0	12	3.3
Valid responses =	68	19	269	73	25	7	367	98.7

Invalid responses include no response.

R21A) How safe do you feel: On my campus (daytime)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not safe at all	0	0	0	0	0	0	0	0.0
2 Somewhat unsafe	0	0	2	1	0	0	2	0.5
3 Somewhat safe	6	9	38	14	5	19	49	13.3
4 Very safe	60	88	200	74	20	77	285	77.2
5 Does not apply	2	3	30	11	1	4	33	8.9
Valid responses =	68	18	270	73	26	7	369	99.2

Invalid responses include no response.

R21B) How safe do you feel: On my campus (nighttime)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not safe at all	1	2	3	1	0	0	5	1.4
2 Somewhat unsafe	4	6	35	13	5	19	45	12.2
3 Somewhat safe	19	28	109	40	12	46	140	37.9
4 Very safe	39	57	69	26	7	27	118	32.0
5 Does not apply	5	7	54	20	2	8	61	16.5
Valid responses =	68	18	270	73	26	7	369	99.2

Invalid responses include no response.

R21C) How safe do you feel: In the community surrounding my campus (daytime)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not safe at all	0	0	0	0	0	0	0	0.0
2 Somewhat unsafe	2	3	5	2	0	0	7	1.9
3 Somewhat safe	6	9	56	21	9	35	72	19.6
4 Very safe	53	78	166	62	13	50	235	63.9
5 Does not apply	7	10	42	16	4	15	54	14.7
Valid responses =	68	18	269	73	26	7	368	98.9

Invalid responses include no response.

R21D) How safe do you feel: In the community surrounding my campus (nighttime)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not safe at all	1	2	6	2	0	0	7	1.9
2 Somewhat unsafe	6	9	39	14	3	12	50	13.6
3 Somewhat safe	15	22	107	40	14	54	136	36.9
4 Very safe	34	50	57	21	3	12	96	26.0
5 Does not apply	12	18	61	23	6	23	80	21.7
Valid responses =	68	18	270	73	26	7	369	99.2

Invalid responses include no response.

22A1) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	47	69	184	69	22	85	257	69.8
3 Yes	21	31	84	31	4	15	111	30.2
Valid responses =	68	18	268	73	26	7	368	98.9

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

22A2) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Alcoholic beverages (beer, wine, liquor, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	29	43	96	36	13	50	140	37.8
3 Yes	39	57	174	64	13	50	230	62.2
Valid responses =	68	18	270	73	26	7	370	99.5

Invalid responses include no response.

22A3) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	40	59	150	56	15	58	209	56.5
3 Yes	28	41	120	44	11	42	161	43.5
Valid responses =	68	18	270	73	26	7	370	99.5

Invalid responses include no response.

22A4) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Cocaine (coke, crack, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	63	93	255	95	25	96	348	94.3
3 Yes	5	7	13	5	1	4	21	5.7
Valid responses =	68	18	268	73	26	7	368	98.9

Invalid responses include no response.

22A5) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	63	93	255	95	26	100	348	94.6
3 Yes	5	7	13	5	0	0	20	5.4
Valid responses =	68	18	268	73	26	7	368	98.9

Invalid responses include no response.

22A6) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Methamphetamine (speed, crystal meth, ice, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	65	96	263	98	26	100	359	97.6
3 Yes	3	4	6	2	0	0	9	2.4
Valid responses =	68	18	269	73	26	7	368	98.9

Invalid responses include no response.

22A7) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)

	Cis Men		Cis Women		Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	66	97	258	96	25	96	354	96.5
3 Yes	2	3	10	4	1	4	13	3.5
Valid responses =	68	19	268	73	26	7	367	98.7

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

22A8) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	63	94	250	94	25	100	343	94.2
3 Yes	4	6	17	6	0	0	21	5.8
Valid responses =	67	18	267	73	25	7	364	97.8

Invalid responses include no response.

22A9) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	58	87	246	91	24	92	332	90.5
3 Yes	9	13	23	9	2	8	35	9.5
Valid responses =	67	18	269	73	26	7	367	98.7

Invalid responses include no response.

22A10) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Heroin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	67	99	265	99	26	100	364	98.9
3 Yes	1	2	3	1	0	0	4	1.1
Valid responses =	68	18	268	73	26	7	368	98.9

Invalid responses include no response.

22A11) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	65	96	255	96	26	100	350	95.4
3 Yes	3	4	12	5	0	0	17	4.6
Valid responses =	68	19	267	73	26	7	367	98.7

Invalid responses include no response.

22A12) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	48	94	177	97	18	100	246	96.1
3 Yes	3	6	5	3	0	0	10	3.9
Valid responses =	51	20	182	71	18	7	256	68.8

Invalid responses include no response.

22B1) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)

Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	11	52	36	43	2	50	49	44.5
2 Once or twice	5	24	21	25	2	50	28	25.5
3 Monthly	0	0	6	7	0	0	7	6.4
4 Weekly	1	5	7	8	0	0	8	7.3
6 Daily or almost daily	4	19	13	16	0	0	18	16.4
Valid responses =	21	19	83	75	4	4	110	29.6

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

22B2) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)
Alcoholic beverages (beer, wine, liquor, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	11	28	19	11	2	15	33	14.4
2 Once or twice	12	31	75	43	8	62	97	42.4
3 Monthly	5	13	48	28	2	15	56	24.5
4 Weekly	11	28	30	17	1	8	42	18.3
6 Daily or almost daily	0	0	1	1	0	0	1	0.4
Valid responses =	39	17	173	76	13	6	229	61.6

Invalid responses include no response.

22B3) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)
Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	10	36	43	36	4	36	58	36.5
2 Once or twice	5	18	38	32	4	36	47	29.6
3 Monthly	3	11	13	11	0	0	16	10.1
4 Weekly	7	25	8	7	2	18	17	10.7
6 Daily or almost daily	3	11	16	14	1	9	21	13.2
Valid responses =	28	18	118	74	11	7	159	42.7

Invalid responses include no response.

22B4) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)
Cocaine (coke, crack, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	4	80	10	77	1	100	17	81.0
2 Once or twice	0	0	1	8	0	0	1	4.8
3 Monthly	1	20	2	15	0	0	3	14.3
4 Weekly	0	0	0	0	0	0	0	0.0
6 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	5	24	13	62	1	5	21	5.6

Invalid responses include no response.

22B5) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)
Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	3	60	6	46	0	0	11	55.0
2 Once or twice	0	0	3	23	0	0	3	15.0
3 Monthly	0	0	2	15	0	0	2	10.0
4 Weekly	1	20	1	8	0	0	2	10.0
6 Daily or almost daily	1	20	1	8	0	0	2	10.0
Valid responses =	5	25	13	65	0	0	20	5.4

Invalid responses include no response.

22B6) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)
Methamphetamine (speed, crystal meth, ice, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	3	100	5	83	0	0	8	88.9
2 Once or twice	0	0	1	17	0	0	1	11.1
3 Monthly	0	0	0	0	0	0	0	0.0
4 Weekly	0	0	0	0	0	0	0	0.0
6 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	3	33	6	67	0	0	9	2.4

Invalid responses include no response.

22B7) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)
Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	1	50	5	50	1	100	7	53.8
2 Once or twice	1	50	4	40	0	0	5	38.5
3 Monthly	0	0	0	0	0	0	0	0.0
4 Weekly	0	0	1	10	0	0	1	7.7
6 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	2	15	10	77	1	8	13	3.5

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

22B8) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)
Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	2	50	7	41	0	0	9	42.9
2 Once or twice	0	0	2	12	0	0	2	9.5
3 Monthly	0	0	3	18	0	0	3	14.3
4 Weekly	2	50	2	12	0	0	4	19.0
6 Daily or almost daily	0	0	3	18	0	0	3	14.3
Valid responses =	4	19	17	81	0	0	21	5.6

Invalid responses include no response.

22B9) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)
Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	7	78	18	78	2	100	28	80.0
2 Once or twice	1	11	4	17	0	0	5	14.3
3 Monthly	0	0	0	0	0	0	0	0.0
4 Weekly	1	11	1	4	0	0	2	5.7
6 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	9	26	23	66	2	6	35	9.4

Invalid responses include no response.

22B10) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)
Heroin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	1	100	2	67	0	0	3	75.0
2 Once or twice	0	0	1	33	0	0	1	25.0
3 Monthly	0	0	0	0	0	0	0	0.0
4 Weekly	0	0	0	0	0	0	0	0.0
6 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	1	25	3	75	0	0	4	1.1

Invalid responses include no response.

22B11) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)
Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	3	100	9	75	0	0	14	82.4
2 Once or twice	0	0	3	25	0	0	3	17.6
3 Monthly	0	0	0	0	0	0	0	0.0
4 Weekly	0	0	0	0	0	0	0	0.0
6 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	3	18	12	71	0	0	17	4.6

Invalid responses include no response.

22B12) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)
Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	2	67	3	60	0	0	6	60.0
2 Once or twice	0	0	0	0	0	0	1	10.0
3 Monthly	1	33	1	20	0	0	2	20.0
4 Weekly	0	0	0	0	0	0	0	0.0
6 Daily or almost daily	0	0	1	20	0	0	1	10.0
Valid responses =	3	30	5	50	0	0	10	2.7

Invalid responses include no response.

22E) Regarding your use of prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) in the past 3 months, was it prescribed for you?
(only includes students who have used this substance within the last 3 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	1	50	3	43	0	0	4	44.4
1 Yes	1	50	3	43	0	0	4	44.4
99 Don't know	0	0	1	14	0	0	1	11.1
Valid responses =	2	22	7	78	0	0	9	2.4

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

22F1) Regarding your use of prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) in the past 3 months:

(only includes students who were prescribed this substance)

Do you ever use MORE of your stimulant medication, that is, take a higher dosage, than is prescribed for you?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	1	100	1	33	0	0	2	50.0
1 Yes	0	0	2	67	0	0	2	50.0
99 Don't know	0	0	0	0	0	0	0	0.0
Valid responses =	1	25	3	75	0	0	4	1.1

Invalid responses include no response.

22F2) Regarding your use of prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) in the past 3 months:

(only includes students who were prescribed this substance)

Do you ever use your stimulant medication MORE OFTEN, that is, shorten the time between dosages, than is prescribed for you?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	1	100	1	33	0	0	2	50.0
1 Yes	0	0	2	67	0	0	2	50.0
99 Don't know	0	0	0	0	0	0	0	0.0
Valid responses =	1	25	3	75	0	0	4	1.1

Invalid responses include no response.

22G) Regarding your use of prescription sedatives or sleeping pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.)

in the past 3 months, was it prescribed for you? (only includes students who have used this substance within the last 3 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	1	50	3	30	0	0	4	33.3
1 Yes	1	50	6	60	0	0	7	58.3
99 Don't know	0	0	1	10	0	0	1	8.3
Valid responses =	2	17	10	83	0	0	12	3.2

Invalid responses include no response.

22H1) Regarding your use of prescription sedatives or sleeping pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) in the past 3 months:

(only includes students who were prescribed this substance)

Do you ever use MORE of your sedatives or sleeping pills, that is, take a higher dosage, than is prescribed for you?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	1	100	5	83	0	0	6	85.7
1 Yes	0	0	1	17	0	0	1	14.3
99 Don't know	0	0	0	0	0	0	0	0.0
Valid responses =	1	14	6	86	0	0	7	1.9

Invalid responses include no response.

22H2) Regarding your use of prescription sedatives or sleeping pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) in the past 3 months:

(only includes students who were prescribed this substance)

Do you ever use your sedatives or sleeping pills MORE OFTEN, that is, shorten the time between dosages, than is prescribed for you?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	1	100	5	83	0	0	6	85.7
1 Yes	0	0	1	17	0	0	1	14.3
99 Don't know	0	0	0	0	0	0	0	0.0
Valid responses =	1	14	6	86	0	0	7	1.9

Invalid responses include no response.

22I) Regarding your use of prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.) in the past 3 months, was it prescribed for you? (only includes students who have used this substance within the last 3 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	0	0	3	100	0	0	3	100.0
1 Yes	0	0	0	0	0	0	0	0.0
99 Don't know	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	3	100	0	0	3	0.8

Invalid responses include no response.

22J1) Regarding your use of prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.) in the past 3 months: (only includes students who were prescribed this substance)

Do you ever use MORE of your opioid medication, that is, take a higher dosage, than is prescribed for you?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	0	0	0	0	0	0	0	0.0
1 Yes	0	0	0	0	0	0	0	0.0
99 Don't know	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

22J2) Regarding your use of prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.) in the past 3 months: (only includes students who were prescribed this substance)
Do you ever use your opioid medication MORE OFTEN, that is, shorten the time between dosages, than is prescribed for you?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	0	0	0	0	0	0	0	0.0
1 Yes	0	0	0	0	0	0	0	0.0
99 Don't know	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.

22K1) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	4	40	19	41	1	50	24	40.0
3 Once or twice	1	10	10	22	1	50	12	20.0
4 Monthly	0	0	1	2	0	0	1	1.7
5 Weekly	1	10	2	4	0	0	4	6.7
6 Daily or almost daily	4	40	14	30	0	0	19	31.7
Valid responses =	10	17	46	77	2	3	60	16.1

Invalid responses include no response.

22K2) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Alcoholic beverages (beer, wine, liquor, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	16	57	82	54	7	64	106	54.4
3 Once or twice	7	25	48	31	4	36	60	30.8
4 Monthly	1	4	11	7	0	0	12	6.2
5 Weekly	4	14	11	7	0	0	16	8.2
6 Daily or almost daily	0	0	1	1	0	0	1	0.5
Valid responses =	28	14	153	78	11	6	195	52.4

Invalid responses include no response.

22K3) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	8	44	30	41	3	43	41	41.0
3 Once or twice	5	28	19	26	1	14	25	25.0
4 Monthly	1	6	2	3	0	0	3	3.0
5 Weekly	3	17	10	14	2	29	15	15.0
6 Daily or almost daily	1	6	13	18	1	14	16	16.0
Valid responses =	18	18	74	74	7	7	100	26.9

Invalid responses include no response.

22K4) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Cocaine (coke, crack, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	0	0	2	67	0	0	2	50.0
3 Once or twice	0	0	0	0	0	0	0	0.0
4 Monthly	1	100	0	0	0	0	1	25.0
5 Weekly	0	0	1	33	0	0	1	25.0
6 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	1	25	3	75	0	0	4	1.1

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

22K5) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	1	50	1	14	0	0	2	22.2
3 Once or twice	0	0	2	29	0	0	2	22.2
4 Monthly	0	0	0	0	0	0	0	0.0
5 Weekly	0	0	1	14	0	0	1	11.1
6 Daily or almost daily	1	50	3	43	0	0	4	44.4
Valid responses =	2	22	7	78	0	0	9	2.4

Invalid responses include no response.

22K6) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Methamphetamine (speed, crystal meth, ice, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	0	0	1	100	0	0	1	100.0
3 Once or twice	0	0	0	0	0	0	0	0.0
4 Monthly	0	0	0	0	0	0	0	0.0
5 Weekly	0	0	0	0	0	0	0	0.0
6 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	1	100	0	0	1	0.3

Invalid responses include no response.

22K7) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	1	100	3	60	0	0	4	66.7
3 Once or twice	0	0	0	0	0	0	0	0.0
4 Monthly	0	0	1	20	0	0	1	16.7
5 Weekly	0	0	1	20	0	0	1	16.7
6 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	1	17	5	83	0	0	6	1.6

Invalid responses include no response.

22K8) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	1	50	6	60	0	0	7	58.3
3 Once or twice	0	0	1	10	0	0	1	8.3
4 Monthly	0	0	1	10	0	0	1	8.3
5 Weekly	1	50	1	10	0	0	2	16.7
6 Daily or almost daily	0	0	1	10	0	0	1	8.3
Valid responses =	2	17	10	83	0	0	12	3.2

Invalid responses include no response.

22K9) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	1	50	2	40	0	0	3	42.9
3 Once or twice	0	0	0	0	0	0	0	0.0
4 Monthly	0	0	1	20	0	0	1	14.3
5 Weekly	1	50	0	0	0	0	1	14.3
6 Daily or almost daily	0	0	2	40	0	0	2	28.6
Valid responses =	2	29	5	71	0	0	7	1.9

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

22K10) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Heroin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	0	0	1	100	0	0	1	100.0
3 Once or twice	0	0	0	0	0	0	0	0.0
4 Monthly	0	0	0	0	0	0	0	0.0
5 Weekly	0	0	0	0	0	0	0	0.0
6 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	1	100	0	0	1	0.3

Invalid responses include no response.

22K11) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)

[Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	0	0	2	67	0	0	2	66.7
3 Once or twice	0	0	0	0	0	0	0	0.0
4 Monthly	0	0	0	0	0	0	0	0.0
5 Weekly	0	0	1	33	0	0	1	33.3
6 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	3	100	0	0	3	0.8

Invalid responses include no response.

22K12) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	1	100	1	50	0	0	2	50.0
3 Once or twice	0	0	0	0	0	0	1	25.0
4 Monthly	0	0	1	50	0	0	1	25.0
5 Weekly	0	0	0	0	0	0	0	0.0
6 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	1	25	2	50	0	0	4	1.1

Invalid responses include no response.

22L1) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	9	90	42	89	2	100	54	88.5
4 Once or twice	0	0	2	4	0	0	2	3.3
5 Monthly	0	0	1	2	0	0	1	1.6
6 Weekly	1	10	0	0	0	0	1	1.6
7 Daily or almost daily	0	0	2	4	0	0	3	4.9
Valid responses =	10	16	47	77	2	3	61	16.4

Invalid responses include no response.

22L2) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Alcoholic beverages (beer, wine, liquor, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	26	93	138	90	10	91	176	89.8
4 Once or twice	1	4	11	7	1	9	13	6.6
5 Monthly	0	0	2	1	0	0	3	1.5
6 Weekly	1	4	2	1	0	0	3	1.5
7 Daily or almost daily	0	0	1	1	0	0	1	0.5
Valid responses =	28	14	154	79	11	6	196	52.7

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

22L3) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	16	89	65	87	6	86	87	86.1
4 Once or twice	0	0	9	12	0	0	9	8.9
5 Monthly	0	0	0	0	1	14	1	1.0
6 Weekly	2	11	1	1	0	0	3	3.0
7 Daily or almost daily	0	0	0	0	0	0	1	1.0
Valid responses =	18	18	75	74	7	7	101	27.2

Invalid responses include no response.

22L4) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Cocaine (coke, crack, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	1	100	2	67	0	0	3	75.0
4 Once or twice	0	0	0	0	0	0	0	0.0
5 Monthly	0	0	1	33	0	0	1	25.0
6 Weekly	0	0	0	0	0	0	0	0.0
7 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	1	25	3	75	0	0	4	1.1

Invalid responses include no response.

22L5) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	1	50	4	57	0	0	5	55.6
4 Once or twice	0	0	3	43	0	0	3	33.3
5 Monthly	0	0	0	0	0	0	0	0.0
6 Weekly	0	0	0	0	0	0	0	0.0
7 Daily or almost daily	1	50	0	0	0	0	1	11.1
Valid responses =	2	22	7	78	0	0	9	2.4

Invalid responses include no response.

22L6) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Methamphetamine (speed, crystal meth, ice, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	0	0	1	100	0	0	1	100.0
4 Once or twice	0	0	0	0	0	0	0	0.0
5 Monthly	0	0	0	0	0	0	0	0.0
6 Weekly	0	0	0	0	0	0	0	0.0
7 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	1	100	0	0	1	0.3

Invalid responses include no response.

22L7) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	1	100	3	60	0	0	4	66.7
4 Once or twice	0	0	1	20	0	0	1	16.7
5 Monthly	0	0	1	20	0	0	1	16.7
6 Weekly	0	0	0	0	0	0	0	0.0
7 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	1	17	5	83	0	0	6	1.6

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

22L8) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	2	100	8	80	0	0	10	83.3
4 Once or twice	0	0	0	0	0	0	0	0.0
5 Monthly	0	0	2	20	0	0	2	16.7
6 Weekly	0	0	0	0	0	0	0	0.0
7 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	2	17	10	83	0	0	12	3.2

Invalid responses include no response.

22L9) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	2	100	3	60	0	0	5	71.4
4 Once or twice	0	0	1	20	0	0	1	14.3
5 Monthly	0	0	1	20	0	0	1	14.3
6 Weekly	0	0	0	0	0	0	0	0.0
7 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	2	29	5	71	0	0	7	1.9

Invalid responses include no response.

22L10) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Heroin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	0	0	1	100	0	0	1	100.0
4 Once or twice	0	0	0	0	0	0	0	0.0
5 Monthly	0	0	0	0	0	0	0	0.0
6 Weekly	0	0	0	0	0	0	0	0.0
7 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	1	100	0	0	1	0.3

Invalid responses include no response.

22L11) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)

[Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	0	0	2	67	0	0	2	66.7
4 Once or twice	0	0	0	0	0	0	0	0.0
5 Monthly	0	0	0	0	0	0	0	0.0
6 Weekly	0	0	1	33	0	0	1	33.3
7 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	3	100	0	0	3	0.8

Invalid responses include no response.

22L12) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	1	100	1	50	0	0	2	50.0
4 Once or twice	0	0	0	0	0	0	1	25.0
5 Monthly	0	0	0	0	0	0	0	0.0
6 Weekly	0	0	1	50	0	0	1	25.0
7 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	1	25	2	50	0	0	4	1.1

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

22M2) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Alcoholic beverages (beer, wine, liquor, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	26	93	147	96	11	100	186	94.9
5 Once or twice	1	4	6	4	0	0	8	4.1
6 Monthly	0	0	0	0	0	0	0	0.0
7 Weekly	1	4	1	1	0	0	2	1.0
8 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	28	14	154	79	11	6	196	52.7

Invalid responses include no response.

22M3) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	15	83	67	89	5	71	87	86.1
5 Once or twice	1	6	8	11	2	29	11	10.9
6 Monthly	1	6	0	0	0	0	2	2.0
7 Weekly	1	6	0	0	0	0	1	1.0
8 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	18	18	75	74	7	7	101	27.2

Invalid responses include no response.

22M4) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Cocaine (coke, crack, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	0	0	2	67	0	0	2	50.0
5 Once or twice	1	100	0	0	0	0	1	25.0
6 Monthly	0	0	0	0	0	0	0	0.0
7 Weekly	0	0	1	33	0	0	1	25.0
8 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	1	25	3	75	0	0	4	1.1

Invalid responses include no response.

22M5) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	2	100	6	86	0	0	8	88.9
5 Once or twice	0	0	1	14	0	0	1	11.1
6 Monthly	0	0	0	0	0	0	0	0.0
7 Weekly	0	0	0	0	0	0	0	0.0
8 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	2	22	7	78	0	0	9	2.4

Invalid responses include no response.

22M6) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Methamphetamine (speed, crystal meth, ice, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	0	0	1	100	0	0	1	100.0
5 Once or twice	0	0	0	0	0	0	0	0.0
6 Monthly	0	0	0	0	0	0	0	0.0
7 Weekly	0	0	0	0	0	0	0	0.0
8 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	1	100	0	0	1	0.3

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

22M7) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	1	100	4	80	0	0	5	83.3
5 Once or twice	0	0	0	0	0	0	0	0.0
6 Monthly	0	0	0	0	0	0	0	0.0
7 Weekly	0	0	1	20	0	0	1	16.7
8 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	1	17	5	83	0	0	6	1.6

Invalid responses include no response.

22M8) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	1	50	7	70	0	0	8	66.7
5 Once or twice	1	50	2	20	0	0	3	25.0
6 Monthly	0	0	1	10	0	0	1	8.3
7 Weekly	0	0	0	0	0	0	0	0.0
8 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	2	17	10	83	0	0	12	3.2

Invalid responses include no response.

22M9) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	2	100	4	80	0	0	6	85.7
5 Once or twice	0	0	1	20	0	0	1	14.3
6 Monthly	0	0	0	0	0	0	0	0.0
7 Weekly	0	0	0	0	0	0	0	0.0
8 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	2	29	5	71	0	0	7	1.9

Invalid responses include no response.

22M10) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Heroin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	0	0	1	100	0	0	1	100.0
5 Once or twice	0	0	0	0	0	0	0	0.0
6 Monthly	0	0	0	0	0	0	0	0.0
7 Weekly	0	0	0	0	0	0	0	0.0
8 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	1	100	0	0	1	0.3

Invalid responses include no response.

22M11) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)

[Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	0	0	2	67	0	0	2	66.7
5 Once or twice	0	0	0	0	0	0	0	0.0
6 Monthly	0	0	1	33	0	0	1	33.3
7 Weekly	0	0	0	0	0	0	0	0.0
8 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	3	100	0	0	3	0.8

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

22M12) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?
of you because of your use of the following substance(s)? (only includes students who have used this substance in the last 3 months)
Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	1	100	1	50	0	0	2	50.0
5 Once or twice	0	0	0	0	0	0	1	25.0
6 Monthly	0	0	0	0	0	0	0	0.0
7 Weekly	0	0	1	50	0	0	1	25.0
8 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	1	25	2	50	0	0	4	1.1

Invalid responses include no response.

22N1) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	15	71	69	82	3	75	87	78.4
3 Yes, not in the past 3 months	4	19	8	10	1	25	14	12.6
6 Yes, in the past 3 months	2	10	7	8	0	0	10	9.0
Valid responses =	21	19	84	76	4	4	111	29.8

Invalid responses include no response.

22N2) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Alcoholic beverages (beer, wine, liquor, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	32	82	159	91	12	92	206	89.6
3 Yes, not in the past 3 months	4	10	12	7	0	0	16	7.0
6 Yes, in the past 3 months	3	8	3	2	1	8	8	3.5
Valid responses =	39	17	174	76	13	6	230	61.8

Invalid responses include no response.

22N3) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	22	79	104	87	10	91	137	85.6
3 Yes, not in the past 3 months	5	18	11	9	0	0	16	10.0
6 Yes, in the past 3 months	1	4	4	3	1	9	7	4.4
Valid responses =	28	18	119	74	11	7	160	43.0

Invalid responses include no response.

22N4) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Cocaine (coke, crack, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	3	60	12	92	1	100	18	85.7
3 Yes, not in the past 3 months	1	20	1	8	0	0	2	9.5
6 Yes, in the past 3 months	1	20	0	0	0	0	1	4.8
Valid responses =	5	24	13	62	1	5	21	5.6

Invalid responses include no response.

22N5) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	5	100	10	77	0	0	17	85.0
3 Yes, not in the past 3 months	0	0	1	8	0	0	1	5.0
6 Yes, in the past 3 months	0	0	2	15	0	0	2	10.0
Valid responses =	5	25	13	65	0	0	20	5.4

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

22N6) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Methamphetamine (speed, crystal meth, ice, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	1	33	4	67	0	0	5	55.6
3 Yes, not in the past 3 months	2	67	2	33	0	0	4	44.4
6 Yes, in the past 3 months	0	0	0	0	0	0	0	0.0
Valid responses =	3	33	6	67	0	0	9	2.4

Invalid responses include no response.

22N7) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	2	100	8	80	1	100	11	84.6
3 Yes, not in the past 3 months	0	0	1	10	0	0	1	7.7
6 Yes, in the past 3 months	0	0	1	10	0	0	1	7.7
Valid responses =	2	15	10	77	1	8	13	3.5

Invalid responses include no response.

22N8) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	3	75	15	88	0	0	18	85.7
3 Yes, not in the past 3 months	0	0	1	6	0	0	1	4.8
6 Yes, in the past 3 months	1	25	1	6	0	0	2	9.5
Valid responses =	4	19	17	81	0	0	21	5.6

Invalid responses include no response.

