

Student Health Advisory Committee Meeting

11/9/2020 | 11:00AM – 12:00PM

In attendance: Michael Gravagne, Holly Godden, Fernando Castaneda, Nichole Speziale, Cassie Webber, Kate Powers

Fee-based programs – Student fees

- Counseling and Psychological Services (CAPS) – bulk of fee
- Student Health Services (SHS) – 3rd party contract; saves money on fees
- Wellness Promotion and Education (WPE)

SHS Staff

- 2 Nurse Practitioners
- 1 Medical Assistant
- 1 Administrative Assistant
- 1 On-call doctor
- 1 Director
- 1 Associate Director

SHS services

- Basic health services
- Physicals, “bumps and bruises”
- Flu Shot Clinic
- Provides prescriptions but not a pharmacy – would need more funding
- Reproductive health, emergency contraception, family planning, STI testing
- Gate keepers for COVID-19

WPE Staff

- 1 Health Educator
- 1 Associate Director
- 1 Director

WPE Services

- Presentations/Workshops
- SMART Goal Meetings
- Peer Educator Program
- Massage chairs (no longer in the center but still owned by WPE)

Fee breakdown

- Charged: \$95/semester, \$190/year
- Facility fee: \$3/semester, \$6/year

- CAPS increased spending on more clinicians, case manager. Great ratio of clinicians to students.
 - SHS contract – Mike and Holly negotiated contract resulting in increase to what was provided to SHS in 2019-2020.
 - Due to the pandemic, not spending as much as what was given in 2019-2020.
 - 2020-2021 and 2021-2022 are estimations. 2020-2021 enrollment projection is much less because of the pandemic.
 - Money that is not spent goes into reserves (savings account)
- Increases in negotiated salaries (CAPS clinicians)
 - Increases in staff and management
 - Increases in student wages (up 7-8% annually) – 2022 (\$15/hour)
 - COVID-19 impacts – if there is a drop in enrollment, how do we adjust?
 - Costs for immunizations vendor for compliance – all new incoming students abide by this policy. Approximately 3,000 students. Immunizations vendor takes immunizations information and tells us if student satisfies requirement.

Grant funded projects

- Student Health issues \$183,000
 - Yuba Hall facility improvements
 - Tech upgrades
 - OTC Medications
 - Professional development
 - Clinic supplies/furniture
 - CAPS (sleep pods, case management, outreach materials, professional development)
- Health promotion – 100,000
 - Healthy cooking demos (Basic Needs)
 - I CAN HELP Training
 - Social media campaigns
 - Tech purchases
 - Wellness workshops
- Mental Health Partnerships Grant
 - Under purview of SHS / WPE
 - You@College Student Assistant
 - Stipends – pending
 - Promo/programming supplies

Questions/Comments/Concerns

- COVID-19 impacts – How long will impact affect budget? Further than the 2 years that are currently projected?
 - Hard to determine. Nobody really knows when COVID will end. CSU gave CI permanent 5 million dollar cut. CI is made up of Division of Student Affairs, Business and Financial Affairs, Academic Affairs, and Advancement. Each division must figure out where to make their cuts.

- SHS services – How have they transitioned to a virtual world and are they still offering the same services?
 - Increasing telehealth services. Still offering the same services. This may help us realize how telehealth will grow after COVID. There are different circumstances if students need to be seen in person, but SHS will see you. Ambulatory clinics still provide services to our students.

Committee met with agreement – no presented concerns.