22N9) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	8	89	20	87	2	100	31	88.6
3 Yes, not in the past 3 months	1	11	2	9	0	0	3	8.6
6 Yes, in the past 3 months	0	0	1	4	0	0	1	2.9
Valid responses =	9	26	23	66	2	6	35	9.4

Invalid responses include no response.

22N10) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Heroin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	1	100	3	100	0	0	4	100.0
3 Yes, not in the past 3 months	0	0	0	0	0	0	0	0.0
6 Yes, in the past 3 months	0	0	0	0	0	0	0	0.0
Valid responses =	1	25	3	75	0	0	4	1.1

Invalid responses include no response.

22N11) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)

[Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	3	100	11	92	0	0	16	94.1
3 Yes, not in the past 3 months	0	0	1	8	0	0	1	5.9
6 Yes, in the past 3 months	0	0	0	0	0	0	0	0.0
Valid responses =	3	18	12	71	0	0	17	4.6

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

22N12) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	2	67	4	80	0	0	8	80.0
3 Yes, not in the past 3 months	1	33	1	20	0	0	2	20.0
6 Yes, in the past 3 months	0	0	0	0	0	0	0	0.0
Valid responses =	3	30	5	50	0	0	10	2.7

Invalid responses include no response.

22O1) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)

Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	16	76	66	79	3	75	86	78.2
3 Yes, not in the past 3 months	3	14	13	16	1	25	17	15.5
6 Yes, in the past 3 months	2	10	5	6	0	0	7	6.4
Valid responses =	21	19	84	76	4	4	110	29.6

Invalid responses include no response.

22O2) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)

Alcoholic beverages (beer, wine, liquor, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	36	92	158	91	12	92	209	91.3
3 Yes, not in the past 3 months	2	5	11	6	1	8	14	6.1
6 Yes, in the past 3 months	1	3	5	3	0	0	6	2.6
Valid responses =	39	17	174	76	13	6	229	61.6

Invalid responses include no response.

22O3) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)

Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	23	82	102	86	10	91	136	85.5
3 Yes, not in the past 3 months	3	11	9	8	0	0	12	7.5
6 Yes, in the past 3 months	2	7	8	7	1	9	11	6.9
Valid responses =	28	18	119	75	11	7	159	42.7

Invalid responses include no response.

22O4) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)

Cocaine (coke, crack, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	4	80	12	92	1	100	18	90.0
3 Yes, not in the past 3 months	1	20	1	8	0	0	2	10.0
6 Yes, in the past 3 months	0	0	0	0	0	0	0	0.0
Valid responses =	5	25	13	65	1	5	20	5.4

Invalid responses include no response.

22O5) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)

Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	5	100	10	77	0	0	16	84.2
3 Yes, not in the past 3 months	0	0	1	8	0	0	1	5.3
6 Yes, in the past 3 months	0	0	2	15	0	0	2	10.5
Valid responses =	5	26	13	68	0	0	19	5.1

Invalid responses include no response.

22O6) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)

Methamphetamine (speed, crystal meth, ice, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	1	50	5	83	0	0	6	75.0
3 Yes, not in the past 3 months	1	50	1	17	0	0	2	25.0
6 Yes, in the past 3 months	0	0	0	0	0	0	0	0.0
Valid responses =	2	25	6	75	0	0	8	2.2

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

2207) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)
Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	2	100	9	90	1	100	12	92.3
3 Yes, not in the past 3 months	0	0	1	10	0	0	1	7.7
6 Yes, in the past 3 months	0	0	0	0	0	0	0	0.0
Valid responses =	2	15	10	77	1	8	13	3.5

Invalid responses include no response.

2208) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)
Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	3	75	15	88	0	0	18	85.7
3 Yes, not in the past 3 months	0	0	2	12	0	0	2	9.5
6 Yes, in the past 3 months	1	25	0	0	0	0	1	4.8
Valid responses =	4	19	17	81	0	0	21	5.6

Invalid responses include no response.

2209) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)
Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	9	100	21	91	2	100	32	94.1
3 Yes, not in the past 3 months	0	0	1	4	0	0	1	2.9
6 Yes, in the past 3 months	0	0	1	4	0	0	1	2.9
Valid responses =	9	26	23	68	2	6	34	9.1

Invalid responses include no response.

22010) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)
Heroin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	1	100	3	100	0	0	4	100.0
3 Yes, not in the past 3 months	0	0	0	0	0	0	0	0.0
6 Yes, in the past 3 months	0	0	0	0	0	0	0	0.0
Valid responses =	1	25	3	75	0	0	4	1.1

Invalid responses include no response.

22011) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)
Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)
[Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	3	100	11	92	0	0	15	93.8
3 Yes, not in the past 3 months	0	0	1	8	0	0	1	6.3
6 Yes, in the past 3 months	0	0	0	0	0	0	0	0.0
Valid responses =	3	19	12	75	0	0	16	4.3

Invalid responses include no response.

22012) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)
Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	3	100	4	80	0	0	8	88.9
3 Yes, not in the past 3 months	0	0	1	20	0	0	1	11.1
6 Yes, in the past 3 months	0	0	0	0	0	0	0	0.0
Valid responses =	3	33	5	56	0	0	9	2.4

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

22P) Have you ever used any drug by injection? [RECREATIONAL or NON-MEDICAL USE ONLY] (only includes students who have ever used any substance)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	39	95	182	100	16	100	240	98.8
1 Yes, not in the past 3 months	1	2	1	1	0	0	2	0.8
2 Yes, in the past 3 months	1	2	0	0	0	0	1	0.4
Valid responses =	41	17	183	75	16	7	243	65.3

Invalid responses include no response.

22Q) In the past 3 months, how often have you injected drugs? [RECREATIONAL or NON-MEDICAL USE ONLY] (only includes students who have used drugs by injection within the last 3 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Once per week or less	1	100	0	0	0	0	1	100.0
1 More than once per week	0	0	0	0	0	0	0	0.0
Valid responses =	1	100	0	0	0	0	1	0.3

Invalid responses include no response.

23A) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4	40	30	64	1	50	35	58.3
2 Yes	6	60	17	36	1	50	25	41.7
Valid responses =	10	17	47	78	2	3	60	16.1

Invalid responses include no response.

23B) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5	50	17	36	0	0	23	38.3
2 Yes	5	50	30	64	2	100	37	61.7
Valid responses =	10	17	47	78	2	3	60	16.1

Invalid responses include no response.

23C) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9	90	40	85	2	100	52	86.7
2 Yes	1	10	7	15	0	0	8	13.3
Valid responses =	10	17	47	78	2	3	60	16.1

Invalid responses include no response.

23D) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10	100	46	98	2	100	59	98.3
2 Yes	0	0	1	2	0	0	1	1.7
Valid responses =	10	17	47	78	2	3	60	16.1

Invalid responses include no response.

23E) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8	80	46	98	2	100	57	95.0
2 Yes	2	20	1	2	0	0	3	5.0
Valid responses =	10	17	47	78	2	3	60	16.1

Invalid responses include no response.

23G) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8	80	47	100	2	100	58	96.7
2 Yes	2	20	0	0	0	0	2	3.3
Valid responses =	10	17	47	78	2	3	60	16.1

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

23H) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months)

Heated tobacco products (HTPs) (for example: IQOS, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10	100	47	100	2	100	60	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	10	17	47	78	2	3	60	16.1

Invalid responses include no response.

23I) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months)

Nicotine pouches (for example: Zyn, On!, Rogue, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10	100	39	85	2	100	52	88.1
2 Yes	0	0	7	15	0	0	7	11.9
Valid responses =	10	17	46	78	2	3	59	15.9

Invalid responses include no response.

23J) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months)

Other oral nicotine products (for example: gum, lozenges, mints, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9	90	45	96	2	100	57	95.0
2 Yes	1	10	2	4	0	0	3	5.0
Valid responses =	10	17	47	78	2	3	60	16.1

Invalid responses include no response.

23K) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months)

Nicotine patches

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10	100	47	100	2	100	60	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	10	17	47	78	2	3	60	16.1

Invalid responses include no response.

23F) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months)

Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6	100	29	100	1	100	36	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	6	17	29	81	1	3	36	9.7

Invalid responses include no response.

24) When, if ever, was the last time you used cannabis/marijuana? Please include medical and non-medical use.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	38	56	135	50	13	50	189	51.4
2 Within the last 2 weeks	14	21	36	13	5	19	55	14.9
3 More than 2 weeks but within 30 days	1	2	11	4	0	0	12	3.3
4 More than 30 days but within 3 months	2	3	18	7	1	4	21	5.7
5 More than 3 months but within 12 months	3	4	18	7	3	12	25	6.8
6 More than 12 months ago	10	15	52	19	4	15	66	17.9
Valid responses =	68	18	270	73	26	7	368	98.9

Invalid responses include no response.

25A) When, if ever, was the last time you drank alcohol?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	23	34	63	23	8	31	95	25.8
2 Within the last 2 weeks	18	27	86	32	3	12	107	29.1
3 More than 2 weeks but within 30 days	7	10	40	15	5	19	52	14.1
4 More than 30 days but within 3 months	8	12	33	12	3	12	46	12.5
5 More than 3 months but within 12 months	6	9	25	9	4	15	36	9.8
6 More than 12 months ago	6	9	23	9	3	12	32	8.7
Valid responses =	68	18	270	73	26	7	368	98.9

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

25B1) The last time you drank alcohol: (only includes students who drank alcohol within the last 3 months)

Did you get drunk?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	23	70	115	72	9	82	149	72.7
2 Yes	10	30	44	28	2	18	56	27.3
Valid responses =	33	16	159	78	11	5	205	55.1

Invalid responses include no response.

25B2) The last time you drank alcohol: (only includes students who drank alcohol within the last 3 months)

Did you intend to get drunk?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	23	70	115	72	6	55	146	71.2
2 Yes	10	30	44	28	5	46	59	28.8
Valid responses =	33	16	159	78	11	5	205	55.1

Invalid responses include no response.

26) One drink of alcohol is defined as a 12 oz. can or bottle of beer or wine cooler, a 4 oz. glass of wine, or a shot of liquor straight or in a mixed drink.

(only includes students who drank alcohol within the last 3 months)

The last time you drank alcohol in a social setting, how many drinks of alcohol did you have?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Drinks	3	9	2	1	0	0	5	2.5
1 1 to 2 Drinks	19	58	114	73	9	82	144	70.9
2 3 to 4 Drinks	7	21	23	15	0	0	30	14.8
3 5 to 6 Drinks	3	9	11	7	2	18	16	7.9
4 7 to 8 Drinks	1	3	2	1	0	0	3	1.5
5 9 to 10 Drinks	0	0	3	2	0	0	3	1.5
6 11 or More Drinks	0	0	2	1	0	0	2	1.0
Total	33	16	157	77	11	5	203	54.6

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	2.42	2.00	1.75	0	7
Cis Women	2.57	2.00	3.42	0	32
Trans/Gender Non-conforming	2.18	2.00	1.47	1	5
Overall	2.52	2.00	3.1	0	32

27) One drink of alcohol is defined as a 12 oz. can or bottle of beer or wine cooler, a 4 oz. glass of wine, or a shot of liquor straight or in a mixed drink.

(only includes students who drank alcohol within the last 3 months)

The last time you drank alcohol in a social setting, over how many hours did you drink alcohol?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Hours	2	6	7	5	0	0	9	4.5
1 1 to 2 Hours	19	58	73	47	7	64	100	49.8
2 3 to 4 Hours	12	36	41	27	1	9	54	26.9
3 5 to 6 Hours	0	0	27	17	3	27	31	15.4
4 7 to 8 Hours	0	0	6	4	0	0	6	3.0
5 9 to 10 Hours	0	0	1	1	0	0	1	0.5
6 11 or More Hours	0	0	0	0	0	0	0	0.0
Total	33	16	155	77	11	5	201	54.0

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	2.03	2.00	1.26	0	4
Cis Women	2.94	2.00	1.91	0	10
Trans/Gender Non-conforming	2.64	2.00	1.96	1	6
Overall	2.78	2.00	1.85	0	10

28) Over the last two weeks, how many times have you had five or more drinks (males) or four or more drinks (females) containing any kind of alcohol at a sitting?

(only includes students who drank alcohol within the last 2 weeks)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 None	13	72	56	66	2	67	71	67.0
2 1 time	3	17	22	26	1	33	26	24.5
3 2 times	1	6	4	5	0	0	5	4.7
4 3 times	0	0	1	1	0	0	1	0.9
5 4 times	1	6	2	2	0	0	3	2.8
6 5 times	0	0	0	0	0	0	0	0.0
7 6 times	0	0	0	0	0	0	0	0.0
8 7 times	0	0	0	0	0	0	0	0.0
9 8 times	0	0	0	0	0	0	0	0.0
10 9 times	0	0	0	0	0	0	0	0.0
11 10 or more times	0	0	0	0	0	0	0	0.0
Total	18	17	85	80	3	3	106	28.5

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

29A) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)
Did something I later regretted

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	36	92	163	89	15	100	217	90.4
2 Yes	3	8	20	11	0	0	23	9.6
Valid responses =	39	16	183	76	15	6	240	64.5
Invalid responses include no response.								

29B) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)
Blackout (forgot where I was or what I did for a large period of time and cannot remember, even when someone reminds me)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	39	100	166	91	14	93	222	92.5
2 Yes	0	0	17	9	1	7	18	7.5
Valid responses =	39	16	183	76	15	6	240	64.5
Invalid responses include no response.								

29C) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)
Brownout (forgot where I was or what I did for short periods of time, but can remember once someone reminds me)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	35	90	162	89	15	100	215	90.0
2 Yes	4	10	20	11	0	0	24	10.0
Valid responses =	39	16	182	76	15	6	239	64.2
Invalid responses include no response.								

29D) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)
Got in trouble with the police

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	39	100	183	100	15	100	240	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	39	16	183	76	15	6	240	64.5
Invalid responses include no response.								

29E) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)
Got in trouble with college/university authorities

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	39	100	182	100	15	100	239	99.6
2 Yes	0	0	1	1	0	0	1	0.4
Valid responses =	39	16	183	76	15	6	240	64.5
Invalid responses include no response.								

29F) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)
Someone had sex with me without my consent

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	39	100	181	99	15	100	238	99.2
2 Yes	0	0	2	1	0	0	2	0.8
Valid responses =	39	16	183	76	15	6	240	64.5
Invalid responses include no response.								

29G) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)
Had sex with someone without their consent

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	39	100	183	100	15	100	240	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	39	16	183	76	15	6	240	64.5
Invalid responses include no response.								

29H) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)
Had unprotected sex

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	37	95	165	91	15	100	219	92.0
2 Yes	2	5	16	9	0	0	19	8.0
Valid responses =	39	16	181	76	15	6	238	64.0
Invalid responses include no response.								



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

29I) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)
Physically injured myself

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	39	100	175	96	14	93	231	96.3
2 Yes	0	0	8	4	1	7	9	3.8
Valid responses =	39	16	183	76	15	6	240	64.5
Invalid responses include no response.								

29J) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)
Physically injured another person

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	38	97	183	100	15	100	239	99.6
2 Yes	1	3	0	0	0	0	1	0.4
Valid responses =	39	16	183	76	15	6	240	64.5
Invalid responses include no response.								

29K) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)
Seriously considered suicide

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	37	95	178	97	15	100	233	97.1
2 Yes	2	5	5	3	0	0	7	2.9
Valid responses =	39	16	183	76	15	6	240	64.5
Invalid responses include no response.								

29L) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)
Needed medical help

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	38	97	181	100	15	100	237	99.2
2 Yes	1	3	1	1	0	0	2	0.8
Valid responses =	39	16	182	76	15	6	239	64.2
Invalid responses include no response.								

30A) Within the last 30 days, did you drive after drinking any alcohol at all?

(only includes students who drank alcohol within the last 30 days AND drove a car within the last 30 days)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	19	83	105	94	7	100	131	92.3
2 Yes	4	17	7	6	0	0	11	7.7
Valid responses =	23	16	112	79	7	5	142	38.2
Invalid responses include no response.								

30B) Within the last 12 months, to what extent did your alcohol use affect your academic performance? (only includes students who drank alcohol within the last 12 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Alcohol use did not affect academic performance	36	95	180	99	15	100	234	98.7
2 Alcohol use negatively impacted performance in class	1	3	1	1	0	0	2	0.8
3 Alcohol use delayed progress towards degree	1	3	0	0	0	0	1	0.4
Valid responses =	38	16	181	76	15	6	237	63.7
Invalid responses include no response.								

31A) Within the last 30 days, did you drive within 6 hours of using cannabis/marijuana?

(only includes students who used cannabis within the last 30 days AND drove a car within the last 30 days)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11	92	31	74	2	67	44	77.2
2 Yes	1	8	11	26	1	33	13	22.8
Valid responses =	12	21	42	74	3	5	57	15.3
Invalid responses include no response.								

31B) Within the last 12 months, to what extent did your cannabis/marijuana use affect your academic performance?

(only includes students who used cannabis within the last 12 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Marijuana use did not affect academic performance	16	89	78	96	7	88	101	94.4
2 Marijuana use negatively impacted performance in class	2	11	2	3	1	13	5	4.7
3 Marijuana use delayed progress towards degree	0	0	1	1	0	0	1	0.9
Valid responses =	18	17	81	76	8	7	107	28.8
Invalid responses include no response.								



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

32) Do you identify as a person in recovery from alcohol or other drug use?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	40	91	197	95	17	94	257	94.1
2 Yes	4	9	10	5	1	6	16	5.9
Valid responses =	44	16	207	76	18	7	273	73.4

Invalid responses include no response.

The following text was displayed to students before this section:

As you answer questions in this section, please include only sexual experiences for which you gave consent and exclude any sexual contact for which you did not consent.

33A) When, if ever, was the last time you had: Oral sex (oral/genital contact)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	31	46	89	33	10	39	132	36.2
2 Within the last 2 weeks	14	21	84	32	6	23	106	29.0
3 More than 2 weeks but within 30 days	3	5	19	7	1	4	23	6.3
4 More than 30 days but within 3 months	6	9	18	7	4	15	29	7.9
5 More than 3 months but within 12 months	3	5	19	7	4	15	26	7.1
6 More than 12 months ago	10	15	38	14	1	4	49	13.4
Valid responses =	67	18	267	73	26	7	365	98.1

Invalid responses include no response.

33B) When, if ever, was the last time you had: Vaginal intercourse (penis in vagina)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	32	48	82	31	14	54	130	35.5
2 Within the last 2 weeks	17	25	105	39	8	31	132	36.1
3 More than 2 weeks but within 30 days	2	3	23	9	0	0	25	6.8
4 More than 30 days but within 3 months	4	6	11	4	2	8	18	4.9
5 More than 3 months but within 12 months	0	0	18	7	1	4	19	5.2
6 More than 12 months ago	12	18	29	11	1	4	42	11.5
Valid responses =	67	18	268	73	26	7	366	98.4

Invalid responses include no response.

33C) When, if ever, was the last time you had: Anal intercourse (penis in anus)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	53	79	215	81	22	88	294	81.0
2 Within the last 2 weeks	3	5	4	2	0	0	7	1.9
3 More than 2 weeks but within 30 days	1	2	3	1	0	0	4	1.1
4 More than 30 days but within 3 months	2	3	4	2	0	0	7	1.9
5 More than 3 months but within 12 months	1	2	7	3	1	4	9	2.5
6 More than 12 months ago	7	10	33	12	2	8	42	11.6
Valid responses =	67	18	266	73	25	7	363	97.6

Invalid responses include no response.

34) Within the last 12 months, with how many partners have you had oral sex, vaginal intercourse, or anal intercourse? (only includes students that have had oral sex or vaginal/anal intercourse in the last 12 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Partners	0	0	0	0	0	0	0	0.0
1 1 Partner	23	79	146	90	15	94	186	89.0
2 2 Partners	1	3	7	4	0	0	8	3.8
3 3 Partners	1	3	6	4	0	0	7	3.3
4 4 Partners	3	10	2	1	0	0	5	2.4
5 5 Partners	0	0	1	1	0	0	1	0.5
6 6 Partners	1	3	0	0	0	0	1	0.5
7 7 Partners	0	0	0	0	0	0	0	0.0
8 8 to 10 Partners	0	0	0	0	0	0	0	0.0
9 11 or More Partners	0	0	0	0	1	6	1	0.5
Valid responses =	29	14	162	78	16	8	209	56.2

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	1.59	1.00	1.3	1	6
Cis Women	1.18	1.00	0.61	1	5
Trans/Gender Non-conforming	2.69	1.00	6.75	1	28
Overall	1.35	1.00	1.99	1	28



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

35A) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months)

Women or females

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.

35B) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months)

Men or males

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.

35C) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months)

Trans women

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.

35D) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months)

Trans men

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.

35E) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months)

Genderqueer

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.

35F) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months)

Person(s) with another identity

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.

R36A) Within the last 30 days, how often did you or your partner(s) use a condom or other protective barrier (for example: external/male condom, internal/female condom, dam, or glove) during: (only includes students that have had vaginal intercourse within the last 30 days)

Oral sex (oral/genital contact)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	16	94	82	80	6	86	105	81.4
2 Rarely	0	0	8	8	0	0	8	6.2
3 Sometimes	1	6	6	6	1	14	9	7.0
4 Most of the time	0	0	1	1	0	0	1	0.8
5 Always	0	0	6	6	0	0	6	4.7
Valid responses =	17	13	103	80	7	5	129	34.7

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

R36B) Within the last 30 days, how often did you or your partner(s) use a condom or other protective barrier (for example: external/male condom, internal/female condom, dam, or glove) during: (only includes students that have had vaginal intercourse within the last 30 days)
Vaginal intercourse (penis in vagina)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	7	37	73	58	2	25	83	53.2
2 Rarely	2	11	8	6	1	13	11	7.1
3 Sometimes	3	16	12	9	1	13	17	10.9
4 Most of the time	3	16	10	8	1	13	14	9.0
5 Always	4	21	24	19	3	38	31	19.9
Valid responses =	19	12	127	81	8	5	156	41.9

Invalid responses include no response.

R36C) Within the last 30 days, how often did you or your partner(s) use a condom or other protective barrier (for example: external/male condom, internal/female condom, dam, or glove) during: (only includes students that have had vaginal intercourse within the last 30 days)
Anal intercourse (penis in anus)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	2	50	6	86	0	0	8	72.7
2 Rarely	0	0	0	0	0	0	0	0.0
3 Sometimes	0	0	0	0	0	0	0	0.0
4 Most of the time	0	0	0	0	0	0	0	0.0
5 Always	2	50	1	14	0	0	3	27.3
Valid responses =	4	36	7	64	0	0	11	3.0

Invalid responses include no response.

37) Did you or your partner use any method to prevent pregnancy the last time you had vaginal intercourse (penis in vagina)?
(only includes students that have had vaginal intercourse within the last 12 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Yes	19	83	120	76	8	73	147	76.2
2 No, not want prevent pregnancy	0	0	9	6	1	9	10	5.2
3 No, did not use any method	3	13	27	17	2	18	34	17.6
4 Don't know	1	4	1	1	0	0	2	1.0
Valid responses =	23	12	157	81	11	6	193	51.9

Invalid responses include no response.

R38A) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)
Birth control pills (monthly or extended cycle)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	13	68	83	69	6	75	102	69.4
1 Selected	6	32	37	31	2	25	45	30.6
Valid responses =	19	13	120	82	8	5	147	39.5

Invalid responses include no response.

R38B) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)
Birth control shots

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	18	95	117	98	8	100	143	97.3
1 Selected	1	5	3	3	0	0	4	2.7
Valid responses =	19	13	120	82	8	5	147	39.5

Invalid responses include no response.

R38C) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)
Birth control implants

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	17	90	109	91	8	100	134	91.2
1 Selected	2	11	11	9	0	0	13	8.8
Valid responses =	19	13	120	82	8	5	147	39.5

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

R38D) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Birth control patch

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	19	100	118	98	8	100	145	98.6
1 Selected	0	0	2	2	0	0	2	1.4
Valid responses =	19	13	120	82	8	5	147	39.5

Invalid responses include no response.

R38E) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

The ring

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	19	100	120	100	8	100	147	100.0
1 Selected	0	0	0	0	0	0	0	0.0
Valid responses =	19	13	120	82	8	5	147	39.5

Invalid responses include no response.

R38F) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Emergency contraception ("morning after pill" or "Plan B")

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	18	95	110	92	7	88	135	91.8
1 Selected	1	5	10	8	1	13	12	8.2
Valid responses =	19	13	120	82	8	5	147	39.5

Invalid responses include no response.

R38G) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Intrauterine device (IUD)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	15	79	99	83	6	75	120	81.6
1 Selected	4	21	21	18	2	25	27	18.4
Valid responses =	19	13	120	82	8	5	147	39.5

Invalid responses include no response.

R38H) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

External condom (sometimes called "male" condom)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	9	47	80	67	2	25	91	61.9
1 Selected	10	53	40	33	6	75	56	38.1
Valid responses =	19	13	120	82	8	5	147	39.5

Invalid responses include no response.

R38I) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Internal condom (sometimes called "female" condom)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	19	100	120	100	8	100	147	100.0
1 Selected	0	0	0	0	0	0	0	0.0
Valid responses =	19	13	120	82	8	5	147	39.5

Invalid responses include no response.

R38J) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Diaphragm or cervical cap

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	19	100	120	100	8	100	147	100.0
1 Selected	0	0	0	0	0	0	0	0.0
Valid responses =	19	13	120	82	8	5	147	39.5

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

R38K) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Contraceptive sponge

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	19	100	120	100	8	100	147	100.0
1 Selected	0	0	0	0	0	0	0	0.0
Valid responses =	19	13	120	82	8	5	147	39.5

Invalid responses include no response.

R38L) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Withdrawal

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	15	79	95	79	7	88	117	79.6
1 Selected	4	21	25	21	1	13	30	20.4
Valid responses =	19	13	120	82	8	5	147	39.5

Invalid responses include no response.

R38M) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Fertility awareness (for example: calendar, mucous, and basal body temperature)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	17	90	115	96	8	100	140	95.2
1 Selected	2	11	5	4	0	0	7	4.8
Valid responses =	19	13	120	82	8	5	147	39.5

Invalid responses include no response.

R38N) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Sterilization (for example: hysterectomy, tubes tied, or vasectomy)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	18	95	114	95	8	100	140	95.2
1 Selected	1	5	6	5	0	0	7	4.8
Valid responses =	19	13	120	82	8	5	147	39.5

Invalid responses include no response.

R38O) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Don't know

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	19	100	120	100	8	100	147	100.0
1 Selected	0	0	0	0	0	0	0	0.0
Valid responses =	19	13	120	82	8	5	147	39.5

Invalid responses include no response.

R38P) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Other method

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	19	100	118	98	8	100	145	98.6
1 Selected	0	0	2	2	0	0	2	1.4
Valid responses =	19	13	120	82	8	5	147	39.5

Invalid responses include no response.

39) Within the last 12 months, have you or your partner(s) used emergency contraception ("morning after pill" or "Plan B")?
(only includes students that have had vaginal intercourse within the last 12 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	19	83	125	80	9	82	154	79.8
2 Yes	4	17	27	17	2	18	33	17.1
3 Don't know	0	0	0	0	0	0	1	0.5
4 Not applicable	0	0	5	3	0	0	5	2.6
Valid responses =	23	12	157	81	11	6	193	51.9

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

40) Within the last 12 months, have you or your partner(s) become pregnant? (only includes students that have had vaginal intercourse within the last 12 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	23	100	152	98	11	100	188	98.4
2 Yes, unintentionally	0	0	0	0	0	0	0	0.0
3 Yes, intentionally	0	0	3	2	0	0	3	1.6
4 Don't know	0	0	0	0	0	0	0	0.0
Valid responses =	23	12	155	81	11	6	191	51.3

Invalid responses include no response.

40B) Within the last 12 months, to what extent did your pregnancy (or a partner's pregnancy) affect your academic performance?

(Please select the most serious outcome below) (only includes students or students with partners that have become pregnant in the last 12 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Pregnancy did not affect my academics	0	0	3	100	0	0	3	100.0
2 Pregnancy negatively impacted my performance in a class	0	0	0	0	0	0	0	0.0
3 Pregnancy delayed progress towards my degree	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	3	100	0	0	3	0.8

Invalid responses include no response.

41A) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

I lead a purposeful and meaningful life.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	4	6	3	1	1	4	8	2.2
2 Disagree	0	0	6	2	0	0	6	1.6
3 Slightly disagree	1	2	4	2	1	4	6	1.6
4 Neither agree nor disagree	11	16	28	10	7	27	46	12.5
5 Slightly agree	18	27	53	20	7	27	78	21.2
6 Agree	19	28	104	39	5	19	130	35.3
7 Strongly agree	15	22	71	26	5	19	94	25.5
Valid responses =	68	18	269	73	26	7	368	98.9

Invalid responses include no response.

41B) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

My social relationships are supportive and rewarding.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	1	2	4	2	1	4	6	1.6
2 Disagree	0	0	6	2	2	8	8	2.2
3 Slightly disagree	0	0	5	2	1	4	6	1.6
4 Neither agree nor disagree	7	10	19	7	2	8	28	7.6
5 Slightly agree	11	16	50	19	3	12	64	17.3
6 Agree	27	40	112	42	9	35	151	40.9
7 Strongly agree	22	32	74	27	8	31	106	28.7
Valid responses =	68	18	270	73	26	7	369	99.2

Invalid responses include no response.

41C) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

I am engaged and interested in my daily activities.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	2	3	3	1	0	0	5	1.4
2 Disagree	1	2	11	4	1	4	13	3.5
3 Slightly disagree	2	3	14	5	3	12	19	5.2
4 Neither agree nor disagree	10	15	25	9	3	12	38	10.3
5 Slightly agree	14	21	56	21	9	35	79	21.5
6 Agree	24	35	108	40	7	27	143	38.9
7 Strongly agree	15	22	52	19	3	12	71	19.3
Valid responses =	68	18	269	73	26	7	368	98.9

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

41D) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

I actively contribute to the happiness and well-being of others.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	2	3	2	1	0	0	4	1.1
2 Disagree	0	0	5	2	0	0	5	1.4
3 Slightly disagree	1	2	5	2	4	15	10	2.7
4 Neither agree nor disagree	9	13	14	5	1	4	24	6.5
5 Slightly agree	17	25	37	14	7	27	63	17.1
6 Agree	18	27	135	50	9	35	163	44.2
7 Strongly agree	21	31	72	27	5	19	100	27.1
Valid responses =	68	18	270	73	26	7	369	99.2

Invalid responses include no response.

41E) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

I am competent and capable in the activities that are important to me.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	1	2	1	0	1	4	3	0.8
2 Disagree	1	2	4	2	0	0	5	1.4
3 Slightly disagree	1	2	2	1	2	8	5	1.4
4 Neither agree nor disagree	6	9	14	5	2	8	22	6.0
5 Slightly agree	13	19	40	15	6	23	59	16.0
6 Agree	20	29	127	47	10	39	160	43.5
7 Strongly agree	26	38	81	30	5	19	114	31.0
Valid responses =	68	18	269	73	26	7	368	98.9

Invalid responses include no response.

41F) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

I am a good person and live a good life.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	2	3	2	1	1	4	5	1.4
2 Disagree	0	0	2	1	1	4	3	0.8
3 Slightly disagree	2	3	4	2	2	8	8	2.2
4 Neither agree nor disagree	8	12	20	7	3	12	31	8.4
5 Slightly agree	9	13	30	11	7	27	47	12.8
6 Agree	26	38	122	45	8	31	158	42.9
7 Strongly agree	21	31	89	33	4	15	116	31.5
Valid responses =	68	18	269	73	26	7	368	98.9

Invalid responses include no response.

41G) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

I am optimistic about my future.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	2	3	5	2	2	8	9	2.4
2 Disagree	2	3	7	3	0	0	9	2.4
3 Slightly disagree	2	3	10	4	2	8	14	3.8
4 Neither agree nor disagree	10	15	20	7	2	8	32	8.7
5 Slightly agree	10	15	46	17	13	50	71	19.3
6 Agree	23	34	98	36	2	8	124	33.7
7 Strongly agree	19	28	83	31	5	19	109	29.6
Valid responses =	68	18	269	73	26	7	368	98.9

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

41H) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

People respect me.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	2	3	3	1	1	4	6	1.6
2 Disagree	1	2	6	2	1	4	8	2.2
3 Slightly disagree	1	2	4	2	0	0	5	1.4
4 Neither agree nor disagree	17	25	33	12	5	19	56	15.2
5 Slightly agree	10	15	57	21	9	35	77	20.9
6 Agree	26	38	106	39	8	31	141	38.2
7 Strongly agree	11	16	61	23	2	8	76	20.6
Valid responses =	68	18	270	73	26	7	369	99.2

Invalid responses include no response.

42A) Please indicate how much you agree with the following statements as they apply to you over the last month

If a particular situation has not occurred recently, answer according to how you think you would have felt.

I am able to adapt when changes occur.¹

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not at all true	1	2	2	1	0	0	3	0.8
1 Rarely true	1	2	7	3	1	4	9	2.4
2 Sometimes true	16	24	77	29	12	46	107	29.1
3 Often true	29	43	104	39	10	39	143	38.9
4 True nearly all the time	21	31	79	29	3	12	106	28.8
Valid responses =	68	18	269	73	26	7	368	98.9

Invalid responses include no response.

42B) Please indicate how much you agree with the following statements as they apply to you over the last month

If a particular situation has not occurred recently, answer according to how you think you would have felt.

I tend to bounce back after illness, injury, or other hardships.¹

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not at all true	2	3	6	2	0	0	8	2.2
1 Rarely true	0	0	14	5	3	12	17	4.6
2 Sometimes true	15	22	56	21	11	42	84	22.8
3 Often true	22	32	109	41	6	23	138	37.5
4 True nearly all the time	29	43	84	31	6	23	121	32.9
Valid responses =	68	18	269	73	26	7	368	98.9

Invalid responses include no response.

43) If in the future you were having a personal problem that was really bothering you, would you consider seeking help from a mental health professional?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18	27	47	18	4	15	69	18.8
2 Yes	50	74	222	83	22	85	298	81.2
Valid responses =	68	19	269	73	26	7	367	98.7

Invalid responses include no response.

44A) The next 6 questions ask about how you have been feeling during the past 30 days.

For each question, please select the response that best describes how often you had this feeling.

During the past 30 days, about how often did you feel nervous?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 None of the time	7	10	19	7	0	0	26	7.0
1 A little of the time	26	38	50	19	3	12	80	21.7
2 Some of the time	21	31	99	37	8	31	130	35.2
3 Most of the time	10	15	72	27	13	50	96	26.0
4 All of the time	4	6	30	11	2	8	37	10.0
Valid responses =	68	18	270	73	26	7	369	99.2

Invalid responses include no response.

44B) The next 6 questions ask about how you have been feeling during the past 30 days.

For each question, please select the response that best describes how often you had this feeling.

During the past 30 days, about how often did you feel hopeless?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 None of the time	22	32	95	35	4	15	124	33.8
1 A little of the time	30	44	82	31	12	46	124	33.8
2 Some of the time	14	21	62	23	6	23	84	22.9
3 Most of the time	1	2	18	7	4	15	23	6.3
4 All of the time	1	2	11	4	0	0	12	3.3
Valid responses =	68	19	268	73	26	7	367	98.7

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

44C) The next 6 questions ask about how you have been feeling during the past 30 days.

For each question, please select the response that best describes how often you had this feeling.

During the past 30 days, about how often did you feel restless or fidgety?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 None of the time	9	13	45	17	3	12	58	15.8
1 A little of the time	20	29	55	20	4	16	81	22.0
2 Some of the time	21	31	86	32	6	24	114	31.0
3 Most of the time	12	18	53	20	8	32	74	20.1
4 All of the time	6	9	31	12	4	16	41	11.1
Valid responses =	68	18	270	73	25	7	368	98.9

Invalid responses include no response.

44D) The next 6 questions ask about how you have been feeling during the past 30 days.

For each question, please select the response that best describes how often you had this feeling.

During the past 30 days, about how often did you feel so sad nothing could cheer you up?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 None of the time	33	49	126	47	9	35	169	46.0
1 A little of the time	27	40	84	31	9	35	122	33.2
2 Some of the time	6	9	36	13	5	19	48	13.1
3 Most of the time	1	2	13	5	3	12	18	4.9
4 All of the time	1	2	9	3	0	0	10	2.7
Valid responses =	68	19	268	73	26	7	367	98.7

Invalid responses include no response.

44E) The next 6 questions ask about how you have been feeling during the past 30 days.

For each question, please select the response that best describes how often you had this feeling.

During the past 30 days, about how often did you feel that everything was an effort?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 None of the time	18	27	67	25	2	8	87	23.6
1 A little of the time	16	24	81	30	8	31	107	29.0
2 Some of the time	17	25	56	21	6	23	81	22.0
3 Most of the time	12	18	45	17	5	19	62	16.8
4 All of the time	5	7	21	8	5	19	32	8.7
Valid responses =	68	18	270	73	26	7	369	99.2

Invalid responses include no response.

44F) The next 6 questions ask about how you have been feeling during the past 30 days.

For each question, please select the response that best describes how often you had this feeling.

During the past 30 days, about how often did you feel worthless?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 None of the time	36	53	151	56	8	31	198	53.7
1 A little of the time	16	24	67	25	12	46	96	26.0
2 Some of the time	12	18	29	11	4	15	46	12.5
3 Most of the time	0	0	10	4	1	4	11	3.0
4 All of the time	4	6	13	5	1	4	18	4.9
Valid responses =	68	18	270	73	26	7	369	99.2

Invalid responses include no response.

45A) Indicate how often each of the statements below is descriptive of you.

How often do you feel that you lack companionship?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Hardly ever	31	46	117	43	11	42	160	43.5
2 Some of the time	28	41	105	39	9	35	145	39.4
3 Often	9	13	48	18	6	23	63	17.1
Valid responses =	68	18	270	73	26	7	368	98.9

Invalid responses include no response.

45B) Indicate how often each of the statements below is descriptive of you.

How often do you feel left out?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Hardly ever	30	44	99	37	12	46	145	39.4
2 Some of the time	29	43	134	50	7	27	170	46.2
3 Often	9	13	37	14	7	27	53	14.4
Valid responses =	68	18	270	73	26	7	368	98.9

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

45C) Indicate how often each of the statements below is descriptive of you.

How often do you feel isolated from others?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Hardly ever	28	41	116	43	9	35	157	42.7
2 Some of the time	30	44	111	41	8	31	149	40.5
3 Often	10	15	43	16	9	35	62	16.8
Valid responses =	68	18	270	73	26	7	368	98.9

Invalid responses include no response.

46) Within the last 12 months, how often have you intentionally cut, burned, bruised, or otherwise injured yourself?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	65	96	241	90	23	92	332	91.0
2 Once or twice	1	2	25	9	0	0	27	7.4
3 Monthly	0	0	1	0	1	4	2	0.5
4 Weekly	1	2	1	0	1	4	3	0.8
5 Daily or almost daily	1	2	0	0	0	0	1	0.3
Valid responses =	68	19	268	73	25	7	365	98.1

Invalid responses include no response.

47A1) Within the last 12 months, have you had problems or challenges with any of the following?

Academics

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	39	57	157	58	10	39	207	56.6
2 Yes	29	43	112	42	16	62	159	43.4
Valid responses =	68	19	269	73	26	7	366	98.4

Invalid responses include no response.

47A2) Within the last 12 months, have you had problems or challenges with any of the following?

Career

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	38	56	174	64	18	69	233	63.5
2 Yes	30	44	96	36	8	31	134	36.5
Valid responses =	68	19	270	74	26	7	367	98.7

Invalid responses include no response.

47A3) Within the last 12 months, have you had problems or challenges with any of the following?

Finances

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	33	49	126	47	13	50	174	47.5
2 Yes	34	51	144	53	13	50	192	52.5
Valid responses =	67	18	270	74	26	7	366	98.4

Invalid responses include no response.

47A4) Within the last 12 months, have you had problems or challenges with any of the following?

Procrastination

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	15	22	64	24	0	0	80	21.8
2 Yes	53	78	206	76	26	100	287	78.2
Valid responses =	68	19	270	74	26	7	367	98.7

Invalid responses include no response.

47A5) Within the last 12 months, have you had problems or challenges with any of the following?

Faculty

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	57	84	236	88	23	89	319	87.2
2 Yes	11	16	33	12	3	12	47	12.8
Valid responses =	68	19	269	73	26	7	366	98.4

Invalid responses include no response.

47A6) Within the last 12 months, have you had problems or challenges with any of the following?

Family

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	44	65	138	51	8	31	191	52.0
2 Yes	24	35	132	49	18	69	176	48.0
Valid responses =	68	19	270	74	26	7	367	98.7

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

47A7) Within the last 12 months, have you had problems or challenges with any of the following?

Intimate relationships

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	44	65	179	67	20	77	245	66.9	
2 Yes	24	35	90	34	6	23	121	33.1	
Valid responses =	68	19	269	73	26	7	366	98.4	
Invalid responses include no response.									

47A8) Within the last 12 months, have you had problems or challenges with any of the following?

Roommate/housemate

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	62	91	229	85	22	85	315	85.8	
2 Yes	6	9	41	15	4	15	52	14.2	
Valid responses =	68	19	270	74	26	7	367	98.7	
Invalid responses include no response.									

47A9) Within the last 12 months, have you had problems or challenges with any of the following?

Peers

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	57	84	218	81	20	77	298	81.2	
2 Yes	11	16	52	19	6	23	69	18.8	
Valid responses =	68	19	270	74	26	7	367	98.7	
Invalid responses include no response.									

47A10) Within the last 12 months, have you had problems or challenges with any of the following?

Personal appearance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	45	66	115	43	7	27	168	45.9	
2 Yes	23	34	154	57	19	73	198	54.1	
Valid responses =	68	19	269	73	26	7	366	98.4	
Invalid responses include no response.									

47A11) Within the last 12 months, have you had problems or challenges with any of the following?

Health of someone close to me

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	42	62	152	57	14	54	210	57.4	
2 Yes	26	38	117	44	12	46	156	42.6	
Valid responses =	68	19	269	73	26	7	366	98.4	
Invalid responses include no response.									

47A12) Within the last 12 months, have you had problems or challenges with any of the following?

Death of a family member, friend, or someone close to me

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	55	81	193	72	19	76	267	73.4	
2 Yes	13	19	75	28	6	24	97	26.6	
Valid responses =	68	19	268	74	25	7	364	97.8	
Invalid responses include no response.									

R47A13) Within the last 12 months, have you had problems or challenges with any of the following?

I was bullied (threats, rumors, physical or verbal attacks, or being excluded from a group)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	66	97	250	93	24	92	343	93.5	
2 Yes	2	3	20	7	2	8	24	6.5	
Valid responses =	68	19	270	74	26	7	367	98.7	
Invalid responses include no response.									



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

R47A14) Within the last 12 months, have you had problems or challenges with any of the following?

I was cyberbullied (technology was used to harass, threaten, embarrass, or target me)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	65	97	259	96	24	92	351	96.2
2 Yes	2	3	10	4	2	8	14	3.8
Valid responses =	67	18	269	74	26	7	365	98.1

Invalid responses include no response.

R47A15) Within the last 12 months, have you had problems or challenges with any of the following?

I was hazed (rituals, challenges, and other activities involving harassment, abuse, embarrassment, ridicule, or humiliation were used as a way of initiating me into a group)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	67	100	269	100	26	100	365	99.7
2 Yes	0	0	1	0	0	0	1	0.3
Valid responses =	67	18	270	74	26	7	366	98.4

Invalid responses include no response.

R47A16) Within the last 12 months, have you had problems or challenges with any of the following?

I experienced microaggression(s) directed at me (a subtle but offensive comment or action directed at a minority or other non-dominant group, whether intentional or unintentional, that reinforces a stereotype)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	59	87	222	83	18	69	301	82.2
2 Yes	9	13	47	18	8	31	65	17.8
Valid responses =	68	19	269	73	26	7	366	98.4

Invalid responses include no response.

R47A17) Within the last 12 months, have you had problems or challenges with any of the following?

I was sexually harassed (unwelcomed sexual advances, requests for sexual favors, and other verbal or physical conduct of a sexual nature)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	65	96	253	94	23	89	343	93.5
2 Yes	3	4	17	6	3	12	24	6.5
Valid responses =	68	19	270	74	26	7	367	98.7

Invalid responses include no response.

R47A18) Within the last 12 months, have you had problems or challenges with any of the following?

I experienced discrimination directed at me (the unjust or prejudicial treatment of a person based on the group, class, or category to which the person is perceived to belong)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	58	85	239	89	19	73	319	86.9
2 Yes	10	15	31	12	7	27	48	13.1
Valid responses =	68	19	270	74	26	7	367	98.7

Invalid responses include no response.

47B1) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Academics

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	0	0	1	1	0	0	2	1.3
2 Minimal Distress	5	17	14	13	0	0	19	11.9
3 Moderate Distress	19	66	47	42	10	63	76	47.8
4 High Distress	5	17	50	45	6	38	62	39.0
Valid responses =	29	18	112	70	16	10	159	42.7

Invalid responses include no response.

47B2) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Career

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	0	0	2	2	1	13	3	2.3
2 Minimal Distress	7	23	21	22	0	0	28	21.1
3 Moderate Distress	13	43	38	40	4	50	55	41.4
4 High Distress	10	33	34	36	3	38	47	35.3
Valid responses =	30	23	95	71	8	6	133	35.8

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

47B3) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Finances

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	0	0	1	1	0	0	1	0.5
2 Minimal Distress	5	15	24	17	4	31	34	17.8
3 Moderate Distress	22	67	57	40	5	39	84	44.0
4 High Distress	6	18	62	43	4	31	72	37.7
Valid responses =	33	17	144	75	13	7	191	51.3

Invalid responses include no response.

47B4) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Procrastination

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	1	2	6	3	1	4	8	2.8
2 Minimal Distress	19	37	57	28	4	15	81	28.3
3 Moderate Distress	20	39	95	46	11	42	127	44.4
4 High Distress	12	23	48	23	10	39	70	24.5
Valid responses =	52	18	206	72	26	9	286	76.9

Invalid responses include no response.

47B5) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Faculty

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	1	9	3	9	0	0	4	8.5
2 Minimal Distress	5	46	14	42	1	33	20	42.6
3 Moderate Distress	3	27	9	27	1	33	13	27.7
4 High Distress	2	18	7	21	1	33	10	21.3
Valid responses =	11	23	33	70	3	6	47	12.6

Invalid responses include no response.

47B6) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Family

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	0	0	3	2	0	0	3	1.7
2 Minimal Distress	11	46	32	24	2	11	45	25.7
3 Moderate Distress	9	38	51	39	7	39	68	38.9
4 High Distress	4	17	45	34	9	50	59	33.7
Valid responses =	24	14	131	75	18	10	175	47.0

Invalid responses include no response.

47B7) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Intimate relationships

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	0	0	4	4	0	0	4	3.3
2 Minimal Distress	7	30	27	30	2	33	36	30.0
3 Moderate Distress	9	39	33	37	1	17	43	35.8
4 High Distress	7	30	26	29	3	50	37	30.8
Valid responses =	23	19	90	75	6	5	120	32.3

Invalid responses include no response.

47B8) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Roommate/housemate

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	0	0	3	7	0	0	3	5.8
2 Minimal Distress	5	83	12	29	2	50	19	36.5
3 Moderate Distress	0	0	16	39	2	50	19	36.5
4 High Distress	1	17	10	24	0	0	11	21.2
Valid responses =	6	12	41	79	4	8	52	14.0

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

47B9) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Peers

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	1	10	5	10	1	17	7	10.3
2 Minimal Distress	6	60	25	48	2	33	33	48.5
3 Moderate Distress	2	20	14	27	3	50	19	27.9
4 High Distress	1	10	8	15	0	0	9	13.2
Valid responses =	10	15	52	76	6	9	68	18.3

Invalid responses include no response.

47B10) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Personal appearance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	0	0	0	0	0	0	0	0.0
2 Minimal Distress	12	52	59	39	10	53	82	41.8
3 Moderate Distress	7	30	55	36	4	21	67	34.2
4 High Distress	4	17	38	25	5	26	47	24.0
Valid responses =	23	12	152	78	19	10	196	52.7

Invalid responses include no response.

47B11) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Health of someone close to me

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	2	8	2	2	0	0	4	2.6
2 Minimal Distress	7	27	27	23	2	17	36	23.1
3 Moderate Distress	9	35	49	42	4	33	62	39.7
4 High Distress	8	31	39	33	6	50	54	34.6
Valid responses =	26	17	117	75	12	8	156	41.9

Invalid responses include no response.

47B12) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Death of a family member, friend, or someone close to me

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	3	23	3	4	1	17	8	8.2
2 Minimal Distress	1	8	12	16	0	0	13	13.4
3 Moderate Distress	2	15	26	35	3	50	32	33.0
4 High Distress	7	54	34	45	2	33	44	45.4
Valid responses =	13	13	75	77	6	6	97	26.1

Invalid responses include no response.

R47B13) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

I was bullied

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	0	0	2	10	0	0	2	8.3
2 Minimal Distress	1	50	6	30	1	50	8	33.3
3 Moderate Distress	1	50	8	40	0	0	9	37.5
4 High Distress	0	0	4	20	1	50	5	20.8
Valid responses =	2	8	20	83	2	8	24	6.5

Invalid responses include no response.

R47B14) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

I was cyberbullied

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	0	0	0	0	0	0	0	0.0
2 Minimal Distress	1	50	6	60	2	100	9	64.3
3 Moderate Distress	1	50	1	10	0	0	2	14.3
4 High Distress	0	0	3	30	0	0	3	21.4
Valid responses =	2	14	10	71	2	14	14	3.8

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

R47B15) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

I was hazed

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	0	0	0	0	0	0	0	0.0
2 Minimal Distress	0	0	0	0	0	0	0	0.0
3 Moderate Distress	0	0	1	100	0	0	1	100.0
4 High Distress	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	1	100	0	0	1	0.3

Invalid responses include no response.

R47B16) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

I experienced microaggression(s) directed at me

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	3	33	5	11	1	13	9	13.8
2 Minimal Distress	3	33	21	45	2	25	27	41.5
3 Moderate Distress	2	22	16	34	5	63	23	35.4
4 High Distress	1	11	5	11	0	0	6	9.2
Valid responses =	9	14	47	72	8	12	65	17.5

Invalid responses include no response.

R47B17) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

I was sexually harassed

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	0	0	1	6	0	0	1	4.2
2 Minimal Distress	1	33	4	24	1	33	6	25.0
3 Moderate Distress	1	33	5	29	0	0	7	29.2
4 High Distress	1	33	7	41	2	67	10	41.7
Valid responses =	3	13	17	71	3	13	24	6.5

Invalid responses include no response.

R47B18) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

I experienced discrimination directed at me

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	2	20	2	7	1	14	5	10.4
2 Minimal Distress	5	50	12	39	4	57	21	43.8
3 Moderate Distress	0	0	13	42	1	14	14	29.2
4 High Distress	3	30	4	13	1	14	8	16.7
Valid responses =	10	21	31	65	7	15	48	12.9

Invalid responses include no response.

47C2) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Career

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	24	83	58	60	4	50	86	64.7
2 Negatively impacted performance in a class	5	17	25	26	2	25	32	24.1
3 Delayed progress towards degree	0	0	13	14	2	25	15	11.3
Valid responses =	29	22	96	72	8	6	133	35.8

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

47C3) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Finances

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	23	68	91	63	9	69	124	64.6
2 Negatively impacted performance in a class	7	21	40	28	3	23	50	26.0
3 Delayed progress towards degree	4	12	13	9	1	8	18	9.4
Valid responses =	34	18	144	75	13	7	192	51.6

Invalid responses include no response.

47C4) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Procrastination

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	22	42	79	38	6	23	107	37.3
2 Negatively impacted performance in a class	25	47	104	51	16	62	147	51.2
3 Delayed progress towards degree	6	11	23	11	4	15	33	11.5
Valid responses =	53	18	206	72	26	9	287	77.2

Invalid responses include no response.

47C5) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Faculty

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	4	36	22	67	1	33	27	57.4
2 Negatively impacted performance in a class	7	64	8	24	1	33	16	34.0
3 Delayed progress towards degree	0	0	3	9	1	33	4	8.5
Valid responses =	11	23	33	70	3	6	47	12.6

Invalid responses include no response.

47C6) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Family

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	22	92	85	64	9	50	117	66.5
2 Negatively impacted performance in a class	2	8	36	27	8	44	47	26.7
3 Delayed progress towards degree	0	0	11	8	1	6	12	6.8
Valid responses =	24	14	132	75	18	10	176	47.3

Invalid responses include no response.

47C7) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Intimate relationships

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	18	75	63	70	4	67	86	71.1
2 Negatively impacted performance in a class	5	21	19	21	2	33	26	21.5
3 Delayed progress towards degree	1	4	8	9	0	0	9	7.4
Valid responses =	24	20	90	74	6	5	121	32.5

Invalid responses include no response.

47C8) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Roommate/housemate

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	6	100	31	76	4	100	42	80.8
2 Negatively impacted performance in a class	0	0	5	12	0	0	5	9.6
3 Delayed progress towards degree	0	0	5	12	0	0	5	9.6
Valid responses =	6	12	41	79	4	8	52	14.0

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

47C9) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Peers

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	8	73	43	83	4	67	55	79.7
2 Negatively impacted performance in a class	2	18	8	15	2	33	12	17.4
3 Delayed progress towards degree	1	9	1	2	0	0	2	2.9
Valid responses =	11	16	52	75	6	9	69	18.5

Invalid responses include no response.

47C10) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Personal appearance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	22	96	131	85	17	90	172	86.9
2 Negatively impacted performance in a class	1	4	19	12	2	11	22	11.1
3 Delayed progress towards degree	0	0	4	3	0	0	4	2.0
Valid responses =	23	12	154	78	19	10	198	53.2

Invalid responses include no response.

47C11) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Health of someone close to me

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	19	73	75	64	5	42	99	63.5
2 Negatively impacted performance in a class	6	23	36	31	7	58	50	32.1
3 Delayed progress towards degree	1	4	6	5	0	0	7	4.5
Valid responses =	26	17	117	75	12	8	156	41.9

Invalid responses include no response.

47C12) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Death of a family member, friend, or someone close to me

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	6	46	44	59	2	33	54	55.7
2 Negatively impacted performance in a class	5	39	25	33	4	67	35	36.1
3 Delayed progress towards degree	2	15	6	8	0	0	8	8.2
Valid responses =	13	13	75	77	6	6	97	26.1

Invalid responses include no response.

R47C13) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

I was bullied

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	1	50	15	75	1	50	17	70.8
2 Negatively impacted performance in a class	1	50	4	20	1	50	6	25.0
3 Delayed progress towards degree	0	0	1	5	0	0	1	4.2
Valid responses =	2	8	20	83	2	8	24	6.5

Invalid responses include no response.

R47C14) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

I was cyberbullied

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	2	100	8	80	2	100	12	85.7
2 Negatively impacted performance in a class	0	0	2	20	0	0	2	14.3
3 Delayed progress towards degree	0	0	0	0	0	0	0	0.0
Valid responses =	2	14	10	71	2	14	14	3.8

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

R47C15) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

I was hazed

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	0	0	1	100	0	0	1	100.0
2 Negatively impacted performance in a class	0	0	0	0	0	0	0	0.0
3 Delayed progress towards degree	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	1	100	0	0	1	0.3

Invalid responses include no response.

R47C16) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

I experienced microaggression(s) directed at me

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	7	78	43	92	7	88	58	89.2
2 Negatively impacted performance in a class	2	22	4	9	1	13	7	10.8
3 Delayed progress towards degree	0	0	0	0	0	0	0	0.0
Valid responses =	9	14	47	72	8	12	65	17.5

Invalid responses include no response.

R47C17) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

I was sexually harassed

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	2	67	13	77	2	67	18	75.0
2 Negatively impacted performance in a class	1	33	3	18	1	33	5	20.8
3 Delayed progress towards degree	0	0	1	6	0	0	1	4.2
Valid responses =	3	13	17	71	3	13	24	6.5

Invalid responses include no response.

R47C18) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

I experienced discrimination directed at me

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	7	70	28	90	6	86	41	85.4
2 Negatively impacted performance in a class	3	30	3	10	0	0	6	12.5
3 Delayed progress towards degree	0	0	0	0	1	14	1	2.1
Valid responses =	10	21	31	65	7	15	48	12.9

Invalid responses include no response.

48) Within the last 30 days, how would you rate the overall level of stress you have experienced?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No stress	4	6	6	2	0	0	10	2.7
2 Low	23	34	49	18	3	12	75	20.3
3 Moderate	30	44	128	47	16	62	178	48.2
4 High	11	16	87	32	7	27	106	28.7
Valid responses =	68	18	270	73	26	7	369	99.2

Invalid responses include no response.

49) Have you ever thought about or attempted to kill yourself?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	34	51	154	57	8	31	199	54.4
2 Just a brief passing thought	19	28	60	22	9	35	88	24.0
3 Planned at least once, but did not try to do it	7	10	19	7	4	15	30	8.2
4 Planned at least once, wanted to die	3	5	18	7	2	8	24	6.6
5 Attempted, but did not want to die	1	2	7	3	0	0	8	2.2
6 Attempted, really hoped to die	3	5	11	4	3	12	17	4.6
Valid responses =	67	18	269	73	26	7	366	98.4

Invalid responses include no response.

50) How often have you thought about killing yourself in the past year?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	48	72	197	73	14	54	262	71.6
2 Rarely (1 time)	10	15	32	12	1	4	44	12.0
3 Sometimes (2 times)	5	8	21	8	5	19	31	8.5
4 Often (3-4 times)	0	0	12	5	1	4	13	3.6
5 Very often (5 or more times)	4	6	7	3	5	19	16	4.4
Valid responses =	67	18	269	73	26	7	366	98.4

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

51) Have you ever told someone that you were going to commit suicide, or that you might do it?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	54	81	209	78	20	77	286	78.1
2 Yes, one time, did not want to die	5	8	27	10	1	4	33	9.0
3 Yes, one time, wanted to die	2	3	14	5	2	8	19	5.2
4 Yes, more than once, did not want to do it	5	8	13	5	0	0	18	4.9
5 Yes, more than once, wanted to do it	1	2	6	2	3	12	10	2.7
Valid responses =	67	18	269	73	26	7	366	98.4

Invalid responses include no response.

52) How likely is it that you will attempt suicide someday?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	44	65	191	71	13	50	250	68.3
1 No chance at all	10	15	29	11	3	12	42	11.5
2 Rather unlikely	8	12	32	12	2	8	43	11.7
3 Unlikely	4	6	10	4	1	4	15	4.1
4 Likely	0	0	7	3	7	27	14	3.8
5 Rather likely	1	2	0	0	0	0	1	0.3
6 Very likely	1	2	0	0	0	0	1	0.3
Valid responses =	68	19	269	73	26	7	366	98.4

Invalid responses include no response.

53) Within the last 12 months, have you attempted suicide?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	66	97	264	98	26	100	360	98.1
2 Yes	2	3	5	2	0	0	7	1.9
Valid responses =	68	19	269	73	26	7	367	98.7

Invalid responses include no response.

54A) Have you ever received psychological or mental health services?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	45	66	88	33	7	27	141	38.4
2 Yes	23	34	182	67	19	73	226	61.6
Valid responses =	68	19	270	74	26	7	367	98.7

Invalid responses include no response.

54B) Within the last 12 months, have you received psychological or mental health services?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	52	77	156	58	11	42	221	60.2
2 Yes	16	24	114	42	15	58	146	39.8
Valid responses =	68	19	270	74	26	7	367	98.7

Invalid responses include no response.

55A) Within the last 12 months, have you visited any medical provider (for example: a nurse practitioner, physician assistant, primary care doctor, or other type of medical doctor) for a check-up or any other medical reasons?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	31	46	65	24	7	27	105	28.5
2 Yes	37	54	205	76	19	73	263	71.5
Valid responses =	68	18	270	73	26	7	368	98.9

Invalid responses include no response.

MH1) Have you ever been prescribed medication for a mental health condition?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	54	79	161	60	12	46	229	62.6
2 Yes	14	21	108	40	14	54	137	37.4
Valid responses =	68	19	269	73	26	7	366	98.4

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

MH2) When were you first prescribed medication for a mental health condition? (only students that were ever prescribed medication for a mental health condition)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Before starting at your current college/university	11	79	87	81	10	71	108	78.8
2 After starting at your current college/university	3	21	21	19	4	29	29	21.2
Valid responses =	14	10	108	79	14	10	137	36.8

Invalid responses include no response.

MH3) Were you prescribed medication for a mental health condition in the last 12 months? (only students that were ever prescribed medication for a mental health condition)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5	36	46	43	4	29	55	40.1
2 Yes	9	64	62	57	10	71	82	59.9
Valid responses =	14	10	108	79	14	10	137	36.8

Invalid responses include no response.

MH4) Have you ever had counseling for a mental health condition?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	53	78	134	50	11	42	199	54.2
2 Yes	15	22	136	50	15	58	168	45.8
Valid responses =	68	19	270	74	26	7	367	98.7

Invalid responses include no response.

MH5) When did you first start counseling for a mental health condition? (only students that have ever had counseling for a mental health condition)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Before starting at your current college/university	11	73	110	81	10	67	132	78.6
2 After starting at your current college/university	4	27	26	19	5	33	36	21.4
Valid responses =	15	9	136	81	15	9	168	45.2

Invalid responses include no response.

MH6) Have you had counseling for a mental health condition in the last 12 months? (only students that have ever had counseling for a mental health condition)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6	40	57	42	3	20	68	45.5
2 Yes	9	60	79	58	12	80	100	59.5
Valid responses =	15	9	136	81	15	9	168	45.2

Invalid responses include no response.

56) Have you had a gynecologic visit or exam (for example: contraception, STI testing, pelvic exam, or pap test) with a healthcare provider (for example: OB-GYN, nurse practitioner, or physician assistant)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	45	66	105	39	14	54	167	45.5
2 Yes	2	3	158	59	10	39	170	46.3
3 Don't know	3	4	1	0	0	0	4	1.1
4 Not applicable	18	27	6	2	2	8	26	7.1
Valid responses =	68	19	270	74	26	7	367	98.7

Invalid responses include no response.

57) Have you had a dental exam and cleaning in the last 12 months?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	25	37	63	23	6	23	94	25.7
2 Yes	40	60	203	76	18	69	265	72.4
3 Don't know	2	3	3	1	2	8	7	1.9
Valid responses =	67	18	269	73	26	7	366	98.4

Invalid responses include no response.

58) When you are outdoors in the sun, how often do you wear sunscreen?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	17	25	21	8	1	4	40	10.9
2 Rarely	22	32	53	20	6	23	82	22.3
3 Sometimes	19	28	69	26	11	42	99	26.9
4 Usually	8	12	62	23	5	19	76	20.7
5 Always	2	3	65	24	3	12	71	19.3
Valid responses =	68	18	270	73	26	7	368	98.9

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

59A) When you are outdoors in the sun, how often do you do the following to protect your skin from ultraviolet (UV) exposure?

Wear a shirt with sleeves

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	7	10	42	16	0	0	49	13.3
2 Rarely	14	21	37	14	5	19	56	15.2
3 Sometimes	15	22	100	37	11	42	127	34.5
4 Usually	18	27	61	23	7	27	88	23.9
5 Always	14	21	30	11	3	12	48	13.0
Valid responses =	68	18	270	73	26	7	368	98.9

Invalid responses include no response.

59B) When you are outdoors in the sun, how often do you do the following to protect your skin from ultraviolet (UV) exposure?

Wear sunglasses

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	17	25	51	19	8	32	77	21.0
2 Rarely	13	19	53	20	5	20	73	19.9
3 Sometimes	13	19	60	22	5	20	79	21.5
4 Usually	14	21	53	20	5	20	72	19.6
5 Always	11	16	53	20	2	8	66	18.0
Valid responses =	68	19	270	74	25	7	367	98.7

Invalid responses include no response.

59C) When you are outdoors in the sun, how often do you do the following to protect your skin from ultraviolet (UV) exposure?

Stay in the shade

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	2	3	5	2	1	4	8	2.2
2 Rarely	2	3	20	7	2	8	24	6.5
3 Sometimes	22	32	99	37	9	35	133	36.1
4 Usually	33	49	115	43	11	42	159	43.2
5 Always	9	13	31	12	3	12	44	12.0
Valid responses =	68	18	270	73	26	7	368	98.9

Invalid responses include no response.

59D) When you are outdoors in the sun, how often do you do the following to protect your skin from ultraviolet (UV) exposure?

Wear a hat

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	12	18	82	31	9	35	104	28.3
2 Rarely	13	19	80	30	5	19	99	27.0
3 Sometimes	20	29	66	25	9	35	96	26.2
4 Usually	14	21	29	11	3	12	47	12.8
5 Always	9	13	12	5	0	0	21	5.7
Valid responses =	68	19	269	73	26	7	367	98.7

Invalid responses include no response.

60) In the last 12 months, how many times have you spent time outdoors with the intention of getting a tan?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 times	54	82	156	61	21	81	233	66.0
1 1 time	3	5	13	5	0	0	16	4.5
2 2 times	3	5	4	2	1	4	8	2.3
3 3 times	1	2	13	5	1	4	15	4.2
4 4 times	1	2	9	4	0	0	10	2.8
5 5 times	1	2	15	6	1	4	18	5.1
6 6 to 10 times	1	2	24	9	1	4	26	7.4
7 11 to 15 times	1	2	9	4	0	0	10	2.8
8 16 to 20 times	0	0	3	1	0	0	3	0.8
9 21 to 49 times	1	2	6	2	0	0	7	2.0
10 50 or More times	0	0	6	2	1	4	7	2.0
Valid responses =	66	19	258	73	26	7	353	94.9

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	0.97	0.00	3.39	0	22
Cis Women	5.92	0.00	24.39	0	300
Trans/Gender Non-conforming	4.46	0.00	19.55	0	100
Overall	4.85	0.00	21.62	0	300



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

61) The Human Papillomavirus (HPV) vaccine (for example: Gardasil, Silgard, or Cervarix) is recommended, but usually not required, and is given in a series of 2 or 3 shots based on your age. Which of the following best describes your vaccination status for HPV:

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Have not received HPV vaccine	15	22	46	17	3	12	65	17.7
2 Have started, but not completed HPV vaccine	3	4	13	5	0	0	16	4.4
3 Completed HPV vaccine	22	32	148	55	12	46	183	49.9
4 I don't know my HPV vaccination status	28	41	63	23	11	42	103	28.1
Valid responses =	68	19	270	74	26	7	367	98.7

Invalid responses include no response.

62) Did you have a flu vaccine within the last 12 months?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	30	44	121	45	12	46	164	44.8
2 Yes	32	47	137	51	10	39	181	49.5
3 Don't know	6	9	11	4	4	15	21	5.7
Valid responses =	68	19	269	73	26	7	366	98.4

Invalid responses include no response.

COVIDVAXD) Have you received at least one dose of a COVID-19 vaccine?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4	6	31	12	3	12	38	10.4
2 Yes	61	90	232	86	23	89	319	87.2
3 Not sure	3	4	6	2	0	0	9	2.5
Valid responses =	68	19	269	73	26	7	366	98.4

Invalid responses include no response.

COVIDVAXE) Have you received a COVID-19 vaccine in the last 12 months? (only students that have received at least one dose of a COVID-19 vaccine)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	45	74	176	76	16	70	239	75.2
2 Yes	14	23	49	21	6	26	70	22.0
3 Not sure	2	3	6	3	1	4	9	2.8
Valid responses =	61	19	231	73	23	7	318	85.5

Invalid responses include no response.

COVIDINF Have you tested positive for COVID-19 within the last 12 months?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	63	93	249	92	25	96	340	92.6
2 Yes	5	7	21	8	1	4	27	7.4
Valid responses =	68	19	270	74	26	7	367	98.7

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

63A1) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Bronchitis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	66	99	258	96	25	96	352	96.7
2 Yes	1	2	10	4	1	4	12	3.3
Valid responses =	67	18	268	74	26	7	364	97.8

Invalid responses include no response.

63A2) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Chlamydia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	68	100	265	99	25	100	361	98.9
2 Yes	0	0	4	2	0	0	4	1.1
Valid responses =	68	19	269	74	25	7	365	98.1

Invalid responses include no response.

63A3) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Chicken Pox (Varicella)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	68	100	266	100	25	100	362	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	68	19	266	73	25	7	362	97.3

Invalid responses include no response.

63A4) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Cold/virus or other respiratory illness (for example: sinus infection, ear infection, strep throat, tonsillitis, pharyngitis, or laryngitis)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	58	87	177	66	18	69	255	69.7
2 Yes	9	13	93	34	8	31	111	30.3
Valid responses =	67	18	270	74	26	7	366	98.4

Invalid responses include no response.

63A5) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Concussion

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	67	99	260	97	24	96	353	96.7
2 Yes	1	2	9	3	1	4	12	3.3
Valid responses =	68	19	269	74	25	7	365	98.1

Invalid responses include no response.

63A6) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Gonorrhea

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	68	100	269	100	25	100	365	99.7
2 Yes	0	0	1	0	0	0	1	0.3
Valid responses =	68	19	270	74	25	7	366	98.4

Invalid responses include no response.

63A7) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Flu (influenza) or flu-like illness

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	59	87	211	78	23	92	295	80.8
2 Yes	9	13	58	22	2	8	70	19.2
Valid responses =	68	19	269	74	25	7	365	98.1

Invalid responses include no response.

63A8) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Mumps

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	68	100	267	99	25	100	363	99.5
2 Yes	0	0	2	1	0	0	2	0.5
Valid responses =	68	19	269	74	25	7	365	98.1

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

63A9) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Mononucleosis (mono)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	68	100	268	99	25	100	364	99.5
2 Yes	0	0	2	1	0	0	2	0.5
Valid responses =	68	19	270	74	25	7	366	98.4
Invalid responses include no response.								

63A10) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Orthopedic injury (for example: broken bone, fracture, sprain, bursitis, tendinitis, or ligament injury)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	64	94	257	96	25	96	348	95.1
2 Yes	4	6	12	5	1	4	18	4.9
Valid responses =	68	19	269	73	26	7	366	98.4
Invalid responses include no response.								

63A11) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Pelvic Inflammatory Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	68	100	270	100	25	100	366	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	68	19	270	74	25	7	366	98.4
Invalid responses include no response.								

63A12) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Pneumonia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	67	99	263	97	25	100	358	97.8
2 Yes	1	2	7	3	0	0	8	2.2
Valid responses =	68	19	270	74	25	7	366	98.4
Invalid responses include no response.								

63A13) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Shingles

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	68	100	267	100	25	100	363	99.7
2 Yes	0	0	1	0	0	0	1	0.3
Valid responses =	68	19	268	74	25	7	364	97.8
Invalid responses include no response.								

63A14) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Stomach or GI virus or bug, food poisoning, or gastritis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	63	94	237	88	23	92	325	89.3
2 Yes	4	6	32	12	2	8	39	10.7
Valid responses =	67	18	269	74	25	7	364	97.8
Invalid responses include no response.								

63A15) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Urinary tract infection

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	67	99	238	89	23	92	331	90.7
2 Yes	1	2	31	12	2	8	34	9.3
Valid responses =	68	19	269	74	25	7	365	98.1
Invalid responses include no response.								



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

63A16) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Other short-term, temporary illness not listed above

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	60	98	233	96	23	96	319	96.1
2 Yes	1	2	11	5	1	4	13	3.9
Valid responses =	61	18	244	73	24	7	332	89.2

Invalid responses include no response.

63B1) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Bronchitis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	1	100	7	70	0	0	8	66.7
2 Negatively impacted performance in a class	0	0	3	30	1	100	4	33.3
3 Delayed progress towards degree	0	0	0	0	0	0	0	0.0
Valid responses =	1	8	10	83	1	8	12	3.2

Invalid responses include no response.

63B2) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Chlamydia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	0	0	4	100	0	0	4	100.0
2 Negatively impacted performance in a class	0	0	0	0	0	0	0	0.0
3 Delayed progress towards degree	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	4	100	0	0	4	1.1

Invalid responses include no response.

63B3) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Chicken Pox (Varicella)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	0	0	0	0	0	0	0	0.0
2 Negatively impacted performance in a class	0	0	0	0	0	0	0	0.0
3 Delayed progress towards degree	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.

63B4) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Cold/virus or other respiratory illness (for example: sinus infection, ear infection, strep throat, tonsillitis, pharyngitis, or laryngitis)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	5	56	44	47	4	50	54	48.6
2 Negatively impacted performance in a class	3	33	47	51	4	50	54	48.6
3 Delayed progress towards degree	1	11	2	2	0	0	3	2.7
Valid responses =	9	8	93	84	8	7	111	29.8

Invalid responses include no response.

63B5) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Concussion

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	1	100	2	22	0	0	3	25.0
2 Negatively impacted performance in a class	0	0	7	78	1	100	9	75.0
3 Delayed progress towards degree	0	0	0	0	0	0	0	0.0
Valid responses =	1	8	9	75	1	8	12	3.2

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

63B6) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Gonorrhea

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	0	0	1	100	0	0	1	100.0
2 Negatively impacted performance in a class	0	0	0	0	0	0	0	0.0
3 Delayed progress towards degree	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	1	100	0	0	1	0.3

Invalid responses include no response.

63B7) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Flu (influenza) or flu-like illness

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	4	44	31	54	1	50	37	53.6
2 Negatively impacted performance in a class	4	44	25	44	1	50	30	43.5
3 Delayed progress towards degree	1	11	1	2	0	0	2	2.9
Valid responses =	9	13	57	83	2	3	69	18.5

Invalid responses include no response.

63B8) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Mumps

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	0	0	1	50	0	0	1	50.0
2 Negatively impacted performance in a class	0	0	1	50	0	0	1	50.0
3 Delayed progress towards degree	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	2	100	0	0	2	0.5

Invalid responses include no response.

63B9) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Mononucleosis (mono)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	0	0	0	0	0	0	0	0.0
2 Negatively impacted performance in a class	0	0	2	100	0	0	2	100.0
3 Delayed progress towards degree	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	2	100	0	0	2	0.5

Invalid responses include no response.

63B10) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Orthopedic injury (for example: broken bone, fracture, sprain, bursitis, tendinitis, or ligament injury)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	3	75	7	58	1	100	12	66.7
2 Negatively impacted performance in a class	1	25	4	33	0	0	5	27.8
3 Delayed progress towards degree	0	0	1	8	0	0	1	5.6
Valid responses =	4	22	12	67	1	6	18	4.8

Invalid responses include no response.

63B11) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Pelvic Inflammatory Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	0	0	0	0	0	0	0	0.0
2 Negatively impacted performance in a class	0	0	0	0	0	0	0	0.0
3 Delayed progress towards degree	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

63B12) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Pneumonia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	1	100	4	57	0	0	5	62.5
2 Negatively impacted performance in a class	0	0	3	43	0	0	3	37.5
3 Delayed progress towards degree	0	0	0	0	0	0	0	0.0
Valid responses =	1	13	7	88	0	0	8	2.2

Invalid responses include no response.

63B13) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Shingles

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	0	0	1	100	0	0	1	100.0
2 Negatively impacted performance in a class	0	0	0	0	0	0	0	0.0
3 Delayed progress towards degree	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	1	100	0	0	1	0.3

Invalid responses include no response.

63B14) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Stomach or GI virus or bug, food poisoning, or gastritis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	2	50	18	58	2	100	23	60.5
2 Negatively impacted performance in a class	2	50	13	42	0	0	15	39.5
3 Delayed progress towards degree	0	0	0	0	0	0	0	0.0
Valid responses =	4	11	31	82	2	5	38	10.2

Invalid responses include no response.

63B15) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Urinary tract infection

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	0	0	24	77	1	50	25	73.5
2 Negatively impacted performance in a class	1	100	7	23	1	50	9	26.5
3 Delayed progress towards degree	0	0	0	0	0	0	0	0.0
Valid responses =	1	3	31	91	2	6	34	9.1

Invalid responses include no response.

63B16) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Other short-term, temporary illness not listed above

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	1	100	5	50	1	100	7	58.3
2 Negatively impacted performance in a class	0	0	4	40	0	0	4	33.3
3 Delayed progress towards degree	0	0	1	10	0	0	1	8.3
Valid responses =	1	8	10	83	1	8	12	3.2

Invalid responses include no response.

64) Have you ever been tested for HIV?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Yes, within the last 12 months	2	3	41	15	2	8	45	12.3
2 Yes, more than 12 months ago	7	10	60	22	1	4	68	18.6
3 No	57	84	144	53	21	81	224	61.2
4 Unsure	2	3	25	9	2	8	29	7.9
Valid responses =	68	19	270	74	26	7	366	98.4

Invalid responses include no response.

64B) Are you taking PrEP (Pre-Exposure Prophylaxis) to prevent HIV infection?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	64	96	263	98	24	92	353	97.0
2 Yes	3	5	6	2	2	8	11	3.0
Valid responses =	67	18	269	74	26	7	364	97.8

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

65A1) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Acne

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	52	79	208	77	19	73	281	77.4	
2 Yes	14	21	61	23	7	27	82	22.6	
Valid responses =	66	18	269	74	26	7	363	97.6	
Invalid responses include no response.									

65A2) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

ADD/ADHD - Attention Deficit/Hyperactivity Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	57	85	220	82	8	32	287	79.5	
2 Yes	10	15	47	18	17	68	74	20.5	
Valid responses =	67	19	267	74	25	7	361	97.0	
Invalid responses include no response.									

R65A3) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Alcohol or Other Substance Use Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	65	99	263	97	25	96	355	99.5	
2 Yes	1	2	7	3	1	4	9	2.5	
Valid responses =	66	18	270	74	26	7	364	97.8	
Invalid responses include no response.									

65A4) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Allergies - food allergy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	60	91	237	88	21	81	320	87.9	
2 Yes	6	9	33	12	5	19	44	12.1	
Valid responses =	66	18	270	74	26	7	364	97.8	
Invalid responses include no response.									

65A5) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Allergies - animals/pets

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	57	86	222	83	23	89	304	84.0	
2 Yes	9	14	46	17	3	12	58	16.0	
Valid responses =	66	18	268	74	26	7	362	97.3	
Invalid responses include no response.									

65A6) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Allergies - environmental (for example: pollen, grass, dust, mold)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	46	70	181	67	18	69	247	67.9	
2 Yes	20	30	89	33	8	31	117	32.1	
Valid responses =	66	18	270	74	26	7	364	97.8	
Invalid responses include no response.									

65A7) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Anxiety (for example: Generalized Anxiety, Social Anxiety, Panic Disorder, Specific Phobia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	55	82	155	57	12	46	223	61.1	
2 Yes	12	18	115	43	14	54	142	38.9	
Valid responses =	67	18	270	74	26	7	365	98.1	
Invalid responses include no response.									

65A8) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Asthma

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	52	79	215	80	21	84	290	80.3	
2 Yes	14	21	53	20	4	16	71	19.7	
Valid responses =	66	18	268	74	25	7	361	97.0	
Invalid responses include no response.									



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

65A9) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Autism spectrum

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	58	87	257	95	17	65	334	91.5
2 Yes	9	13	13	5	9	35	31	8.5
Valid responses =	67	18	270	74	26	7	365	98.1
Invalid responses include no response.								

65A10) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Bipolar and Related Conditions (for example: Bipolar I, II, Hypomanic Episode)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	64	97	259	96	24	96	349	96.4
2 Yes	2	3	10	4	1	4	13	3.6
Valid responses =	66	18	269	74	25	7	362	97.3
Invalid responses include no response.								

65A11) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Borderline Personality Disorder (BPD), Avoidant Personality, Dependent Personality, or another personality disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	65	99	264	99	24	92	355	98.1
2 Yes	1	2	4	2	2	8	7	1.9
Valid responses =	66	18	268	74	26	7	362	97.3
Invalid responses include no response.								

65A12) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Cancer

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	65	99	266	99	26	100	359	98.9
2 Yes	1	2	3	1	0	0	4	1.1
Valid responses =	66	18	269	74	26	7	363	97.6
Invalid responses include no response.								

65A13) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Celiac disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	66	100	268	100	25	96	361	99.4
2 Yes	0	0	1	0	1	4	2	0.6
Valid responses =	66	18	269	74	26	7	363	97.6
Invalid responses include no response.								

65A14) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Chronic pain (for example: back or joint pain, arthritis, nerve pain)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	63	96	236	87	23	89	324	89.0
2 Yes	3	5	34	13	3	12	40	11.0
Valid responses =	66	18	270	74	26	7	364	97.8
Invalid responses include no response.								

65A15) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Depression (for example: Major depression, persistent depressive disorder, disruptive mood disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	58	88	181	67	13	50	254	69.8
2 Yes	8	12	89	33	13	50	110	30.2
Valid responses =	66	18	270	74	26	7	364	97.8
Invalid responses include no response.								

65A16) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Diabetes or pre-diabetes/insulin resistance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	63	96	247	92	24	92	336	92.3
2 Yes	3	5	23	9	2	8	28	7.7
Valid responses =	66	18	270	74	26	7	364	97.8
Invalid responses include no response.								



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

65A17) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?
Eating Disorders (for example: Anorexia Nervosa, Bulimia Nervosa, Binge-Eating)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	66	100	251	93	26	100	345	94.8	
2 Yes	0	0	19	7	0	0	19	5.2	
Valid responses =	66	18	270	74	26	7	364	97.8	
Invalid responses include no response.									

65A18) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?
Endometriosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	66	100	261	97	26	100	355	97.8	
2 Yes	0	0	8	3	0	0	8	2.2	
Valid responses =	66	18	269	74	26	7	363	97.6	
Invalid responses include no response.									

65A19) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?
Gambling Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	66	100	268	100	26	100	362	100.0	
2 Yes	0	0	0	0	0	0	0	0.0	
Valid responses =	66	18	268	74	26	7	362	97.3	
Invalid responses include no response.									

65A20) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?
Genital herpes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	63	97	264	98	25	96	354	97.8	
2 Yes	2	3	5	2	1	4	8	2.2	
Valid responses =	65	18	269	74	26	7	362	97.3	
Invalid responses include no response.									

65A21) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?
Gastroesophageal Reflux Disease (GERD) or acid reflux

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	61	94	243	90	26	100	332	91.7	
2 Yes	4	6	26	10	0	0	30	8.3	
Valid responses =	65	18	269	74	26	7	362	97.3	
Invalid responses include no response.									

65A22) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?
Heart & vascular disorders (for example: atrial fibrillation or other cardiac arrhythmia, mitral valve prolapse or other valvular heart disease, congenital heart condition)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	66	100	258	96	25	96	351	96.4	
2 Yes	0	0	12	4	1	4	13	3.6	
Valid responses =	66	18	270	74	26	7	364	97.8	
Invalid responses include no response.									

65A23) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?
Hepatitis B or C

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	66	100	269	100	26	100	363	99.7	
2 Yes	0	0	1	0	0	0	1	0.3	
Valid responses =	66	18	270	74	26	7	364	97.8	
Invalid responses include no response.									

65A24) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?
High blood pressure (hypertension)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	56	85	250	93	25	96	333	91.7	
2 Yes	10	15	19	7	1	4	30	8.3	
Valid responses =	66	18	269	74	26	7	363	97.6	
Invalid responses include no response.									



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

65A25) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

High cholesterol (hyperlipidemia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	59	89	245	91	23	89	329	90.4	
2 Yes	7	11	25	9	3	12	35	9.6	
Valid responses =	66	18	270	74	26	7	364	97.8	
Invalid responses include no response.									

65A26) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

HIV or AIDS

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	66	100	270	100	26	100	364	100.0	
2 Yes	0	0	0	0	0	0	0	0.0	
Valid responses =	66	18	270	74	26	7	364	97.8	
Invalid responses include no response.									

65A27) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Human papillomavirus (HPV) or genital warts

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	66	100	258	96	26	100	352	96.7	
2 Yes	0	0	12	4	0	0	12	3.3	
Valid responses =	66	18	270	74	26	7	364	97.8	
Invalid responses include no response.									

65A28) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Insomnia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	63	96	241	90	19	73	324	89.3	
2 Yes	3	5	28	10	7	27	39	10.7	
Valid responses =	66	18	269	74	26	7	363	97.6	
Invalid responses include no response.									

65A29) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Irritable bowel syndrome (spastic colon or spastic bowel)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	63	100	244	91	25	96	334	93.3	
2 Yes	0	0	23	9	1	4	24	6.7	
Valid responses =	63	18	267	75	26	7	358	96.2	
Invalid responses include no response.									

65A41) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Long COVID or having a Post-COVID Condition

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	66	100	263	97.8	26	100	357	98.3	
2 Yes	0	0	6	2.2	0	0	6	1.7	
Valid responses =	66	18	269	74	26	7	363	97.6	
Invalid responses include no response.									

65A30) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Migraine headaches

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	60	92	219	81	24	92	305	84.3	
2 Yes	5	8	50	19	2	8	57	15.7	
Valid responses =	65	18	269	74	26	7	362	97.3	
Invalid responses include no response.									

65A31) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Obsessive-Compulsive and Related Conditions (for example: OCD, Body Dysmorphia, Hoarding, Trichotillomania, other body-focused repetitive behavior disorders)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	63	96	245	91	24	96	333	92.2	
2 Yes	3	5	23	9	1	4	28	7.8	
Valid responses =	66	18	268	74	25	7	361	97.0	
Invalid responses include no response.									



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

65A32) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Polycystic Ovarian Syndrome (PCOS)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	66	100	251	93	24	92	342	94.2
2 Yes	0	0	18	7	2	8	21	5.8
Valid responses =	66	18	269	74	26	7	363	97.6

Invalid responses include no response.

65A33) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

PTSD (Posttraumatic Stress Disorder), Acute Stress Disorder, Adjustment Disorder, or another trauma- or stressor-related condition

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	62	94	229	85	21	81	314	86.5
2 Yes	4	6	40	15	5	19	49	13.5
Valid responses =	66	18	269	74	26	7	363	97.6

Invalid responses include no response.

65A34) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Schizophrenia and Other Psychotic Conditions (for example: Schizophrenia, Schizoaffective Disorder, Schizophreniform Disorder, Delusional Disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	65	99	268	100	25	96	360	99.2
2 Yes	1	2	1	0	1	4	3	0.8
Valid responses =	66	18	269	74	26	7	363	97.6

Invalid responses include no response.

65A35) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Sleep Apnea

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	60	91	261	97	25	96	348	95.9
2 Yes	6	9	8	3	1	4	15	4.1
Valid responses =	66	18	269	74	26	7	363	97.6

Invalid responses include no response.

65A36) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Thyroid condition or disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	65	99	256	96	24	92	347	95.9
2 Yes	1	2	12	5	2	8	15	4.1
Valid responses =	66	18	268	74	26	7	362	97.3

Invalid responses include no response.

65A37) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Tourette's or other neurodevelopmental condition not already listed

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	66	100	265	99	26	100	359	99.4
2 Yes	0	0	2	1	0	0	2	0.6
Valid responses =	66	18	267	74	26	7	361	97.0

Invalid responses include no response.

65A38) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Traumatic brain injury (TBI)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	66	100	267	100	26	100	360	99.4
2 Yes	0	0	1	0	0	0	2	0.6
Valid responses =	66	18	268	74	26	7	362	97.3

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

65A39) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?
Urinary system disorder (for example: bladder or kidney disease, urinary reflux, interstitial cystitis)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	66	100	267	99	26	100	361	99.4
2 Yes	0	0	2	1	0	0	2	0.6
Valid responses =	66	18	269	74	26	7	363	97.6

Invalid responses include no response.

65A40) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?
Other ongoing or chronic condition not listed above

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	59	95	231	92	23	92	315	92.4
2 Yes	3	5	21	8	2	8	26	7.6
Valid responses =	62	18	252	74	25	7	341	91.7

Invalid responses include no response.

65B1) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)
Allergic & immunologic disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	17	81	2	100	19	76.0
2 Yes	2	100	4	19	0	0	6	24.0
Valid responses =	2	8	21	84	2	8	25	6.7

Invalid responses include no response.

65B2) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)
Autoimmune disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	12	57	1	50	13	52.0
2 Yes	2	100	9	43	1	50	12	48.0
Valid responses =	2	8	21	84	2	8	25	6.7

Invalid responses include no response.

65B3) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)
Blood disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	100	19	91	2	100	23	92.0
2 Yes	0	0	2	10	0	0	2	8.0
Valid responses =	2	8	21	84	2	8	25	6.7

Invalid responses include no response.

65B4) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)
Brain & nervous system disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	100	19	91	2	100	23	92.0
2 Yes	0	0	2	10	0	0	2	8.0
Valid responses =	2	8	21	84	2	8	25	6.7

Invalid responses include no response.

65B5) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)
Hair, skin, nails disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	50	18	86	2	100	21	84.0
2 Yes	1	50	3	14	0	0	4	16.0
Valid responses =	2	8	21	84	2	8	25	6.7

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

65B6) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)

Digestive system disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	33	18	86	2	100	21	80.8
2 Yes	2	67	3	14	0	0	5	19.2
Valid responses =	3	12	21	81	2	8	26	7.0

Invalid responses include no response.

65B7) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)

Endocrine system disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	100	21	100	2	100	25	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	2	8	21	84	2	8	25	6.7

Invalid responses include no response.

65B8) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)

Eye/ear/nose/throat disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	100	15	71	2	100	19	76.0
2 Yes	0	0	6	29	0	0	6	24.0
Valid responses =	2	8	21	84	2	8	25	6.7

Invalid responses include no response.

65B9) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)

Heart & vascular disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	100	19	91	2	100	23	92.0
2 Yes	0	0	2	10	0	0	2	8.0
Valid responses =	2	8	21	84	2	8	25	6.7

Invalid responses include no response.

65B10) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)

Infectious disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	100	21	100	2	100	25	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	2	8	21	84	2	8	25	6.7

Invalid responses include no response.

65B11) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)

Mental health/psychological disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	100	16	76	1	50	19	76.0
2 Yes	0	0	5	24	1	50	6	24.0
Valid responses =	2	8	21	84	2	8	25	6.7

Invalid responses include no response.

65B12) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)

Musculoskeletal disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	100	19	91	2	100	23	92.0
2 Yes	0	0	2	10	0	0	2	8.0
Valid responses =	2	8	21	84	2	8	25	6.7

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

65B13) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)
Reproductive system disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	100	18	86	2	100	22	88.0
2 Yes	0	0	3	14	0	0	3	12.0
Valid responses =	2	8	21	84	2	8	25	6.7

Invalid responses include no response.

65B14) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)
Respiratory disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	100	18	86	2	100	22	88.0
2 Yes	0	0	3	14	0	0	3	12.0
Valid responses =	2	8	21	84	2	8	25	6.7

Invalid responses include no response.

65B15) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)
Sleep-wake disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	100	21	100	2	100	25	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	2	8	21	84	2	8	25	6.7

Invalid responses include no response.

65B16) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)
Urinary system disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	100	20	95	2	100	24	96.0
2 Yes	0	0	1	5	0	0	1	4.0
Valid responses =	2	8	21	84	2	8	25	6.7

Invalid responses include no response.

65B17) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)
Other ongoing or chronic condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	100	14	70	2	100	18	75.0
2 Yes	0	0	6	30	0	0	6	25.0
Valid responses =	2	8	20	83	2	8	24	6.5

Invalid responses include no response.

65C1) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders?
(only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)
Anaphylaxis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	100	4	100	0	0	6	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	2	33	4	67	0	0	6	1.6

Invalid responses include no response.

65C2) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders?
(only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)
Medication allergy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	100	3	75	0	0	5	83.3
2 Yes	0	0	1	25	0	0	1	16.7
Valid responses =	2	33	4	67	0	0	6	1.6

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

65C3) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders?

(only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)

Latex allergy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	100	3	75	0	0	5	83.3
2 Yes	0	0	1	25	0	0	1	16.7
Valid responses =	2	33	4	67	0	0	6	1.6

Invalid responses include no response.

65C4) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders?

(only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)

Insect/bee sting allergy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	100	4	100	0	0	6	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	2	33	4	67	0	0	6	1.6

Invalid responses include no response.

65C5) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders?

(only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)

Immune deficiency

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	50	3	75	0	0	4	66.7
2 Yes	1	50	1	25	0	0	2	33.3
Valid responses =	2	33	4	67	0	0	6	1.6

Invalid responses include no response.

65C6) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders?

(only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)

Other allergic or immunologic condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	100	4	100	0	0	6	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	2	33	4	67	0	0	6	1.6

Invalid responses include no response.

65D2) Have you ever been diagnosed with any of the following ongoing or chronic autoimmune disorders?

(only includes students that selected having an ongoing/chronic autoimmune disorder not listed above)

Rheumatoid Arthritis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	100	7	78	1	100	10	83.3
2 Yes	0	0	2	22	0	0	2	16.7
Valid responses =	2	17	9	75	1	8	12	3.2

Invalid responses include no response.

65D3) Have you ever been diagnosed with any of the following ongoing or chronic autoimmune disorders?

(only includes students that selected having an ongoing/chronic autoimmune disorder not listed above)

Scleroderma

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	100	9	100	1	100	12	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	2	17	9	75	1	8	12	3.2

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

65D4) Have you ever been diagnosed with any of the following ongoing or chronic autoimmune disorders?

(only includes students that selected having an ongoing/chronic autoimmune disorder not listed above)

Systemic Lupus Erythematosus

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	100	7	78	1	100	10	83.3
2 Yes	0	0	2	22	0	0	2	16.7
Valid responses =	2	17	9	75	1	8	12	3.2

Invalid responses include no response.

65D5) Have you ever been diagnosed with any of the following ongoing or chronic autoimmune disorders?

(only includes students that selected having an ongoing/chronic autoimmune disorder not listed above)

Other autoimmune disorder not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	100	5	56	1	100	8	66.7
2 Yes	0	0	4	44	0	0	4	33.3
Valid responses =	2	17	9	75	1	8	12	3.2

Invalid responses include no response.

65E1) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?

(only includes students that selected having an ongoing/chronic blood disorder not listed above)

Anemia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	1	50	0	0	1	50.0
2 Yes	0	0	1	50	0	0	1	50.0
Valid responses =	0	0	2	100	0	0	2	0.5

Invalid responses include no response.

65E2) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?

(only includes students that selected having an ongoing/chronic blood disorder not listed above)

Hemophilia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	2	100	0	0	2	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	2	100	0	0	2	0.5

Invalid responses include no response.

65E3) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?

(only includes students that selected having an ongoing/chronic blood disorder not listed above)

Hypercoagulable states

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	2	100	0	0	2	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	2	100	0	0	2	0.5

Invalid responses include no response.

65E4) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?

(only includes students that selected having an ongoing/chronic blood disorder not listed above)

Platelet Conditions

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	2	100	0	0	2	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	2	100	0	0	2	0.5

Invalid responses include no response.

65E5) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?

(only includes students that selected having an ongoing/chronic blood disorder not listed above)

Sickle Cell Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	2	100	0	0	2	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	2	100	0	0	2	0.5

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

65E6) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?

(only includes students that selected having an ongoing/chronic blood disorder not listed above)

Other blood condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	2	100	0	0	2	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	2	100	0	0	2	0.5

Invalid responses include no response.

65F1) Have you ever been diagnosed with any of the following ongoing or chronic brain & nervous system disorders?

(only includes students that selected having an ongoing/chronic brain & nervous system disorder not listed above)

Cerebral Palsy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	2	100	0	0	2	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	2	100	0	0	2	0.5

Invalid responses include no response.

65F2) Have you ever been diagnosed with any of the following ongoing or chronic brain & nervous system disorders?

(only includes students that selected having an ongoing/chronic brain & nervous system disorder not listed above)

Epilepsy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	2	100	0	0	2	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	2	100	0	0	2	0.5

Invalid responses include no response.

65F3) Have you ever been diagnosed with any of the following ongoing or chronic brain & nervous system disorders?

(only includes students that selected having an ongoing/chronic brain & nervous system disorder not listed above)

Seizure Conditions

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	2	100	0	0	2	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	2	100	0	0	2	0.5

Invalid responses include no response.

65F4) Have you ever been diagnosed with any of the following ongoing or chronic brain & nervous system disorders?

(only includes students that selected having an ongoing/chronic brain & nervous system disorder not listed above)

Multiple Sclerosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	2	100	0	0	2	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	2	100	0	0	2	0.5

Invalid responses include no response.

65F5) Have you ever been diagnosed with any of the following ongoing or chronic brain & nervous system disorders?

(only includes students that selected having an ongoing/chronic brain & nervous system disorder not listed above)

Other brain or nervous system condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	1	100	0	0	1	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	1	100	0	0	1	0.3

Invalid responses include no response.

65G1) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

Alopecia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	100	2	67	0	0	3	75.0
2 Yes	0	0	1	33	0	0	1	25.0
Valid responses =	1	25	3	75	0	0	4	1.1

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

65G2) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

Eczema

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	1	100	3	100	0	0	4	100.0
Valid responses =	1	25	3	75	0	0	4	1.1

Invalid responses include no response.

65G3) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

Hirsutism

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	100	2	67	0	0	3	75.0
2 Yes	0	0	1	33	0	0	1	25.0
Valid responses =	1	25	3	75	0	0	4	1.1

Invalid responses include no response.

65G4) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

Hyperhidrosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	100	2	67	0	0	3	75.0
2 Yes	0	0	1	33	0	0	1	25.0
Valid responses =	1	25	3	75	0	0	4	1.1

Invalid responses include no response.

65G5) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

Photodermatitis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	100	3	100	0	0	4	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	1	25	3	75	0	0	4	1.1

Invalid responses include no response.

65G6) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

Psoriasis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	3	100	0	0	3	75.0
2 Yes	1	100	0	0	0	0	1	25.0
Valid responses =	1	25	3	75	0	0	4	1.1

Invalid responses include no response.

65G7) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

Vitiligo

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	100	3	100	0	0	4	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	1	25	3	75	0	0	4	1.1

Invalid responses include no response.

65G8) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

Other hair, skin, or nail condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	100	2	67	0	0	3	75.0
2 Yes	0	0	1	33	0	0	1	25.0
Valid responses =	1	25	3	75	0	0	4	1.1

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

65H1) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?

(only includes students that selected having an ongoing/chronic digestive system disorder not listed above)

Crohn's Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	50	2	67	0	0	3	60.0
2 Yes	1	50	1	33	0	0	2	40.0
Valid responses =	2	40	3	60	0	0	5	1.3

Invalid responses include no response.

65H2) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?

(only includes students that selected having an ongoing/chronic digestive system disorder not listed above)

Diverticular Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	100	3	100	0	0	5	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	2	40	3	60	0	0	5	1.3

Invalid responses include no response.

65H3) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?

(only includes students that selected having an ongoing/chronic digestive system disorder not listed above)

Esophageal Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	100	3	100	0	0	5	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	2	40	3	60	0	0	5	1.3

Invalid responses include no response.

65H4) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?

(only includes students that selected having an ongoing/chronic digestive system disorder not listed above)

Gallbladder Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	100	3	100	0	0	5	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	2	40	3	60	0	0	5	1.3

Invalid responses include no response.

65H5) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?

(only includes students that selected having an ongoing/chronic digestive system disorder not listed above)

Ulcerative Colitis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	50	3	100	0	0	4	80.0
2 Yes	1	50	0	0	0	0	1	20.0
Valid responses =	2	40	3	60	0	0	5	1.3

Invalid responses include no response.

65H6) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?

(only includes students that selected having an ongoing/chronic digestive system disorder not listed above)

Other digestive system condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	50	3	100	0	0	4	80.0
2 Yes	1	50	0	0	0	0	1	20.0
Valid responses =	2	40	3	60	0	0	5	1.3

Invalid responses include no response.

65J1) Have you ever been diagnosed with any of the following ongoing or chronic eye, ear, nose, throat disorders?

(only includes students that selected having an ongoing/chronic eye, ear, nose, throat disorder not listed above)

Hearing loss

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	4	67	0	0	4	66.7
2 Yes	0	0	2	33	0	0	2	33.3
Valid responses =	0	0	6	100	0	0	6	1.6

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

65J2) Have you ever been diagnosed with any of the following ongoing or chronic eye, ear, nose, throat disorders?

(only includes students that selected having an ongoing/chronic eye, ear, nose, throat disorder not listed above)

Uveitis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	6	100	0	0	6	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	6	100	0	0	6	1.6

Invalid responses include no response.

65J3) Have you ever been diagnosed with any of the following ongoing or chronic eye, ear, nose, throat disorders?

(only includes students that selected having an ongoing/chronic eye, ear, nose, throat disorder not listed above)

Vertigo

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	4	67	0	0	4	66.7
2 Yes	0	0	2	33	0	0	2	33.3
Valid responses =	0	0	6	100	0	0	6	1.6

Invalid responses include no response.

65J4) Have you ever been diagnosed with any of the following ongoing or chronic eye, ear, nose, throat disorders?

(only includes students that selected having an ongoing/chronic eye, ear, nose, throat disorder not listed above)

Other eye/ear/nose/throat condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	1	20	0	0	1	20.0
2 Yes	0	0	4	80	0	0	4	80.0
Valid responses =	0	0	5	100	0	0	5	1.3

Invalid responses include no response.

65K1) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?

(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)

Cardiac Arrhythmia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.

65K2) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?

(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)

Coronary Artery Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.

65K3) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?

(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)

Congenital Heart Condition

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.

65K4) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?

(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)

Congestive Heart Failure

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

65K5) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?

(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)

Heart Murmur

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0
Invalid responses include no response.								

65K6) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?

(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)

Valvular Heart Disease (for example: Mitral valve prolapse)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0
Invalid responses include no response.								

65K7) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?

(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)

Other heart or vascular condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	2	100	0	0	2	100.0
Valid responses =	0	0	2	100	0	0	2	0.5
Invalid responses include no response.								

65L1) Have you ever been diagnosed with any of the following ongoing or chronic infectious diseases?

(only includes students that selected having an ongoing/chronic infectious disease not listed above)

Lyme Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0
Invalid responses include no response.								

65L2) Have you ever been diagnosed with any of the following ongoing or chronic infectious diseases?

(only includes students that selected having an ongoing/chronic infectious disease not listed above)

Other infectious disease not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0
Invalid responses include no response.								

65N1) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Carpal Tunnel Syndrome

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	1	50	0	0	1	50.0
2 Yes	0	0	1	50	0	0	1	50.0
Valid responses =	0	0	2	100	0	0	2	0.5
Invalid responses include no response.								

65N2) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Fibromyalgia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	2	100	0	0	2	100.0
Valid responses =	0	0	2	100	0	0	2	0.5
Invalid responses include no response.								



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

65N3) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Gout

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	2	100	0	0	2	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	2	100	0	0	2	0.5
Invalid responses include no response.								

65N4) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Muscular Dystrophy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	2	100	0	0	2	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	2	100	0	0	2	0.5
Invalid responses include no response.								

65N5) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Osteoarthritis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	2	100	0	0	2	100.0
Valid responses =	0	0	2	100	0	0	2	0.5
Invalid responses include no response.								

65N6) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Osteoporosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	2	100	0	0	2	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	2	100	0	0	2	0.5
Invalid responses include no response.								

65N7) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Temporomandibular Joint Dysfunction

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	2	100	0	0	2	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	2	100	0	0	2	0.5
Invalid responses include no response.								

65N8) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Other musculoskeletal condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	2	100	0	0	2	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	2	100	0	0	2	0.5
Invalid responses include no response.								

65O1) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?

(only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)

Amenorrhea

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	3	100	0	0	3	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	3	100	0	0	3	0.8
Invalid responses include no response.								



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

65O2) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?

(only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)

Cervical Dysplasia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	3	100	0	0	3	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	3	100	0	0	3	0.8

Invalid responses include no response.

65O3) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?

(only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)

Premenstrual Syndrome (PMS), Premenstrual Dysphoric Disorder (PMDD), or painful periods (Dysmenorrhea)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	1	33	0	0	1	33.3
2 Yes	0	0	2	67	0	0	2	66.7
Valid responses =	0	0	3	100	0	0	3	0.8

Invalid responses include no response.

65O4) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?

(only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)

Prostatitis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	3	100	0	0	3	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	3	100	0	0	3	0.8

Invalid responses include no response.

65O5) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?

(only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)

Sexual Dysfunction

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	3	100	0	0	3	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	3	100	0	0	3	0.8

Invalid responses include no response.

65O6) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?

(only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)

Other reproductive system condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	2	67	0	0	2	66.7
2 Yes	0	0	1	33	0	0	1	33.3
Valid responses =	0	0	3	100	0	0	3	0.8

Invalid responses include no response.

65P1) Have you ever been diagnosed with any of the following ongoing or chronic respiratory system disorders?

(only includes students that selected having an ongoing/chronic respiratory system disorders not listed above)

Cystic Fibrosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	3	100	0	0	3	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	3	100	0	0	3	0.8

Invalid responses include no response.

65P2) Have you ever been diagnosed with any of the following ongoing or chronic respiratory system disorders?

(only includes students that selected having an ongoing/chronic respiratory system disorders not listed above)

Sarcoidosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	3	100	0	0	3	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	3	100	0	0	3	0.8

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

65P3) Have you ever been diagnosed with any of the following ongoing or chronic respiratory system disorders?

(only includes students that selected having an ongoing/chronic respiratory system disorders not listed above)

Active Tuberculous

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	3	100	0	0	3	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	3	100	0	0	3	0.8

Invalid responses include no response.

65P4) Have you ever been diagnosed with any of the following ongoing or chronic respiratory system disorders?

(only includes students that selected having an ongoing/chronic respiratory system disorders not listed above)

Other respiratory system condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	3	100	0	0	3	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	3	100	0	0	3	0.8

Invalid responses include no response.

65Q1) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?

(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

Hypersomnolence

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.

65Q2) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?

(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

Narcolepsy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.

65Q3) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?

(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

Restless Leg Syndrome

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.

65Q4) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?

(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

Sleep Paralysis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.

65Q5) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?

(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

Sleep Terrors (or night terrors)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

65Q6) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?

(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

Sleep Walking

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.

65Q7) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?

(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

Other sleep-wake condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.

65R1) Have you ever been diagnosed with any of the following ongoing or chronic urinary system disorders?

(only includes students that selected having an ongoing/chronic urinary system disorders not listed above)

Bladder disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	1	100	0	0	1	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	1	100	0	0	1	0.3

Invalid responses include no response.

65R2) Have you ever been diagnosed with any of the following ongoing or chronic urinary system disorders?

(only includes students that selected having an ongoing/chronic urinary system disorders not listed above)

Kidney disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	1	100	0	0	1	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	1	100	0	0	1	0.3

Invalid responses include no response.

65R3) Have you ever been diagnosed with any of the following ongoing or chronic urinary system disorders?

(only includes students that selected having an ongoing/chronic urinary system disorders not listed above)

Kidney stone

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	1	100	0	0	1	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	1	100	0	0	1	0.3

Invalid responses include no response.

65R4) Have you ever been diagnosed with any of the following ongoing or chronic urinary system disorders?

(only includes students that selected having an ongoing/chronic urinary system disorders not listed above)

Urinary Incontinence

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	1	100	0	0	1	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	1	100	0	0	1	0.3

Invalid responses include no response.

65R5) Have you ever been diagnosed with any of the following ongoing or chronic urinary system disorders?

(only includes students that selected having an ongoing/chronic urinary system disorders not listed above)

Other urinary system condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	1	100	0	0	1	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	1	100	0	0	1	0.3

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

65S1) You indicated that you had been diagnosed with Diabetes or Pre-Diabetes. Were you told that you had:

(only includes students that have been diagnosed with Diabetes or Pre-Diabetes)

Type 1 Diabetes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	100	14	74	1	100	17	77.3
2 Yes	0	0	5	26	0	0	5	22.7
Valid responses =	2	9	19	86	1	5	22	5.9

Invalid responses include no response.

65S2) You indicated that you had been diagnosed with Diabetes or Pre-Diabetes. Were you told that you had:

(only includes students that have been diagnosed with Diabetes or Pre-Diabetes)

Type 2 Diabetes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	100	12	67	1	100	15	71.4
2 Yes	0	0	6	33	0	0	6	28.6
Valid responses =	2	10	18	86	1	5	21	5.6

Invalid responses include no response.

65S3) You indicated that you had been diagnosed with Diabetes or Pre-Diabetes. Were you told that you had:

(only includes students that have been diagnosed with Diabetes or Pre-Diabetes)

Pre-diabetes or insulin resistance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	7	33	0	0	7	26.9
2 Yes	3	100	14	67	2	100	19	73.1
Valid responses =	3	12	21	81	2	8	26	7.0

Invalid responses include no response.

65S4) You indicated that you had been diagnosed with Diabetes or Pre-Diabetes. Were you told that you had:

(only includes students that have been diagnosed with Diabetes or Pre-Diabetes)

Gestational Diabetes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	100	16	89	1	100	19	90.5
2 Yes	0	0	2	11	0	0	2	9.5
Valid responses =	2	10	18	86	1	5	21	5.6

Invalid responses include no response.

65T1) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Acne

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8	57	37	62	6	86	51	63.0
2 Yes	6	43	23	38	1	14	30	37.0
Valid responses =	14	17	60	74	7	9	81	21.8

Invalid responses include no response.

65T2) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

ADD/ADHD - Attention Deficit/Hyperactivity Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	20	17	36	6	35	25	33.8
2 Yes	8	80	30	64	11	65	49	66.2
Valid responses =	10	14	47	64	17	23	74	19.9

Invalid responses include no response.

R65T3) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Alcohol or Other Substance Use Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	100	3	43	0	0	4	44.4
2 Yes	0	0	4	57	1	100	5	55.6
Valid responses =	1	11	7	78	1	11	9	2.4

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

65T4) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Allergies - food allergy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3	50	23	70	2	40	28	63.6
2 Yes	3	50	10	30	3	60	16	36.4
Valid responses =	6	14	33	75	5	11	44	11.8

Invalid responses include no response.

65T5) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Allergies - animals/pets

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5	56	27	59	3	100	35	60.3
2 Yes	4	44	19	41	0	0	23	39.7
Valid responses =	9	16	46	79	3	5	58	15.6

Invalid responses include no response.

65T6) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Allergies - environmental (for example: pollen, grass, dust, mold)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11	55	50	57	7	88	68	58.6
2 Yes	9	45	38	43	1	13	48	41.4
Valid responses =	20	17	88	76	8	7	116	31.2

Invalid responses include no response.

65T7) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Anxiety (for example: Generalized Anxiety, Social Anxiety, Panic Disorder, Specific Phobia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4	33	31	27	7	50	43	30.3
2 Yes	8	67	84	73	7	50	99	69.7
Valid responses =	12	8	115	81	14	10	142	38.2

Invalid responses include no response.

65T8) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Asthma

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8	57	33	62	4	100	45	63.4
2 Yes	6	43	20	38	0	0	26	36.6
Valid responses =	14	20	53	75	4	6	71	19.1

Invalid responses include no response.

65T9) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Autism Spectrum

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6	67	3	23	6	67	15	48.4
2 Yes	3	33	10	77	3	33	16	51.6
Valid responses =	9	29	13	42	9	29	31	8.3

Invalid responses include no response.

65T10) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Bipolar and Related Conditions (for example: Bipolar I, II, Hypomanic Episode)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	4	40	1	100	5	38.5
2 Yes	2	100	6	60	0	0	8	61.5
Valid responses =	2	15	10	77	1	8	13	3.5

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

65T11) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Borderline Personality Disorder (BPD), Avoidant Personality, Dependent Personality, or another personality disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	1	25	1	50	2	28.6
2 Yes	1	100	3	75	1	50	5	71.4
Valid responses =	1	14	4	57	2	29	7	1.9

Invalid responses include no response.

65T12) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Cancer

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	3	100	0	0	3	75.0
2 Yes	1	100	0	0	0	0	1	25.0
Valid responses =	1	25	3	75	0	0	4	1.1

Invalid responses include no response.

65T13) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Celiac disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	1	100	0	0	1	50.0
2 Yes	0	0	0	0	1	100	1	50.0
Valid responses =	0	0	1	50	1	50	2	0.5

Invalid responses include no response.

65T14) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Chronic pain (for example: back or joint pain, arthritis, nerve pain)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	33	8	24	0	0	9	22.5
2 Yes	2	67	26	77	3	100	31	77.5
Valid responses =	3	8	34	85	3	8	40	10.8

Invalid responses include no response.

65T15) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Depression (for example: Major depression, persistent depressive disorder, disruptive mood disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3	38	29	33	6	46	38	34.5
2 Yes	5	63	60	67	7	54	72	65.5
Valid responses =	8	7	89	81	13	12	110	29.6

Invalid responses include no response.

65T16) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Diabetes or pre-diabetes/insulin resistance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	7	30	1	50	8	28.6
2 Yes	3	100	16	70	1	50	20	71.4
Valid responses =	3	11	23	82	2	7	28	7.5

Invalid responses include no response.

65T17) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Eating Disorders (for example: Anorexia Nervosa, Bulimia Nervosa, Binge-Eating)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	6	33	0	0	6	33.3
2 Yes	0	0	12	67	0	0	12	66.7
Valid responses =	0	0	18	100	0	0	18	4.8

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

65T18) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Endometriosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	3	38	0	0	3	37.5
2 Yes	0	0	5	63	0	0	5	62.5
Valid responses =	0	0	8	100	0	0	8	2.2

Invalid responses include no response.

65T19) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Gambling Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.

65T20) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Genital herpes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	50	4	80	1	100	6	75.0
2 Yes	1	50	1	20	0	0	2	25.0
Valid responses =	2	25	5	63	1	13	8	2.2

Invalid responses include no response.

65T21) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Gastroesophageal Reflux Disease (GERD) or acid reflux

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	33	9	35	0	0	10	34.5
2 Yes	2	67	17	65	0	0	19	65.5
Valid responses =	3	10	26	90	0	0	29	7.8

Invalid responses include no response.

65T22) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Heart & vascular disorders (for example: atrial fibrillation or other cardiac arrhythmia, mitral valve prolapse or other valvular heart disease, congenital heart condition)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	3	25	1	100	4	30.8
2 Yes	0	0	9	75	0	0	9	69.2
Valid responses =	0	0	12	92	1	8	13	3.5

Invalid responses include no response.

65T23) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Hepatitis B or C

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	1	100	0	0	1	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	1	100	0	0	1	0.3

Invalid responses include no response.

65T24) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

High blood pressure (hypertension)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4	40	5	26	1	100	10	33.3
2 Yes	6	60	14	74	0	0	20	66.7
Valid responses =	10	33	19	63	1	3	30	8.1

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

65T25) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

High cholesterol (hyperlipidemia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3	43	7	28	1	33	11	31.4
2 Yes	4	57	18	72	2	67	24	68.6
Valid responses =	7	20	25	71	3	9	35	9.4

Invalid responses include no response.

65T26) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

HIV or AIDS

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.

65T27) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Human papillomavirus (HPV) or genital warts

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	5	42	0	0	5	41.7
2 Yes	0	0	7	58	0	0	7	58.3
Valid responses =	0	0	12	100	0	0	12	3.2

Invalid responses include no response.

65T28) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Insomnia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	15	54	4	57	20	51.3
2 Yes	3	100	13	46	3	43	19	48.7
Valid responses =	3	8	28	72	7	18	39	10.5

Invalid responses include no response.

65T29) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Irritable bowel syndrome (spastic colon or spastic bowel)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	11	48	0	0	11	45.8
2 Yes	0	0	12	52	1	100	13	54.2
Valid responses =	0	0	23	96	1	4	24	6.5

Invalid responses include no response.

65T41) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Long COVID or having a Post-COVID Condition

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	4	66.7	0	0	4	66.7
2 Yes	0	0	2	33.3	0	0	2	33.3
Valid responses =	0	0	6	100	0	0	6	1.6

Invalid responses include no response.

65T30) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Migraine headaches

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	20	40	1	50	21	36.8
2 Yes	5	100	30	60	1	50	36	63.2
Valid responses =	5	9	50	88	2	4	57	15.3

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

65T31) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Obsessive-Compulsive and Related Conditions (for example: OCD, Body Dysmorphia, Hoarding, Trichotillomania and other body-focused repetitive behavior disorders)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	33	8	35	1	100	11	39.3
2 Yes	2	67	15	65	0	0	17	60.7
Valid responses =	3	11	23	82	1	4	28	7.5

Invalid responses include no response.

65T32) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Polycystic Ovarian Syndrome (PCOS)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	6	33	0	0	6	28.6
2 Yes	0	0	12	67	2	100	15	71.4
Valid responses =	0	0	18	86	2	10	21	5.6

Invalid responses include no response.

65T33) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

PTSD (Posttraumatic Stress Disorder), Adjustment Disorder, or another trauma- or stressor-related condition

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	17	43	2	40	19	38.8
2 Yes	4	100	23	58	3	60	30	61.2
Valid responses =	4	8	40	82	5	10	49	13.2

Invalid responses include no response.

65T34) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Schizophrenia and Other Psychotic Conditions (for example: Schizophrenia, Schizoaffective Disorder, Schizophreniform Disorder, Delusional Disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	1	100	1	33.3
2 Yes	1	100	1	100	0	0	2	66.7
Valid responses =	1	33	1	33	1	33	3	0.8

Invalid responses include no response.

65T35) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Sleep Apnea

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	33	4	50	1	100	7	46.7
2 Yes	4	67	4	50	0	0	8	53.3
Valid responses =	6	40	8	53	1	7	15	4.0

Invalid responses include no response.

65T36) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Thyroid condition or disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	4	33	2	100	6	40.0
2 Yes	1	100	8	67	0	0	9	60.0
Valid responses =	1	7	12	80	2	13	15	4.0

Invalid responses include no response.

65T37) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Tourette's or other neurodevelopmental condition not already listed

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	2	100	0	0	2	100.0
Valid responses =	0	0	2	100	0	0	2	0.5

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

65T38) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Traumatic brain injury (TBI)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	1	100	0	0	2	100.0
Valid responses =	0	0	1	50	0	0	2	0.5

Invalid responses include no response.

65T39) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Urinary system disorder (for example: bladder or kidney disease, urinary reflux, interstitial cystitis)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	2	100	0	0	2	100.0
Valid responses =	0	0	2	100	0	0	2	0.5

Invalid responses include no response.

65T40) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Other ongoing or chronic condition not listed above

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	100	11	55	2	100	15	62.5
2 Yes	0	0	9	45	0	0	9	37.5
Valid responses =	2	8	20	83	2	8	24	6.5

Invalid responses include no response.

65U2) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

ADD/ADHD - Attention Deficit/Hyperactivity Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	0	0	2	7	1	9	3	6.3
2 Medicine only	2	29	12	40	6	55	20	41.7
3 Therapy only	3	43	7	23	0	0	10	20.8
4 Both medicine and therapy	2	29	9	30	4	36	15	31.3
5 Other Treatment	0	0	0	0	0	0	0	0.0
Valid responses =	7	15	30	63	11	23	48	12.9

Invalid responses include no response.

R65U3) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Alcohol or Other Substance Use Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	0	0	0	0	0	0	0	0.0
2 Medicine only	0	0	0	0	0	0	0	0.0
3 Therapy only	0	0	2	50	0	0	2	40.0
4 Both medicine and therapy	0	0	1	25	1	100	2	40.0
5 Other Treatment	0	0	1	25	0	0	1	20.0
Valid responses =	0	0	4	80	1	20	5	1.3

Invalid responses include no response.

65U7) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Anxiety (for example: Generalized Anxiety, Social Anxiety, Panic Disorder, Specific Phobia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	0	0	4	5	1	14	5	5.1
2 Medicine only	0	0	18	21	1	14	19	19.2
3 Therapy only	3	38	21	25	1	14	25	25.3
4 Both medicine and therapy	4	50	41	49	4	57	49	49.5
5 Other Treatment	1	13	0	0	0	0	1	1.0
Valid responses =	8	8	84	85	7	7	99	26.6

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

65U9) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Autism spectrum

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	0	0	4	40	1	33	5	31.3
2 Medicine only	0	0	0	0	0	0	0	0.0
3 Therapy only	2	67	3	30	2	67	7	43.8
4 Both medicine and therapy	1	33	3	30	0	0	4	25.0
5 Other Treatment	0	0	0	0	0	0	0	0.0
Valid responses =	3	19	10	63	3	19	16	4.3

Invalid responses include no response.

65U10) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Bipolar and Related Conditions (for example: Bipolar I, II, Hypomanic Episode)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	0	0	0	0	0	0	0	0.0
2 Medicine only	0	0	0	0	0	0	0	0.0
3 Therapy only	0	0	0	0	0	0	0	0.0
4 Both medicine and therapy	2	100	6	100	0	0	8	100.0
5 Other Treatment	0	0	0	0	0	0	0	0.0
Valid responses =	2	25	6	75	0	0	8	2.2

Invalid responses include no response.

65U11) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Borderline Personality Disorder (BPD), Avoidant Personality, Dependent Personality, or another personality disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	0	0	0	0	1	100	1	20.0
2 Medicine only	0	0	0	0	0	0	0	0.0
3 Therapy only	0	0	0	0	0	0	0	0.0
4 Both medicine and therapy	1	100	3	100	0	0	4	80.0
5 Other Treatment	0	0	0	0	0	0	0	0.0
Valid responses =	1	20	3	60	1	20	5	1.3

Invalid responses include no response.

65U15) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Depression (for example: Major depression, persistent depressive disorder, disruptive mood disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	0	0	0	0	1	14	1	1.4
2 Medicine only	0	0	8	13	1	14	9	12.5
3 Therapy only	1	20	11	18	0	0	12	16.7
4 Both medicine and therapy	4	80	41	68	5	71	50	69.4
5 Other Treatment	0	0	0	0	0	0	0	0.0
Valid responses =	5	7	60	83	7	10	72	19.4

Invalid responses include no response.

65U17) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Eating Disorders (for example: Anorexia Nervosa, Bulimia Nervosa, Binge-Eating)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	0	0	3	25	0	0	3	25.0
2 Medicine only	0	0	2	17	0	0	2	16.7
3 Therapy only	0	0	5	42	0	0	5	41.7
4 Both medicine and therapy	0	0	2	17	0	0	2	16.7
5 Other Treatment	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	12	100	0	0	12	3.2

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

65U19) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Gambling Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	0	0	0	0	0	0	0	0.0
2 Medicine only	0	0	0	0	0	0	0	0.0
3 Therapy only	0	0	0	0	0	0	0	0.0
4 Both medicine and therapy	0	0	0	0	0	0	0	0.0
5 Other Treatment	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.

65U28) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Insomnia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	0	0	2	15	0	0	2	10.5
2 Medicine only	1	33	7	54	2	67	10	52.6
3 Therapy only	0	0	0	0	0	0	0	0.0
4 Both medicine and therapy	2	67	4	31	1	33	7	36.8
5 Other Treatment	0	0	0	0	0	0	0	0.0
Valid responses =	3	16	13	68	3	16	19	5.1

Invalid responses include no response.

65U31) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Obsessive-Compulsive and Related Conditions (for example: OCD, Body Dysmorphia, Hoarding, Trichotillomania and other body-focused repetitive behavior disorders)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	0	0	1	7	0	0	1	5.9
2 Medicine only	0	0	1	7	0	0	1	5.9
3 Therapy only	1	50	6	40	0	0	7	41.2
4 Both medicine and therapy	1	50	7	47	0	0	8	47.1
5 Other Treatment	0	0	0	0	0	0	0	0.0
Valid responses =	2	12	15	88	0	0	17	4.6

Invalid responses include no response.

65U33) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

PTSD (Posttraumatic Stress Disorder), Acute Stress Disorder, Adjustment Disorder, or another trauma- or stressor- related condition

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	0	0	0	0	0	0	0	0.0
2 Medicine only	0	0	0	0	0	0	0	0.0
3 Therapy only	4	100	14	61	0	0	18	60.0
4 Both medicine and therapy	0	0	9	39	3	100	12	40.0
5 Other Treatment	0	0	0	0	0	0	0	0.0
Valid responses =	4	13	23	77	3	10	30	8.1

Invalid responses include no response.

65U34) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Schizophrenia and Other Psychotic Conditions (for example: Schizophrenia, Schizoaffective Disorder, Schizophreniform Disorder, Delusional Disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	0	0	0	0	0	0	0	0.0
2 Medicine only	1	100	0	0	0	0	1	50.0
3 Therapy only	0	0	0	0	0	0	0	0.0
4 Both medicine and therapy	0	0	1	100	0	0	1	50.0
5 Other Treatment	0	0	0	0	0	0	0	0.0
Valid responses =	1	50	1	50	0	0	2	0.5

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

65U37) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Tourette's or other neurodevelopmental condition not already listed

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	0	0	0	0	0	0	0	0.0
2 Medicine only	0	0	0	0	0	0	0	0.0
3 Therapy only	0	0	0	0	0	0	0	0.0
4 Both medicine and therapy	0	0	2	100	0	0	2	100.0
5 Other Treatment	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	2	100	0	0	2	0.5

Invalid responses include no response.

65U38) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Traumatic brain injury (TBI)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	0	0	0	0	0	0	1	50.0
2 Medicine only	0	0	0	0	0	0	0	0.0
3 Therapy only	0	0	0	0	0	0	0	0.0
4 Both medicine and therapy	0	0	0	0	0	0	0	0.0
5 Other Treatment	0	0	1	100	0	0	1	50.0
Valid responses =	0	0	1	50	0	0	2	0.5

Invalid responses include no response.

65W1) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Acne

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	17	7	30	0	0	8	26.7
2 Yes	5	83	16	70	1	100	22	73.3
Valid responses =	6	20	23	77	1	3	30	8.1

Invalid responses include no response.

65W4) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Allergies - food allergy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	33	3	30	2	67	6	37.5
2 Yes	2	67	7	70	1	33	10	62.5
Valid responses =	3	19	10	63	3	19	16	4.3

Invalid responses include no response.

65W5) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Allergies - animals/pets

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	25	10	53	0	0	11	47.8
2 Yes	3	75	9	47	0	0	12	52.2
Valid responses =	4	17	19	83	0	0	23	6.2

Invalid responses include no response.

65W6) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Allergies - environmental (for example: pollen, grass, dust, mold)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3	33	16	42	1	100	20	41.7
2 Yes	6	67	22	58	0	0	28	58.3
Valid responses =	9	19	38	79	1	2	48	12.9

Invalid responses include no response.

65W8) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Asthma

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	3	15	0	0	3	11.5
2 Yes	6	100	17	85	0	0	23	88.5
Valid responses =	6	23	20	77	0	0	26	7.0

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

65W12) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Cancer

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	1	100	0	0	0	0	1	100.0
Valid responses =	1	100	0	0	0	0	1	0.3

Invalid responses include no response.

65W13) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Celiac disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	1	100	1	100.0
Valid responses =	0	0	0	0	1	100	1	0.3

Invalid responses include no response.

65W14) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Chronic pain (for example: back or joint pain, arthritis, nerve pain)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	8	31	0	0	8	25.8
2 Yes	2	100	18	69	3	100	23	74.2
Valid responses =	2	6	26	84	3	10	31	8.3

Invalid responses include no response.

65W16) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Diabetes or pre-diabetes/insulin resistance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	67	3	19	1	100	6	30.0
2 Yes	1	33	13	81	0	0	14	70.0
Valid responses =	3	15	16	80	1	5	20	5.4

Invalid responses include no response.

65W18) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Endometriosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	1	20	0	0	1	20.0
2 Yes	0	0	4	80	0	0	4	80.0
Valid responses =	0	0	5	100	0	0	5	1.3

Invalid responses include no response.

65W20) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Genital herpes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	1	100	1	100	0	0	2	100.0
Valid responses =	1	50	1	50	0	0	2	0.5

Invalid responses include no response.

65W21) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Gastroesophageal Reflux Disease (GERD) or acid reflux

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	50	3	18	0	0	4	21.1
2 Yes	1	50	14	82	0	0	15	78.9
Valid responses =	2	11	17	89	0	0	19	5.1

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

65W22) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Heart & vascular disorders (for example: atrial fibrillation or other cardiac arrhythmia, mitral valve prolapse or other valvular heart disease, congenital heart condition)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	3	33	0	0	3	33.3
2 Yes	0	0	6	67	0	0	6	66.7
Valid responses =	0	0	9	100	0	0	9	2.4

Invalid responses include no response.

65W23) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Hepatitis B or C

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.

65W24) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

High blood pressure (hypertension)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	33	3	21	0	0	5	25.0
2 Yes	4	67	11	79	0	0	15	75.0
Valid responses =	6	30	14	70	0	0	20	5.4

Invalid responses include no response.

65W25) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

High cholesterol (hyperlipidemia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4	100	6	33	2	100	12	50.0
2 Yes	0	0	12	67	0	0	12	50.0
Valid responses =	4	17	18	75	2	8	24	6.5

Invalid responses include no response.

65W26) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

HIV or AIDS

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.

65W27) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Human papillomavirus (HPV) or genital warts

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	3	43	0	0	3	42.9
2 Yes	0	0	4	57	0	0	4	57.1
Valid responses =	0	0	7	100	0	0	7	1.9

Invalid responses include no response.

65W29) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Irritable bowel syndrome (spastic colon or spastic bowel)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	3	27	0	0	3	25.0
2 Yes	0	0	8	73	1	100	9	75.0
Valid responses =	0	0	11	92	1	8	12	3.2

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

65W30) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Migraine headaches

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	20	5	17	0	0	6	16.7
2 Yes	4	80	25	83	1	100	30	83.3
Valid responses =	5	14	30	83	1	3	36	9.7

Invalid responses include no response.

65W32) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Polycystic Ovarian Syndrome (PCOS)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	4	33	1	50	6	40.0
2 Yes	0	0	8	67	1	50	9	60.0
Valid responses =	0	0	12	80	2	13	15	4.0

Invalid responses include no response.

65W35) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Sleep Apnea

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	25	2	50	0	0	3	37.5
2 Yes	3	75	2	50	0	0	5	62.5
Valid responses =	4	50	4	50	0	0	8	2.2

Invalid responses include no response.

65W36) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Thyroid condition or disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	100	1	13	0	0	2	22.2
2 Yes	0	0	7	88	0	0	7	77.8
Valid responses =	1	11	8	89	0	0	9	2.4

Invalid responses include no response.

65W39) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Urinary system disorder (for example: bladder or kidney disease, urinary reflux, interstitial cystitis)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	2	100	0	0	2	100.0
Valid responses =	0	0	2	100	0	0	2	0.5

Invalid responses include no response.

65X1) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Acne

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	100	4	57	0	0	5	62.5
2 Yes	0	0	3	43	0	0	3	37.5
Valid responses =	1	13	7	88	0	0	8	2.2

Invalid responses include no response.

65X2) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

ADD/ADHD - Attention Deficit/Hyperactivity Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	2	100	1	100	3	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	2	67	1	33	3	0.8

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

R65X3) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Alcohol or Other Substance Use Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.

65X4) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Allergies - food allergy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	2	67	1	50	3	50.0
2 Yes	1	100	1	33	1	50	3	50.0
Valid responses =	1	17	3	50	2	33	6	1.6

Invalid responses include no response.

65X5) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Allergies - animals/pets

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	100	8	80	0	0	9	81.8
2 Yes	0	0	2	20	0	0	2	18.2
Valid responses =	1	9	10	91	0	0	11	3.0

Invalid responses include no response.

65X6) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Allergies - environmental (for example: pollen, grass, dust, mold)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	67	10	67	0	0	12	63.2
2 Yes	1	33	5	33	1	100	7	36.8
Valid responses =	3	16	15	79	1	5	19	5.1

Invalid responses include no response.

65X7) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Anxiety (for example: Generalized Anxiety, Social Anxiety, Panic Disorder, Specific Phobia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	3	75	0	0	3	60.0
2 Yes	0	0	1	25	1	100	2	40.0
Valid responses =	0	0	4	80	1	20	5	1.3

Invalid responses include no response.

65X8) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Asthma

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	3	100	0	0	3	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	3	100	0	0	3	0.8

Invalid responses include no response.

65X9) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Autism spectrum

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	3	75	0	0	3	60.0
2 Yes	0	0	1	25	1	100	2	40.0
Valid responses =	0	0	4	80	1	20	5	1.3

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

65X10) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Bipolar and Related Conditions (for example: Bipolar I, II, Hypomanic Episode)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.

65X11) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Borderline Personality Disorder (BPD), Avoidant Personality, Dependent Personality, or another personality disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	1	100	1	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	1	100	1	0.3

Invalid responses include no response.

65X12) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Cancer

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.

65X13) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Celiac disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.

65X14) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Chronic pain (for example: back or joint pain, arthritis, nerve pain)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	5	63	0	0	5	62.5
2 Yes	0	0	3	38	0	0	3	37.5
Valid responses =	0	0	8	100	0	0	8	2.2

Invalid responses include no response.

65X15) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Depression (for example: Major depression, persistent depressive disorder, disruptive mood disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	1	100	1	100.0
Valid responses =	0	0	0	0	1	100	1	0.3

Invalid responses include no response.

65X16) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Diabetes or pre-diabetes/insulin resistance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	50	2	67	1	100	4	66.7
2 Yes	1	50	1	33	0	0	2	33.3
Valid responses =	2	33	3	50	1	17	6	1.6

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

65X17) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Eating Disorders (for example: Anorexia Nervosa, Bulimia Nervosa, Binge-Eating)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	2	67	0	0	2	66.7
2 Yes	0	0	1	33	0	0	1	33.3
Valid responses =	0	0	3	100	0	0	3	0.8

Invalid responses include no response.

65X18) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Endometriosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	1	100	0	0	1	100.0
Valid responses =	0	0	1	100	0	0	1	0.3

Invalid responses include no response.

65X19) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Gambling Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.

65X20) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Genital herpes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.

65X21) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Gastroesophageal Reflux Disease (GERD) or acid reflux

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	100	2	67	0	0	3	75.0
2 Yes	0	0	1	33	0	0	1	25.0
Valid responses =	1	25	3	75	0	0	4	1.1

Invalid responses include no response.

65X22) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Heart & vascular disorders (for example: atrial fibrillation or other cardiac arrhythmia, mitral valve prolapse or other valvular heart disease, congenital heart condition)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	3	100	0	0	3	100.0
Valid responses =	0	0	3	100	0	0	3	0.8

Invalid responses include no response.

65X23) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Hepatitis B or C

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

65X24) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

High blood pressure (hypertension)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	100	2	67	0	0	4	80.0
2 Yes	0	0	1	33	0	0	1	20.0
Valid responses =	2	40	3	60	0	0	5	1.3

Invalid responses include no response.

65X25) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

High cholesterol (hyperlipidemia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3	75	3	50	2	100	8	66.7
2 Yes	1	25	3	50	0	0	4	33.3
Valid responses =	4	33	6	50	2	17	12	3.2

Invalid responses include no response.

65X26) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

HIV or AIDS

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.

65X27) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Human papillomavirus (HPV) or genital warts

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	2	100	0	0	2	100.0
Valid responses =	0	0	2	100	0	0	2	0.5

Invalid responses include no response.

65X28) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Insomnia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	1	50	0	0	1	50.0
2 Yes	0	0	1	50	0	0	1	50.0
Valid responses =	0	0	2	100	0	0	2	0.5

Invalid responses include no response.

65X29) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Irritable bowel syndrome (spastic colon or spastic bowel)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	3	100	0	0	3	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	3	100	0	0	3	0.8

Invalid responses include no response.

65X30) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Migraine headaches

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	100	1	20	0	0	2	33.3
2 Yes	0	0	4	80	0	0	4	66.7
Valid responses =	1	17	5	83	0	0	6	1.6

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

65X31) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Obsessive-Compulsive and Related Conditions (for example: OCD, Body Dysmorphia, Hoarding, Trichotillomania and other body-focused repetitive behavior disorders)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	1	100	0	0	1	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	1	100	0	0	1	0.3

Invalid responses include no response.

65X32) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Polycystic Ovarian Syndrome (PCOS)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	2	50	0	0	3	50.0
2 Yes	0	0	2	50	1	100	3	50.0
Valid responses =	0	0	4	67	1	17	6	1.6

Invalid responses include no response.

65X33) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

PTSD (Posttraumatic Stress Disorder), Acute Stress Disorder, Adjustment Disorder, or another trauma- or stressor-related condition

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.

65X34) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Schizophrenia and Other Psychotic Conditions (for example: Schizophrenia, Schizoaffective Disorder, Schizophreniform Disorder, Delusional Disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.

65X35) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Sleep Apnea

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	100	1	50	0	0	2	66.7
2 Yes	0	0	1	50	0	0	1	33.3
Valid responses =	1	33	2	67	0	0	3	0.8

Invalid responses include no response.

65X36) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Thyroid condition or disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	1	100	0	0	1	50.0
2 Yes	1	100	0	0	0	0	1	50.0
Valid responses =	1	50	1	50	0	0	2	0.5

Invalid responses include no response.

65X37) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Tourette's or other neurodevelopmental condition not already listed

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

65X38) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Traumatic brain injury (TBI)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	1	100.0
Valid responses =	0	0	0	0	0	0	1	0.3

Invalid responses include no response.

65X39) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Urinary system disorder (for example: bladder or kidney disease, urinary reflux, interstitial cystitis)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.

65Y) Within the last 12 months, to what extent did your ongoing or chronic condition(s) negatively affect your academic performance?
(only includes students with an ongoing or chronic condition)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	34	76	115	57	12	50	162	59.1
2 Negatively impacted performance in a class	9	20	74	37	11	46	95	34.7
3 Delayed progress towards degree	2	4	14	7	1	4	17	6.2
Valid responses =	45	16	203	74	24	9	274	73.7

Invalid responses include no response.

66A) Within the last 12 months, have any of the following affected your academic performance?

Assault (physical)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	67	99	261	97	25	100	355	97.3
2 Did not affect academic performance	1	2	7	3	0	0	8	2.2
3 Negatively impacted performance in a class	0	0	2	1	0	0	2	0.5
4 Delayed progress towards degree	0	0	0	0	0	0	0	0.0
Valid responses =	68	19	270	74	25	7	365	98.1

Invalid responses include no response.

66B) Within the last 12 months, have any of the following affected your academic performance?

Assault (sexual)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	66	97	255	94	25	96	348	95.1
2 Did not affect academic performance	2	3	9	3	0	0	11	3.0
3 Negatively impacted performance in a class	0	0	3	1	1	4	4	1.1
4 Delayed progress towards degree	0	0	3	1	0	0	3	0.8
Valid responses =	68	19	270	74	26	7	366	98.4

Invalid responses include no response.

66C) Within the last 12 months, have any of the following affected your academic performance?

Allergies

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	41	60	168	63	17	65	228	62.8
2 Did not affect academic performance	23	34	91	34	7	27	121	33.3
3 Negatively impacted performance in a class	4	6	8	3	2	8	14	3.9
4 Delayed progress towards degree	0	0	0	0	0	0	0	0.0
Valid responses =	68	19	267	74	26	7	363	97.6

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

66D) Within the last 12 months, have any of the following affected your academic performance?

Anxiety

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	30	44	69	26	7	27	106	29.0
2 Did not affect academic performance	26	38	110	41	9	35	146	39.9
3 Negatively impacted performance in a class	12	18	76	28	8	31	97	26.5
4 Delayed progress towards degree	0	0	15	6	2	8	17	4.6
Valid responses =	68	19	270	74	26	7	366	98.4

Invalid responses include no response.

66E) Within the last 12 months, have any of the following affected your academic performance?

Attention-Deficit/Hyperactivity Disorder (ADHD) or Attention-Deficit Disorder (ADD)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	55	82	204	76	9	35	270	74.2
2 Did not affect academic performance	3	5	24	9	6	23	33	9.1
3 Negatively impacted performance in a class	6	9	34	13	9	35	49	13.5
4 Delayed progress towards degree	3	5	7	3	2	8	12	3.3
Valid responses =	67	18	269	74	26	7	364	97.8

Invalid responses include no response.

66F) Within the last 12 months, have any of the following affected your academic performance?

Concussion or Traumatic Brain Injury (TBI)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	66	99	260	97	25	96	352	96.7
2 Did not affect academic performance	1	2	6	2	1	4	8	2.2
3 Negatively impacted performance in a class	0	0	3	1	0	0	4	1.1
4 Delayed progress towards degree	0	0	0	0	0	0	0	0.0
Valid responses =	67	18	269	74	26	7	364	97.8

Invalid responses include no response.

66S) Within the last 12 months, have any of the following affected your academic performance?

COVID-19

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	61	91	249	92	23	89	334	91.5
2 Did not affect academic performance	6	9	13	5	3	12	23	6.3
3 Negatively impacted performance in a class	0	0	7	3	0	0	7	1.9
4 Delayed progress towards degree	0	0	1	0	0	0	1	0.3
Valid responses =	67	18	270	74	26	7	365	98.1

Invalid responses include no response.

66G) Within the last 12 months, have any of the following affected your academic performance?

Depression

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	46	69	148	55	9	36	204	56.2
2 Did not affect academic performance	15	22	53	20	7	28	75	20.7
3 Negatively impacted performance in a class	4	6	55	20	8	32	68	18.7
4 Delayed progress towards degree	2	3	13	5	1	4	16	4.4
Valid responses =	67	18	269	74	25	7	363	97.6

Invalid responses include no response.

66H) Within the last 12 months, have any of the following affected your academic performance?

Eating disorder/problem

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	62	94	220	82	22	85	306	84.1
2 Did not affect academic performance	4	6	37	14	4	15	45	12.4
3 Negatively impacted performance in a class	0	0	10	4	0	0	10	2.7
4 Delayed progress towards degree	0	0	3	1	0	0	3	0.8
Valid responses =	66	18	270	74	26	7	364	97.8

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

66I) Within the last 12 months, have any of the following affected your academic performance?

Headaches/migraines

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	46	69	156	58	15	58	218	60.1
2 Did not affect academic performance	16	24	68	25	8	31	92	25.3
3 Negatively impacted performance in a class	5	8	40	15	3	12	49	13.5
4 Delayed progress towards degree	0	0	4	2	0	0	4	1.1
Valid responses =	67	18	268	74	26	7	363	97.6

Invalid responses include no response.

66J) Within the last 12 months, have any of the following affected your academic performance?

Influenza or influenza like illness (the flu)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	58	87	209	77	21	81	290	79.5
2 Did not affect academic performance	5	8	40	15	3	12	48	13.2
3 Negatively impacted performance in a class	4	6	21	8	1	4	26	7.1
4 Delayed progress towards degree	0	0	0	0	1	4	1	0.3
Valid responses =	67	18	270	74	26	7	365	98.1

Invalid responses include no response.

66K) Within the last 12 months, have any of the following affected your academic performance?

Injury (for example: burn, sprain, or broken bone) excluding concussion or TBI

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	62	93	252	94	24	92	340	93.4
2 Did not affect academic performance	4	6	13	5	1	4	18	4.9
3 Negatively impacted performance in a class	1	2	3	1	1	4	5	1.4
4 Delayed progress towards degree	0	0	1	0	0	0	1	0.3
Valid responses =	67	18	269	74	26	7	364	97.8

Invalid responses include no response.

66L) Within the last 12 months, have any of the following affected your academic performance?

PMS (Premenstrual Syndrome), painful periods, or menstrual cramping

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	67	100	156	58	18	69	243	66.6
2 Did not affect academic performance	0	0	76	28	5	19	81	22.2
3 Negatively impacted performance in a class	0	0	36	13	3	12	39	10.7
4 Delayed progress towards degree	0	0	2	1	0	0	2	0.5
Valid responses =	67	18	270	74	26	7	365	98.1

Invalid responses include no response.

66M) Within the last 12 months, have any of the following affected your academic performance?

Post Traumatic Stress Disorder (PTSD)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	62	93	232	86	22	85	318	87.1
2 Did not affect academic performance	4	6	23	9	1	4	28	7.7
3 Negatively impacted performance in a class	1	2	11	4	2	8	14	3.8
4 Delayed progress towards degree	0	0	4	2	1	4	5	1.4
Valid responses =	67	18	270	74	26	7	365	98.1

Invalid responses include no response.

66N) Within the last 12 months, have any of the following affected your academic performance?

Short-term illness, excluding upper respiratory illness and influenza

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	57	85	222	82	19	73	300	82.2
2 Did not affect academic performance	8	12	29	11	4	15	41	11.2
3 Negatively impacted performance in a class	2	3	19	7	2	8	23	6.3
4 Delayed progress towards degree	0	0	0	0	1	4	1	0.3
Valid responses =	67	18	270	74	26	7	365	98.1

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

66O) Within the last 12 months, have any of the following affected your academic performance?

Upper respiratory illness (for example: sinus infection, colds, or sore throat, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	53	79	186	69	17	65	258	70.7
2 Did not affect academic performance	10	15	56	21	7	27	73	20.0
3 Negatively impacted performance in a class	4	6	28	10	2	8	34	9.3
4 Delayed progress towards degree	0	0	0	0	0	0	0	0.0
Valid responses =	67	18	270	74	26	7	365	98.1

Invalid responses include no response.

66P) Within the last 12 months, have any of the following affected your academic performance?

Sleep difficulties

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	29	43	113	42	8	31	151	41.4
2 Did not affect academic performance	25	37	88	33	9	35	123	33.7
3 Negatively impacted performance in a class	13	19	62	23	8	31	83	22.7
4 Delayed progress towards degree	0	0	7	3	1	4	8	2.2
Valid responses =	67	18	270	74	26	7	365	98.1

Invalid responses include no response.

66Q) Within the last 12 months, have any of the following affected your academic performance?

Stress

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	23	34	48	18	2	8	74	20.3
2 Did not affect academic performance	33	49	112	42	9	35	154	42.3
3 Negatively impacted performance in a class	11	16	92	34	14	54	118	32.4
4 Delayed progress towards degree	1	2	16	6	1	4	18	4.9
Valid responses =	68	19	268	74	26	7	364	97.8

Invalid responses include no response.

66R) Within the last 12 months, have any of the following affected your academic performance?

Other issue not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	58	100	195	98	22	100	276	98.6
2 Did not affect academic performance	0	0	3	2	0	0	3	1.1
3 Negatively impacted performance in a class	0	0	0	0	0	0	0	0.0
4 Delayed progress towards degree	0	0	1	1	0	0	1	0.4
Valid responses =	58	21	199	71	22	8	280	75.3

Invalid responses include no response.

67A) What sex were you assigned at birth?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Female	0	0	270	100	22	85	294	80.3
2 Male	67	99	0	0	4	15	71	19.4
3 Intersex	1	2	0	0	0	0	1	0.3
Valid responses =	68	19	270	74	26	7	366	98.4

Invalid responses include no response.

67B) Do you identify as transgender?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	68	100	270	100	8	31	348	95.1
2 Yes	0	0	0	0	18	69	18	4.9
Valid responses =	68	19	270	74	26	7	366	98.4

Invalid responses include no response.

67C) Which term do you use to describe your gender identity?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Woman or female	0	0	270	100	1	4	272	74.3
2 Man or male	68	100	0	0	3	12	71	19.4
3 Trans woman	0	0	0	0	2	8	2	0.5
4 Trans man	0	0	0	0	5	19	5	1.4
5 Genderqueer	0	0	0	0	1	4	1	0.3
6 My identity is not listed	0	0	0	0	0	0	0	0.0
7 Agender	0	0	0	0	2	8	2	0.5
8 Genderfluid	0	0	0	0	0	0	0	0.0
9 Non-binary	0	0	0	0	12	46	13	3.6
10 Intersex	0	0	0	0	0	0	0	0.0
Valid responses =	68	19	270	74	26	7	366	98.4

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

68) What term best describes your sexual orientation?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Asexual	0	0	9	3	3	12	12	3.3
2 Bisexual	5	7	45	17	7	27	57	15.5
3 Gay	3	4	0	0	0	0	3	0.8
4 Lesbian	0	0	7	3	2	8	9	2.5
5 Pansexual	0	0	6	2	4	15	11	3.0
6 Queer	0	0	6	2	5	19	11	3.0
7 Questioning	2	3	9	3	1	4	12	3.3
9 Straight/Heterosexual	58	85	185	69	3	12	248	67.6
10 My identity not listed above	0	0	3	1	1	4	4	1.1
Valid responses =	68	19	270	74	26	7	367	98.7

Invalid responses include no response.

69) How old are you?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 18 Years	2	3	16	6	2	8	21	5.8
2 19 Years	4	6	19	7	4	17	27	7.5
3 20 Years	3	5	32	12	3	13	38	10.5
4 21 Years	12	18	32	12	4	17	50	13.9
5 22 Years	7	10	35	13	4	17	46	12.7
6 23 Years	8	12	22	8	3	13	33	9.1
7 24 Years	2	3	9	3	2	8	13	3.6
8 25 Years	6	9	13	5	1	4	20	5.5
9 26 to 30 Years	7	10	28	11	0	0	35	9.7
10 31 to 40 Years	9	13	35	13	0	0	44	12.2
11 41 or More Years	7	10	26	10	1	4	34	9.4
Valid responses =	67	19	267	74	24	7	361	97.0

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	27.31	23.00	10.18	18	65
Cis Women	26.55	22.00	9.5	18	75
Trans/Gender Non-conforming	22.17	21.00	5.43	18	46
Overall	26.34	22.00	9.45	18	75

71) What is your weight in pounds?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 51 to 100 Pounds	0	0	13	5	2	8	16	4.5
2 101 to 150 Pounds	17	27	139	53	10	39	168	47.1
3 151 to 200 Pounds	30	47	71	27	10	39	111	31.1
4 201 to 250 Pounds	11	17	31	12	2	8	44	12.3
5 251 to 300 Pounds	4	6	8	3	2	8	14	3.9
6 301 or More Pounds	2	3	2	1	0	0	4	1.1
Valid responses =	64	18	264	74	26	7	357	96.0

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	183.73	175.00	49.44	107	349
Cis Women	155.65	140.00	46.96	83	351
Trans/Gender Non-conforming	164.85	158.00	48.8	69	270
Overall	161.03	150.00	48.61	69	351



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

72) What is your year in school?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 1st year undergraduate	6	9	37	14	4	15	48	13.1
2 2nd year undergraduate	7	10	32	12	5	19	44	12.0
3 3rd year undergraduate	17	25	62	23	5	19	85	23.2
4 4th year undergraduate	18	27	67	25	4	15	90	24.6
5 5th year or more undergraduate	9	13	29	11	4	15	42	11.5
6 Master's (MA, MS, etc.)	9	13	28	10	1	4	38	10.4
7 Doctorate (PhD, EdD, MD, JD, etc.)	0	0	5	2	1	4	6	1.6
8 Not seeking a degree	0	0	0	0	0	0	0	0.0
9 Other (please specify):	2	3	9	3	2	8	13	3.6
Valid responses =	68	19	269	73	26	7	366	98.4

Invalid responses include no response.

73) What is your enrollment status?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Full-time	57	84	232	87	24	92	316	86.6
2 Part-time	11	16	35	13	2	8	48	13.2
3 Other	0	0	1	0	0	0	1	0.3
Valid responses =	68	19	268	73	26	7	365	98.1

Invalid responses include no response.

73A) I am taking classes this term:

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Entirely in-person	25	37	63	23	9	35	97	26.5
2 Entirely online	3	4	45	17	1	4	49	13.4
3 A mix of in-person and online classes	40	59	161	60	16	62	220	60.1
Valid responses =	68	19	269	73	26	7	366	98.4

Invalid responses include no response.

73B1) How likely is it that you will:

Leave your school before graduating and transfer to another school?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Very likely	1	2	7	3	1	4	9	2.5
2 Moderately likely	3	4	8	3	0	0	12	3.3
3 Slightly likely	7	10	13	5	0	0	20	5.4
4 Slightly unlikely	3	4	10	4	1	4	14	3.8
5 Moderately unlikely	6	9	22	8	5	19	33	9.0
6 Very unlikely	48	71	210	78	19	73	279	76.0
Valid responses =	68	19	270	74	26	7	367	98.7

Invalid responses include no response.

73B2) How likely is it that you will:

Leave your school before graduating without transferring to another school?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Very likely	1	2	5	2	1	4	7	1.9
2 Moderately likely	2	3	1	0	2	8	5	1.4
3 Slightly likely	1	2	5	2	3	12	9	2.5
4 Slightly unlikely	6	9	3	1	2	8	11	3.0
5 Moderately unlikely	3	4	16	6	3	12	22	6.0
6 Very unlikely	55	81	238	89	15	58	310	85.2
Valid responses =	68	19	268	74	26	7	364	97.8

Invalid responses include no response.

73C1) What would be your reason(s) for leaving your current college/university?

(only students that are very, moderately, or slightly likely to leave their school)

Lack of safe and/or affordable housing

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11	85	27	87	7	100	46	88.5
2 Yes	2	15	4	13	0	0	6	11.5
Valid responses =	13	25	31	60	7	13	52	14.0

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

73C2) What would be your reason(s) for leaving your current college/university?

(only students that are very, moderately, or slightly likely to leave their school)

Financial concerns other than housing

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8	62	21	66	3	43	33	62.3
2 Yes	5	39	11	34	4	57	20	37.7
Valid responses =	13	25	32	60	7	13	53	14.2

Invalid responses include no response.

73C3) What would be your reason(s) for leaving your current college/university?

(only students that are very, moderately, or slightly likely to leave their school)

Need to take care of family members/children

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9	69	26	81	7	100	43	81.1
2 Yes	4	31	6	19	0	0	10	18.9
Valid responses =	13	25	32	60	7	13	53	14.2

Invalid responses include no response.

73C4) What would be your reason(s) for leaving your current college/university?

(only students that are very, moderately, or slightly likely to leave their school)

Conflicts with work responsibilities/schedule

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8	62	22	69	6	86	37	69.8
2 Yes	5	39	10	31	1	14	16	30.2
Valid responses =	13	25	32	60	7	13	53	14.2

Invalid responses include no response.

73C5) What would be your reason(s) for leaving your current college/university?

(only students that are very, moderately, or slightly likely to leave their school)

Ongoing physical and/or mental health issues

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	12	92	28	88	1	14	42	79.2
2 Yes	1	8	4	13	6	86	11	20.8
Valid responses =	13	25	32	60	7	13	53	14.2

Invalid responses include no response.

73C6) What would be your reason(s) for leaving your current college/university?

(only students that are very, moderately, or slightly likely to leave their school)

Change in my academic plans and/or professional goals (e.g., institution doesn't have the academic program I want; I may not want my chosen degree anymore)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8	62	20	65	4	57	33	63.5
2 Yes	5	39	11	36	3	43	19	36.5
Valid responses =	13	25	31	60	7	13	52	14.0

Invalid responses include no response.

73C7) What would be your reason(s) for leaving your current college/university?

(only students that are very, moderately, or slightly likely to leave their school)

Poor academic performance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10	77	28	88	3	43	42	79.2
2 Yes	3	23	4	13	4	57	11	20.8
Valid responses =	13	25	32	60	7	13	53	14.2

Invalid responses include no response.

73C8) What would be your reason(s) for leaving your current college/university?

(only students that are very, moderately, or slightly likely to leave their school)

Negative experience at my college/university

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10	77	28	88	5	71	44	83.0
2 Yes	3	23	4	13	2	29	9	17.0
Valid responses =	13	25	32	60	7	13	53	14.2

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

73C9) What would be your reason(s) for leaving your current college/university?

(only students that are very, moderately, or slightly likely to leave their school)

I don't feel like I fit in at my college/university

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8	67	29	91	5	71	42	80.8
2 Yes	4	33	3	9	2	29	10	19.2
Valid responses =	12	23	32	62	7	13	52	14.0

Invalid responses include no response.

73C10) What would be your reason(s) for leaving your current college/university?

(only students that are very, moderately, or slightly likely to leave their school)

Other (please specify)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11	92	23	85	5	83	39	86.7
2 Yes	1	8	4	15	1	17	6	13.3
Valid responses =	12	27	27	60	6	13	45	12.1

Invalid responses include no response.

74A) Are you studying in the United States this semester/term?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	7	10	23	9	1	4	31	8.5
2 Yes	61	90	242	91	25	96	332	91.5
Valid responses =	68	19	265	73	26	7	363	97.6

Invalid responses include no response.

74B) Do you have a visa (for example: F-1, J-1, or M-1) to study or work in the United States? (only students that are studying in the U.S. this semester/term)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	51	85	201	85	21	84	275	84.6
2 Yes	9	15	37	16	4	16	50	15.4
Valid responses =	60	18	238	73	25	8	325	87.4

Invalid responses include no response.

74C) Would you need a visa (for example: F-1, J-1, or M-1) to study or work in the United States? (only students that are NOT studying in the U.S. this semester/term)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	7	100	22	96	1	100	30	96.8
2 Yes	0	0	1	4	0	0	1	3.2
Valid responses =	7	23	23	74	1	3	31	8.3

Invalid responses include no response.

75A1) How do you usually describe yourself? (Please select ALL that apply)

American Indian or Alaska Native

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	66	97	264	98	24	92	362	97.3
1 Selected	2	3	6	2	2	8	10	2.7
Valid responses =	68	18	270	73	26	7	372	100.0

Invalid responses include no response.

75A2) How do you usually describe yourself? (Please select ALL that apply)

Asian or Asian American

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	50	74	232	86	23	89	313	84.1
1 Selected	18	27	38	14	3	12	59	15.9
Valid responses =	68	18	270	73	26	7	372	100.0

Invalid responses include no response.

75A3) How do you usually describe yourself? (Please select ALL that apply)

Black or African American

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	62	91	263	97	26	100	359	96.5
1 Selected	6	9	7	3	0	0	13	3.5
Valid responses =	68	18	270	73	26	7	372	100.0

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

75A4) How do you usually describe yourself? (Please select ALL that apply)

Hispanic or Latino/a/x

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	42	62	127	47	12	46	186	50.0
1 Selected	26	38	143	53	14	54	186	50.0
Valid responses =	68	18	270	73	26	7	372	100.0

Invalid responses include no response.

75A5) How do you usually describe yourself? (Please select ALL that apply)

Middle Eastern/North African (MENA) or Arab Origin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	66	97	264	98	24	92	362	97.3
1 Selected	2	3	6	2	2	8	10	2.7
Valid responses =	68	18	270	73	26	7	372	100.0

Invalid responses include no response.

75A6) How do you usually describe yourself? (Please select ALL that apply)

Native Hawaiian or Other Pacific Islander Native

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	66	97	269	100	25	96	368	98.9
1 Selected	2	3	1	0	1	4	4	1.1
Valid responses =	68	18	270	73	26	7	372	100.0

Invalid responses include no response.

75A7) How do you usually describe yourself? (Please select ALL that apply)

White

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	36	53	159	59	14	54	217	58.3
1 Selected	32	47	111	41	12	46	155	41.7
Valid responses =	68	18	270	73	26	7	372	100.0

Invalid responses include no response.

75A8) How do you usually describe yourself? (Please select ALL that apply)

Biracial or Multiracial

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	62	91	253	94	20	77	343	92.2
1 Selected	6	9	17	6	6	23	29	7.8
Valid responses =	68	18	270	73	26	7	372	100.0

Invalid responses include no response.

75A9) How do you usually describe yourself? (Please select ALL that apply)

Another Identity

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	65	96	266	99	26	100	365	98.1
1 Selected	3	4	4	2	0	0	7	1.9
Valid responses =	68	18	270	73	26	7	372	100.0

Invalid responses include no response.

75B1) Are you? (Please select ALL that apply) (only includes students that describe themselves as Hispanic or Latino/a/x)

Mexican, Mexican American, Chicano

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	6	23	17	12	1	7	25	13.4
1 Selected	20	77	126	88	13	93	161	86.6
Valid responses =	26	14	143	77	14	8	186	50.0

Invalid responses include no response.

75B2) Are you? (Please select ALL that apply) (only includes students that describe themselves as Hispanic or Latino/a/x)

Puerto Rican

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	25	96	140	98	12	86	180	96.8
1 Selected	1	4	3	2	2	14	6	3.2
Valid responses =	26	14	143	77	14	8	186	50.0

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

75B3) Are you? (Please select ALL that apply) (only includes students that describe themselves as Hispanic or Latino/a/x)

Cuban

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	26	100	143	100	14	100	186	100.0
1 Selected	0	0	0	0	0	0	0	0.0
Valid responses =	26	14	143	77	14	8	186	50.0
Invalid responses include no response.								

75B4) Are you? (Please select ALL that apply) (only includes students that describe themselves as Hispanic or Latino/a/x)

Another Hispanic, Latino/a/x, or Spanish origin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	20	77	124	87	12	86	159	85.5
1 Selected	6	23	19	13	2	14	27	14.5
Valid responses =	26	14	143	77	14	8	186	50.0
Invalid responses include no response.								

75C1) Are you? (Please select ALL that apply) (only includes students that describe themselves as Asian or Asian American)

East Asian (for example: Chinese, Japanese, or Korean)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	14	78	23	61	2	67	39	66.1
1 Selected	4	22	15	40	1	33	20	33.9
Valid responses =	18	31	38	64	3	5	59	15.9
Invalid responses include no response.								

75C2) Are you? (Please select ALL that apply) (only includes students that describe themselves as Asian or Asian American)

Southeast Asian (for example: Cambodian, Vietnamese, Hmong, or Filipino)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	9	50	16	42	1	33	26	44.1
1 Selected	9	50	22	58	2	67	33	55.9
Valid responses =	18	31	38	64	3	5	59	15.9
Invalid responses include no response.								

75C3) Are you? (Please select ALL that apply) (only includes students that describe themselves as Asian or Asian American)

South Asian (for example: Indian, Pakistani, Nepalese, or Sri Lankan)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	13	72	33	87	3	100	49	83.1
1 Selected	5	28	5	13	0	0	10	16.9
Valid responses =	18	31	38	64	3	5	59	15.9
Invalid responses include no response.								

75C4) Are you? (Please select ALL that apply) (only includes students that describe themselves as Asian or Asian American)

Other Asian

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	17	94	38	100	3	100	58	98.3
1 Selected	1	6	0	0	0	0	1	1.7
Valid responses =	18	31	38	64	3	5	59	15.9
Invalid responses include no response.								

76) What is your relationship status?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not in a relationship	38	56	114	42	11	42	164	44.8
2 In relationship not married/partnered	23	34	113	42	13	50	150	41.0
3 Married/partnered	7	10	43	16	2	8	52	14.2
Valid responses =	68	19	270	74	26	7	366	98.4
Invalid responses include no response.								

77A) Are you a member of a social fraternity or sorority?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	67	99	265	98	25	96	359	98.1
2 Yes	1	2	5	2	1	4	7	1.9
Valid responses =	68	19	270	74	26	7	366	98.4
Invalid responses include no response.								



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

77B) Do you live in a fraternity or sorority residence?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	67	100	268	100	26	100	363	99.7
2 Yes	0	0	1	0	0	0	1	0.3
Valid responses =	67	18	269	74	26	7	364	97.8

Invalid responses include no response.

78) Where do you currently live? (only includes students that do not live in a fraternity/sorority residence)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Campus/university housing	16	24	68	25	11	44	96	26.4
2 Parent/guardian/other family member's home	31	46	114	42	12	48	158	43.4
3 Off-campus/non-university housing	17	25	79	29	2	8	98	26.9
4 Temporarily with relative, friend, couch surfing	1	2	0	0	0	0	1	0.3
5 Don't have a place to live	0	0	0	0	0	0	0	0.0
6 Other (please specify)	3	4	8	3	0	0	11	3.0
Valid responses =	68	19	269	74	25	7	364	97.8

Invalid responses include no response.

79_1) What is your primary source of health insurance? (select all that apply)

I have a college/university Student Health Insurance Plan

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not Selected	60	88.2	257	95.2	26	100	351	94.4
1 Selected	8	11.8	13	4.8	0	0	21	5.6
Valid responses =	68	18	270	73	26	7	372	100.0

Invalid responses include no response.

79_2) What is your primary source of health insurance? (select all that apply)

I have health insurance through my parent/guardian (or their employer)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not Selected	40	59	149	55	8	31	204	54.8
1 Selected	28	41	121	45	18	69	168	45.2
Valid responses =	68	18	270	73	26	7	372	100.0

Invalid responses include no response.

79_3) What is your primary source of health insurance? (select all that apply)

I have health insurance through my employer (or my spouse/partner's employer)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not Selected	59	87	225	83	24	92	315	84.7
1 Selected	9	13	45	17	2	8	57	15.3
Valid responses =	68	18	270	73	26	7	372	100.0

Invalid responses include no response.

79_4) What is your primary source of health insurance? (select all that apply)

I have health insurance through Medicaid, Medicare, or VA/Tricare

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not Selected	49	72	190	70	21	81	267	71.8
1 Selected	19	28	80	30	5	19	105	28.2
Valid responses =	68	18	270	73	26	7	372	100.0

Invalid responses include no response.

79_5) What is your primary source of health insurance? (select all that apply)

I have health insurance that was purchased from the exchange or an insurance carrier directly

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not Selected	68	100	262	97	26	100	364	97.8
1 Selected	0	0	8	3	0	0	8	2.2
Valid responses =	68	18	270	73	26	7	372	100.0

Invalid responses include no response.

79_9) What is your primary source of health insurance? (select all that apply)

I have health insurance through an embassy or sponsoring agency for international students

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not Selected	68	100	270	100	26	100	372	100.0
1 Selected	0	0	0	0	0	0	0	0.0
Valid responses =	68	18	270	73	26	7	372	100.0

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

79_10) What is your primary source of health insurance? (select all that apply)

I have health insurance through another source (please specify)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not Selected	64	94	263	97	25	96	360	96.8
1 Selected	4	6	7	3	1	4	12	3.2
Valid responses =	68	18	270	73	26	7	372	100.0

Invalid responses include no response.

79_8) What is your primary source of health insurance? (select all that apply)

I have health insurance, but I don't know the primary source

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not Selected	65	96	263	97	26	100	362	97.3
1 Selected	3	4	7	3	0	0	10	2.7
Valid responses =	68	18	270	73	26	7	372	100.0

Invalid responses include no response.

79_6) What is your primary source of health insurance? (select all that apply)

I don't have health insurance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not Selected	65	96	261	97	25	96	359	96.5
1 Selected	3	4	9	3	1	4	13	3.5
Valid responses =	68	18	270	73	26	7	372	100.0

Invalid responses include no response.

79_7) What is your primary source of health insurance? (select all that apply)

I don't know if I have health insurance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not Selected	65	96	267	99	26	100	366	98.4
1 Selected	3	4	3	1	0	0	6	1.6
Valid responses =	68	18	270	73	26	7	372	100.0

Invalid responses include no response.

80) What is your approximate cumulative grade average?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 A+	7	10	24	9	3	12	34	9.3
2 A	19	28	107	40	5	19	131	35.9
3 A-	15	22	50	19	6	23	71	19.5
4 B+	12	18	40	15	1	4	54	14.8
5 B	8	12	25	9	7	27	41	11.2
6 B-	3	4	5	2	4	15	12	3.3
7 C+	2	3	10	4	0	0	12	3.3
8 C	1	2	5	2	0	0	6	1.6
9 C-	1	2	1	0	0	0	2	0.5
10 D+	0	0	0	0	0	0	0	0.0
11 D	0	0	0	0	0	0	0	0.0
12 D-	0	0	0	0	0	0	0	0.0
13 F	0	0	0	0	0	0	0	0.0
14 N/A	0	0	2	1	0	0	2	0.5
Valid responses =	68	19	269	74	26	7	365	98.1

Invalid responses include no response.

81A) Do you participate in organized college athletics at any of the following levels?

Varsity

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	65	97	267	99	26	100	360	98.6
2 Yes	2	3	3	1	0	0	5	1.4
Valid responses =	67	18	270	74	26	7	365	98.1

Invalid responses include no response.

81B) Do you participate in organized college athletics at any of the following levels?

Club Sports

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	61	90	261	97	26	100	349	95.6
2 Yes	7	10	8	3	0	0	16	4.4
Valid responses =	68	19	269	74	26	7	365	98.1

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

81C) Do you participate in organized college athletics at any of the following levels?

Intramurals

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	66	99	266	99	24	96	358	98.6
2 Yes	1	2	3	1	1	4	5	1.4
Valid responses =	67	18	269	74	25	7	363	97.6
Invalid responses include no response.								

82A) Do you have any of the following?

Attention-Deficit/Hyperactivity Disorder (ADD or ADHD)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	56	82	214	80	8	32	280	77.1
2 Yes	12	18	54	20	17	68	83	22.9
Valid responses =	68	19	268	74	25	7	363	97.6
Invalid responses include no response.								

82B) Do you have any of the following?

Autism Spectrum Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	54	81	253	94	15	58	324	89.3
2 Yes	13	19	15	6	11	42	39	10.7
Valid responses =	67	18	268	74	26	7	363	97.6
Invalid responses include no response.								

82C) Do you have any of the following?

Deaf/Hearing loss

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	64	97	262	97	25	100	353	97.5
2 Yes	2	3	7	3	0	0	9	2.5
Valid responses =	66	18	269	74	25	7	362	97.3
Invalid responses include no response.								

82D) Do you have any of the following?

Learning disability

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	63	96	234	87	18	72	317	87.8
2 Yes	3	5	34	13	7	28	44	12.2
Valid responses =	66	18	268	74	25	7	361	97.0
Invalid responses include no response.								

82E) Do you have any of the following?

Mobility/Dexterity disability

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	66	100	261	97	25	100	354	97.5
2 Yes	0	0	9	3	0	0	9	2.5
Valid responses =	66	18	270	74	25	7	363	97.6
Invalid responses include no response.								

82F) Do you have any of the following?

Blind/Low Vision

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	64	97	244	91	24	96	334	92.3
2 Yes	2	3	25	9	1	4	28	7.7
Valid responses =	66	18	269	74	25	7	362	97.3
Invalid responses include no response.								



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

82G) Do you have any of the following?

Speech or language disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	65	99	265	99	24	96	356	98.3
2 Yes	1	2	4	2	1	4	6	1.7
Valid responses =	66	18	269	74	25	7	362	97.3

Invalid responses include no response.

83) Are you currently or have you been a member of the Armed Services?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	63	93	264	99	26	100	355	97.5
2 Yes, have served in area of hazardous duty	1	2	2	1	0	0	3	0.8
3 Yes, have not served in area hazardous duty	4	6	2	1	0	0	6	1.6
Valid responses =	68	19	268	74	26	7	364	97.8

Invalid responses include no response.

84) What is the highest level of education completed by either of your parents (or guardians)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not finish high school	6	9	37	14	1	4	45	12.3
2 High school diploma or GED	12	18	59	22	5	19	76	20.8
3 Attended college but no degree	3	4	30	11	5	19	38	10.4
4 Associate's degree	13	19	47	18	5	19	65	17.8
5 Bachelor's degree	17	25	48	18	5	19	71	19.5
6 Master's degree	9	13	36	13	4	15	49	13.4
7 Doctoral or professional degree (PhD, EdD, MD, JD, etc.)	6	9	12	5	1	4	19	5.2
8 Don't know	2	3	0	0	0	0	2	0.5
Valid responses =	68	19	269	74	26	7	365	98.1

Invalid responses include no response.

85) Are you a parent of a child under the age of 18 or do you have primary responsibility for someone else's child/children under the age of 18?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	61	92	233	87	25	96	321	88.4
2 Yes	5	8	36	13	1	4	42	11.6
Valid responses =	66	18	269	74	26	7	363	97.6

Invalid responses include no response.

HT_INCH Height in Inches

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 36 or Less Inches	0	0	0	0	0	0	0	0.0
2 37 to 48 Inches	0	0	0	0	0	0	0	0.0
3 49 to 60 Inches	0	0	42	16	3	12	46	12.8
4 61 to 72 Inches	56	86	223	84	22	85	303	84.2
5 73 to 84 Inches	8	12	1	0	1	4	10	2.8
6 85 or More Inches	1	2	0	0	0	0	1	0.3
Valid responses =	65	18	266	74	26	7	360	96.8

Invalid responses include no response.

Due to the improbability of a student surviving a drinking episode resulting in an extremely high BAC, all students with a BAC of .50% or higher are omitted from the BAC figures in this report. BAC is an estimated figure based on the reported number of drinks consumed during the last time they drank alcohol in a social setting, their approximate time of consumption, sex, weight, and the average rate of ethanol metabolism. The BAC variable has only been altered for this report, and remains unchanged in the data file.

BAC Estimated Blood Alcohol Content

	Mean	Median	Std Dev	Min	Max
Cis Men	0.02	0.01	0.03	0	0.10
Cis Women	0.03	0.01	0.05	0	0.32
Trans/Gender Non-conforming	0.02	0.02	0.03	0	0.10
Overall	0.03	0.01	0.04	0	0.32



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

BAC Estimated Blood Alcohol Content

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0% Alcohol	17	53	73	49	5	46	96	50.0
1 .01 to .05% Alcohol	12	38	55	37	5	46	72	37.5
2 .06 to .07% Alcohol	1	3	4	3	0	0	5	2.6
3 .08 to .09% Alcohol	2	6	3	2	0	0	5	2.6
4 .10 to .15% Alcohol	0	0	9	6	1	9	10	5.2
5 .16 to .20% Alcohol	0	0	2	1	0	0	2	1.0
6 .21 to .25% Alcohol	0	0	1	1	0	0	1	0.5
7 .26 to .30% Alcohol	0	0	0	0	0	0	0	0.0
8 .31 to .49% Alcohol	0	0	1	1	0	0	1	0.5
Valid responses =	32	17	148	77	11	6	192	51.6

Invalid responses include no response.

RBAC1 Recoded Estimated Blood Alcohol Content .08%

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Less than .08%	30	94	132	89	10	91	173	90.1
1 .08% or higher	2	6	16	11	1	9	19	9.9
Valid responses =	32	17	148	77	11	6	192	51.6

Invalid responses include no response.

RBAC2 Recoded Estimated Blood Alcohol Content .1%

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Less than .1%	32	100	135	91	10	91	178	92.7
1 .1% or higher	0	0	13	9	1	9	14	7.3
Valid responses =	32	17	148	77	11	6	192	51.6

Invalid responses include no response.

BMI Body Mass Index

	Mean	Median	Std Dev	Min	Max
Cis Men	26.64	26.00	6.65	12	49
Cis Women	27.12	25.00	7.88	16	62
Trans/Gender Non-conforming	27.69	27.00	7.19	13	41
Overall	27.03	26.00	7.59	12	62

RBMI Body Mass Index Classifications

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Underweight (<18.5)	5	8	17	7	2	8	24	6.8
2 Desired weight (18.5- 24.9)	21	33	112	43	9	35	145	41.0
3 Overweight (25- 29.9)	21	33	59	23	5	19	85	24.0
4 Class I obesity (30- 34.9)	12	19	37	14	5	19	54	15.3
5 Class II obesity (35- 39.9)	3	5	17	7	4	15	24	6.8
6 Class III obesity (>=40)	2	3	19	7	1	4	22	6.2
Valid responses =	64	18	261	74	26	7	354	95.2

Invalid responses include no response.

USDAFI USDA Food Security Score

	Mean	Median	Std Dev	Min	Max
Cis Men	2.21	2.00	2.33	0	6
Cis Women	1.96	1.00	2.23	0	6
Trans/Gender Non-conforming	1.58	1.00	1.81	0	5
Overall	1.98	1.00	2.22	0	6

RUSDAFI USDA Food Security Category

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Very low food security (5-6)	16	24	56	21	2	8	75	20.3
2 Low food security (2-4)	17	26	64	24	10	39	94	25.5
3 High or marginal food security (0-1)	33	50	150	56	14	54	200	54.2
Valid responses =	66	18	270	73	26	7	369	99.2

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

KESSLER6 Kessler 6 (K6) Non-Specific Psychological Distress Score

	Mean	Median	Std Dev	Min	Max
Cis Men	7.49	7.00	4.59	0	23
Cis Women	8.32	8.00	5.47	0	24
Trans/Gender Non-conforming	10.36	10.00	4.41	3	18
Overall	8.30	8.00	5.25	0	24

RKESSLER6 Recoded Kessler 6 (K6) Non-Specific Psychological Distress

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No or low psychological distress (0-12)	59	87	212	80	17	68	292	80.2
3 Serious psychological distress (13-24)	9	13	54	20	8	32	72	19.8
Valid responses =	68	19	266	73	25	7	364	97.8
Invalid responses include no response.								

ULS3 UCLA Loneliness Scale Score

	Mean	Median	Std Dev	Min	Max
Cis Men	5.10	5.00	1.77	3	9
Cis Women	5.24	5.00	1.81	3	9
Trans/Gender Non-conforming	5.62	6.00	2.23	3	9
Overall	5.23	5.00	1.83	3	9

RULS3 Recoded UCLA Loneliness Scale

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Negative for loneliness (3-5)	38	56	149	55	13	50	204	55.4
2 Positive for loneliness (6-9)	30	44	121	45	13	50	164	44.6
Valid responses =	68	18	270	73	26	7	368	98.9
Invalid responses include no response.								

SBQR Suicide Behavior Questionnaire-Revised (SBQR) Screening Score

	Mean	Median	Std Dev	Min	Max
Cis Men	5.28	4.00	3.31	3	18
Cis Women	5.07	3.00	2.96	3	16
Trans/Gender Non-conforming	7.27	6.00	4.35	3	16
Overall	5.26	4.00	3.18	3	18

RSBQR Recoded Suicide Behavior Questionnaire-Revised (SBQR)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Negative for suicidal screening (3-6)	52	78	197	73	13	50	264	72.3
2 Positive for suicidal screening (7-18)	15	22	72	27	13	50	101	27.7
Valid responses =	67	18	269	74	26	7	365	98.1
Invalid responses include no response.								

DIENER Diener Flourishing Score

	Mean	Median	Std Dev	Min	Max
Cis Men	44.50	46.00	9.03	8	56
Cis Women	45.86	47.00	8.06	8	56
Trans/Gender Non-conforming	41.31	43.00	9.05	19	56
Overall	45.33	47.00	8.37	8	56

CDRISC2 Connor-Davidson Resilience Scale 2 (CD-RISC2) Score

	Mean	Median	Std Dev	Min	Max
Cis Men	6.12	6.00	1.55	1	8
Cis Women	5.87	6.00	1.64	0	8
Trans/Gender Non-conforming	5.15	5.00	1.35	2	8
Overall	5.87	6.00	1.62	0	8

SSISTOBACCO ASSIST SSIS TOBACCO SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	5.76	2.00	8.25	0	24
Cis Women	5.45	2.00	7.28	0	31
Trans/Gender Non-conforming	3.25	4.00	2.75	0	6
Overall	5.48	2.00	7.32	0	31

TOBACCORISK ASSIST Tobacco Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	13	62	52	63	2	50	67	62.0
2 Moderate Risk (4-26)	8	38	29	35	2	50	40	37.0
3 High Risk (27-39)	0	0	1	1	0	0	1	0.9
Valid responses =	21	19	82	76	4	4	108	29.0
Invalid responses include no response.								



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

SSISALCOHOL ASSIST SSIS ALCOHOL SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	4.92	3.00	5.99	0	34
Cis Women	5.17	4.00	4.58	0	26
Trans/Gender Non-conforming	3.92	2.00	4.05	0	14
Overall	5.02	4.00	4.8	0	34

ALCOHOLRISK ASSIST Alcohol Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-10)	36	92	155	90	12	92	206	90.7
2 Moderate Risk (11-26)	2	5	17	10	1	8	20	8.8
3 High Risk (27-39)	1	3	0	0	0	0	1	0.4
Valid responses =	39	17	172	76	13	6	227	61.0

Invalid responses include no response.

SSISCANNABIS ASSIST SSIS CANNABIS SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	6.32	4.00	7.58	0	30
Cis Women	5.43	2.00	6.77	0	26
Trans/Gender Non-conforming	6.18	2.00	9.34	0	32
Overall	5.61	2.00	7.07	0	32

CANNABISRISK ASSIST Cannabis Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	14	50	65	57	6	55	86	55.5
2 Moderate Risk (4-26)	13	46	50	44	4	36	67	43.2
3 High Risk (27-39)	1	4	0	0	1	9	2	1.3
Valid responses =	28	18	115	74	11	7	155	41.7

Invalid responses include no response.

SSISCOCAINE ASSIST SSIS COCAINE SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	4.80	0.00	7.82	0	18
Cis Women	2.38	0.00	5.59	0	20
Trans/Gender Non-conforming	0.00	0.00	.	0	0
Overall	2.75	0.00	5.88	0	20

COCAINERISK ASSIST Cocaine Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	3	60	11	85	1	100	16	80.0
2 Moderate Risk (4-26)	2	40	2	15	0	0	4	20.0
3 High Risk (27-39)	0	0	0	0	0	0	0	0.0
Valid responses =	5	25	13	65	1	5	20	5.4

Invalid responses include no response.

SSISMETH ASSIST SSIS METHAMPHETAMINE SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	4.50	5.00	2.12	3	6
Cis Women	1.83	1.00	2.4	0	6
Trans/Gender Non-conforming	.	.	.	.	.
Overall	2.50	3.00	2.51	0	6

METHRISK ASSIST Methamphetamine Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	1	50	5	83	0	0	6	75.0
2 Moderate Risk (4-26)	1	50	1	17	0	0	2	25.0
3 High Risk (27-39)	0	0	0	0	0	0	0	0.0
Valid responses =	2	25	6	75	0	0	8	2.2

Invalid responses include no response.

SSISINHALANT ASSIST SSIS INHALANTS SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	1.00	1.00	1.41	0	2
Cis Women	4.90	2.00	6.74	0	21
Trans/Gender Non-conforming	0.00	0.00	.	0	0
Overall	3.92	2.00	6.14	0	21

INHALANTRISK ASSIST Inhalant Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	2	100	6	60	1	100	9	69.2
2 Moderate Risk (4-26)	0	0	4	40	0	0	4	30.8
3 High Risk (27-39)	0	0	0	0	0	0	0	0.0
Valid responses =	2	15	10	77	1	8	13	3.5

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

SSISRXSTIMULANT ASSIST SSIS ADJUSTED PRESCRIPTION STIMULANT SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	0.80	0.00	1.79	0	4
Cis Women	6.62	5.00	8.48	0	24
Trans/Gender Non-conforming	.	.	.	.	.
Overall	4.74	0.00	7.53	0	24

RXSTIMULANTRISK ASSIST Prescription Stimulant Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	4	80	6	46	0	0	11	57.9
2 Moderate Risk (4-26)	1	20	7	54	0	0	8	42.1
3 High Risk (27-39)	0	0	0	0	0	0	0	0.0
Valid responses =	5	26	13	68	0	0	19	5.1

Invalid responses include no response.

SSISSEDATIVE ASSIST SSIS ADJUSTED SEDATIVE SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	6.50	0.00	13	0	26
Cis Women	4.12	0.00	7.06	0	22
Trans/Gender Non-conforming	.	.	.	.	.
Overall	4.57	0.00	8.13	0	26

SEDATIVERISK ASSIST Sedative Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	3	75	11	65	0	0	14	66.7
2 Moderate Risk (4-26)	1	25	6	35	0	0	7	33.3
3 High Risk (27-39)	0	0	0	0	0	0	0	0.0
Valid responses =	4	19	17	81	0	0	21	5.6

Invalid responses include no response.

SSISHALLUCINOGEN ASSIST SSIS HALLUCINOGENS SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	1.56	0.00	3	0	9
Cis Women	2.74	0.00	5.34	0	18
Trans/Gender Non-conforming	0.00	0.00	0	0	0
Overall	2.26	0.00	4.67	0	18

HALLUCINOGENRISK ASSIST Hallucinogen Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	8	89	18	78	2	100	28	82.4
2 Moderate Risk (4-26)	1	11	5	22	0	0	6	17.6
3 High Risk (27-39)	0	0	0	0	0	0	0	0.0
Valid responses =	9	26	23	68	2	6	34	9.1

Invalid responses include no response.

SSISHEROIN ASSIST SSIS HEROIN SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	0.00	0.00	.	0	0
Cis Women	0.67	0.00	1.15	0	2
Trans/Gender Non-conforming	.	.	.	.	.
Overall	0.50	0.00	1	0	2

HEROINRISK ASSIST Heroin Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	1	100	3	100	0	0	4	100.0
2 Moderate Risk (4-26)	0	0	0	0	0	0	0	0.0
3 High Risk (27-39)	0	0	0	0	0	0	0	0.0
Valid responses =	1	25	3	75	0	0	4	1.1

Invalid responses include no response.

SSISRXOPIOID ASSIST SSIS ADJUSTED PRESCRIPTION OPIOID SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	0.00	0.00	0	0	0
Cis Women	2.42	0.00	5.52	0	19
Trans/Gender Non-conforming	.	.	.	.	.
Overall	1.81	0.00	4.85	0	19

RXOPIOIDRISK ASSIST Opioid Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	3	100	10	83	0	0	14	87.5
2 Moderate Risk (4-26)	0	0	2	17	0	0	2	12.5
3 High Risk (27-39)	0	0	0	0	0	0	0	0.0
Valid responses =	3	19	12	75	0	0	16	4.3

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

SSISOTHER ASSIST SSIS OTHER DRUG SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	2.00	3.00	1.73	0	3
Cis Women	6.40	6.00	8.17	0	20
Trans/Gender Non-conforming	.	.	.	.	.
Overall	4.22	3.00	6.42	0	20

OTHERSSISRISK ASSIST Other Drug Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	3	100	2	40	0	0	6	66.7
2 Moderate Risk (4-26)	0	0	3	60	0	0	3	33.3
3 High Risk (27-39)	0	0	0	0	0	0	0	0.0
Valid responses =	3	33	5	56	0	0	9	2.4

Invalid responses include no response.

PATOTALMOD Total moderate activity minutes/week conversion

	Mean	Median	Std Dev	Min	Max
Cis Men	441.74	240.00	523.69	0	2500
Cis Women	405.27	240.00	584.7	0	4100
Trans/Gender Non-conforming	298.81	195.00	312.09	8	980
Overall	406.61	240.00	556.53	0	4100

PAAERO Met Weekly PA Guideline for Aerobic Activity ONLY

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	26	40	94	36	11	42	133	37.3
2 Yes	39	60	165	64	15	58	224	62.7
Valid responses =	65	18	259	73	26	7	357	96.0

Invalid responses include no response.

PAGUIDE Met Weekly PA Guideline for Aerobic and Muscle-Strengthening Activity

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	41	63	170	66	22	85	235	65.8
2 Yes	24	37	89	34	4	15	122	34.2
Valid responses =	65	18	259	73	26	7	357	96.0

Invalid responses include no response.

HAPAGUIDE Met Weekly PA Guideline for HIGHLY ACTIVE Adults

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	43	66	188	73	24	92	258	72.3
2 Yes	22	34	71	27	2	8	99	27.7
Valid responses =	65	18	259	73	26	7	357	96.0

Invalid responses include no response.

References

1 Connor KM, Davidson JTR. Development of a new resilience scale: The Connor-Davidson Resilience Scale (CDRISC). Depression and Anxiety. 2003; 18:76-82.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

87) In the past 30 days, have you slept in any of the following places? (Please select all that apply)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Campus or university housing	20	29	71	26	11	42	103	27.7
2 Sorority/fraternity house	1	2	0	0	0	0	1	0.3
3 In a rented or owned house, mobile home, or apartment (alone or with roommates or friends)	12	18	57	21	2	8	71	19.1
4 In a rented or owned house, mobile home, or apartment with my family (parent, guardian, or relative)	24	35	122	45	11	42	159	42.7
5 At a shelter	0	0	0	0	0	0	0	0.0
6 In a camper or mobile home (not in a mobile home park)	0	0	2	1	0	0	2	0.5
7 Temporarily staying with a relative, friend, or couch surfing	2	3	5	2	1	4	8	2.2
8 Temporarily at a hotel or motel without a permanent home	2	3	0	0	0	0	2	0.5
9 In transitional housing or independent living program	0	0	1	0	0	0	1	0.3
10 At a group home such as halfway house or residential program for mental health or substance abuse	0	0	0	0	0	0	0	0.0
11 At a treatment center (such as detox, hospital, etc.)	0	0	1	0	0	0	1	0.3
12 Outdoor location	0	0	1	0	0	0	1	0.3
13 In a closed area/space with a roof not meant for human habitation	0	0	0	0	0	0	0	0.0

Select all that apply, total may not add up to 100%

88) In the past 30 days how many times have you moved?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0	65	96	255	95	25	96	347	95.1
1	3	4	6	2	0	0	9	2.5
2	0	0	7	3	0	0	7	1.9
3	0	0	0	0	1	4	1	0.3
4	0	0	1	0	0	0	1	0.3
More than 4 times	0	0	0	0	0	0	0	0.0
Valid responses =	68	19	269	74	26	7	365	98.1

Invalid responses include no response.

89) In the last 30 days, have you lacked a fixed, regular, and adequate nighttime residence?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	64	94	256	96	24	92	346	95.1
2 Yes	0	0	7	3	2	8	9	2.5
3 I don't know	4	6	5	2	0	0	9	2.5
Valid responses =	68	19	268	74	26	7	364	97.8

Invalid responses include no response.

90) In the last 12 months, have you lacked a fixed, regular, and adequate nighttime residence?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	64	94	252	94	25	96	343	94.0
2 Yes	0	0	13	5	1	4	14	3.8
3 I don't know	4	6	4	2	0	0	8	2.2
Valid responses =	68	19	269	74	26	7	365	98.1

Invalid responses include no response.

91) Which, if any, of the following has negatively affected your academic performance? (Select all that apply)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Prenatal doctor appointments	0	0	0	0	0	0	0	0.0
2 Pregnancy-related complications	1	2	0	0	0	0	1	0.3
3 Childbirth recovery	0	0	1	0	0	0	1	0.3
4 Childbirth complications	0	0	0	0	0	0	0	0.0
5 Miscarriage recovery	0	0	2	1	0	0	2	0.5
6 Abortion recovery	0	0	0	0	0	0	0	0.0
7 Postpartum depression	0	0	1	0	0	0	1	0.3
8 Sick child	2	3	17	6	1	4	20	5.4
9 Lack of childcare	1	2	9	3	1	4	11	3.0
10 Attending an appointment at your child's school	3	4	9	3	0	0	12	3.2
11 None of the above	53	78	226	84	24	92	305	82.0

Select all that apply, total may not add up to 100%



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

March 19, 2026

FREQUENCY REPORT

Number of Surveys (n) = 372 Web Surveys

92) Which, if any, of the following have you experienced during the past 12 months? (Select all that apply)

	Cis Men		Cis Women		Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Pregnancy-related complications	1	2	2	1	0	0	3	0.8
2 Childbirth	0	0	1	0	0	0	1	0.3
3 Became a parent for the first time	0	0	1	0	0	0	1	0.3
4 Became a parent again	0	0	0	0	0	0	0	0.0
5 Childbirth complications	0	0	0	0	0	0	0	0.0
6 Postpartum depression	1	2	2	1	0	0	3	0.8
7 None of the above	57	84	246	91	25	96	330	88.7

Select all that apply, total may not add up to 100%

93) Do you have children?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	60	90	227	84	24	92	313	86.0
2 Yes	7	10	42	16	2	8	51	14.0
Valid responses =	67	18	269	74	26	7	364	97.8

Invalid responses include no response.